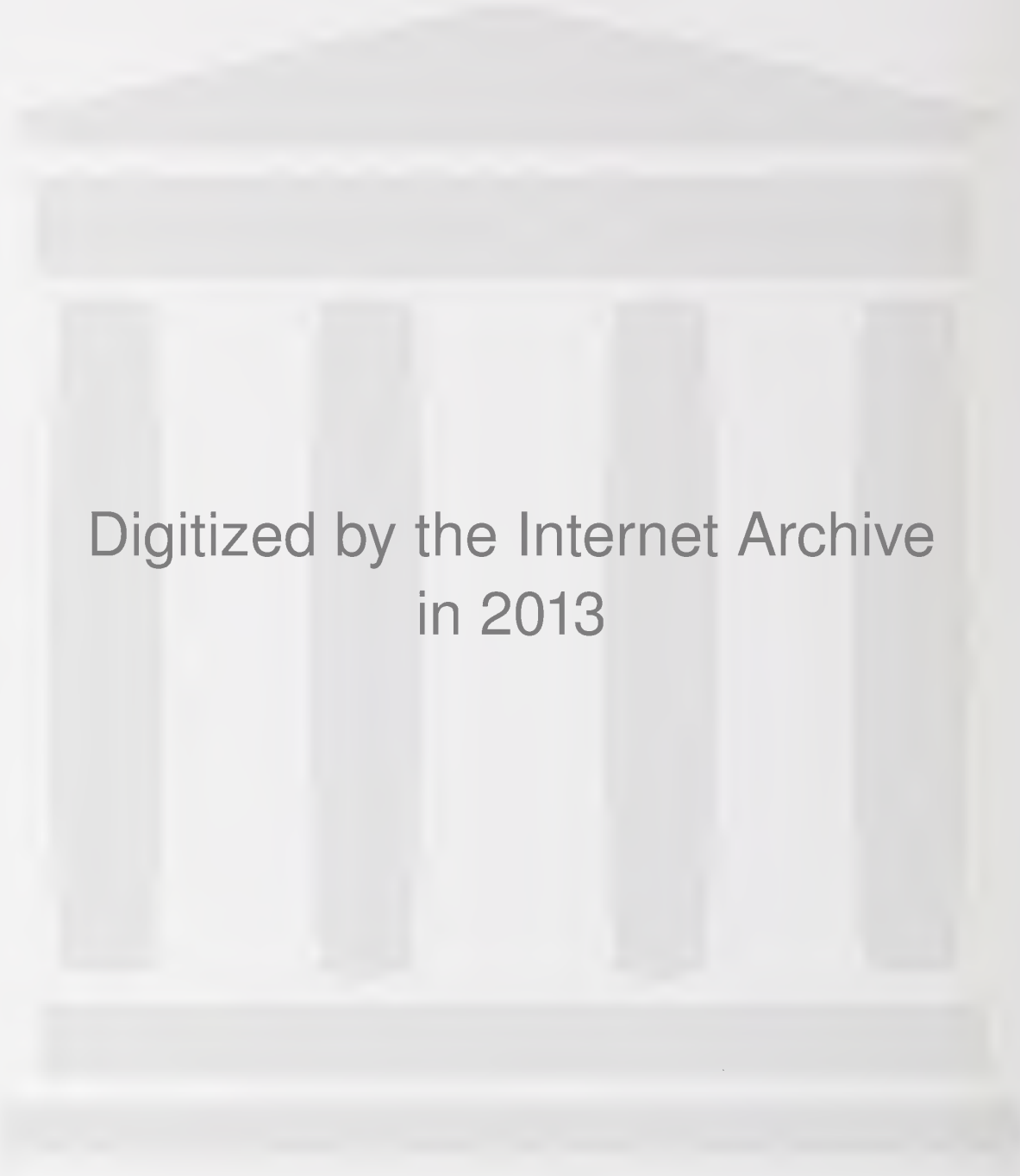
Our TRUE *Colors*

BLUE & GRAY 2011




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our TRUE colors

TWO THOUSAND ELEVEN



WASHINGTON-LEE High School

1301 North Stafford Street
Arlington, VA 22201
703-228-6200
http://www.apsva.us/washingtonlee
Population: 1907 students

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academics&organizations



Senior Andrew Karpinski



Freshman Katelynn Petrasic



Junior Geonangel Cordova-Villarreal

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OUR TRUE COLORS



Junior Biru Jones

Freshman Nia Zekan and Junior Elmer Aguirre-Vides



1. Senior Robert Dewald 2. Junior Noah Anderson 3. Senior Nahidul Huque and freshman Adonay Gebretnsaie 4. Freshmen Julianna Dos and Brianna Queen 5. Junior Noah Pilchen 6. Seniors Sonya Dagata and Andrew Eliot



Senior John Mutty, junior Madison Taylor, and senior Tyler Cook



student life

BURST OUT LIVING

Whether one's first year or his or her last, the high school experience is one never forgotten. The friends one makes, the teachers who inspire, and the classes one experiences contribute to many lessons of life which carry on far past high school itself.

In school, not only do students learn about the various academic subjects they choose to enroll in, they also learn about themselves. It is a place to discover one's likes, dislikes, strengths, weaknesses, and how to react in various situations. For freshman, it is the beginning of the beginning. For seniors, it is the end of the beginning. Either way, it is still just the beginning of what is to come.

reasons for TRAVEL

1 Fun 43%
"This summer, I visited the US Virgin Islands with my family for fun," said junior Alice Farrell.

2 Family 26%
"I spent three weeks in Egypt to visit my family and for my uncle's wedding," said senior Shahenda Helmy.

3 Service Trip 17%
"The Leadership Arlington Youth Program helped us gain invaluable insight to the inner workings of our community," said senior Lan-Anh Nguyen.

4 Educational 11%
"I went to England for three weeks as part of the Cambridge College Programme," said sophomore Angela Mestre. "It was a good cultural experience."

5 Other 3%
"I went to the Outer Banks to visit my cousin for a week and to visit the area for colleges," said senior Abigail Whitmore. "I visited Christopher Newport, Virginia Wesleyan, and Mary Washington on the way down there."

100 students surveyed

fun in THE SUN

MANY STUDENTS TRAVELED TO DIFFERENT PARTS OF THE WORLD DURING THEIR SUMMER

Every year, students travel throughout the summer for various reasons. They traveled both short and long distances, gaining valuable knowledge and creating memories for many years to come.

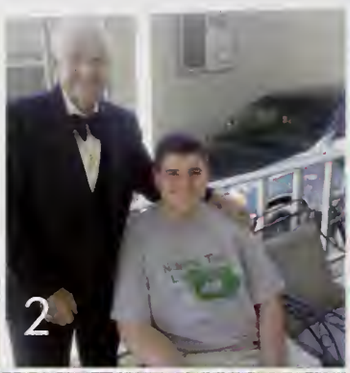
While many students embraced the arrival of summer and end of school, other students continued to learn. Senior Rebecca Fisk went to Costa Rica with the Duke University Summer Program to study ethnobiology and tropical medicine. "The weather was awesome and it was really beautiful," said Fisk.

Outside of the United States, students explored multiple continents and visited different countries. Junior Niti Paudyal went to Kathmandu, Nepal. "I visited my family and friends for about a month," said Paudyal. "I also had a service project at a school in Kathmandu where I taught English to sixth, seventh, and eighth grade students."

Summer vacation provided an excellent opportunity for students to gain valuable experience working with others as well as time to visit family and friends living farther away.

-Eileen Breslin, '14
Kirby Clark, '12
Sabrina Patwary, '11











1. Senior Andrew Elliot gives a presentation during Governor's School Arabic Academy. "I spent three weeks learning about the Arabic language and culture," said Elliot. "It was a unique experience and I'm glad that I had the opportunity to go." 2. Freshman Jacob Weiser visits his grandfather in Canyon County, California. 3. During her trip to Chile, freshman Hannah Fisher visited Glacier Grey in Torres del Plaine National Park. "We went to Glacier Grey because it was really famous in Chile," said Fisher. "It is at the end of the world, so we wanted to see how far we could go." 4. History teacher Ms. Jen Dean and computer science teacher Mr. Paul Bui visit Parque Nacional Manuel Antonio (Manuel Antonio National Park) in Costa Rica. 5. While spending time in Maine at a lake house during her family reunion, senior Kelsey Butterworth shows off the fish she caught.



Junior Mary O'Connor views Argentina from a higher perspective while zip lining during her trip. O'Connor went with her friend to practice her Spanish. "It was fun to experience a different culture and to be so far away from home," said O'Connor.



Junior Niti Paudyal stands on the hillside of Nepal looking over the country. Paudyal spent a month in Kathmandu, Nepal over the summer. "I plan to go back to visit more family and sites around Nepal. I also plan to go back to do more service projects, " said Paudyal.

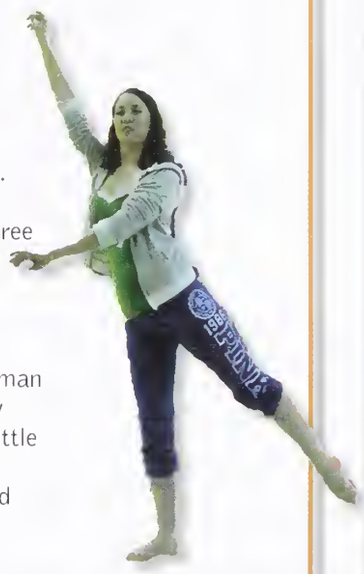


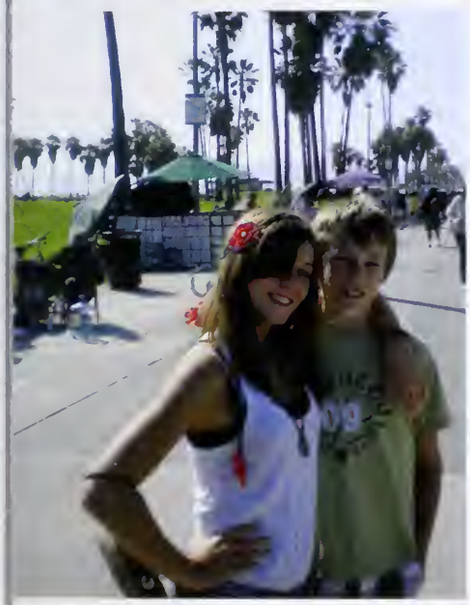
Juniors Alexander Beranek, Brendan Killalea, Andrew Heinzman, sophomore Nathan Heinzman, and junior Chrisopher Lent go tubing while vacationing at a cottage on the Machodoc River over the summer. "I have a house and that weekend I invited some of the guys from crew," said Andrew Heinzman.

bet you didn't know . . .

STELLA SKLAR, senior

Senior Stella Sklar has a passion for dancing and choreography. "I've danced since I was three and I've done jazz, tap, and modern," said Sklar. "During freshman year, I did my first show, 'Little Shop of Horrors'," said Sklar.





Sophomore Olivia Czerewko visits Venice Beach, California with her brother. She often visited California to see her old friends. "I went to my old town and went to Venice Beach for two days," said Czerewko. "It was cool to see how much my friends grew up."

on the home front



Sophomore Maggie Burgos spent time lifeguarding at the Fort Myer Officer's Club Pool over the summer. "I got a job as a lifeguard, because it teaches me responsibility and I make money," said Burgos.



"Besides traveling all over the place, my friends and I would either go and see great movies or watch them at my house on my movie projector."

Alexander Kopenhaver, '12



"I got a job at Domino's this summer. I wanted to make some money, and I didn't have much to do this summer either."

-Abin Dahal, '12



"I moved back from Beijing, China this summer. I lived here before I moved, so I was able to see all of my old friends again."

-Caroline Quinn, '13









1. The freshmen present 'It's a Small World' for their homecoming theme with various decorations representing places from around the globe. 2. Sophomores Ngoc-Nu Tran and Eleanor Splan prepare for their 'Beauty and the Beast' hallway presentation. 3. Juniors Brittany Jones and Nataly Montano-Vargas hold a 'Peter Pan' pirate ship to present their class float for the judges. 4. The senior class stands in front their fourth floor hallway, where the class went all out with an 'Alice in Wonderland' theme.



Dancing with their friends are juniors Olivia Green and Marsharika Coleman. As the night went on, students usually met up with their classmates and friends instead of bringing a date or coming in a group.



bet you didn't know . . .

RAINIER SANTA ANA, senior

Some people have sport paraphernalia, but one thing not often seen are personalized baseball hats. When not wearing one of his multiple hats, he can be seen rocking a penguin backpack. But instead of wearing one of his hats to homecoming, he went for a more sophisticated look. When it comes to homecoming, Rainier Santa Ana opted not to bring a date. "You're more open to all people rather than one person," he explains. "That's the reason we have prom!"



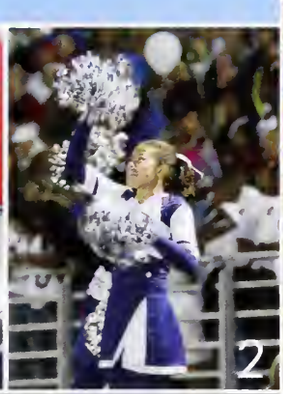
Sophomores Mary Dewald and Charlotte Vincent share a dance. Dewald, who went with a group, thought that she enjoyed herself more with her friends than she would have with date. "It was more fun with a group because you can take pictures and eat together," said Dewald.

Junior Olga Sangl welcomes a friend as they arrive at the dance. Many students found that they had a more enjoyable time if they went alone and met up with their friends on the dance floor.



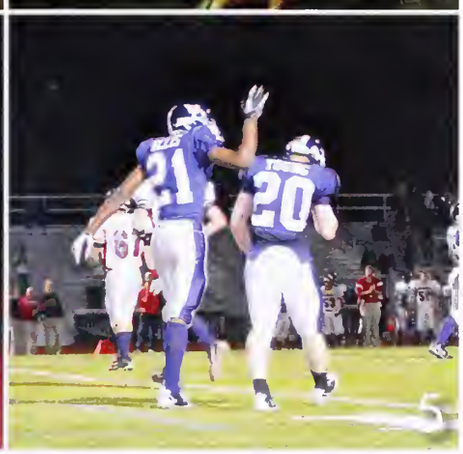
1. Performing in the band is freshman Gwendolyn Bobst. The band performed a variety of songs during the game to get the crowned pumped up. 2. Sophomore Kiara James cheers on the players during the homecoming game. 3. After the senior class was announced as the winners of the spirit week competition, senior class president Max Blackman holds up the spirit stick during halftime of the game. "We all put so much work into it," said Blackman. "The hard work we put into it culminated in victory. It was awesome." 4. The senior class gathers behind the end zone to show their school spirit and cheer on the football team. The senior class arranged before the game to have their stomachs painted to spell out "Go Washington-Lee Generals 2011!!!" 5. Having scored a touchdown, senior Nathaniel Young, number 20, is congratulated by his teammate, junior Terrance Ellis, number 21.











the spirit of disney

STUDENTS SHARE THEIR HOMECOMING MEMORIES

WHERE DREAMS COME TRUE

Highly anticipated by students of all grades, homecoming wrapped up an enthusiastic spirit week with a bang. No matter the event, students enjoyed the entertainment provided by their peers throughout the entire weekend.

Many students struggled to decide whether they wanted to go to the dance with a group of friends, with a date, or go solo. Senior Margaret Siddle found the dance was more memorable with a group of friends. "I didn't have to stay with one person," said Siddle. "I could dance with more people."

Some students, however, felt more excited about the football game than they did about the dance. The game was full of excitement and spirit that filled the bleachers. "I enjoyed the excitement of the senior class," said junior Meredith Randle. "Everyone was crowding the field and rushed the field at the end."

An incredible weekend stayed true to its namesake: the Disney-themed homecoming was unforgettable to all who participated.

- Carol Burka, '13
Megan Carlson, '11
Carina Garcia, '12

VIEW from AFAR

1 "The hall decorations are so unique to the school. There's wonderful competition."

-English teacher Ms. Sharon Brahaney

2 "I think the students enjoy the fun. Different students like different parts."

-library aid Ms. Christine Crutsinger

3 "There always seems to be a general mystery on why the themes are chosen."

-English teacher Mr. Gordon Laurie

4 "There's a thing in the air at homecoming, a special feeling. Everybody puts their best forward."

-counselor Ms. Pamela McClellan

5 "The hallways are cool because they exceed expectations. Every time it has more than I expected."

-government teacher Mr. Jeffrey McCarthy

bet you didn't know . . .

ALEXANDER QUACH junior

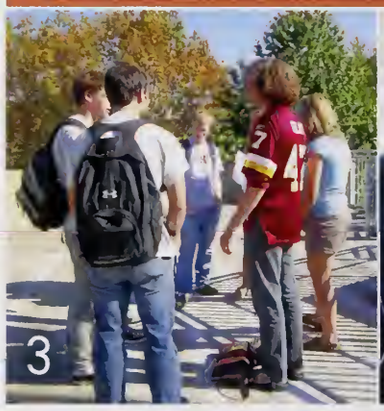
Alexander Quach has a passion for singing, although some of his peers don't know it yet. "I have basically been singing since I was born," said Quach. "I love to sing in the shower and am really inspired by the show Glee." When he is not singing or listening to his favorite singer, Beyonce, Quach enjoys other hobbies like sports and video games. "I play basketball and football," said Quach.



1. Sophomore Hossain Anufa gets a snack from the vending machine after school. 2 Senior Dawit Gebru reads a book at Central Library. Gebru went to the library or participated in engineering during his free time. "I come to the library because it's a quiet place for me to get a book and read," said Gebru. "If I need to use the computer, I use it here." 3 A group of seniors gather in the parking lot. The parking lot was a popular spot for students to meet up with friends after school. 4 Sophomore Lillian Prins prepares the net for volleyball practice. Prins was on the volleyball team since her freshman year. "My after school schedule is busy and exhausting, but rewarding," said Prins. 5. Freshmen Olivia Viola and Dagny Hankins have a snack oustide after class. 6. A mix of students and teachers help sell frozen bananas to raise money for a school in Costa Rica. 7. Senior Maria Meraz paints a poster for the chemistry hallway after school.









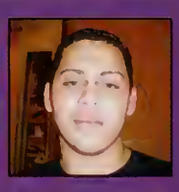


what do you do AFTER SCHOOL?



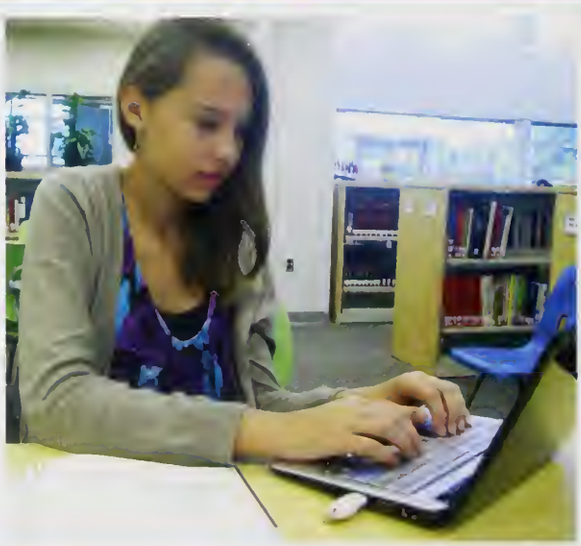


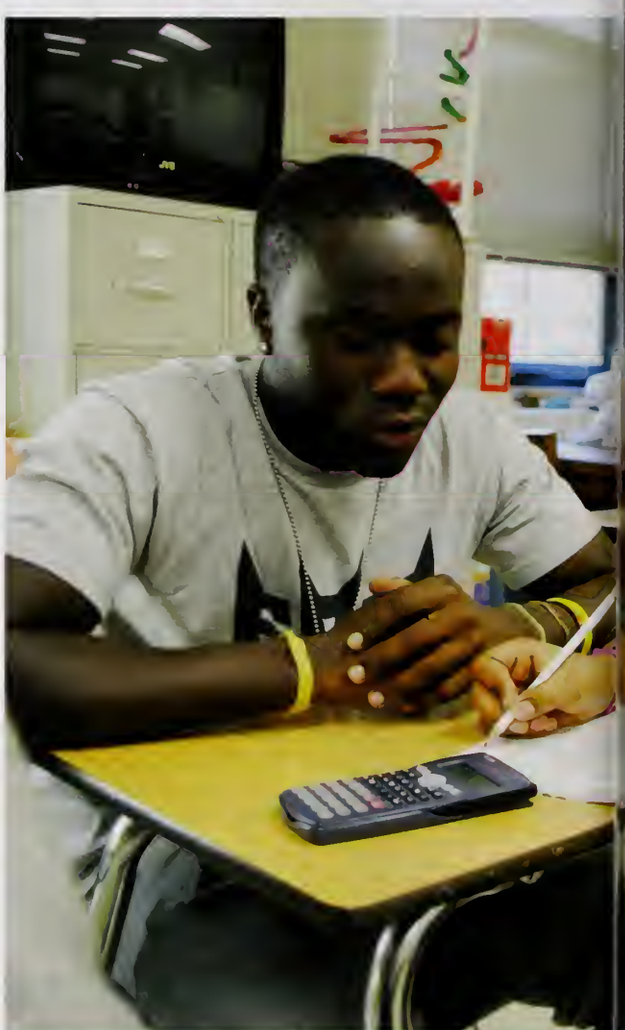




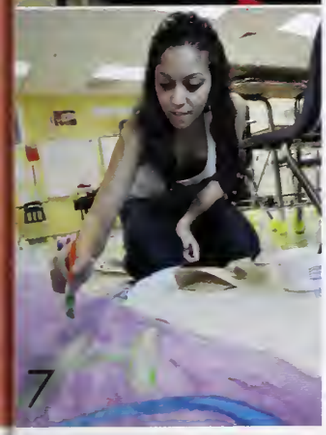
Juan Contreras Najarrro '14

Freshman Dorothy Winter completes her homework on her laptop in the library. Winter enjoyed her hobbies after school. "After school, I play a lot of soccer," said Winter. "I also help people with mental disabilities and like to hang with friends at Tysons Mall, too."









too school FOR COOL

MANY STUDENTS DON'T HAVE TIME FOR HANGING OUT AFTER SCHOOL

Students found that as the year went on, their days became filled with activities such as homework and sports that gave them much less free time after school.

For some students, homework took up a majority of their downtime. "After school, I normally just go home and do my homework," said senior Jayla Henry. "Sometimes I stay after a few minutes and talk to friends, but I usually don't have time to go out with them."

Many students were also occupied with extra-curriculars that held meetings or practices after school. Freshman Lecia Stock found that her hectic schedule often kept her from finding time to do homework, let alone hang out with friends. "I usually don't get home from school until 11:30," said Stock, who practiced ballet for 22 hours a week. "I feel like the weekend is the only time I can really relax."

While some students were occupied with their busy schedules, others used the extra time they had to unwind and de-stress. "I have a lot of free time but I waste it," said sophomore Adriana Toledo. "It only takes me about an hour to do my homework."

Whether students were doing sports or taking a nap, busy days at school and other activities during the day left them with little time to hang out with friends after school.

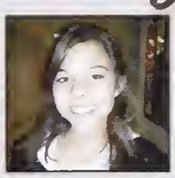
-Holly Parker, '11
Mora Hav, '13
Penny Weinstein, '14



Seniors Soufan Ie and Julia Zewede study after class. Ie gets help after school for classes such as French, as well as Probability and Statistics. "I like coming because I get help one-on-one instead of in a class with 30 other students," said Ie.

favorite hangouts

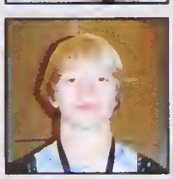
"I like to hang out with friends and hang out at Ballston, go to Chipotle, and go to the movies."
-Julia Campbell, '14



"After school, I like to hang out with friends and go to the movies at Ballston."
-Cendy Lazo, '13



"When I'm not doing sports, my favorite place to eat is Manchu Wok at Ballston."
- Steven Sheats, '13



"Sometimes after school, I like to go to Chinatown in DC. My friends and I like eating the different foods available in the city."
- Sumit Sarwar, '13



got spirit?

NEW CLASS COMPETITIONS FUTHER ENGAGE STUDENTS IN SPIRIT WEEK

LET'S HEAR IT!

As spirit week approached, the student body became more eager for the week ahead of them. Students were more encouraged to participate due to an increase in competition between classes.

New competitions this year included class presence at the volleyball game, participation in the penny wars, and the class who dressed up the most for each day of the week. "I think the penny wars were a good competition for spirit week because it raised money and it was fun," said junior Casha Stempniewicz.

Along with the new additions to spirit week, old traditions were still continued this year. The traditions included Superhero Day, Blast From the Past, Class Colors, and General's Pride Day. "My favorite day to dress up is Superhero Day because it's an excuse for me to wear my superhero PJs, which I enjoy doing," said junior Alexander Panagiotopoulos.

"With the new competitions this year, spirit week was more fun and interesting than previous years," said junior Alexander Kopenhaver. The new changes united the school, and the student body was brought closer together with spirit.

-Amina Chenini '11
Emily Gursky '12
Lili Olsen '13

favorite DAY?

1 Class Colors Day 52%
"It's your last year and you get to be proud that you're a senior," said senior Jonathan Castro-Rivas.

2 Blast from the Past Day 28%
"It was interesting to see people dressed up and to see the faculty participate too," said freshman Amelia Doyle.

3 Superhero Day 14%
"It's Superhero Day! It's awesome, you get to dress up as your favorite superhero," said sophomore Kathy Patino.

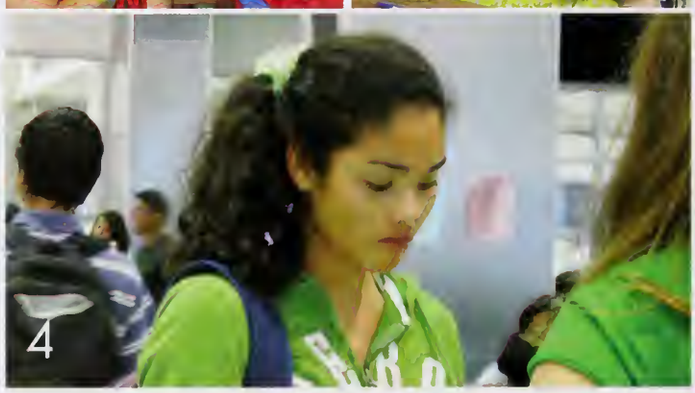
4 General's Pride Day 8%
"General's Pride Day brings the classes together unlike some other spirit week days," said sophomore Zack Biggs.

5 Wacky Wednesday 4%
"I like how you can wear anything without anyone staring at you and seeing how the entire school goes all out," said sophomore Caroline Maggio.

100 students surveyed











1. Sophomores Rourke Donahue and Emma Cooper participate in Superhero Day together by dressing up as Spiderman. 2. Junior Paige Taylor took part in Blast From the Past by dressing up in colonial clothes. 3. Sophomores Douglas Diffee and Alex Coppa pose together for Wacky Wednesday. "I enjoyed Wacky Wednesday because I got to wear outrageous stuff that everyone commented on," said Diffee. "It made me happy." 4. Freshman Brittany O'Grady contributed to spirit week by wearing green for Class Colors Day. 5. Senior Bryan Chase shows his school pride along with his class pride. Although the seniors wore their class shirts on Friday, the navy blue showed their school spirit.



A group of seniors celebrate a senior tradition in their togas for Blast from the Past Day. Many of them came early to school to help one another with their costumes. "It was great to see so many seniors dress up everyday! I think the blast from the past showed our class's unity," said senior class vice president Eleanor Jacobs.



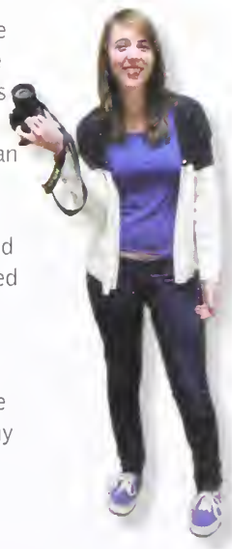
Seniors Aris Morris and Veronica Stokes show their spirit by dressing up for Superhero Day. "It's the only day of the year that you can have fun with school spirit. Everyone should just do it!" said Stokes.



A number of students attend the varsity volleyball game against district rival, Yorktown. The class with the most attendance was awarded points towards the spirit stick."I think that the sophomores won because they had the most skill and the other classes are just jealous," said sophomore Karina Claure.

bet you didn't know . . .

Erin Daniell, junior



For Erin Daniell, photography became a big part of her life in fifth grade. "I was inspired by my grandma, who was an artist, and my dad, who was a photojournalist," said Daniell. "I've recieved awards in both freshmen and sophomore year." Some of her favorite styles of photography to shoot are romantacism and documentary.





Science teacher Jason Brodowski dresses up as Hannah Montana for Blast From the Past Day. Students were happy to see teachers also participate during spirit week."By participating in spirit week, it's a good way to get the school spirit going, especially for the freshmen," said Mr. Brodowski.

throughout the week...



"I enjoy being able to wear anything, not be judged for it and having fun at the same time."

Emily Mathae, '12



"I like Class Colors Day because you get to go all out for your class."

Ozi Cakar '11



"During Generals' Pride Day, the school had a lot of spirit and with people looking forward to the pep rally, it was a good way to get everyone pumped up."

-Alexandra Fonseca, 14

Junior Stephen Roberts dresses up in 1940's era style for Blast From the Past Day. He, along with his friends, wanted to put forth as much effort, hoping that maybe his participation would help his class win the spirit stick."I think that by participating, students have something to look back to ten years from now," said Roberts.

bet you didn't know ...

PATRICK MCMENAMIN, sophomore

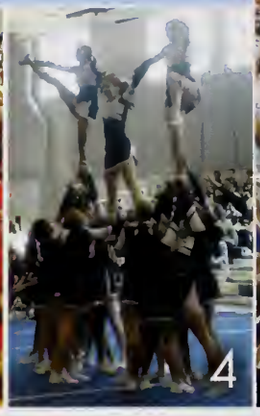


Patrick McMenamin is capable of licking his elbow, which is known to be almost impossible. Only one out of every 100 people are able to lick their own elbow. "I learned that I could do it back in third grade when someone told me it was impossible," said McMenamin. "Then I learned I was double jointed in both of my shoulders!"

1. Seniors Gustavo Garcia-Medina and Malick Beye show both school and class pride. 2. Juniors Karaca Dokuzcan, Temuujin Ganbaatar, and Zakaria Ennijm all wear red to retaliate against the change in tradition. 3. Members of the junior class wear their class color rather than the school colors at the pep rally. "I thought the pep rally was more fun with everyone in their class colors because that's what I came into as a freshman and I like the [old] tradition," said junior Emily Cook. 4. The varsity cheerleading squad performs their routine and pumps up the crowd. 5. Freshmen Caitlyn Riley and Tatianna Roberts-Torres cheer avidly for their first high school pep rally. 6. The band performs Lady Gaga's "Bad Romance" during the pep rally, exciting the crowd. 7. Sophomore Emma Schimley claps her hands for the homecoming court's entrance to the pep rally.













my pep rally EXPERIENCE

Senior Carolyn McCarthy participated in the fall sports competition at the pep rally. "As the captain, it was important for me to represent my field hockey team in the hula hoop game," said McCarthy. "I'm a very competitive person, so it felt good to win."



Antonio Henry, '14



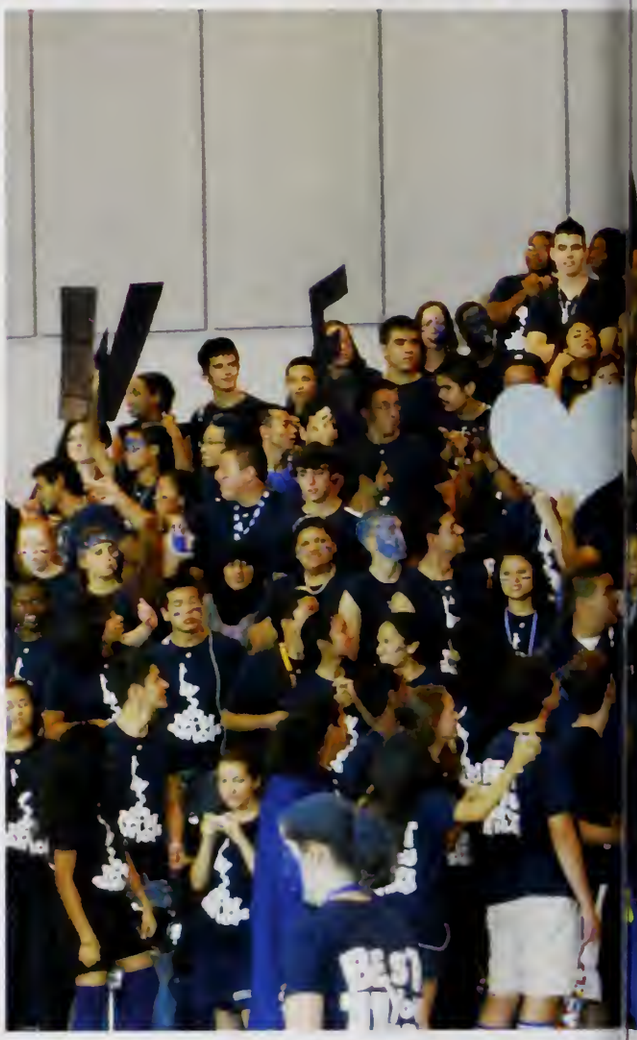
Natalie Hewitt, '13



Nina Troy, '12



Seniors Shahenda Helmy and Jesse Guzman celebrate their last pep rallies as seniors. To be more enthusiastic during this pep rally, they wore school colors which created a more spirited school atmosphere. "It was really fun especially because I was a senior," said Helmy. "I thought our class was more into the pep rally and was more spirited."







a new tradition

THE SCA AND FACULTY PROMOTE SCHOOL PRIDE, OF BLUE & GRAY

With a new tradition slowly forming for the fall pep rally, both controversy and agreement occurred within the students, faculty, and the Student Council Association (SCA). "Although students complained, I think having Generals' pride day during the pep rally instead of Class Colors Day induces more school spirit," said social studies teacher Mrs. Jen Dean.

Not only did the new school color tradition encourage school unity, but so did the activities that took place. "The cheerleaders made the Pep Rally more school spirited," said junior Jordan Kruger. "The entire school got involved with the cheers, but especially the Generals' Rumble."

Students agreed with the SCA and faculty about the newly formed tradition. "Although many dressed in their class colors, I think that dressing in blue and gray for the pep rally shows that we consist of four seperate classes, but in the end we are all Generals," said sophomore Daniella Penaranda.

Though the theme of the fall pep rally was school pride, some students were only concerned with class spirit.

-Lindsay Cronin, '11
Adrianna Gorsky, '12



The senior class shows their enthusiasm for school unity by wearing school colors and holding signs for the other classes. This was portrayed throughout spirit week and the pep rally. As a result, the seniors won the spirit stick.

top 5 pep rally experiences

1. Overall Atmosphere
2. Cheerleading Performance
3. Band Performance
4. Sports Competitions
5. Dance Performance



Senior Joshua Katz adds to the overall atmosphere of the pep rally by blowing his vuvuzela. Many seniors had vuvuzelas, which filled the gym with blaring sounds of excitement and spirit.

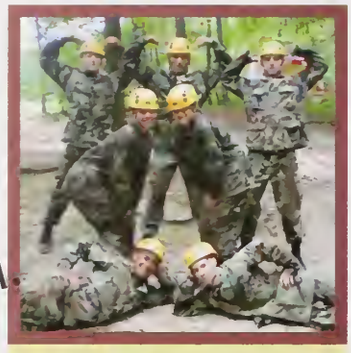
200 Students Surveyed

growing up

JROTC

CHANGES CAN BE HARD, BUT ARLINGTON MAKES FOR EASIER TRANSITIONS

ON BASE







1. Senior Aaron Michalak and other members of the Junior Reserve Officers' Training Corps (JROTC) gather together after completing an Army obstacle course during a leadership seminar. "Most of the ROTC students want to join the military when they are older," said Michalak. "It's nice to hang out with people that share your same interests." 2. Junior Khaled Reza received an award at the White House Communications Agency. 3. Members of the JROTC perform an armed drill routine.

Many students who had military or army families were used to moving around, but making minor adjustments was still hard for some. Several of these students lived abroad in different states or countries around the world. "I have lived in Germany, Kansas, Louisiana, Nebraska, and Virginia," said junior Hannah Swan. "It's a little bit crazy sometimes since we're always moving."

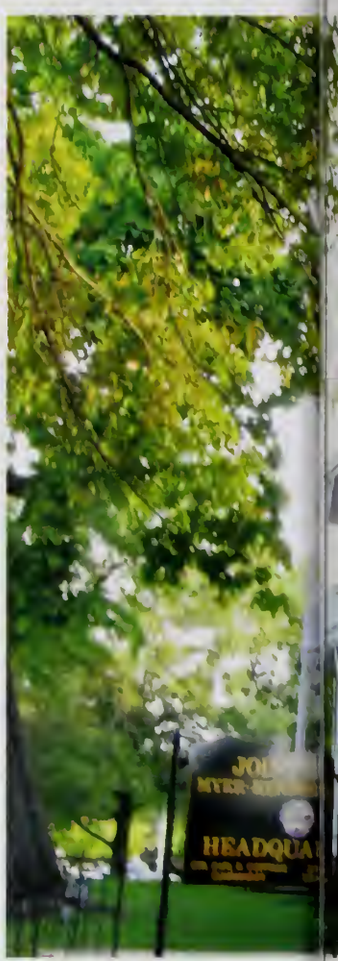
The constant moving allowed military and army students to experience new places, different people, and new cultures. "My dad was stationed in Korea for three years, and it was the most interesting place I have lived," said sophomore Rourke Donahue. "It was an amazing experience to be thrown into a culture completely different to what I was used to."

Although students have been to many different places, Arlington offered a good environment to meet new people. "I like living close to D.C. because it makes it easier to get around," said junior Carly Anders. "I love going to Georgetown with my friends!"

Moving a lot and the change comes with it would not be easy for everyone. "Its hard being in a military family because of all the moves," said senior Lonnie Fields. "But after a while, you learn to adapt and overcome the challenges."

-Lindsay Cronin '11
Emily Gursky '12

"Traveling a lot has made me good a making new friends and picking new interests."
Emily Watson, '12



favorite places on base

Where would you prefer to go with friends on base?

49% OFFICERS CLUB (SWIMMING POOL)

29% PX (SHOPPING)

22% BOWLING ALLEY

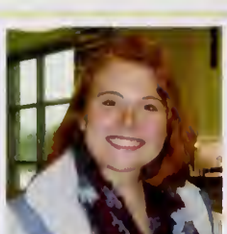
200 students surveyed



"I like living on base because its nice to have everything close by."
Jacob Coffman, '14



"Living on base is awesome because the people are nice and like family."
Jay DeLancey, '14



"I would prefer living on base because the people there create a support system and it feels safe."
Kayla Schoomaker, '12



"Growing up in a military family is pretty cool because you get to meet a lot of new people."
Catherine Pricone, '11

Senior Lonnie Fields owns a camouflage backpack, which shows his support for the U.S. military services. "My dad works at the Pentagon at the National Military Command Center," said Fields. "Growing up in a military family is rigorous, but I enjoy meeting new people."

Members of the JROTC placed third at the Stonewall Jackson Drill Competition. Competitions allowed the members to practice their skills if they were to continue in a similar career.





bet you didn't know . . .

GAZAL AMER, freshman



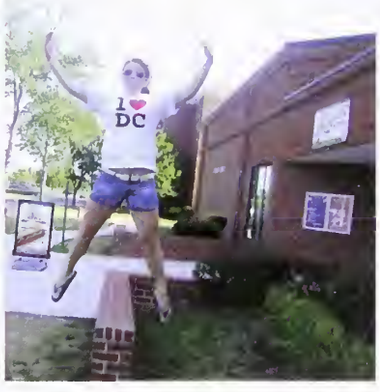
Some families only have one or two kids, but in Amer's family she deals with five older siblings. Having many brothers and sisters can be good as well as bad. "Its easy to get along with them, but sometimes I get no privacy because they are so involved in my life," said Amer.



An office building is where the Military Headquarters is located on Fort Myer's Military Base. Along with these other buildings, a residential area is located on the base where many students live while their parents are serving in the Military.



A fence protecting a group of camouflage convoys is positioned on Fort Myer's Base. These convoys are used during training missions to transport soldiers and supplies.

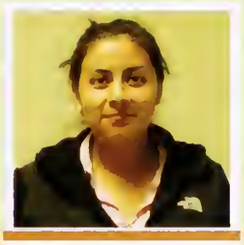


Junior Kayla Schoomaker jumps off a wall which is outside of Fort Myer's Bolling Ally. Schoomaker is a student that has lived on Fort Myer for her three years of high school. There are many fun options for students who live on base like a swimming pool, a bolling ally, and a type of retail store called a Post Exchange (PX).



"I'm planning on doing ROTC in college and being an officer in the Army."

Aaron Michalak, '11



""I am planing to be in the Air Force for four years and would like to become an officer."

Thalia Hiler, '11



"I want to join the military so I can serve my country."

Khaled Reza, '12

spending MONEY

1 "I spending money on food and clothing store expeditions."

Natalie Shearin, '12

2 "I get an allowance every week and I pretty much spend it on food but I try to save so I can buy more expensive stuff, like clothes and shoes."

Hallie Freeman, 12

3 "I have some money from when I worked at the zoo, and I spend my money mostly on clothes and traveling."

Antonella Rodriguez-Cossio, '11

4 "I normally spend my money on food or drinks everytime I go out for lunch or to the movies."

Joshua Deiner, '11

5 "I get money from my mom and we usually buy shoes or bike parts."

Petros Tesfaldet, '13

breaking BANK

STUDENTS TELL WHAT THEY SPEND THEIR MONEY ON

With the wide variety of things to spend money on, students mainly used their cash on food and clothing. While most students preferred to save, others often found themselves spending everything before this was possible.

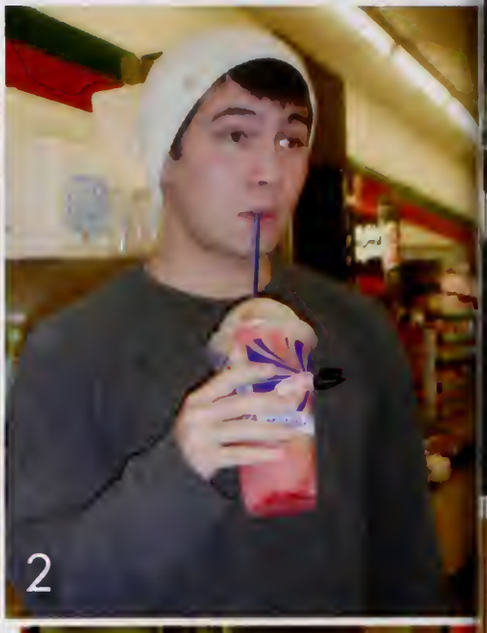
Many girls spent most of their money on shopping and clothes. "I like spending money on clothes at stores like Urban Outfitters, American Eagle, and PacSun," said junior Rima Ezzirati. "I prefer to spend my money over saving it."

Most seniors spent their money on food by going out to lunch every week. "I spend pretty much all of my money on food at places like El Charrito," said senior Trevor Newton. "I go there a few times a week." Senior Scarlet Jaldin also spent the majority of her money on food. "I spend my money going out for lunch, but I get money from my parents because they don't let me work," said Jaldin.

When it came to spending and saving, most found themselves spending their money before they could save it. Junior Colette Talbot said, "I like spending money after I save a lot, but in general, I like to save."

-HollyParker,'11
Saikhnaa Bayarsaikhan, '11


1


2



3

1. Senior Gretchen Schroeder looks to see if she has money to go out for lunch. Schroeder spent roughly $20 per week on food. "I work, cat sit, and babysit but somehow I still end up broke every week," said Schroeder. 2. Senior Ryan Zielinski sips on a cherry slurpee that he purchased from a local 7-Eleven. "I spend my money on slurpees and Chipotle. Nom nom," said Zielinski. 3. Sophomore Maggie Burgos holds a bag from The Coffee Cup. Her parents had purchased coffee in El Salvador and brought some back home. "My parents know how much money I spend on coffee so they brought some extra back for me," said Burgos.

What do you save money for?

"Since I'm a senior, my friends and I are trying to save up for a farewell senior trip at the end of the year."

Rachael Rich, '11



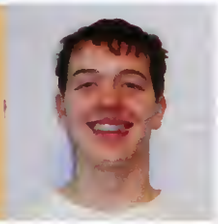


"I'm saving my money for an Xbox and a Wii."

Alazar Missiker, '14

"I prefer to save for sports equipment and shoes."

Samuel Douthit, '14





"I save for concert tickets and sometimes to go shopping for clothes."

Vera Rideout, '13



Junior Camille Uzel is buckled up and ready to leave the junior parking lot. Uzel was given money from her parents to buy gas. "I usually spend $40 on gas per week, but I try to save sometimes by carpooling with others," said Uzel.

bet you didn't know . . .

PETER HAZEL, junior



Peter Hazel has had a secret interest in cliff jumping ever since he attended a camp a few years ago in West Virginia. "I get a huge adrenaline rush and I jump out as far as I can so I don't hurt myself," said Hazel. Hazel plans to attend the camp again this year and for years to come.



Freshman Tchynna Carpenter holds a bag from one of her favorite stores, Victoria's Secret Pink. Carpenter shopped for clothes almost every other day. "I'm a spender, not a saver," said Carpenter.

spend or save?



Sophomore Joshua Anderson borrows money from his sister. He preferred to spend his money over saving it. "I spend my money on food at places like Chipotle," said Anderson. "It's not my money, so I'd rather not save it."



"I prefer to save my money so that I can spend it on video games."

Anthony Chi, '12



"I get an allowance, but I try to save it for clothes and things I need. I don't spend much on food."

Melisa Lanchipa, '12



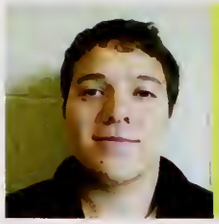
"I earn my money from babysitting and I don't like to spend too much so I monitor my spending."

Meghan Craig, '13

"The biggest difference that I had to adapt to when I moved from New Zealand was the weather. I'm used to being close to a beach, and it rarely snows there."

Sydney Butler, '11



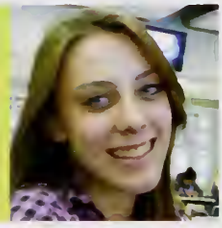


"Unlike here, where you choose the classes you want to take, in France you're forced to take main classes, then in college we can choose."

Alexander Panagiotopoulos, '12

"I found that the student population of German schools is a lot more diverse than American schools."

Emma Troy, '14





"When I lived in Nepal, the focus wasn't on the rest of the world, so when I came here, it was really interesting learning about countries I had never even heard of."

Shreya Gautam, '14

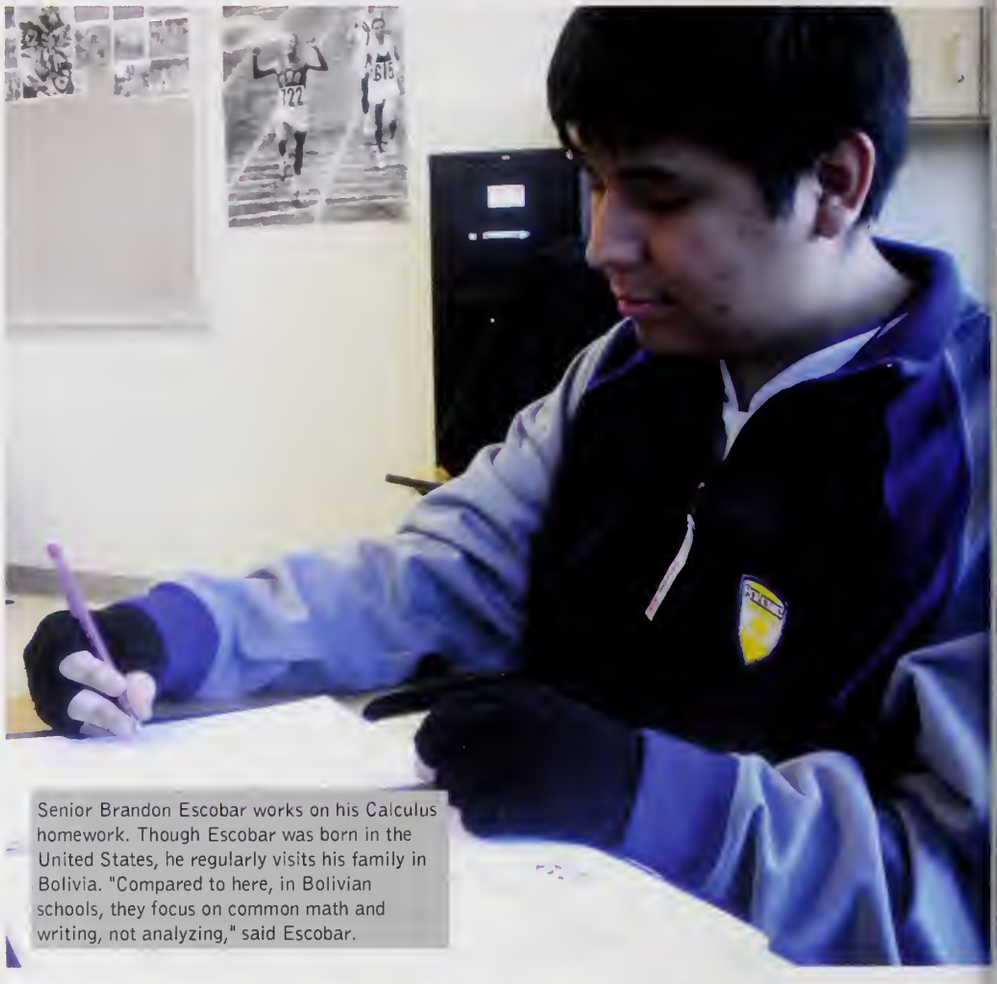
bet you didn't know . . .

MATTHEW O'NEILL, freshman



Matthew spends his spare time working on his cinematog-raphy skills. Bucklin O'Neill makes videos for a web series he runs on YouTube with his friends that works with graphics from video games.

"My friends and I work a lot with video games," said O'Neill. "I make videos through a program where you can record various angles in the game to make it more cinematic."



Senior Brandon Escobar works on his Calculus homework. Though Escobar was born in the United States, he regularly visits his family in Bolivia. "Compared to here, in Bolivian schools, they focus on common math and writing, not analyzing," said Escobar.



Shahenda Helmy studies for her IB English oral commentary. Helmy has lived in Kuwait and moved to Virginia when she was ten. "In IB English, we study world literature, not just American novels," said Helmy. "I think it's important to learn about things that don't just concern the United States."



Seniors Salma Akter, Aracely Bautista, and Karla Rivas socialize during their lunch period. Akter, who moved to America when she was eight, easily adjusted to the new culture. "Here the environment is a lot different than Bangladesh," said Akter. "There are more opportunities here."

1. Junior Olivia Weltz, senior Hannah Aiken, and juniors Claudelle Calfat and Iara Rogers-Benchoam make bracelets out of recycled paper for Bead for Life. The money they made from selling jewelry went to women in Uganda. 2. Junior Maheen Shahid helps sell chocolate-covered bananas after school. IB Spanish students sold the bananas to raise money for our sister school in Costa Rica. 3. Members of the Community Action Club make bracelets by hand at the Holiday Bazaar. They sold the bracelets they made and donated the money to Open International, a program that established a school in Senegal. 4. Senior Yesenia Ramirez and junior Jhoxelin Portillo sell food for the Latin American Student Association.









around the world

INTERNATIONAL STUDENTS DISCUSS THEIR CULTURES IN 180 DAYS

When moving to a new country, the culture shock and new location can be a difficult transition to make. Students from around the globe were able to compare their personal cultural experiences to American schools and styles of learning.

Along with a new culture to adapt to, students also had to adapt to the new academic styles in the school. "The technology was the biggest change," said junior Jalaluddin Ahmed, who emigrated from Pakistan when he was fourteen. "Here, the academics are also more complex. There's a different quality of teaching."

European schools also had different methods of bringing out the best of their students. "French schools are less based around school spirit," said senior Lucas Leblanc, who moved from France when he was eight."There are less extra-curricular activities and longer hours."

Despite all cultural differences, all students were able to feel comfortable with their educational environment. No matter the background or country, each student had the chance to be proud of their heritage and culture as they embraced a new one.

-Megan Carlson, '11
Penny Weinstein, '14

WHERE are you FROM?

1 "I was in a private school in France called L'Ermitage. A big difference is here the system cultivates both the mind and the body."
Martin Debraine, '12

2 "In Cambodia, they're more practical with their academics. We might study the same subjects, but we go about it differently."
Lina Chhuy-Hy, '11

3 "It's easy going from school to school with the IB program. I've lived in Luxembourg and England and my friends there will be going through the exact same thing."
Eleanor Jacobs, '11

4 "Since I was young, when I came here from Bolivia, it was easier learning a new language."
Stefany Viruez-Guzman, '12

5 "I went to a Catholic school in Guatemala until I was eleven. The biggest change coming here was the size of the school."
Andrea Reyes-Catalan, '12

in the shadows

FACULTY FEEL APPRECIATED WITH THEIR WORK BEYOND THE HALLS

"I don't like my job, I love it."
- Hall Monitor Mr. Scott Forbes



1. Custodian Mr. Duan Lam works during the night shift. "If everything is clean, I am happy." 2. Among her tasks of sending out the daily e-mail and the weekly calandar, main office secretary Ms. Mary Lib Tomb also sells jewelry in her free time. "Selling jewelry is a great way to meet new people," said Tomb. 3. Custodian Mr. Son Lam has been working in the Arlington community for nearly 23 years. "I never had any problems with my job," said Lam. "I just like to help out and do my job."

With an influx of new students and staff, the network of all who contribute to our school may seem to go unnoticed.

Though behind the scenes and often unspoken, the faculty truly care about the students. "The biggest reason why I love my job is because I'm a part of the support staff so I am able to help the students and administration whenever needed," said Hall Moniter, Steven Forbes.

The main goal for many faculty members is making the students feel welcomed. "People won't remember what you say; they will remember how you made them feel," said main office secretary Mary Tomb.

The faculty and staff was made up of a network of hard-working members that all contributed to developing of a successful learning community. "I'm here to make sure you guys are happy because helping students is my job," said custodian Jermone Peele. "I love you all."

The size of this community did not hinder the amount of appreciation given to the administration, security, custodians, and staff. These were the people who students, staff, and faculty depend on to make the school operate at its maximum potential.

-Parita Shah, '11
Hana Hadzibegovic, '11



appreciation

What staff do you appreciate most in the school environment?

59% TEACHERS

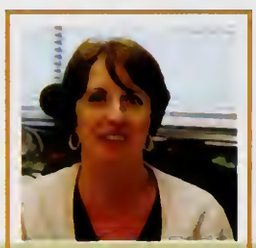
25% COUNSELORS

16% CUSTODIANS

100 students surveyed



"I've been here for 15 years. I like my job because all the students in the school remind me of my children."
Ms. Nguyet Nguyen
custodian



"Working with a variety of students, teachers, and staff makes everyday different."
Ms. Terry Bell
treasurer



"I've been working here for about nine years and I feel that the students are respectful 100%."
Ms. Maria Castro
custodian

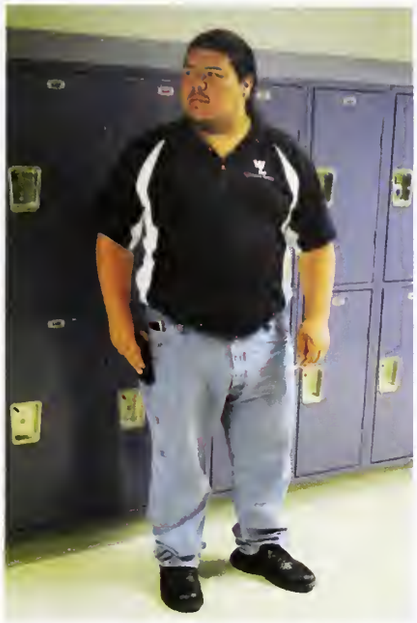


"I've been at this school for three years. The students sometimes don't listen but they're mostly good."
Mr. Jesse O'Neal
custodian

Unbeknownst to many, hall monitor Mr. Carlos Castro enjoys reading and going to rock concerts, especially those of his favorite band, Iron Maiden. "I like my job despite the occasional attitude I get from some students," said Rodriguez. "However, so far, this year has been a lot better than years past."

Hall monitor Mr. Alex Cortez says that his job reminds him of when he was back in high school. "It was a little different back then because it was more strict and there was a lot more respect," said Cortez. "If people could know one thing about me, it would be that I'm actually a nice guy."





bet you didn't know . . .

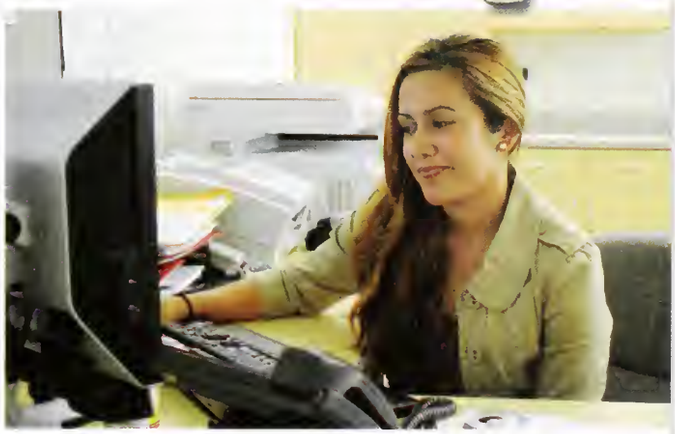
BRIAN VELEZ-FELICIANO, sophomore

Sophomore Brian Velez-Feliciano enjoys skateboarding in his free time and looks up new tricks on YouTube. He has been skateboarding for three years and usually skates with his friends at Arlington Skatepark. "It is a lot of adventure and there's always a lot of places to go," said Velez-Feliciano.





Custodian Mr. Jerome Peele has been working in the school for nearly 11 years. "I'm here to keep kids on their toes and make sure everything is okay," said Peehe.





Hall monitor Mr. Scott Forbes expresses his concern with the growing amount of stress that accumulates throughout the course of the school year. "What's lost is being young," said Forbes.

Administrative assistant for the International Baccalaureate program, Ms. Lisseth Mosquera, multitasks during the first few busy weeks of school. "I like this job because it is a chance to help and interact with students in the program," said Mosquera. "It's a refreshing change of atmosphere from my previous job."



"Mr. Brown was always available before and after school for homework help."
Moges Kebede
sophomore



"Mr. Garcia is always there for me when I need him, especially with college help and planning my future."
Diana Ramirez
senior



"Ms. Griffin helps me pay attention during class and become a better person."
Andrew Thong
sophomore

sweet ESCAPE

STUDENTS USE LUNCH TO TAKE A BREAK FROM SCHOOL



1.



2.



3.

During a day filled with long classes and crowded hallways, lunch was a time when students could relax, eat, and temporarily forget about their classes, as well as a time to eat.

The new opportunity to eat on the bleachers and in the courtyard gave students the ability to find somewhere they could fully enjoy their lunch. "I enjoy going outside on the bleachers since there are less people than in the cafeteria," said freshman Amanda Barillas. Eating outside was one of the changes made because of the increase in the student population.

A change planned for next year that will provide students with more time to relax is an elongated lunch period. "For next year, students and administrators are looking for schools who have an hour for lunch." said principal Gregg Robertson.

Having this time out of class allowed sophomore Alice Maggio to do the things she enjoyed. "I eat my food and then I go outside and take pictures with my friends on the bleachers and the field," said Maggio.

While the underclassmen found new places to go during lunch, seniors continued to have the privilege of going off campus. "We just want to go off, we don't care what we're doing," said senior Stella Sklar. "It's a great break from the day."

With the increasing number of students each year, lunch became a sweet escape from a chaotic year.

-Lisa McNabola, '11
Saikhnaa Bayarsaikhan, '11
Abigail Knight, '11

"I don't go off for lunch because I don't have enough time; I don't know how the seniors do it."

-Mr. Jeffery McCarthy, Social Studies teacher



1. Sophomore Alexis Moore, freshman Denise Williams, sophomores Brandie Cavazos and Benkely Vanegas, and junior Caroline Lee eat lunch and catch up on the steps outside of the cafeteria. "I like the open space," said freshman Denise Williams. "It's more relaxing and chill than inside." 2. Junior Meagan Johnson uses one of the microwaves to heat up a lunch she brought from home. The microwaves provided by the school gave a wider variety of lunch options. "It's better than the lunches here," said Johnson. "It's a nicer option." 3. A group of friends eat lunch near the visitor bleachers. The new area to eat gave enough space for larger groups of friends to eat together.

lunches

Do you buy your lunch, bring you lunch, or both?



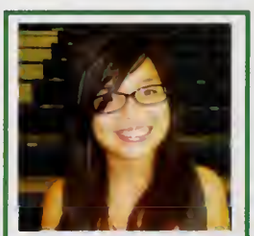
100 students surveyed

What's your favorite thing about LUNCH?



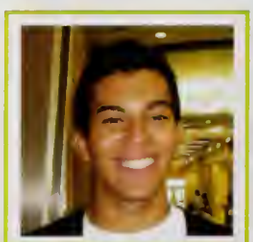
"As a senior, I like the ability to go wherever I want and to not be in a stressful environment."

Emilia Sens, '11



"My favorite thing about lunch would be the upperclassmen boys and the vending machines."

Alexis Carrillo, '14

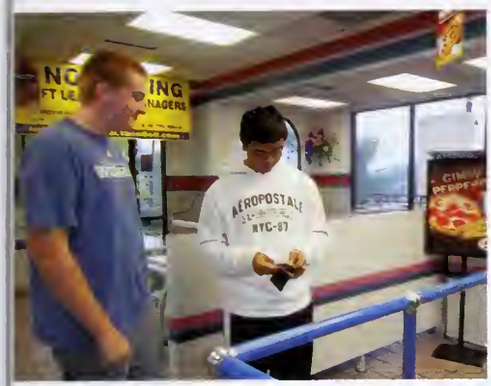


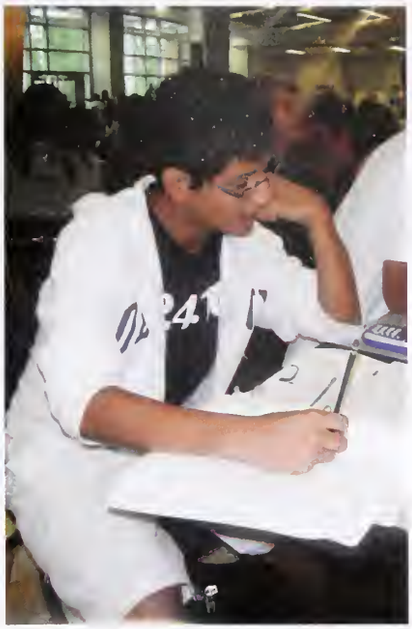
"I like being able to play soccer on the field after I eat."

Zakaria Ennijm, '12

Sophomore David Huaman finishes up his math homework while eating lunch. Doing homework in the cafeteria gave him the chance to do work while talking with friends. "I don't usually do homework, I like the free time," said Huaman.

Seniors Nathan Prange and John Heng wait in line at Taco Bell. Going off campus for lunch was a privilege for seniors only. Seniors often went to fast food restaurants because of the time constraint.



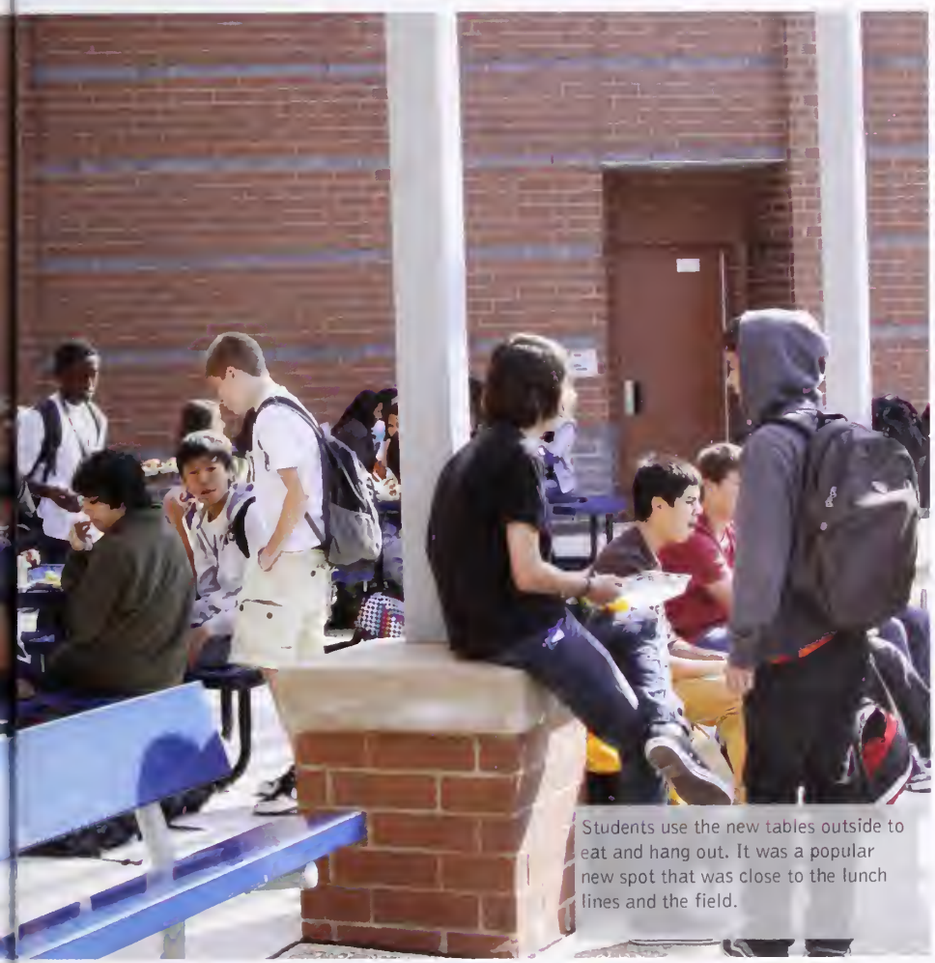


bet you didn't know . . .

ANHTHU TONNGUYEN, sophomore



The most exciting thing that has happened to Anhthu was when she met a Vietnamese singer while on vacation. "I was on a cruise and we stopped in Canada," said Tonnguyen. While she was walking down the street, she thought she saw someone she recognized. "I'd seen him sing on DVD's but didn't know his name." Although she wasn't sure, she got the courage to talk to him anyway . "It was the first time I had ever met someone famous!"



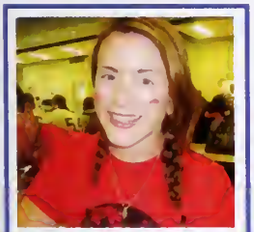
Students use the new tables outside to eat and hang out. It was a popular new spot that was close to the lunch lines and the field.





Freshmen Cesar Diaz, Julian Leiter, and Michael Freed joke around while eating. Lunch was a time to socialize with friends. "I usually eat with the same three people and we usually eat outside," said Leiter.

Senior Alexander Berlin uses lunch to catch up on homework. Although students were not allowed to eat in the library, it was still a quiet and popular place to go. "The library is a good place to do the massive amount of IB homework I'm assigned," said Berlin.



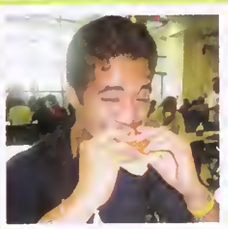
"The cafeteria should be less crowded and provide better food."

Laura Yauger, '12



"I would let the juniors off as well for more room, and we should be able to eat on the field again."

Jackson Sheehy, '13



"The food should be in bigger portions and lunch should be longer."

Julian Semprebon, '11

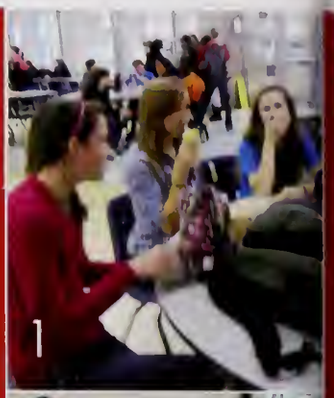
What's one thing you would CHANGE?

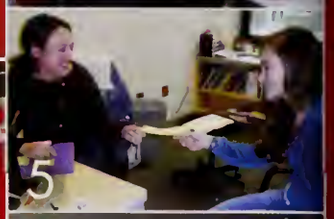
bet you didn't know . . .

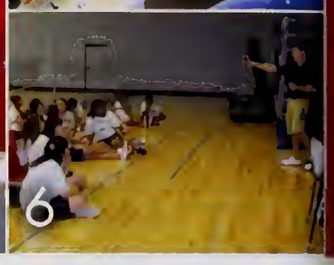
ELIZABETH GROSSMAN, sophomore



Elizabeth Grossmann has had a condition since birth called Congenital Anosmia. She has never been able to smell anything in her life due to a missing nerve in her nose. When she was younger, she noticed that she couldn't smell cookies or things that burned. "At first, no one believed me, but then I got a CAT Scan and it showed up," said Grossman. Although her life is certainly different, she managed to stay positive. "I think it's unique!" said Grossman. "And on the bright side, I never smell bad things."











friend while he waits for his bus to come.

our expectations



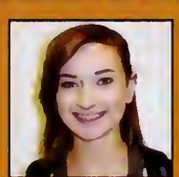
"I just expect to meet new people and have fun."

William Vernia, '14



"I want to find the perfect balance of work and play, and just be stress-free."

Samuel Young, '14



"I want to keep up my grades and make school my first priority."

Kylie Vick, '14



"I expect to go to a good college, but I'm nervous because I'm already under a lot of pressure."

Madeline Bowman, '14



Freshman Timothy Andrews looks at the board to do his daily warm-up in English. Andrews spent extra time at school to keep up with his work. "I stay after school in the library to do my homework," said Andrews.



Seniors Andrew Bryant, John Bardo, and Ryan McConville look at a graduated cylinder to make sure they have the correct amount of water. They were enrolled in the last one-year IB Biology course, therefore it was an all senior class.





back to THE FUTURE

SENIORS REFLECT ON THEIR TIME AT SCHOOL WHILE FRESHMEN LOOK FORWARD TO IT

A journey that started with the first steps into school as a freshman became a period of time that many found themselves looking forward to. However, while new students looked forward, others were already looking back, reflecting on their four years.

A common goal for freshmen was to be successful, but success was measured differently by each student. "I just want to be the best I can be, pass with a high GPA, and stay true to myself," said freshman Christopher Davis.

After three years of experience, seniors adapted to the routine and started to feel a change in what they were concerned about. "At first I wondered where high school would take me," said senior Keisha Horne. "Now the things I focus on are finishing strong and going to college."

While grades were on everyone's minds, having a fun experience was important to both freshmen and seniors. "The most important thing to me is to meet new people and for high school to be enjoyable," said freshman Margot Austin.

Students of all grades had different expectations for their future, but they all knew they couldn't predict what it would hold. Senior Antonella Rodriguez-Cossio said "Our diverse student body almost guarantees that the person you are in ninth grade will be different by the time you reach twelfth."

-LisaMcNabola,'11

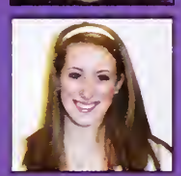


Senior Joshua Deiner practices CPR in his EMT class at the career center. Freshmen could not sign up for career center classes because they did not have enough free periods. "The teacher came to my class last year and talked to us about it," said Deiner. "I like it because the classes are more hands on."

our parting advice



"It's whoever puts the most effort into their work that has the best grades." Keisha Horne, '11



"Don't think you can slack off on work because it really counts when you're looking at colleges." Megan Kroger, '11



"Do your work, but remember to enjoy your last years as a kid because once you're done with school, you're an adult." Alexander Blanco, '11



Senior Molly Ramey looks on as her Broadcast Journalism class does the daily announcements. Seniors tended to have more electives because they had less class requirments to meet. "Be sure to branch out and do a lot of different things so you can have the best high school experience," said Ramey.

make a WISH

CELEBRATING BIRTHDAYS

top five GIFTS

1. Money
2. Cars
3. Electronics
4. Clothing
5. Vacation

100 students surveyed

To celebrate a new age, students did everything from partying, sharing their special day with friends and family, to simply spending the day to themselves. "To me, my birthday is the best day of the year because it's my friends and family that make it special," said junior Elio Collantes.

Birthdays were often associated with growing up. This was a topic that many students had various opinions on. "I like my current age because I'm not a kid anymore but not an adult yet either," said freshman Anne Siddle. Some people enjoyed the prospect of being older while others were skeptical and unsure about taking on the new responsibilities that came with it. "I'm looking forward to more freedom but scared of the responsibility," said freshman Robert Lewis.

For most, the day of their birthday was one that they felt the most special. "Being able to have people I love celebrating my birthday with me was my favorite part," said junior Vasthy Delgado. "Of course, I loved dressing up and eating birthday cake too."

-Hana Hadzibegovic, '11
Morgan Livezey, '12



1



2


3



4


5

1. Students often decorate lockers as a way to celebrate their friends' birthdays. 2. Friends of sophomore Maurely Salazar-Obando decorate her locker as a birthday surprise. 3. Sophomore twins Caroline and Alice Maggio dress up for their birthdays, January 3. "I like being able to share my special day with my sister," said Caroline Maggio. 4. For her birthday, junior Kinsey Scholl and some friends go camping at Lake Anna for the weekend. 5. Julieze Benjamin celebrates turning 18 by having a dinner party at P.F. Chang's.

do you share a birthday with a famous celebrity?

Johnny Depp
June 9

Megan Fox
May 16

Sandra Bullock
July 26

Leonardo DiCaprio
November 11

Ryan Reynolds
October 23

Hayden Panettiere
August 21



Senior Margaret Siddle shares a birthday with OJ Simpson.
JULY 9



Senior Stephen Laredo shares a birthday with Ringo Starr.
JULY 7



Senior Kaitlynn Campbell shares a birthday with Rosa Parks.
FEB 4



Junior Erin Fox shares a birthday with Jude Law.
DEC 29



Jeremy Friedman shares a birthday with Richard Nixon.
JAN 9



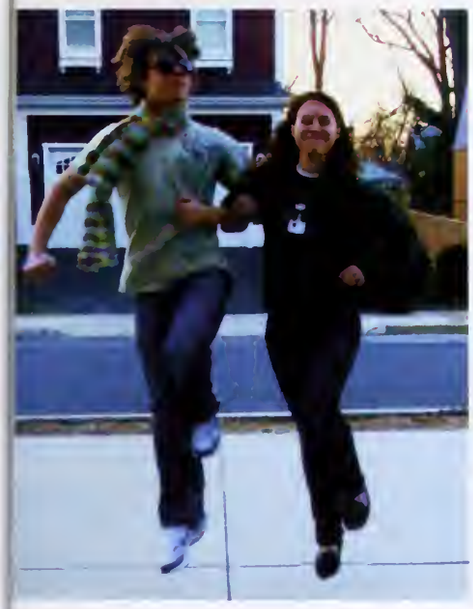
While being sung to, juniors Camille Uzel and Meredith Randle prepare to blow out the candles on their birthday cake. Since their birthdays were a day apart, they shared a joint celebration at Carmine's, an Italian restaurant in DC, with their friends and family. "It was an awesome way to celebrate, and I had leftover pasta for weeks," said Randle.

bet you didn't know . . .

MICHAEL YUHAS, senior



Michael Yuhas' talent is scootering. He became interested in the hobby when scooters first became popular. After discovering this avid skill, he was sponsored by a skating company and even appeared on one of their online advertisements. Since, he continues to enjoy scootering.



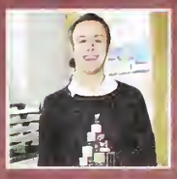


birthday memories

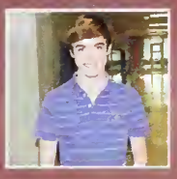
On his friends birthdays, junior Arman Hussain sang "Happy Birthday" to them with his ukelele. Since Hussain enjoyed being creative, he often gave unique and interesting gifts. "The best part is seeing people's reactions," said Hussain



"[illegible] of my birthdays as a child, my sister pushed my face [illegible] to my birthday cake."
Nghom Mckee, 12



"My favorite birthday was when I was in Paris. It was their Independence Day and there was a parade and fireworks."
Mr. Matthew Przydial, teacher



"On my fourteenth birthday, I broke my knee and didn't get any presents or cake because my mom was too busy taking care of me."
Rourke Donahue, 10

Juniors Brooke Campbell and Jordan Ricker skip around school grounds with cheeriness so that others can acknowledge that it is their birthday. Often times, students enjoyed receiving attention from their peers on their birthdays. "I like having the same birthday as Brooke, September 22, because we both enjoy goofing around with each other," said Ricker.

bet you didn't know . . .

JESSE FERRELL, junior

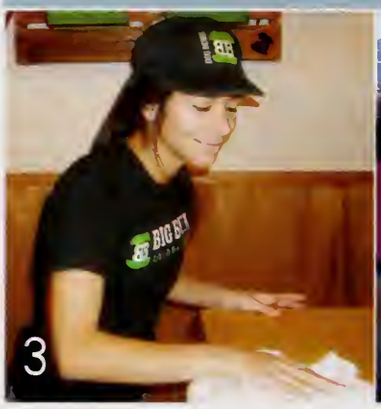


Jesse made it her goal to become fluent in Spanish. "When I was 13, I really wanted to learn Spanish," said Ferrell. "I watched television and listened to music only in Spanish, made myself think in Spanish, and most importantly made my friends only talk to me in Spanish." This summer she traveled to the Dominican Republic through the AMIGOS program and helped a less fortunate community. "It helped me learn my conversational Spanish and I also learned about the culture there."

1. Junior Jordan Hinkson spends time on the weekends playing video games. "Halo, in general, is definitely the best video game to play," said Hinkson. **2.** Sophomores Luisa Banchoff, Esther Ullberg, and Abigail Bessler attend a free event at the Kennedy Center. **3.** Senior Ann Plotkin cleans a table on her shift at the restaurant Big Buns. **4.** Freshmen Samantha Tigner, Nia Zekan, and Zoey Lande enjoy the day across the river in Georgetown. "It's really pretty there, and I love going down by the water and watching the crew teams," said Tigner. **5.** Freshmen Alicia Hartz and Michelle Vu work on their science fair experiment during Saturday school. "We needed to use a fume hood, and it also required a long period of time; so Saturday was the best day we could complete the experiment," said Hartz. **6.** A group of juniors attend the science expo on the National Mall where they got the opportunity to meet Bill Nye the Science Guy. **7.** Senior Binita Pant climbs up a rock during Mountain Club's hike on Old Rag in the Shenandoah National Park.

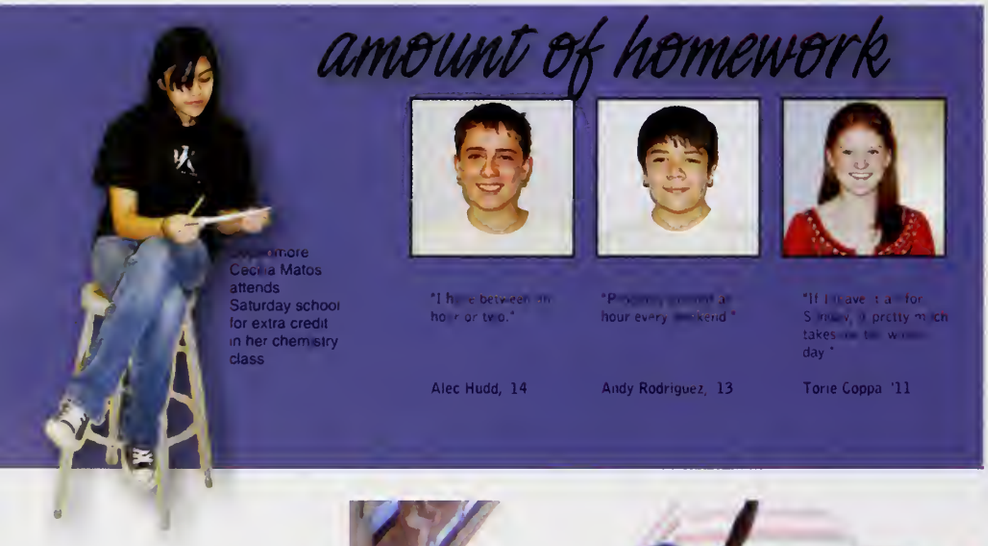












amount of homework

"I have between an hour or two."

Alec Hudd, 14

"Probably around an hour every weekend."

Andy Rodriguez, 13

"If I have it all for Sunday, it pretty much takes me the whole day."

Torie Coppa '11

Sophomore Cecilia Matos attends Saturday school for extra credit in her chemistry class





Junior Joren Manuel is skateboarding in Rosslyn. Manuel's favorite pastime is skateboarding. "On the weekends, I skate a total of around 10 hours," said Manuel.





taking a BREAK

STUDENTS RELAX AND ENJOY THEIR WEEKENDS

After five tedious school days, the weekends were a chance for students to wind down. "I hang out with my family, go out with friends, and just relax," said freshman Dejah Lee.

Sleeping in was a must for many students, like sophomore Kalle Wadzinski. "I usually sleep in until two," said Wadzinski.

Since school took up a lot of their time during the week, many students got a chance to enjoy other activities on the weekends. "My favorite thing to do over the weekend is to go kayaking with my dad," said junior Meredith Randle. "We always have a great time talking and spending quality time together."

Many students found that they did not have time during the week for even the simplest things. "I spend time reading because a lot of times during the week I can't read for pleasure," said sophomore Luisa Banchoff.

Overall weekends provided a time for students to take a break from their busy week and the demanding atmosphere of school.

-Adrianna Gorsky, '12



Juniors Karen Vallejos and Emily Walker attend the Rally to Restore Sanity that took place this October on the National Mall. "It was a political satire on the Glenn Beck Rally," said Walker. "It didn't have any specific political motives, it was just supposed to be for fun."

dream weekend

"Spending the entire day down at the National Mall with my friends."
Michaela Nelson, '11

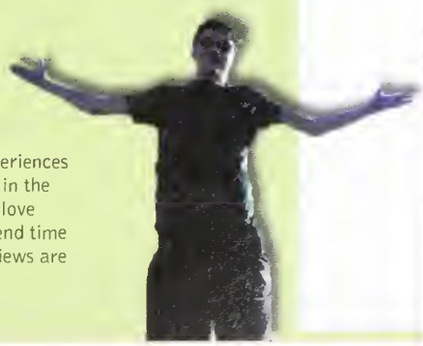


"Taking a trip somewhere to go see a concert like Rock the Bells"
Kalle Wadzinski, '13



"To go to New Zealand with my friends because there is bungee jumping and zorbing."
Samuel Young, '14



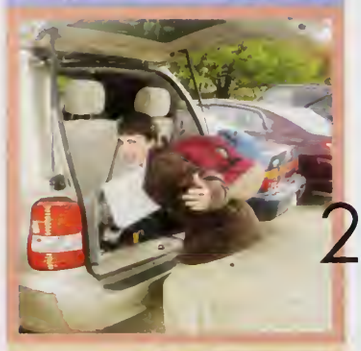


Junior Daniel Mulrow experiences his dream weekend hiking in the mountains of Virginia. "I love hiking because I get to spend time with my friends, and the views are amazing," said Mulrow.

our new ways

STUDENTS FIND ALTERNATIVES TO LOCKERS OF STORAGE







1. Like other students, senior Elizabeth Beckwith uses a messenger bag to store her materials rather than a locker because of the convenience it offers. 2. Junior Brendan Kiviat gets his backpack from his car before school. Off-campus parking for juniors caused problems that often made them unable to visit their cars for school materials. 3. Preparing for English class is sophomore Elana Jobson-Oliver, who uses her backpack instead of her locker. "I'm not in any class that needs a lot of books, so I just use my backpack," said Jobson-Oliver.

Used as storage spaces during the year, lockers have been known to hold text-books, notebooks, athletic gear, spare coats, and jackets. However, as students found themselves swamped with work and without time to visit their lockers, many discovered alternate spaces to use.

Although many students felt that their lockers were not located for their convenience, some found benefits in using the extra space that the school provided. "I use my locker to hold any of my books that don't fit in my backpack," said senior Michaela Nelson.

While some may have lived out of their lockers, others found themselves living out of the bags and purses they carried around daily. Backpacks offered the convenience and availability that lockers often did not, and students used that to their full advantage. "My locker isn't convenient because my classes are spread out," said sophomore Noah King.

An option for upper-classmen that were able to drive but unable to visit their lockers was the space in their car. "I go to my car during lunch," said senior Jade Zekan. "My car smells better than the school lockers."

Due to the inconvenience of time limits between classes and locations of lockers, students found other methods to adjust to the demands of their schedules with the storage spaces available to them.

- Lindsay Cronin, '11
Megan Carlson, '11

"I love using my locker. It's very conveniently placed and very roomy." Natalie Hewitt, '13



locker usage

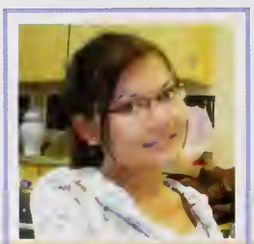
When do you visit your locker the most during a typical school day?

25% BEFORE & AFTER SCHOOL

30% BETWEEN CLASSES

45% RARELY EVER

100 students surveyed



"I like my locker on the fourth floor because it is quiet."

Lina Chhuy-Hy, '11



"I use my locker to lighten my backpack. Most of my classes are on the third floor, so it's convenient."

Temujin Ider, '13



"I don't use my locker because it is easier to keep my stuff at home and alternate through the days."

Hannah Mesches, '14



"It is easier to carry everything with you. There is not enough time to go to your locker between classes."

Elijah Davenport, '13

Juniors Jordan Kruger and Catherine Boryan decorate a friend's locker as a surprise for her birthday. Not only was it a thoughtful gift to offer, but it also added a decorative touch to the hallways.



Juniors Sarah Danik and Paige Taylor like to hang out by the lockers before and after school. Some students study at their lockers before a test in their first class of the day.



bet you didn't know . . .

SARAH CHISHOLM, senior

Most of her peers are unaware of her involvement in the 49th Virginia Infantry. Having just started in October, Chisholm was a part of a group that reenacts Civil War events over the weekends. "You live like they did during the war," said Chisholm. "It's a good way to learn about history."





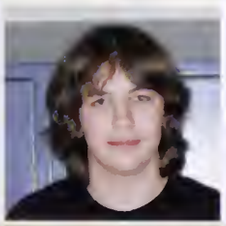
Senior Jade Zekan uses her car to hold extra materials that she does not need to carry around for class. Zekan also used her car during lunch because of its availability. "I don't use my locker because I don't know where it is," said Zekan.





Senior Michaela Nelson visits her locker before class. While some students dislike the location of the fourth floor lockers, Nelson enjoyed the accessibility they offered for her schedule. "Sometimes I think it's convenient because I have classes on the fourth floor," said Nelson.

Sophomore Nicole Collantes retrieves supplies from her locker before class. Collantes uses her locker to hold what she cannot fit in her bag. "I use my locker because I am in intensified classes so I need it to hold my textbooks," said Collantes.



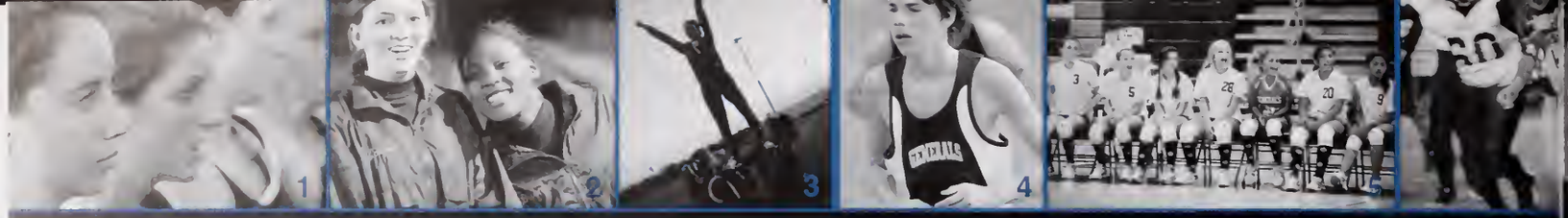
"I use my locker because my backpack is heavy and I don't like to carry it around the school."
Griffin Hyde, '14



"My car is more spacious and I don't have to worry about annoying people near my locker."
Katherine Ponds, '11



"My locker is pretty convenient and sometimes I have a bunch of stuff in there, but it's big enough."
Elio Collantes, '12



1. Senior Amy Severs and Junior Emily Cook 2. Sophomores Lauren Strauss and Brianna Lowe 3. JV Cheerleading team 4. Freshman Kyle Quinn 5. JV Volleyball team 6. Sophomore Darius Gray 7. Cross country team

JV football team





sports

NAME OF THE GAME

Enduring a long day of school before the real work even began, student athletes gave the school even greater pride with their commitment in the fall, winter, and spring. Whatever their days may have enthused, after the gun fired in cross country, the whistle blew in basketball or volleyball, the beeper sounded for a swim meet, etc, there were new focuses: teamwork and perseverance.

Participating in sports was not always easy with rigorous course work often involved, but students still showed their dedication, sportsmanship, and spirit. Sports teams continued to improve in their standings as interest and competition both increased. Student athletes helped show the true colors of Washington-Lee.

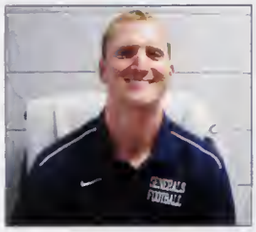
COACHES



"We have a great team with real hard working kids and good chemistry."
Head coach, Mr. Josh Shapiro



"The players always manage to bounce back and turn things around."
Assistant coach, Mr. Justin Bolfek



"I love coaching varsity because of the excitement of the team."
Assistant coach, Mr. Adam Moir

1. Senior running back Anthony Taylor breaks through a hole against Yorktown's defensive line. "Never quit running," said Taylor. 2. Junior quarterback Rigoberto Salguero overcomes a tackle from Thomas Jefferson's defense. "I don't like to avoid hits, I like to make the hits," said Salguero. 3. Nathaniel Young intercepts the pass from the opposing Yorktown team. His effort, put together with the rest of the team, resulted in a legendary defeat against a rival. 4. Juniors Jewel McNeil, Aleta Allen, and Zhane Matos were some of the managers for the varsity team. "The job is fun because we get to bond with the boys," said McNeil. 5. Senior lineman Daniel Guenther hikes the ball during the Thomas Jefferson game. 6. Seniors Marshall Anders, Keesean Braithwaite, and Nathaniel Young tackle the Wakefield quarterback while sophomore Fred Williams runs to assist. "I enjoy the comradery on defense and tackling," said Anders.









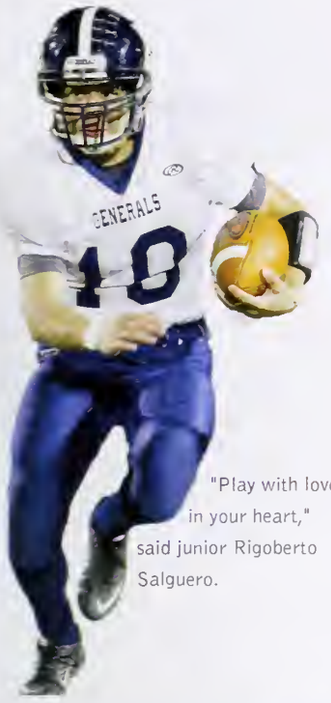




US	*them*
Mclean 6	14
South County 7	42
Hayfield 23	7
Falls Church 40	6
Jefferson 35	21
Stuart 7	34
Mt.Vernon 20	37
Edison 38	12
Wakefield 41	12
Yorktown 0	14



Varsity Football **Front Row:** Managers Aleta Allen, Jewel McNeil, Chelsea Craddock **Row 2:** Long Nguyen, Isais Castro-Rivas, Arfur Rahman, Marcus Cantu, Jose Vasquez, Mehedi Patwary, Anthony Willis **Row 3:** Brandon Clayton, Paris Ebert, Troy Nickens, Douglas Diffee,Rigoberto Salguero, Charles Smith, Alexander Clegg **Row 4:** Coach Josh Shapiro, Nicholas Serene, Tony Gomez, Jared Deiner, Levi Herrera, Mudasar Iqbal, Jonathan Chireno, Coach Timmy Charles **Row 5:** Coach Justin Bolfek, Roderic Gibson, Daniel Guenther, Moussa Diallo, Fred Williams, Nathan Young, Sean Pratt, Keesean Braithwaite, Coach Adam Moir **Row 6:** Coach Horace Willis, Seth Whitmore, Nicholas Freed, Terrence Ellis, Rhyler Heining, Trevor Turner, Anthony Taylor, Dawson Cannon, Nicolas Burns, Coach Ron Files **Back Row:** Brian Miller, Tarik El-Allame, Ian McLennan, Richard Bayliff, Fernando Quintero, Marcus Harrington, Joshua Patecell, Spencer Hemstreet, Marshall Anders, Coach Joe Kroger



"Play with love in your heart," said junior Rigoberto Salguero.

the brotherhood

THE UNITY OF THE PLAYERS CONTRIBUTES TO THE PASSION OF THEIR GAME

MAKES HISTORY

Living beyond past years' success, the varsity football team came a long way in order to bring home a win that made history. For the first time in 28 years, the team defeated Yorktown in the first round of playoffs. With the huge amount of senior support, the players dedicated their time and effort not just as a team, but as a family.

Regardless of the losses and the wins, the players stuck together and kept strong ties. "We hung out on and off the field and bonded al the time in the locker room," said sophomore Seth Whitmore.

Aside from the unity of the players, the pressure from the student body motivated the team to come together for school pride. "All of the guys out here are my brothers," said senior Daniel Guenther. "We exemplify the people that we want to be since we represent the school."

The varsity team was not just a team, but a brotherhood playing for the love of the game. This season will not be soon forgotten for it is the season and team that has broken the 28-year streak.

- Saikhnaa Bayarsaikhan, '11
Amina Chenini, '11
Hana Hadzibegovic, '11







1. Senior A[illegible] Taylor pulls opponents out of the end zone during the Winterfield game. "Catch me if you can," said Taylor. 2. Senior Keenan Braithwaite tackles a player from McLean. "The best part about an away game is the intensity and hype of the [illegible] fans," said Braithwaite. 3. Luis Torres completes a touchdown [illegible] a successful kick. "As the kicker, every time I make a field goal or a point after touchdown, I feel accomplished, especially when it's a tight game," said Torres.





The team makes an entrance before the start of the homecoming game against Thomas Jefferson high school. "Practices are designed so that each drill has a dual purpose and little time is wasted," said senior Trevor Turner.

Members of the varsity football team come together for a picture after the win against Yorktown. "It was definitely a big win for the school, and I'm glad it was the class of 2011 that did it," said senior defensive tackle Tarik El-Allame.

no pain

JV AND FRESHMAN TEAMS REALIZE THE IMPORTANCE OF PRACTICE AND TEAMWORK

NO GAIN



"I play football, because I love the game," said freshman Keith Myer. "During a game I feel calm and relaxed, because I don't want to lose my cool."

Hard work and a lot of practice were not the only factors that led to a successful football season. As the season progressed, players realized this as well. The players realized that both the coaches' advice and teamwork were just as important.

In order to build strength and endurance, the coaches planned long practices four days a week, during which they tried to help the players improve endurance. "My coach helps me by pushing me to be the best out there on the field for my specific position," said junior Marcus Harrington.

During the practices, the coaches also tried to point out the team's weaknesses by showing them their mistakes. "Our coach shows us our mistakes on film to tell us how we can get better," said sophomore Corey Robinson.

Although the players appreciated their coaches' advice, they also knew that they had to work together. "It's because of teamwork that the team is doing so well this season," said sophomore Sean McBride. "Our team is not only comprised of talented athletes but friends that display the same sort of integrity for one another."

Players from both teams appreciated their teammates' hard work and dedication, which led to their winning record season.

- Sabrina Patwary, '11
Abigail Knight, '11

Freshman Scorecard

	US	them
Hayfield	14	6
Falls Church	36	13
Stuart	39	12
Mount Vernon	13	0
Edison	28	8
Wakefield	44	6
T. Jefferson	36	8
Yorktown	2	6





Coach Mr. Matthew Norris huddles with his team one last time before the game starts. The coaches were extremely proud of the freshman team. "Our team has played extremely well this year," said Norris. "We have tremendous talent and a high level of personal excellence."

The JV team starts on the scrimmage line during a game against Mount Vernon. Most of the players got nervous at the beginning of games, but started to relax as the game progressed. "During the game, I'm pretty nervous until I hit someone," said junior Marcus Cantu. "After that I'm pretty pumped up."

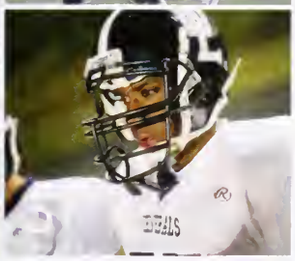
1. Freshman Jay Delancey hikes the ball to freshman Eric Ingram. "I like everything about football, but my favorite part during the games is running the ball," said Delancey. 2. The freshman team huddles before a game to run through plays one last time. Every member of the team had a role to play that they established throughout the season. "Everyone on the team has to do something in order for us to be successful," said freshman Samuel Appel. 3. The JV team tackles an opposing player during their game against Mount Vernon. "My favorite part of games is the big tackles," said junior Marcus Cantu. 4. Quarterback sophomore Alexander Clegg passes the ball to the receiver. "During a game, I am tuned in and nothing can distract me," said Clegg. 5. Sophomore Austin Johnson watches the game closely while waiting to be put in. It was important to keep one's head in the game and know what was going on because they could be put in at any moment.













JV Football **Front Row:** Austin Johnson, Jorge Alvarado-Calderon, Steven Sheats, Kevin Corneby, N'Dri Sligh N'Cho, Darius Gray, Hugh Durbin,Trevor Thornhill, **Row 2:** August Thomas, Baterdene Ganbaatar, Temuge Batzaya, Corey Robinson, Elijah Davenport, Sean McBride, Ja'rel Green **Back Row:** Coach Mr. Timmy Charles, Troy Nickens, Alexander Clegg, Marcus Harrington, Charles Smith, Marcus Cantu, Brandon Clayton, Coach Mr. Ron Files

JV Scorecard

	US	them
Hayfield	6	7
Falls Church	46	0
Stuart	8	6
MountVernon	8	6
Edison	16	6
Wakefield	44	0
T. Jefferson	32	6
Yorktown	8	19



"My favorite part about a game is scoring, because I want to motivate my team, and scoring gets them hyped up," said sophomore Darius Gray.



Freshman Football **Front Row:** Kieran Burns, Keith Myers, Ruslan Pietra, Brandon Saunders, Michael King, Eric Ingram, Joaquin Friedman **Row 2:** Gabriel Solomon, George Jobson-Oliver, Giovanni Velit, Daquay Harris, James Thompson, Cepehr Alizadeh, Justin Roberts, Jarrod Mautz **Row 3:** Coach Mr. Matthew Norris, Juwan Hernandez, Manbir Nahal, Bruno Ochoa, Dewayne Williams, Thomas Roberts, Alexis Reyes, Sir Holland, Coach Mr. Luis Martinez **Row 4:** Matthew Nice, David Wien-Kandil, Malik Piersol, Glen Bennett, Dominic Draghi, Jamal Hall, Mark Falamoun, Alexander Wandler **Back Row:** Zachary Randall, Noah Harrington, William Martin, Sterling Webster, Samuel Appel, Mark Varner, Samuel Patecell, Kenneth Moore, Benjamin Bean, Peter Griffin, Jay Delancey



"Spending about 15 hours a week together provides for a tight-knit team."
Emily Cook, '12



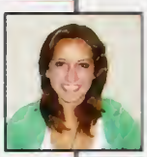
"We had an incredible bond between teammates this season."
Sandra McCartin, '11



"We play together better because we communicate with each other and voice any issues we are having."
Alison Bentley, '12



"When we know each other well, it helps us on the field because we know how everyone plays."
Carly Anders, '12



"Team activities helped us grow closer together and get to know each other better."
Dana Raphael, '13

1. Senior Captain Catherine Pricone goes for a shot on goal during the game against Stuart. Pricone was one of the teams leading scorers. 2. Junior Sarah Chase-Walsh takes the ball away from a defender before dribbling the ball up the field. "Visualizing yourself making good plays is important for staying in control of the ball during games," said Chase-Walsh. 3. Junior Carly Anders runs up the field to assist teammates. 4. Sophomore Caroline Maggio passes the ball to a teammate. 5. Senior Amy Severs makes a quick pass to sophomore Dana Raphael in order to eliminate a defender. 6. Members of the team celebrate a late goal in the game versus Chantilly.













US *them*

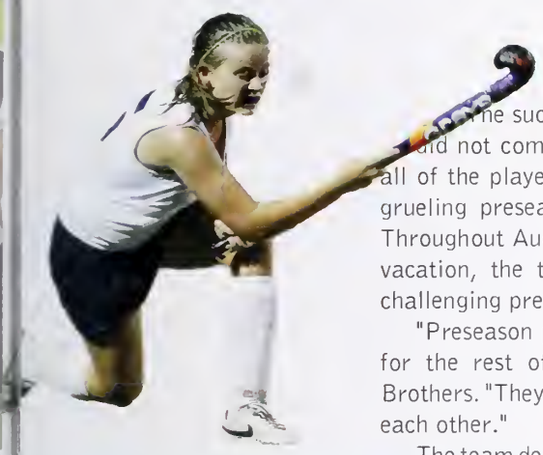
	US	them
South County	1	4
Westfield	0	5
Hayfield	2	0
Langley	3	1
TC Williams	0	1
Hayfield	3	1
Chantilly	1	0
T. Jefferson	2	0
Wakefield	4	1
Centreville	1	0
Langley	3	2
Yorktown	0	1
Mount Vernon	0	2
Edison	1	0
Stuart	3	1
Falls Church	3	1
Stuart	4	0
Mount Vernon	0	1
Lake Braddock	1	2



Varsity Field Hockey **Front Row:** Morgan Livezey, Kirby Clark, Dana Raphael, Adrianna Gorsky, Emily Gursky, Sarah Danik, Jesse Ferrell **Row 2:** Head Coach Beth Prange, Meredith Randle, Emily Cook, Mary O'Connor, Raleigh Mills, Alison Bentley, Sarah Chase-Walsh, Amy Severs, Manager Julie Lang **Back Row:** Carly Anders, Samantha Brothers, Emma Banchoff, Catherine Pricone, Sandra McCartin, Camille Uzel, Katrina Cook **Not Pictured:** Assistant Coach Blair Corcoran

pre-season

PRE-SEASON WORKOUTS PROVED INVALUABLE DURING THE SEASON PAYS OFF



Junior Samantha Brothers lifts the ball to the offensive players.

The successes of the varsity field hockey team did not come without an immense effort from the all of the players throughout intense workouts and a grueling preseason during the heat of the summer. Throughout August, while many students were still on vacation, the team arrived early each morning for challenging preseason workouts.

"Preseason practices really set the standards high for the rest of the season," said junior Samantha Brothers. "They also help the team get comfortable with each other."

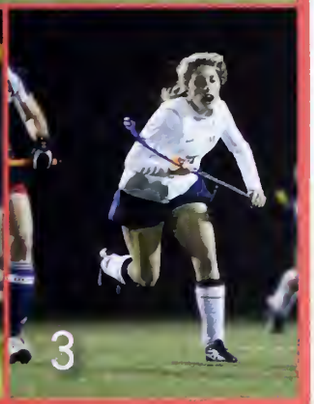
The team defeated many out-of-district competitors this season, beating Langley twice, Centreville, and Thomas Jefferson. Last year, the team split its record against Langley and fell to both Thomas Jefferson and Centreville. In addition, they took eventual Northern Region champion Lake Braddock into overtime.

"The biggest challenge for us this season was losing against Yorktown," said senior Catherine Pricone. "However, our big wins against other teams in the region helped us pick our heads up and move on with the season, continuing to maintain positive attitudes."

- Kirby Clark, '12
Penny Weinstein, '14







1. Junior Meredith Randle clears the ball away from the goal, stopping Falls Church from advancing into their offensive circle. "As defenders, we have to stagger ourselves and communicate a lot in order to be effective," said Randle. 2. In an effort to win a fifty-fifty ball, where two people are going for the ball, sophomore Katrina Cook sprints past a defender. "I improved my stick skills a lot this year," said Cook. "I am planning on trying to improve more in the off-season over the next two years." 3. Junior Emily Cook speed dribbles the ball up the field towards the goal.





Junior Raleigh Mills tries to win the ball from a block tackle during the win over Centerville, while senior Sandra McCartin provides support and a passing option.

In the midfield, junior Emma Banchoff passes the ball to another player on the sidelines during the game against Stuart. "Losing big, important games and coming back the next day was always hard, but I never lost faith in the team and our potential," said Banchoff.

we love our

THE FIELD HOCKEY PROGRAM ADDS A NEW TRADITION

STICK FAMILY

The field hockey teams added a new concept to their program this year: stick families. The stick families were created to promote a stronger bond between the three teams. "The stick families helped me feel like we were more of one big team instead of individual ones," said freshman Catherine Dempsey.

Team members were randomly assigned to a family which consisted of a player from the other teams. "I liked having a stick family, because the days we had practice together were fun, and it was nice to have something to look forward to after the game," said sophomore Beth Bodner.

Specific activities which brought the teams together included group practices, exchanging gifts on game days and 'fun day.' "It was fun getting presents and nice receiving advice from older, more experienced players," said freshman Erin Morris.

For the freshman team, players became confident and felt more comfortable with the sport as they connected with the other teams' members. At the beginning of the season, the main goal was to master the sport, however, they exceeded this. "One thing we will all remember was the undefeated season," said freshman Amelia Doyle.

The support of the other teams helped encourage the teams to succeed in their games, specifically for the JV players. "It was motivating to hear the cheers from the stick families who attended some of the games," said sophomore Caroline Quinn.

- Adrianna Gorsky, '12
Lili Olsen, '13



"Our team goals were to make sure we had good, consistent hits and push passes," said sophomore Emma Schimley.



1



2



3



4

"My favorite part about field hockey is the feeling of accomplishment when you score," said freshman Ramona Rubalcalva.





JV Field Hockey **Front Row:** Ramona Rubalcava, Alycia Bouchard, Morgan Burns, Beth Bodner, Maggie Burgos, Lindsay Chamness **Row 2:** Assistant Coach **Rachel Sauder,** Abigail Boshart, Abby Grace, Destiny Boyd, Emma Schimley, Josie Twomey, Sarah Bauman, Anna Karagulina, Coach Jenni MacIntosh **Back Row:** Audrey Paduda, Elizabeth Grossman, Shelby Smout, Elizabeth Kabbani, Helen Westergren, Caroline Quinn, Sarah Goodman, Sonia Lunn **Not Pictured:** Alice Maggio, Emilia Zevallos -Roberts

JV Scorecard

	US	them
TC Williams	0	1
Hayfield	3	1
Chantilly	0	3
T. Jefferson	0	0
Centreville	0	1
Langley	0	1
Yorktown	0	1
Mount Vernon	2	0
Edison	2	0
Stuart	5	0
Falls Church	3	0

. Sophomore Maggie Burgos and Alycia Bouchard set up for defensive short corner. Burgos decided to be the goalkeeper nce she had previously played that position on her soccer eam. "I like it because you get to be a leader on the field nd cheer for your team," said Burgos. 2. Sophomore Lindsay hamness dribbles past her opponent. "My main goal for each ame was just to play hard and have fun," said Chamness. 3. reshman Abby Grace looks ahead to pass to her teammate. . Sophomore Abigail Boshart dribbles towards the goal. She as very happy with the outcome of the season. "I finished off ne season with a record of three goals, something I could not ave done without learning new dodges and dribbling the ball ith speed down the field." 5. The JV team huddles up during heir five minute half-time. "Coach Mac was committed to the eam, tough, and yet she still knew how to have fun," said ophomore Anna Karagulina. 6. The JV team takes a lap round the field to warm up before their game.







Dribbling the ball, sophomore Destiny Boyd attempts to get past the opposing team's defense. "The most challenging thing about field hockey is trying to get past the defense," said Boyd.

Freshman Scorecard

	US	them
Annandale	3	0
TC Williams	2	0
Chantilly	0	0
West Potomac	2	0
Annandale	4	1
Yorktown	1	1
Madison	1	1



Freshman Field Hockey Front Row: Gabrielle Canning, Alexandra Martinez, Miranda Walls, Amelia Doyle, Jenna Campa, Kathryn Grumbles Row 2: Catherine Dempsey, Cristen Negron, Nina Oleynik, Sarah Chamness, Heidi Schmidt, Victoria Castro, Samantha Zucker Back Row: Katelynn Petrasic, Erin Morris, Greer Richey, Anna Mendelson, Margot Austin, Tatiana Sabin, Sarah Angell, Coach Xiomara Hernandez Not Pictured: Rebecca Choate, Olivia Viola, Jacqueline Mashburn



Sophomore Alice Maggio clears the ball up the field. "I enjoy the sport because it keeps me in shape, and I am also part of a team," said Maggio.



"The most important thing to know about the golf team is how fun and chill it is."
Lucas McCartin, '13



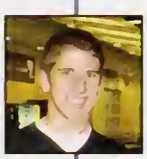
"The golf team is a great opportunity for anyone who wants to learn to play or get better."
Madeleine Brehaut, '12



"To win in a match, everyone has to play well; it is a team and an individual sport."
Dustin Reynolds, '13



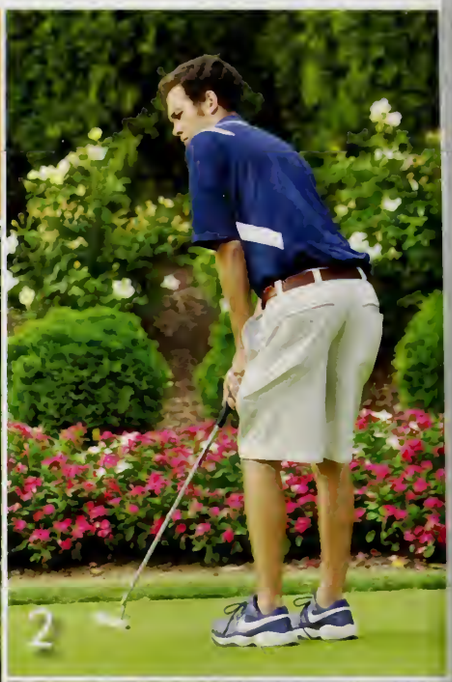
"Everyone's pretty relaxed and you get the chance to talk to some cool kids from other schools."
Cayden Brehaut, '11



"The most important thing to practice is short game and putting."
Stephen Laredo, '11

1. Junior Madeleine Brehaut prepares to swing by lining up her club with the ball. Having a good swing took concentration and practice. 2. Senior Timothy Peel watches the ball after his putt. Learning how to putt well was important to stay below par and to keep the score of the team low. 3. Sophomore Henry Doll lines up his driver with the ball. "The matches themselves don't count for anything but pride, but are a great way to prepare for districts," said Doll.







	US	them
Falls Church	181	170
Wakefield	201	201
Yorktown	201	190
Stuart	200	205
Hayfield	193	164
Mount Vernon	201	195
Edsion	196	162
George Mason	193	164



Varsity Golf: Coach Kevin Clark, Madeleine Brehaut, Dustin Reynolds, Henry Doll, Lucas McCartin, Stephen Laredo, Coach Doug Grove **Not Pictured:** Cayden Brehaut, Timothy Peel, Brooke Rippy, Margaret Trombly

girls on THE GREEN

TWO NEW FEMALE PLAYERS MADE HISTORY



Sophomore Dustin Reynolds watches the ball after he hit it with his driver. The driver was used when a ball had to go a long distance. "The most important thing about golf is that it's a game of patience and good practice," said Reynolds.

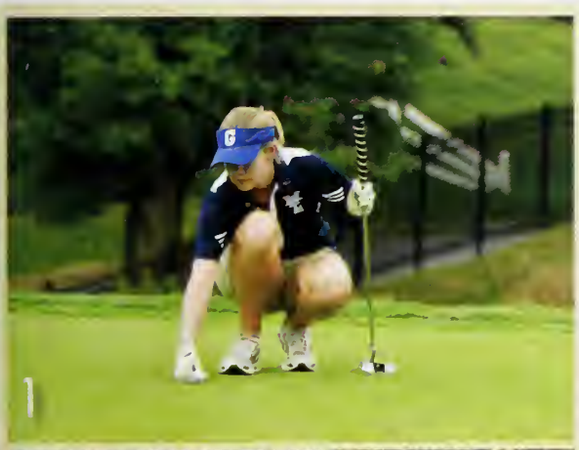
For the first time in the team's history, girls participated in matches. The girls were a positive addition to the team, providing an advantage on the course and more players.

Although it was a significant change for the team, the girls were mainly interested in playing the game. "I didn't know what to expect before I joined," said junior Madeleine Brehaut. "So I decided to show up to the first day of practice and see how things went."

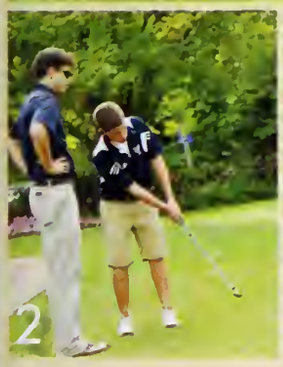
Fellow teammate junior Brooke Rippy had been hesitant about joining but ultimately felt that it was a good decision."I thought it might have been a little weird joining and not really knowing people, but it turned out to be fun," said Rippy.

The other players saw the change as a positive one as well. "Having girls on the team is a boost because they are able to tee off closer than guys are," said senior Stephen Laredo. "Both the girls are strong players, so it worked out in our favor." The addition of girls to the team was historic and helpful.

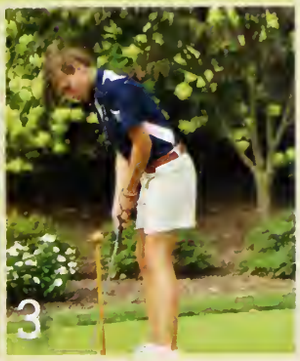
-Lisa McNabola,'11



1



2



3

1. Junior Madeleine Brehaut places the ball on the green before she putts. "One putt can seriously cut down on your score," said Brehaut. "It takes a lot of practice to be good at it." 2. Senior Stephen Laredo practices his putt as coach Mr. Kevin Clark observes. The coaches were there to encourage and help the players. "They both did great jobs at giving us support during the matches whether it regarded the rules or different shots we can take," said Laredo. 3. Junior Brooke Rippy practices her putt. "Golf is more relaxing; you aren't as tense in the matches as you are in games in other sports," said Rippy. "It's just like you are going out and playing with some friends."





Sophomore Henry Doll and coach Mr. Doug Grove follow Doll's putt before it sinks in the hole. Players spent hours practicing their putting in preparation for their games. "Putting counts for an average of about half your strokes in the match," said Doll. "So it's always an important part of practice."

Senior Timothy Peel walks towards Pohick Bay Golf Course before a match against Hayfield. The players got to use courses for free. "It's an expensive sport, so if we are able to play for free, that makes it so much easier on us," said senior Stephen Laredo.



"With Coach Delaney, he got me worked up enough to play my hardest and to achieve what I could actually do."
Jill Luoma-Overstreet, '12



"Being one of the captains, it's our responsibility to make important decisions and keep the team cheered up."
Megan Adkins-Blanch, '11



"My favorite thing about volleyball is the feeling you have after getting a solid hit or block."
Lillian Prins, '13



"One important thing that I learned this year is that you need everyone on the team to help win the game."
Marsharika Coleman, '12



"One of my favorite parts about volleyball is being able to hang out with friends."
Laurie Gagne, '12

1. Senior Aliya Winker and junior Erin Fox block an outside hit over the net during a play. Timing was essential to effectively block a hit. 2. Senior Aliya Winker goes up to spike the ball and senior Brigitte Jahncke covers. Coverage was necessary for when the hit was blocked 3. Junior Erin Fox sets the ball to the middle. 4. Senior Synthia Boudreau takes a hit from the outside. 5. The team does a cheer to conclude a time-out before going back on to the court. 6. Junior Jill Luoma-Overstreet effectively blocks a tip coming from the outside hitter.













	US	them
Dominion	1	3
West Potomac	3	0
Mclean	3	1
Mt. Vernon	3	1
Stuart	0	3
South Lakes	3	1
Yorktown	1	3
Annandale	3	2
Edison	3	2
Marshall	3	0
Lake Braddock	1	3
Oakton	2	3
Falls Church	3	1
Fairfax	1	3
Hayfield	0	3
Wakefield	3	1



Varsity Volleyball **Front Row:** Head Coach John Delaney, Brigitte Jahncke, Synthia Boudreau, Marsharika Coleman, Megan Adkins-Blanch **Back Row:** Erin Fox, Rebecca Jones, Jillian Luoma-Overstreet, Aliya Winker, Lillian Prins, Enji Batbaatar, Laurie Gagne **Not Pictured:** Assistant Coach Steve Taphorn

set it up

PLAYERS IMPROVE SKILLS WITH PRACTICE AND SUPPORT

SPIKE IT DOWN

In recent years, the volleyball team has struggled with having a new head coach each season. Coach Mr. John Delaney, however, became a general this year and is planning to rebuild the strength of the program. Clinics after practice and off-season workouts were implemented for the first time. Furthermore, players felt a new sense of unity between having team dinners and breakfasts, and participating in spirit days where players would dress based on a certain theme on game days.

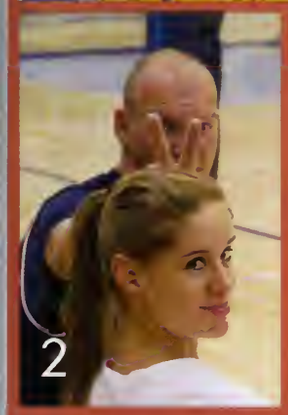
Part of improving included practicing outside of practice with players from every level. "We had clinics every other week that would help players improve in their particular positions," said junior Enji Batbaatar. "Our coach could work with everyone individually, and I think that helped us a lot."

The additional time the team spent improving both their skills and attitudes was apparent on the court with the team's winning record. "One of the most challenging things about volleyball is that the games are always different lengths because we play best out of five," said junior Erin Fox.

Coach Mr. John Delaney was able to instil a fighting spirit in the team. "I really didn't care how many games we had to play to win, if it was three or if it was five, because I just really just wanted to win," said senior Brigitte Jahncke.

- Emily Gursky '12
Carina Garcia '12







1 Both teams shake hands to wish each other luck before the game begins. "It's important to do this because it shows good sportsmanship," said junior Enji Batbaatar. 2. Coach Mr. John Delaney and senior Synthia Boudreau keep it light on the bench between plays. 3. Junior Marsharika Coleman expresses a little attitude and passes it on to the team to get pumped up for the game. "We get pumped up for each game by encouraging everyone to work together. Volleyball talkes a lot of practice and hard work," said junior Marsharika Coleman.





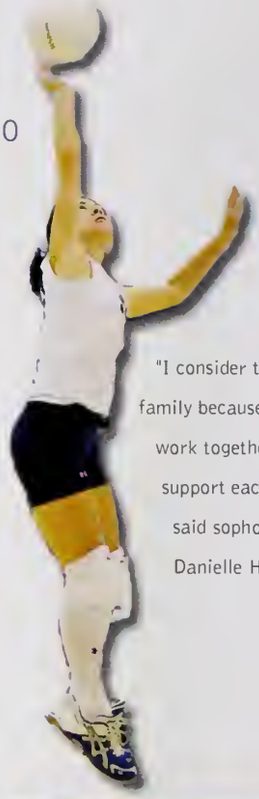
The team wears pink uniforms to show their support for Breast Cancer Awareness Month. The gym was decorated, and a special ceremony took place before the game to honor the occasion. "We sold bracelets to make money, and all of it was given for cancer research," said junior Laurie Gagne.

Seniors Aliya Winker and Rebecca Jones discuss the game during a water break. "It's easy to get worked up about what happens during the game, but you have to let it go when the game is over and you're off the court," said Winker.

one heart,

THE FRESHMEN AND JV VOLLEYBALL TEAMS UNIFY TO BRING HOME VICTORIES.

ONE FAMILY



"I consider the team my family because we work together and support each other," said sophomore Danielle Harris.

This year, it seemed that the freshman and JV volleyball teams became a family. From cheering one another on to getting one another pumped up before each game, becoming a family was never so easy. When asked what her favorite part of the volleyball experience was, freshman Caitlyn Riley said, "the family environment."

To win a game of volleyball, a very fast-paced sport, the team must have made fewer errors then their opponent. Each point earned was a cause for celebration. "It raises and boosts our confidence, and makes us want to win," said sophomore Devon Brown. Even when a point was lost, the teams were there for one another and to help everyone shake it off. "Cheering helps to relieve pressure and not focus on mistakes," said Brown.

Through one another's support and communication, both the freshman and JV teams were able to win their seasons. However, this was not without frus-tration for many of the new players. "I played for about three weeks before I tried out," said freshman Audrey Batcheller.

In contrast, the girls on the JV team had more volleyball experience. "I've played for two years now," said sophomore Ariana Urcia. No matter how many years of experience the players had, it was clear that both teams stepped up to the plate and pulled victories for the volleyball program.

- Eileen Breslin, '14
Carol Burka, '13



Sophomore Elana Jobson-Oliver jumps to hit the ball. Both the freshmen and J.V. teams spent a lot of time working on hitting to improve their accuracy. "Hitting is powerful, it makes you feel like you've acheived somthing," said Jobson-Oliver.





JV sophomore players Nicole Collantes, Heather Banikas, and Devon Brown show smiles after winning a point. Friendship was one reason that girls tried out for the team. "It is a way to be with friends and make new ones," said Collantes. "You're more comfortable when you're around friends; it helps you play better."

One way that the freshman and JV teams were able to come together was through cheers. Here, both teams prepared for the game by doing the cheer "Pump It Up."

1. Freshmen Anne Terpstra and Caitlyn Riley jump up to congratulate their teammates after the players on the court score a point.
2. Freshmen Lauren Karpinski, Audrey Batcheller, and Brianna Queen gather with their teammates in the center of the court after winning a point. Cheering after each point heightened the team spirit and often intimidated the opponents. "Cheering encourages you to show your teammates what you can do and pushes you to do better," said freshman Lauren Karpinski. 3. Sophomore Ariana Urcia serves the ball during a home game. 4. Freshman Sydney Bell and sophomore Katherine Andersh prepare for their opponent to serve the ball. "The perfect pass determines the whole play, and leads to points," said Bell. 5. The freshman team stands in a huddle during a timeout. The players wore pink jerseys in honor of Breast Cancer Awareness Month. The volleyball program held several fundraisers in order to raise money for Stand Up to Cancer, a charity that assisted in funding research for all cancers.













JV Girl's Volleyball **First Row:** Ariana Urcia, Coach Ms. Aubrey Mosley, Adrianna Lazarte **Row 2:** Danielle Harris, Heather Banikas, Katherine Andersh, Sydney Bell, Undram Bat-Ulziit, Samantha Harris **Back Row:** Nicole Collantes, Devon Brown, Carol Burka **Not Pictured:** Elana Jobson-Oliver, Manager Elio Collantes

Freshman Scorecard

	US	them
Dominion	0	2
West Potomac	2	0
McLean	0	2
Mt Vernon	2	0
Stuart	2	0
South Lakes	0	2
Yorktown	1	2
Annandale	2	0
Edison	2	0
Marshall	0	2
St. Johns	2	0
Lake Braddock	2	0
Oakton	2	0
Falls Church	2	0
Fairfax	2	0
Hayfield	2	0
Wakefield	2	0

JV Scorecard

	US	them
Dominion	0	2
West Potomac	1	2
Mclean	1	2
Mt. Vernon	2	0
Stuart	2	0
South Lakes	1	2
Yorktown	0	2
Annandale	2	1
Edison	1	2
Marshall	2	0
St. John's	2	0
Lake Braddock	0	2
Oakton	0	2
Falls Church	2	0
Fairfax	2	0
Hayfield	2	1
Wakefield	2	0



Freshman Girl's Volleyball **Front Row:** Azzaya Ganbaatar, Brianna Queen, Caitlyn Riley, Julianna Dos, Quetzal Norton **Row 2:** Lauren Karpinski, Emily Claure, Caitlyn Mulcahy, Nina Beatrice **Back Row:** Ofelia Vallejo, Lauren Armstrong, Anne Terpstra, Manager Eileen Breslin, Audrey Batcheller **Not Pictured:** Manager Kathryn Loper



"Everyone works together as one. It was a great learning experience," said freshman Quetzal Norton.

hit the ground RUNNING

CAPTAINS PROMOTE TEAM SPIRIT BEFORE MEETS

The captains of the cross country team made a strong effort to promote team spirit between the runners. Prior to meets, captains encouraged runners using methods such as face paint and cheers.

Senior captain Ann Plotkin gathered the girls' team to tie-dye their white team t-shirts together. Girls on the varsity team designed shirts using puffy paint before the National District meet as well. The girls wore their t-shirts over their jerseys for each meet. "As a captain, I really wanted to make us more of a team, especially the girls because I know other sports like lacrosse have a lot of team bonding," said Plotkin. "Usually it's more of an individual sport, but this year we were much more of a team."

Team members hosted pasta dinners before every Saturday invitational in order to bring the team together and fuel runners for the race ahead. "The captains encouraged everyone to go to the pasta dinners, and they supported our team during meets," said junior Alexander Kopenhaver.

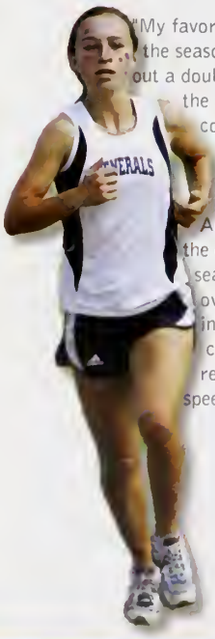
For many Saturday invitational meets, captains brought face paint to pump up the team. Runners wanted to set themselves apart from the other schools. "This year was awesome because the captains were a lot more focused on team spirit than any other year I've been on the team," said junior Manon Loustaunau.

Through multiple team activities, the new captains promoted spirit and brought the team closer together.

- Holly Parker, '11
Mora Hav, '13



Senior Eleanor Jacobs helps put face paint on senior Ann Plotkin. The downtime before Saturday invitationals provided runners with time to prepare for their races. "Normally, I'm very nervous before a meet, but we usually get pumped up together before the race," said Jacobs.



"My favorite part of the season was, without a doubt, having the girls' team come in first at Districts," said junior Isabel Amend. "By the end of the season, we had overcome our injuries and completed really hard speed workouts."



Boys' Cross Country **Front Row:** Joshua Deiner, Charles Phillips, Daniel Browning, Alexander Kopenhaver, Arnold Cespedes, Gregory Wicks, Jordan Ricker **Back Row:** Coach Matthew Przydzial, Benjamin Hyde, John Bardo, Christopher Bardo, Martin Debraine, Brendan Ritter, Peter Vernia, Coach Jeffrey McCarthy **Not Pictured:** Alexander Beranek, Andrew Heinzman, Austin Zveare, Charles Hilla, Christian Volz, Daniel Weiner, Dario Mitchell, Eric Escobar, Grant Hanger, Gregory Jacks, Hudson Worden, Joshua Robson, Kyle Quinn, Lucas Leblanc, Matthew Zetkulic, Paul Murphy, Rourke Donahue, Trevor Newton, William Sheahan, Yordan Manchev

BEST *times*

Girls' Team

Isabel Amend	18:13
Helen Amend	18:49
Annika Macewen	19:47

Boys' Team

Jordan Ricker	16:36
John Bardo	16:56
Daniel Browning	17:52

RUNNING *thoughts*



"My favorite part of cross country is that it's not like other sports where everything is the same course, same, court, or same number of people," said senior My-Anh Nguyen. "Everything is different almost everytime."



"Before a meet, I'm pretty calm, and I look forward to getting to hang out with the team," said freshman Isabel Larroca. "I get really nervous when we get to the starting line and right before the gun goes off, I'm terrified."



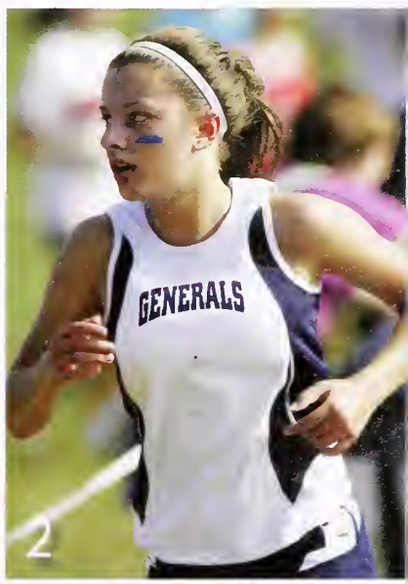
"I joined the team because I hoped it would help me get in better shape," said senior Joshua Deiner. "I liked the meets when everyone was just hanging out after getting a workout."



Girls' Cross Country **Front Row:** Morgen Scott, Gracia Luoma-Overstreet, Olivia Czerewko, Isabel Larroca, Rebecca Rhinehart, Mora-Devi Hav, Annika Rhinehart **Row 2:** Coach Matthew Przydzial, Jordan Selby, Victoria Wolford, Isabel Amend, Ariana Mazzucchelli, Helen Amend, Annika Macewen, Coach Jeffrey McCarthy **Back Row:** Margaret Atkinson, Holly Parker, Paige Taylor, Ann Plotkin, Lelia Troiano, Megan Gottfried, Lisa McNabola **Not Pictured:** Belinda Vu, Ciara McManus, Eleanor Jacobs, Emily Walker, Giulia Cajati, Jasmine Herndon, Manon Loustaunau, Margaret Barry, My-Anh Nguyen, Natalie Shearin, Petra Nichols, Sarah Zielinski, Savannah Young, Taylor Leonard



1



2

1. The girls' team circles up to stretch before their race at Franconia Park. **2.** Junior Lelia Troiano turns a corner during the race at the Oatlands Invitational. **3.** Senior captains Daniel Browning, John Bardo, and Ann Plotkin lead the team through stretches during practice. "Running is an individual sport, but this year it was more about the team," said Browning. "As a captain, I liked knowing people are looking up to you and that you're setting a good example." 4. Senior Trevor Newton and junior Hudson Worden wait in the hallway before leaving for a meet.

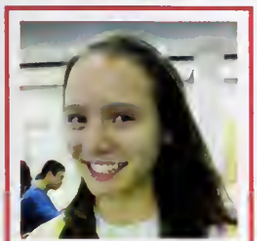


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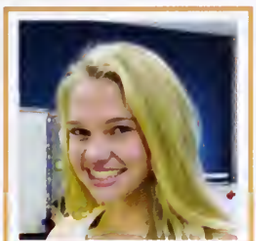


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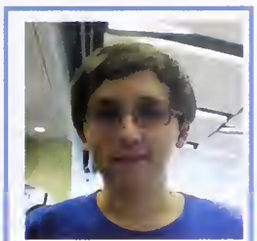
favorite MEET?



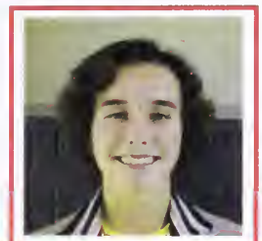
"The JV District race at Franconia Park was my favorite race because it was my best time."
- Gracia Luoma-Overstreet, '14



"I liked the National District meet because we were the champions."
- Annika Macewen, '14



"Oatlands was my favorite race because it was really big and lots of schools were there."
- Peter Vernia, '11



"My favorite meet was definitely the National District meet because the girls' team pulled together and won."
- Taylor Leonard, '13

welcome to the

THE VARSITY CHEERLEADING TEAM FOCUSES ON PREPARING FOR THEIR COMPETITION

MAIN EVENT

While most of the school only saw the varsity cheerleading team at sporting events, the team dedicated a majority of their time to learning a routine for their District competition. "Some people think that we just cheer at football games, but when the pep rally comes, it gives us a chance to show what we've really been working on," said senior Torie Coppa.

The team held practices six days a week in order to prepare for their one chance to showcase their talent. "Other teams have many games throughout the season but we only have one competition that determines our entire season," said junior Madeline Hay.

The success of last season's team, which placed first in the district, pushed the team to work harder. "I feel like the stress level was at an all time high since we were trying to live up to our championship title from last year," said Hay.

Dedication and time management were requirements for all of the cheerleaders. "During the fall when we do competition I basically give my life to cheerleading," said junior Melina Mora.

The competition was the culmination of the energy and work that the team put into learning their routine. "My best memory of the season was competition," said senior Nitika Dumera. "It was my last competition as a high school cheerleader, and I loved every minute of it."

-Lisa McNabola,'11



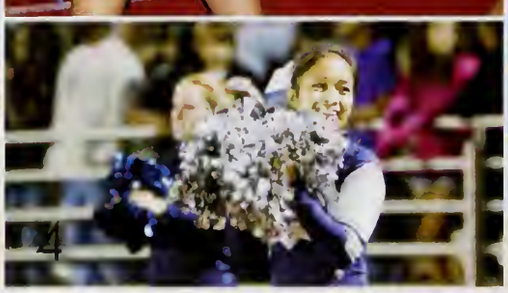
Freshman Amanda Barillas, senior Torie Coppa, and freshman Alexandra Fonseca cheer on the varsity boys basketball team while they are on defense. "My favorite thing is cheering at games," said Coppa. "It's fun to see all the fans and everyone's energy is really motivating."

1. Senior Nitika Dumera does a High Clasp. Dumera was a varsity cheerleader for three years and a captain." It's a challenge getting a team of 21 girls to work together," said Dumera.
2. Freshman Alexandra Fonseca, junior Madeline Hay and sophomore Sonia Holar do a Right Punch in their "S-C-O-R-E" cheer. The cheer is standard for most cheerleading squads. "My favorite thing is stunting because I'm a flyer and it's fun and somewhat scary, to be the one in the air," said Holar. 3. Senior Megan Kroger does the Generals' Rumble at the homecoming game against Thomas Jefferson. Kroger learned the cheer her freshmen year during her first season on varsity. "It's my favorite cheer because it gets everyone pumped up," said Kroger. 4. Junior Nicole Bernado looks over at a teammate to get the next cheer. In order to learn a cheer it usually took one practice. 5. Senior Veronica Stokes does a toe touch. Cheerleaders did jumps after a cheer to get fans to cheer louder. "I wanted to be a part of the school," said Stokes. "So I started in middle school and never stopped."











BEST *memories*

"My best memory of the season was cheering for the second football game versus Yorktown and ending the 28 year losing streak."

Abir Haronni, '12





Varsity Cheerleading **Front Row:** Megan Kroger, Nitika Dumera, Chaimae Haronni **Row 2:** Sonia Holar, Gail Williams, Amanda Barillas, Alexandra Fonseca, Elizabeth Yuhas **Row 3:** Kiara James, Melina Mora, Abir Haronni, Nicole Bernardo, Julia Franchi Scarselli **Back Row:** Elizabeth Kabbani, Hind Lakrouchni, Juan Ramos, Torie Coppa, Madeline Hay **Not Pictured:** Alexandra Arriaza, Elsa Gunnarsdottir, Alejandra Jiminez, Veronica Stokes

"My best memory about cheerleading was going to competition."

Kiara James, '13





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"Definitely the pep rally and the homecoming game because the whole school gets into the spirit and it makes cheering ten times better when the crowd is just as energetic as we are."

Melina Mora, '12

1. Seniors Nitika Dumera, Chaimae Haronni, Veronica Stokes and Torie Coppa cheer on the varsity girls' basketball team. The varsity squad went to both the girls and boys games. "I love leading the team and shouting from the sidelines and getting the crowd pumped," said Haronni. 2. Junior Madeline Hay does a Left K in a cheer with the rest of the squad to keep the players' spirits up. "I joined the team to make new friends and I wanted a sport that was similar to dance," said Hay. Freshman Amanda Barillas does the Generals Rumble during a varsity boys' basketball game. The "Generals Rumble" was used to get the fans included in cheering on the team. 4. Juniors Melina Mora and Hind Lakrouchni do a Left Bow and Arrow in the "Go Go Go" cheer. Senior Chaimae Haronni created the cheer when she was a sophomore on the team. "I thought that it would be the best way for me to meet new people and get myself out there," said Mora.



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"My favorite thing is stunting because its thrilling to be thrown in the air."
Elizabeth Yuhas, '14



"My favorite thing is going to away games, we have a lot of fun on the bus."
Gail Williams, '12



"My favorite thing is the excitement of the football games."
Cassidy Anders, '13



"My favorite thing is the bond that the team has."
Imani Bigsby, '11

favorite thing about CHEERLEADING?

go, fight,

THE JV AND FRESHMAN CHEERLEADING TEAMS WORK CLOSELY TOGETHER THROUGHOUT THE SEASON

WIN

As the season progressed for the JV and freshman cheerleading teams, routines became easier and the teams grew closer together. "All of us had something to contribute to the team which is how we became such a good squad," said freshman Vivian Veizaga. "We all brought positive attitudes everywhere we went, and there was never any drama between anyone."

While most of the girls on the freshman team went into the season not knowing many people, returning cheerleaders on the JV team felt more confident in their abilities. "On JV you, have a year of experience at this school behind you and you know what's going on," said sophomore Rebecca Namm.

Practices were intense but allowed the teams to rehearse and improve their routines. "Practice was difficult at first, but as time went by it got easier," said sophomore Karina Claure-Orellana. "We did something new each day but we'd always perfect our mistakes."

By the end of the season, both teams grew more secure with one another and put all of their energy into cheering for the games. Sophomore Martha Gebru said, "When I'm cheering at a game, I automatically have a positive attitude like I'm ready for the game and I know that our players are going to win."

-Holly Parker, '11
Carina Garcia, '12



Freshman Princia Moody waits to start her next cheer. "My favorite cheer is called 'Pride and Spirit,'" said Moody. "It goes 'pride and spirit, the generals are back again, help us out, let's hear you loud, go, fight, win.'"

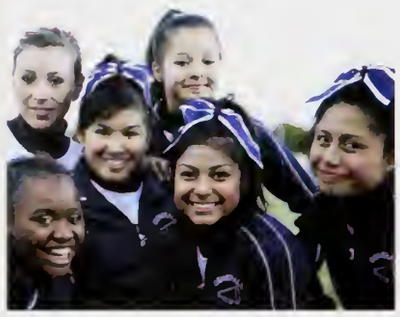


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Freshmen Princia Moody, Julia Franchi Scarselli, Selena Fernandez, Crisian Reyes, Amanda Barillas, and Vivian Veizaga pose for a picture during a game. "I love cheerleading because it is a ways to express yourself," said Fernandez.

Freshman Crisian Reyes cheers for the football team during an away game. Reyes enjoyed doing something she was passionate about. "I love cheerleading because I get to spend time with friends and other people who are into the same things as me," said. Reyes.





Freshman Cheerleading **Front Row:** Amanda Barillas, Selena Fernandez **Row 2:** Julia Franchi Scarselli, Vivian Veizaga, Doris Benavides **Back Row:** Crisian Reyes, Kennedi Poland, Elizabeth Yuhas, Princia Moody **Not Pictured:** Isabel Urena-Dones

1. Freshman Amanda Barillas fixes the bow in her hair. The rest of the freshman team also wore bows in their hair to show spirit for the school. 2. The freshman team performs a routine for the school during the fall pep rally. 3. Freshman Doris Benavides poses for a picture during one of the football games. Benavides benefitted from the team aspect of cheering. "I joined the team because I wanted to become more active and less shy," said Benavides. 4. The freshman team gathers together during some down time of a game. The team grew closer together as the season went on. 5. Sophomore Rebecca Namm joins part of a massage line started by the JV cheerleading team on the sidelines of a football game. Games were a time for the teams to cheer but also a time to come closer together. "My favorite cheer is 'Basket' b-a-s b-a-s k-e-t k-e-t basket," said Namm. 6. The JV team lines up on the track during a game.







The freshman team practices a move on the track at an away game. "I was nervous when trying out, but I realized that it's something I love and there was nothing to worry about," said sophomore Karina Claure-Orellana.



JV Cheerleading **Front Row:** Tiffany Bentley, Martha Gebru **Row 2:** Gail Williams, Karina Claure-Orellana, Rebecca Namm **Back Row:** Brittany Bradford, Brianna Lowe, Aisha Alaween, Lauren Strauss **Not Pictured:** Brandie Cavazos



Freshman Elizabeth Yuhas is lifted in the air by her fellow teammates. Yuhas was on the freshman team for the fall season and then moved up to varsity for the winter season. "I really enjoyed cheering at the games, and stunting for the crowd was a lot of fun," said Yuhas.

character

BOYS BASKETBALL SHOW THEIR CHARACTER

COUNTS

The varsity boys basketball team had one of their strongest teams in many years, defeating Yorktown and Wakefield. Although the team was successful on the court, they were also successful in improving their team chemistry and individual character.

Each week, the team participated in Readers for Leaders. The program involved reading to students at Tuckahoe Elementary School. Team members also played games with the students. "Readers for Leaders makes me realize that I have to be responsible," said senior Andrew Karpinski. "It is a good team bonding activity that benefits the community."

The team also relied on one another for that extra push to overcome challenges such as injuries, tough losses, and improving their mentality. "We push each other harder and pick one another up when we're not playing well or having a good game," said junior John Beckman.

In addition to relying one another for moral support and building their character through community service, the team had daily practices and dinners before games. "The normal practice starts with stretching," said Beckman. "We run a few sets of drills, then do a variation of a scrimmage and run over plays and defenses."

The defeats of rival schools, Wakefield and Yorktown, as well as the strong position in district rankings, provided a good end to the regular season and demonstrated the hard work and commitment of the team members.

-Kirby Clark, '12
Saikhnaa Bayarsaikhan, '11



Senior Mohamed Jabbara leans forward for a shot during the Edison game. Jabbara was the power forward. "I get physical with the bigger players and usually shoot in the paint," said Jabbara.

1. Junior John Beckman prepares to take a foul shot. The team defeated Yorktown in a heated competition. "The win against Yorktown was big," said Beckman. "It provided good motivation to finish out the regular season." 2. Senior Antoine Ingram goes for the ball during tip off at the beginning of the game against Yorktown. "My favorite part of the game is when I receive the ball and score," said Ingram. 3. Sophomore Lucas McCartin dribbles the ball past a player from Edison. McCartin was the one of two underclassmen on the team. "I like my position as a guard; I get to steal and shoot the ball often," said McCartin. "I also like that the players all work well together as a team." 4. Senior Han Lee dribbles past an opponent. Individual skills were essential to being a successful team.









Varsity Scorecard

	US	them
TJ	49	59
Freedom	56	59
Montrose	43	91
Oakton	70	55
Yorktown	53	56
Mount Vernon	60	92
Hayfield	60	35
Glenelg	63	71
Roosevelt	61	73
Cardozo	57	44
Stuart	59	44
Edison	50	69
Falls Church	58	56
Wakefield	72	69
Mount Vernon	56	71
Yorktown	60	57
Stuart	56	46

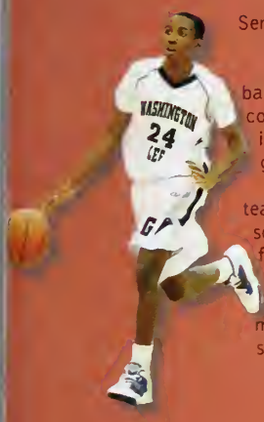
WELCOME *to the team*



Junior Savaughn Adams prepares to take a foul shot. "Adams is a committed player with raw talent," said Head Coach Robert Dobson.



Varsity Boys Basketball **Front Row:** Manager Bobby Drayton, Mohamed Jabbara, Lucas McCartin, Antoine Ingram, Jonah Sens **Row 2:** Coach Robert Dobson, Coach Keith Whitney, John Beckman, Biru Jones, Garrett Bangsboll, Jackson McDonough, Coach Eric Rodriguez, Coach Russ Alexander **Back Row:** Matthew Healey, Austin Evans, Andrew Karpinski, Benjamin Klingelhofer, Han Lee, Ian Lasite-Cole **Not Pictured:** Savaughn Adams



Senior Antoine Ingram dribbles the ball across the court. Ingram is a shooting guard and is one of the team's leading scorers. "My favorite part of being on the team is my position," said Ingram.



1



2

Senior Ian Lasite-Cole dribbles the ball. Lasite-Cole is the shooting guard. "The best parts about being on the team are the jokes we tell in the locker room," said Lasite-Cole.



1. Following the win over Yorktown, the team celebrates the victory together. "The fact that we won didn't hit me until after I got home," said senior Ian Lasite-Cole. "It was a big shock." 2. Senior Austin Evans takes a shot during the game against JEB Stuart. "The team had to overcome tough losses this season," said Evans. "We overcame those challenges by going over what we did wrong in practice and talking with the coaches about our mistakes." 3. Senior Andrew Karpinski dribbles the ball down the court. Karpinski was a team captain and leading scorer. 4. Junior Jackson McDonough fights for the ball against Hayfield. "I was new to the team this year, so it was difficult to adjust to the style of play and figure out the technique of the other players," said McDonough.



3



4



"They're good, but I get upset when I cannot attend games since I play for the freshman [team]."

Miguel Diaz, '14



"It's exciting when we win; I love the hype of the varsity team."

Graciela Pereddo, '13



"The players are much better than last year; the team is improving."

Karaca Dokuzcan, '12



"The team is very strong this year, and I enjoy attending the games."

Yesenia Ramirez, '11

fans of the TEAM

my favorite play is

THE JV AND FRESHMAN TEAMS PRACTICE HARD TO GET RESULTS

THE ALLEY-OOP

Every day after school, the JV and freshman boys basketball teams hit the hoops. "We practice Monday through Friday and sometimes even Saturday," said sophomore Nebeyu Engida. "But the practice paid off; this year we have a very talented team."

For the freshman team, it worked the same way. "We run a lot during practice, but that is what makes us better," said freshman Benjamin Bean.

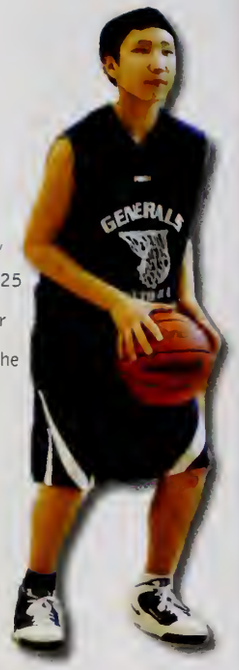
Coaches played a major role in the success of the teams. "The coaches really put their time and effort into this," said freshman Derek Henderson. "They know what's best for the team."

Coaches did not just help the overall team but also made sure each individual player succeeded. "If we were at practice, he would make sure that we all felt like we were involved," said Engida. "I say we have the best coaches in all of Virginia."

With such a competitive roster, the players were more motivated to work during practices, especially since only five players are on the court at a time. "Competition motivates me to play well," said freshman Luigi Matias.

Although basketball was a huge time commitment, it was still well worth the time, according to players. "I've played on a team for eight years, and I did still learn a great deal of things this season," said Henderson.

-Adrianna Gorsky, '12
Abigail Knight, '11



"During practices, we shoot at least 25 foul shots in order to get better for the games."
-Tuvshinbayar Buyandelger, '13

JV Scorecard

	US	them
Freedom	51	31
Montrose	34	69
Oakton	53	71
Yorktown	36	42
Mount Vernon	40	72
Hayfield	59	58
Stuart	46	37
Edison	49	59
Falls Church	63	43
Wakefield	58	53
Mount Vernon	42	54
Yorktown	26	57
Stuart	22	38
Hayfield	47	49
Edison	51	64
Falls Church	63	35
Wakefield	55	50

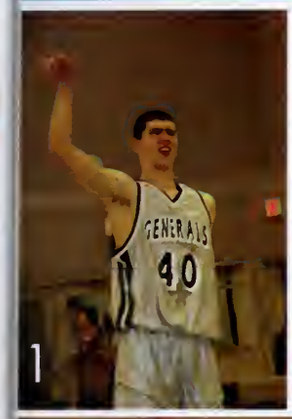




Sophomore Alex Coppa boxes out on a free throw shot. Rebounds were important after a free throw was missed. "I want to win; there is a thrill I get when I play other opponents," said Coppa.

The JV team huddles up during half-time. This was Coach Jacobs' first year as the head JV coach; last year, he was the assistant coach for varsity. "The coaches are helpful and motivate us throughout the game," said sophomore Baterdene Ganbaatar.

1. Freshman Samuel Patecell watches as the play develops in front of him. He mentally prepared himself prior to each game. "I like to dress up before a game, eat well throughout the day, and think about how I am going to play," said Patecell. 2. Sophomore Matthew Slater looks for a teammate to pass to. This was Slater's first year on JV. "JV is a lot more serious than the freshman team," said Slater. "You are taken more seiously as a player, and there is a lot more competition." 3. Sophomore Julius Spain shoots a free throw as his teammate sophomore Baterdene Ganbaatar gets ready for a rebound. 4. The point guard, freshman Keith Myers, dribbles past his opponent. 5. Coach Nick Ofiesh huddles up the freshman team during a time out. Although every player had been playing for years, everyone on the team still felt like they learned something. "The coaches tell us what to do in situations specific to the game, like how to guard someone better," said freshman Luigi Matias.



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JV Boys Basketball **Front Row:** Dewan Clay, Tuvshinbayar Buyandelger, Devon Clay **Row 2:** Jordan Pandy, Kellen Blake, Alec Schadelbauer, Zackary Biggs **Back Row:** Assistant Coach Frank Derocco, Matthew Slater, Baterdene Ganbaatar, Gantulga Batbold, Alex Coppa, Julius Spain, Head Coach Chris Jacobs

Freshman Scorecard

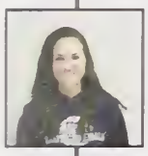
	US	*them*
Freedom	55	37
Oakton	46	34
Yorktown	47	54
Mount Vernon	63	41
Hayfield	66	32
Stuart	65	17
Edison	51	38
Falls Church	64	44
Wakefield	51	47
Mount Vernon	68	43
Yorktown	30	58
Stuart	65	17
Hayfield	42	35
Edison	56	47
Falls Church	65	45
Wakefield	52	43



"I've improved on being more aggresive at taking the ball to the basket and improved my shooting."
-Zackary Biggs, '13



Freshman Boys Basketball **Front Row:** Kyle Davis, Samuel Fitz, Nebeyu Engida, Keith Myers **Row 2:** Eric Ingram, Derek Henderson, Benjamin Bean, Paul Young, Galstog Gantulga **Back Row:** Coach Nick Ofiesh, Aaron James, Samuel Patecell, Benjamin English, Christian Dolliff, Samuel Appel, Manager Jamal Hall **Not Pictured:** Luigi Matias



"Being one of the captains, I'm required to lead the team on the court."

-Sandra McCartin, '11



"I like being on varsity because I'm committed, and it helps me with time management."

-Katrina Cook, '13



"My parents wouldn't let me dance or do gymnastics, so they took me to a basketball tryout, and I stuck with it."

-Caitlin Riley, '14



"During practices, we work on freethrows and scrimmage a lot."

-Emma Cooper, '13



"I like playing basketball because I'm a competitive person, and I have friends on the team.

-Laura Pastre, '14

1. The team huddles during a timeout at a game. This allowed the players to go over what they need to do during the game and provided support for their teammates. 2. Freshman Laura Pastre shoots a free throw after she was fouled. 3. The coaches watch and observe the game to give players feedback afterwards during half-time. 4. At the start of the game, a player goes up against the opposing team for a jump-ball. 5. Senior captain Lindsey Treweek tries to regain the possession of the ball.











Varsity Scorecard

	US	them
Jefferson	47	36
Woodson	34	51
McLean	43	39
O'Connell	41	65
Oakton	25	82
Yorktown	51	54
Mt. Vernon	45	59
Hayfield	34	56
Stuart	45	26
Edison	48	63
Falls Church	46	28
Wakefield	47	31
Mt. Vernon	40	53
Stuart	59	22
Hayfield	57	43
Falls Church	61	30



Girls Varsity Basketball Team: **Front Row:** Katrina Cook, Caitlin Riley, Brianna Hogan **Row 2:** Brooke Rippy, Tatianna Roberts-Torres, Lindsey Treweek, Taylor Leonard, Sandra McCartin, Angela Mestre **Back Row:** Coach Angie Kelly, Mariana Catellon, Zhane Matos, Emma Tober, Laura Pastre, Emma Cooper, Nadia Lee, Coach Randy Ofori-Atta



Junior Brianna Hogan runs down the court to try and make a basket. "Winning is really exciting, but there is always an aspect of the game that we can still improve on," said Hogan.

bring on

THE GIRLS VARSITY TEAM GOES ALL OUT ON THE COMPETITION

THE INTENSITY

The girls varsity basketball team strived to bring their best game forward. The team worked hard and went all out to hold strong games against their toughest opponents. "The team is hoping to improve our record from last year and possibly win districts," said senior captain Sandra McCartin.

Some factors that helped the team improve included coaches doing specific drills during practices, encouragement from one another, and working together. Not only did practices help the team become more united, but so did activities outside of the court. "We grew as a team by having team dinners," said freshman Laura Pastre.

"In our last game, we played more as a team than as individuals," said sophomore Taylor Leonard. With new strategies and room to improve, the team brought on a new energy that showed they were not afraid to back down from other teams.

- Lindsay Cronin '11
Emily Gursky '12





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1. Members of the varsity team watch the game from the sidelines. This was a good way for the team to learn new game strategies. 2. Sophomore Katrina Cook practices drills during the warm-up session before the game. Drills helped players enhance their skills for the game. 3. Freshman Tatianna Roberts-Torres looks for a pass to another player while dribbling up the court. "I have improved my game by practicing with the older girls and playing against better players," said Roberts-Torres.





The captains meet with the other team's captains and the officials to go over what is to be expected during the game. Meetings were important to make sure good sportsmanship was displayed.

Junior Brooke Rippy takes a shot during the O'Connell game. The team practiced every day after school to prepare for games.

pump, pump,

THE TEAMS USED MUSIC TO CALM THEIR NERVES BEFORE A GAME

PUMP IT UP

As the season progressed, the freshmen and JV girls basketball teams improved significantly because they were able to calm their nerves before playing a stressful game.

The most common method the girls used to prepare mentally before a game was listening to music. "I listen to a song that grabs my attention on my iPod," said sophomore Destiny Boyd. "It gets me focused more and not so nervous. The music calms me."

In addition to using music as a calming technique, the players also used it to bring the team together. "During bus rides to away games, we all sing together as a team," said freshman Amelia Doyle. "We listen to pump-up songs that get us psyched."

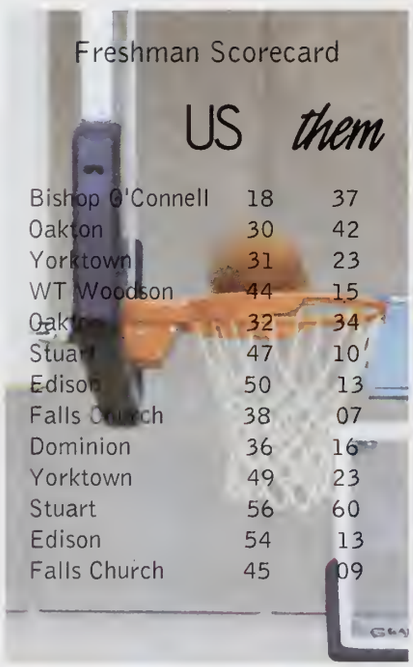
Although the girls' commitment to the team required long and grueling practices, they balanced out the physical aspects of the sports with music to relax and help them focus. "Whenever our team is together, we can focus and have a good time at the same time with music," said freshman Jordan Rivera.

The girls continued to use music after games as well. "To celebrate, we play music even louder after a game on the bus ride home," said Doyle. The music did not stop with the game; it was used both to motivate players and to celebrate victories.

-SabrinaPatwary,'11
Eileen Breslin, '14



"My favorite part about basketball is the teamwork and being able to work with my friends to achieve a goal."
- Hannah Fitzmaurice, '14



Freshman Scorecard

	US	them
Bishop O'Connell	18	37
Oakton	30	42
Yorktown	31	23
WT Woodson	44	15
Oakton	32	34
Stuart	47	10
Edison	50	13
Falls Church	38	07
Dominion	36	16
Yorktown	49	23
Stuart	56	60
Edison	54	13
Falls Church	45	09

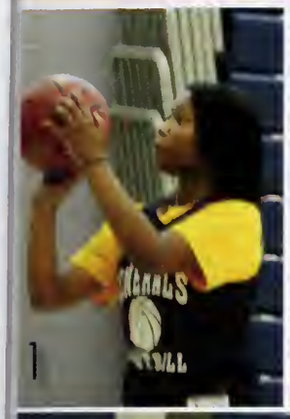




Freshmen Sofia Rodriguez, Darby Grover, and Jordan Rivera demonstrate the fun side of basketball. The girls got along very well and became very close throughout the season. "My favorite parts about the season were the friends I've made and the family we've become," said Grover.

Freshmen Brianna Queen and Anna Hansard listen to music before practice. The girls normally listened to music before a game and during practice to calm their nerves and get pumped up for playing. "The music gets us hyped, and we all go crazy," said Queen. "We don't worry about winning or losing, and we just have fun."

1. Sophomore Micheria Boniswa practices shooting foul shots. Practicing foul shots was instrumental in being able to perform well under pressure. "My favorite part about basketball is playing defense," said Boniswa. 2. Freshmen Jacqueline Mashburn and Sarah Angell pass the ball to each other during a game. Players used practice to increase their coordination and speed, which helped them during their games. 3. Sophomores Ariana Urcia and Seim Michael practice 'boxing out.' The girls normally listen to music during practice to ease the tension of a long practice. "The music helps us calm down and get in the zone," said Urcia. 4. Sophomore Alexis Sison-Postma drives down the court in an attempt to make a lay-up. "During a game, my favorite part is scoring for our team and making good passes," said Sison-Postma. 5. Freshman Sarah Bauman shoots a foul shot during a game. Bauman has been playing basketball ever since she was a kid. "The hardest part about basketball is learning all of the plays," said Bauman.


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JV Girls Basketball **Front Row:** Alexis Sison-Postma, Charle' Ingram **Row 2:** Sarah Bauman, Lauren Karpinski, Destiny Boyd, Ariana Urcia, Seim Michael **Back Row:** Coach Beth Prange, Tiffani Sykhammountry, Micheria Boniswa, Kirby Miller, Leah Solomon, Coach Erica Bouknight, Coach Ron Files **Not Pictured:** Lauren Montana, Lillian Prins

JV Scorecard

	US	them
Bishop O'Connell	19	59
Oakton	30	55
Yorktown	32	38
Mount Vernon	32	48
Hayfield	40	39
Stuart	42	21
Edison	46	32
Falls Church	39	30
Wakefield	49	19
Mount Vernon	53	51
Yorktown	35	47
Stuart	48	21
Hayfield	54	56
Edison	37	22
Falls Church	46	37



"I have been playing basketball my whole life. I like it a lot, and I have my friends on the team."

-Lauren Karpinski, '14



Freshmen Girls Basketball **Front Row:** Sofia Rodriguez, Jordan Rivera, Amelia Doyle **Row 2:** Jacqueline Mashburn, Brianna Queen, Erin Morris, Arianna Lozano, Sarah Angell **Back Row:** Coach Aaron Queen, Anna Hansard, Hannah Fitzmaurice, Darby Grover, Dwannisha Wilson, Danielle Butler, Greer Richey **Not Pictured:** Manager Eileen Breslin

diving in

THE SWIM & DIVE ATHLETES COME TOGETHER DESPITE THEIR SEPARATED TEAMS

HEADSTRONG

Like past seasons, the swim and dive teams were divided by gender. However, this year, the swimmers and divers came together not only for competitions, but to support one another in and out of the pool.

Despite this divide between genders, the athletes joined during meets for motivation. Practices also provided time to socialize, as well as improve stroke techniques and speed work. "One thing people don't know is how tight-knit we are," said senior Hannah Aiken. "We're two teams, but everyone's still really close."

Swimmers and divers were able to create a welcoming atmosphere for not only returning swimmers but new ones as well. Freshmen swimmers were able to progress just as easily as the more experienced athletes on the team and found a place for themselves in the large community. "I really love hanging out with everyone," said sophomore Tenley O'Hara, a new addition to the team. "We're all really cool with each other. We're all one big family."

While the swim teams were technically divided, the athletes considered them joined because of the friendly camaraderie between the divers. Senior captain Lindsay Cronin said, "Even though we get separate scores and have separate coaches, we're all at the same practices. We don't think of ourselves as separate teams."

-Mora Hav, '13
MeganCarlson, '11



Sophomores Vera Rideout and Daniella Penaranda dress up for a Dress-Up Friday. Every Friday, the swim team would dress up formally before a meet to get themselves excited and prepared for the competition.





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Junior Jose Ramos and freshmen Belinda Vu and Krystal Rodriguez get excited for their competition. The swimmers practiced rigorously to prepare for the competitions but still found the time to socialize with their friends.

Freshman Sonia Lunn prepares herself to perform a back-dive during a meet. Lunn claimed that the main reason she enjoyed diving so much was because of how the team supported and enjoyed one another's company. "This team has a way of supporting you and making you want to learn new dives," said Lunn.

Boys Scorecard

	US	them
Hayfield	183	124
Falls Church	198	117
Stuart	195	120
Mount Vernon	210	94
Wakefield	217	93
Edison	215	96
Yorktown	101	85

. Senior Cassandra Ford swims the freestyle stroke during a eet. 2. Sophomore Olivia Czerewko hands out a time card to ophomore Sarah Echols. Swimmers used these to keep track f the score times they got during a meet. 3. Junior Eliot omers takes his stance to make a dive during a swim meet. f you want to get into the sport, don't be intimidated by your eers or coaches," said Somers. "Everyone is and will be riendly." 4. Junior Jordan Kruger enjoys time off by the iving board with her teammates. Kruger joined the team uring her freshman year and placed in the top six in the istrict dive meet, which let her go on to the regional ompetition. "The coaches can be strict at times, but that's ecause they just want us to do our best and improve," said Kruger. 5. Seniors Tyler Cook, Kenneth Hammond, and Aaron Michalak pose for a picture before heading off to ractice. 6. Freshman Connor Bradfield gets in position to tart a backstroke as he waits for the signal to start the race. . Senior Aaron Michalak does the "We Got Spirit" cheer to ntimidate the other team.









Performing a backdive is junior Carl Buergler during a meet against the Stewart Raiders. Buergler won second place in the regional competition and went on to the state level dive meet.

Girls Scorecard

	US	them
Hayfield	110	100
Falls Church	171	138
Stuart	198	116
Mount Vernon	162	147
Wakefield	217	63
Edison	207	101
Yorktown	42	144



Swim & Dive Front Row: Adrianna Gorsky, Katelyn Rowland, Belinda Vu, Deborah Wroblewski, Natalie Hewitt Row 2: Olivia Weltz, Olivia Czerewko, Hannah Aiken, Kirby Clark, Nina Oleynik, Catherine Dempsey, Rebecca Choate, Cassidy Boomsma, Clare Smith, Sonia Lunn, Alexis Moore Row 3: Claudia Cisneros, Brandie Cavazos, Petra Nichols, Malin Serfis, Zoe Van Grack, Lindsay Cronin, Jordan Kruger, May Stearman, Gwendolyn Bobst, Caitlyn Mulcahy, Elizabeth Morley, Alexandra Martinez Row 4: Maggie Burgos, Tenley O'Hara, Catherine Seaton, Sarah Sears, Sarah Chisholm, Daniella Penaranda, Anna Karagulina, Cassandra Ford, Josie Butler, Katherine McKenna, Haley Oleynik, Sarah Echols Row 5: Coach Jeff Turner, Coach Nina Kuziel, Nhat-Quang Dao, Nicolas Suarez, Bazargur Sukhbaatar, James Hughes, Ochbayar Enkhbat, Brendan Busey, Gavin Obrist, Michael Emanuel, Jacob Coffman, John Malvar, Rourke Donahue, Coach Rachel Wishner, Coach Kristina Dorville Row 6: Lucas Leblanc, Gregory Lemek, Nathan Prange, Adrian Soutter, Jonathan Brown, Marsden Watson, Matthew Hines, John Schrider, Anthony Chi Row 7: Coach Erin Smith, Connor Bradfield, Jay DeLancey, Rebecca Palacio, Emily Mathae, Krystal Rodriguez, Gretchen Schroeder, Jessica Langley, Kavanagh Malanchuk, Vera Rideout, Tori Coppa, Francisco Rodriguez-Hernandez, Jose Ramos Back Row: Kenneth Hammond, Eliot Somers, Sean Guerra, Tyler Cook, John Mutty, Tomas Esquer Perez, Philip O'Doherty, Aaron Michalak



Senior John Mutty cheers with his team after a win against Wakefield. Seniors on the team had the privilege of leading the cheers from the sidelines during meets to encourage the other swimmers as they competed.

define the hunter

WRESTLERS ARE PUSHED TO THE LIMIT THROUGH SELF-DETERMINATION

KNOW THE GAME

By learning how to focus on their opponent, the wrestlers were able to win more matches than they lost. "I've seen a difference in how the wrestling team has learned to focus on their needs as individuals, and also the importance of working hard in order to pursue our goals," said Coach Derek Sweet.

Canceling out distractions was a vital skill needed in order to pinpoint the opponent. Wrestlers individually searched for their own ways of self-determination by learning from their mistakes. "I try to get upset so I can focus on hurting the guy," said junior Myagmarsuren Khaadan.

Learning how to focus during practice gave some wrestlers enough confidence to beat their opponent during matches. Although the coaches seemed to put much emphasis on winning, the team believed that the pressure was well worth the success they experienced. "Because of the coaches' emphasis on winning, more people qualified a place in the championships, and the majority have a winning record," said junior Alexander Panagiotopoulos.

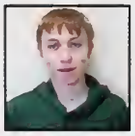
By emphasizing individual ability, the wrestling team was able to achieve its goals. They showed their determination through pinpointing their opponents, along with focusing on the vital skills that were needed to win.

-AminaChenini,'11



Senior Joshua Deiner uses all of his ability to keep his opponent on the ground while the referee waits for the final sign of a win. Being able to work harder mentally showed how successful the team was. "We're working a lot harder this year," said Deiner.

"It's one of the hardest sports, and it has a lot of commitment, but it's rewarding."
-Grant Hanger, '14

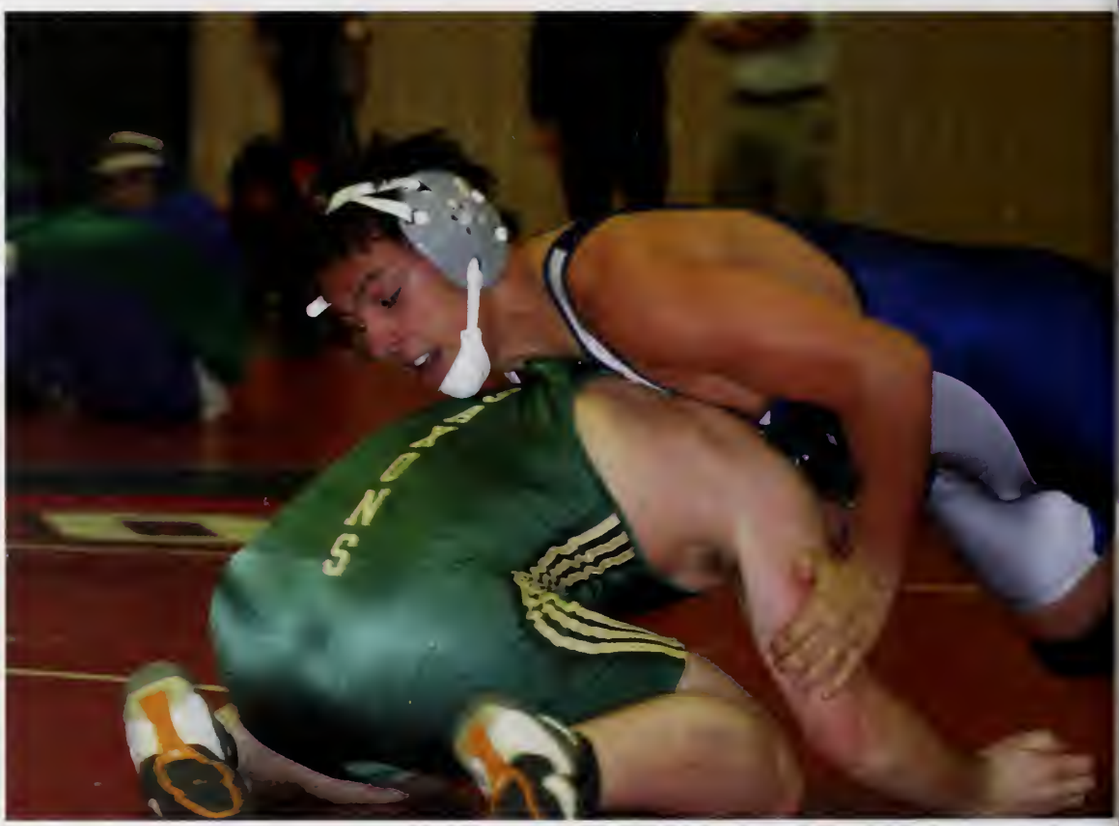


"Wrestling is a way of getting my energy out"
-Bruno Ochoa, '14



"My dad did it in high school, and I kind of went down with the tradition in my family."
-Rima Ezzirati, '12





Sophomore Mehedi Patwary turns the match around and tries to overcome his opponent. Determining the opponent's weaknesses was to the wrestlers' advantage. "I chose wrestling because it's fun, and you get to show your dominance against another person," said Patwary.



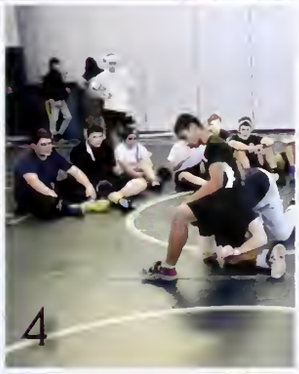
Senior Amir Ashtiany fights against his opponent from Langley High School. Learning how to focus during practice was important in order to win the match. "I focus on being the best and unstoppable," said Ashtiany.

1. Junior Jared Deiner and sophomore Dustin Reynolds practice defending each other's weak spots. "Wrestling is 90% mental; if you think you're going to lose, then you're going to lose," said Deiner. 2. Junior Alexander Panagiotopoulos and senior Peter Patrianakos practice wrestling together. Wrestling opponents were determined by size and weight. "I think that it helps you with mental toughness, and it helps you be quick," said Patrianakos. 3. Senior Nicolas Burns and sophomore Myagmarsuren Khaadan do strengthening exercises before practice. "I use moves I feel confident in," said Burns. 4. The wrestling team sits in a semi-circle between practice to watch their coaches demonstrate possible moves that could be performed. "With Coach Sweet as the head coach, we're winning more," said senior Joshua Deiner. 5. Senior Victor Palomo-Alvarez tries to stay strong during a wall sit. Wall sits helped wrestlers develop more leg and abdominal muscles.







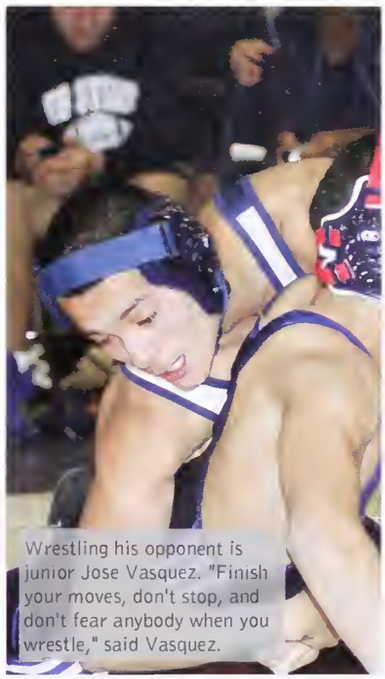






JV Wrestling **Front Row:** Derin Dogu, Rima Ezzirati, Narankhuu Ganbaatar **Row 2:** Archbold Tseveensuren, Bryan Curtin, Brandon Saunders, Grant Hanger, **Back Row:** Victor Jacoby, Wilmer Galdamez-Carranza, Jonathan Diethorn, Benjamin Hyde, Bruno Ochoa

	US	them
Lee	36	42
T. C. Williams	36	36
Herndon	54	27
Langley	49	30
South Lakes	48	34
W. Potomac	38	33
Stuart	57	18
Yorktown	48	22
Wakefield	64	12
O'Connell	33	39
Mount Vernon	25	39
Falls Church	72	9
Hayfield	33	44
J.E.B Stuart	44	27
Edison	33	42
Wakefield	63	15
Yorktown	54	22



Wrestling his opponent is junior Jose Vasquez. "Finish your moves, don't stop, and don't fear anybody when you wrestle," said Vasquez.



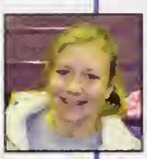
Varsity Wrestling **Front Row:** Jose Vasquez, Isaias Castro-Rivas, Bryan Valuez, Mehedi Patwary, Nicolas Manuel **Row 2:** Manuel Palomino, Joshua Diethorn, Alexander Panagiotopoulos, Myagmarsuren Khaadan, Rainier Santa-Ana, Bibas Pant **Back Row:** Coach Derek Sweet, Amirah Delwin, Nicholas Burns, Amir Ashtiany, Peter Patrianakos, Sean Pratt, Jared Deiner, Dustin Reynolds, Jessica Berrios



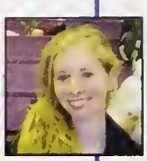
"I plan on being on the team next year to acquire news skills and to support the team in hopes of making it to states."
Sara Bourdouane, '13



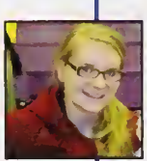
"My favorite thing about the season was that when I came to practices I was able to learn new skills and everyone was very helpful."
Elaine Khuu, '13



"I really liked that if there was something that you really wanted to learn how to do, the coaches would be willing to help you."
Lindsay Chamness, '13



"I was able to learn many new skills and meet new people."
Theresa Lustig, '13



"I joined the team because it sounded really fun, and I had hopes of learning how to do a cartwheel."
Christina Hogan, '13

1. Sophomore Mary Lynn Clark does a front walkover on the beam. Clark received first place at the invitational. 2. Sophomore Madeleine Sendek poses on the beam. Sendek was scored on level of difficulty and precision. 3. Sophomore Sonia Holar jumps to the high bar before finishing her routine. Holar competed for the first time on bars at the invitational. 4. Sophomore Maia Mandel hurdles before doing a round-off back handspring back tuck. Mandel competed in all four events. 5. Sophomore Nicole Stevens does a front handspring on the vault. Before joining the school team, Stevens was a member of a club team.











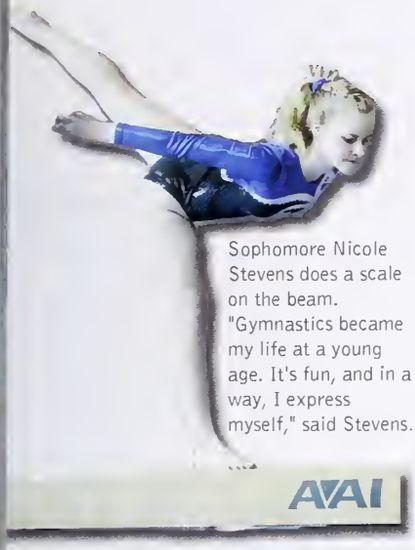




Front Row: Cailin Ramsey, Anna Siddle, Mary Lynn Clark, Madeleine Sendek, Elaine Khuu, Daniela Cervantes-Camacho **Row 2:** Brittany Mirro, Lili Olsen, Susan Sabatier, Valeria Pareja, Nicole Stevens, Lindsay Chamness, Irene Khuu, Sonia Lunn **Back Row:** Coach Ron Melkis, Assistant Coach Lindsay Cowen, Morgan Burns, Beth Bodner, Sara Bourdouane, Christina Hogan, Elizabeth Dodson, Kylie Auble, Synthia Boudreau, Coach Joe Demidio

stick it

THE GYMNASTICS TEAM CONTINUED THEIR UNDEFEATED STREAK TO WIN IT



Sophomore Nicole Stevens does a scale on the beam. "Gymnastics became my life at a young age. It's fun, and in a way, I express myself," said Stevens.

The gymnastics team used their momentum from last year's success to continue with the same amount of energy this year.

Although some seniors graduated, the size of the team still continued to increase, as interest in the sport continuously grew. "I decided to join gymnastics this year because I had heard many good things about it last year and many of my friends were also joining this year," said sophomore Lindsay Chamness.

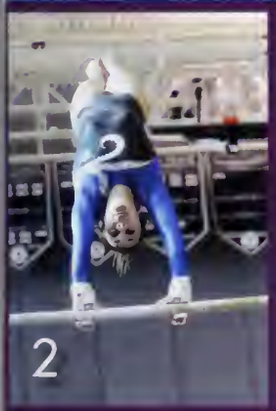
The season started off with a large desire to continue with last year's winning streak, which was accomplished after they won the district title. The gymnastics team made it their goal for the season to try and win all the meets. "Our coach, Joe, made sure we all were very positive throughout the season and told us that we could repeat last year's season if we tried our best and believed in ourselves," said freshman Anna Siddle.

While practices were more structured due to the increased size of the team, and more gymnasts were encouraged to compete, the team was able to use their large size and hard work as a means of doing well in the competitions.

-Lisa McNabola, '11
Lili Olsen, '13



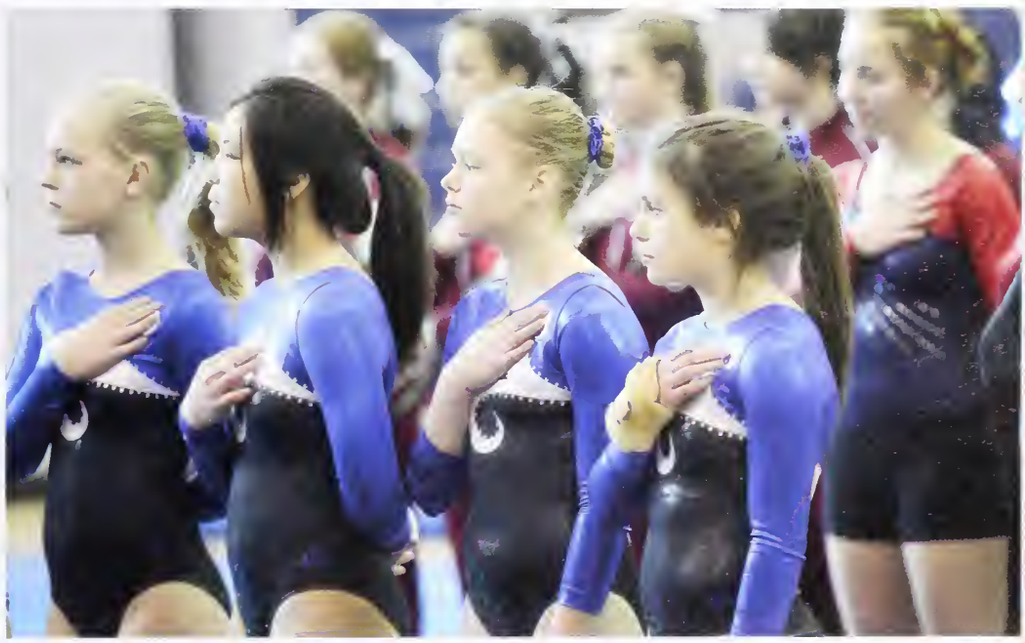
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1. Sophomore Madeleine Sendek poses during her routine as she competes on floor. Sendek had extra time to practice during the week at her Arlington Arials club practice.
2. Sophomore Mary Lynn Clark does a giant on the bar. Clark received one of her highest scores on bars during the season.
3. Freshman Anna Siddle does a half-off on vault during a competition. Siddle was the only freshman to compete at the invitational.



Freshman Anna Siddle, and sophomores Elaine Khuu, Madeline Sendek, and Mary Lynn Clark stand together as the National Anthem was played prior to competing.



Sophomore Maia Mandel poses on the beam during her routine. Mandel has been doing gymnastics for nine years. "I decided to join the gymnastics team because I thought it would be fun to compete for a school that has the entire student body behind it," said Mandel.

all the way

HARD WORK DURING PRACTICES PAYS OFF DURING MEETS

TO THE FINISH LINE

Training, working hard, and having fun were a few things that allowed the indoor track team to begin the season with a jumpstart. Practice was a vital component of indoor track. A week for a track athlete typically consisted of Monday and Wednesday practice and work outs, Tuesday and Thursday long runs, and a final meet on Fridays to finish off the week.

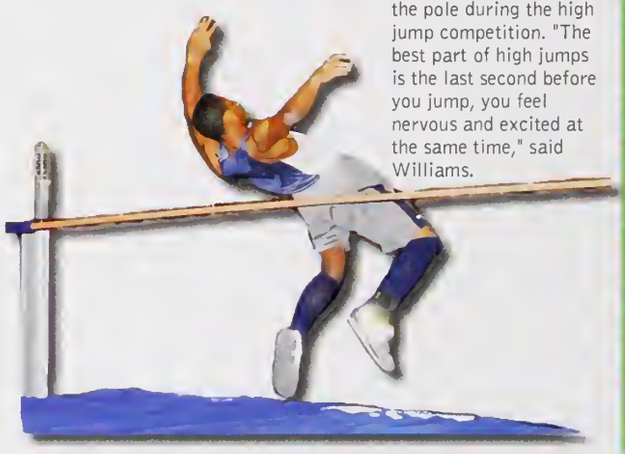
Being together so often practicing and preparing for meets brought the team from just a collection of runners to a family, cheering one another on to victory. "I joined track not knowing what I was getting into," said senior Alexander Bogetic. "I met lots of people and the feeling of us all running together is really great."

Indoor track was a way to get exercise during the cold winter months, and it helped prepare its members for spring sports. "Running is a great way to stay in shape," said senior Daniel Browning.

Even though track was an individual sport, everyone on the team worked together for a successful season. "I love how track is an individual sport but we are all supportive of each other," said senior Catherine Pricone.

Meets at Thomas Jefferson Community Center gave teams from around the area the chance to cheer and compete for their school. "We have a lot of young talent on the track team and it creates a lot of depth for the coming years," said Coach Mr. Warren Gillus.

-Hana Hadzibegovic, '11
Penny Weinstein, '14



Freshman Dwayne Williams jumps over the pole during the high jump competition. "The best part of high jumps is the last second before you jump, you feel nervous and excited at the same time," said Williams.





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CAPTAINS' *corner*



Lelia Troiano, junior

"I really like leading warm ups and stretches. I think the best part of being a captain is knowing everyone on the team."



Hayley Bezanson, sophomore

"I joined Indoor Track, because it is a great way to meet people and it's really fun."



Girls' Indoor Track **Front Row:** Julieze Benjamin, Aris Morris, Ariel Bobbet, Madeline Nelson, Grace Torres-Moreira , Sarah Chase-Walsh **Row 2:** Marsharika Coleman, Amy Severs, Jewel McNeil, Dana Raphael, Leah Young, Courtney Riley, Annika MacEwen, Jordan Selby, Anna Janetos **Row 3:** Sarah Zielinski, Natalie Lemek, Emma Troy, Ciara McManus, Nicolette Elm, Tuul Erdenebold, Yeting Mattos, Sarah Humphries, Helen Amend **Back Row:** Coach Mr. Warren Gillus, Lelia Troiano, Josie Twomey, Catherine Pricone, Nicole Nicholas, Madeleine Brehaut, Hayley Bezanson, Ann Plotkin, Veronica Sever, Emilia Sens, Coach Don, Coach Przydzial **Not Pictured:** Abir Harroni, Ana Rodas, Emilia Sens, Isabel Amend, Ivana Escobar, Jaelin Blyther, Janel Moore, Jasmin Vargas, Jazmin Woodson, Khulan Batmunkh, Morgan Livezey, Patricia Alcala-Velasco, Rebecca Jones, Vasthy Delgado, Wanda Fountain, Rachel Anderson, Rebecca Jones

. Sophomore Ariel Bobbett jumps over a hurdle during a ace. Hurdle jumpers needed to have a balance between speed nd technique to safely jump over the obstacles placed before hem. 2. Sophomore Hayley Bezanson holds her team's baton t the starting line before a relay race. To complete the race, ne person from each team started at the starting line with a aton, then the first runner had to run to the second and pass he baton, and so on until the last runner reached the finish ne. 3. Senior Anthony Taylor runs around a curve in the rack carrying the baton. 4. Junior Marsharika Coleman asses the baton to freshman Emma Troy during the girls elay. 5. Junior Jordan Armstrong jumps over a hurdle ahead f his opponents at a Thomas Jefferson Community Center neet. 6. Junior Madeleine Brehaut and sophomore Ariel obbett watch and cheer for the team from the sidelines. "My avorite part of a meet is being able to be with the team, and heering them on to victory," said Bobbett.







Sophomore Yeting Mattos and freshmen Jordan Selby and Natalie Lemek lead the pack at Thomas Jefferson Community Center during a meet. Meets were held on Friday nights at Thomas Jefferson Middle School.



Boys' Indoor Track **Front Row:** Jeremy Mott, Daniel Browning, Mousa Diallo, Marcus Lusby, An Huynh, Paolo Alvarez **Row 2:** Kirubel Fessesework, Peter Vernia, [not listed], Zakaria Ennijim, Jordan Ricker, Jordan Armstrong, Steven Penerrieta, William Granados, Ricardo Pagulayan **Row 3:** William Sheahan, Colman Smith, Eric Witiw, Jorge Torrez, Alexander Bogetic, Armani Thomas, Gebar Hagos, Paul Murphy **Row 4:** Coach Don, Coach Gillus, Corey Robinson,Sean McBride, Christopher Bardo, Martin Debraine, Vladislav Martin, Trevor Turner, Robert Lewis, Basil Ali, Coach Mr. Matthew Przydzial **Back Row:** Jonathan Ruiz, David Huaman, Coogi Morris, Trevor Newton, Dwayne Williams, Keesan Braithwaite, Mark Palmer, Nathaniel Young, Rigoberto Salguero, Anthony Taylor **Not Pictured:** Abele Tuwafle, Alexander Panagiotopoulos, August Thomas,Cristopher Stephanson, Dario Mitchell, David Smith, David Benjamin, Garrett Gustafon, Henok Solomon, Isaiah Lopez, John Bardo, Manbir Nahal, Marcus Harrington, Tarik El-Allame

CAPTAINS' *corner*



Jordan Ricker, junior

"I really like to run, and Indoor Track gave me a chance to do what I enjoy- helping out underclassmen."



Rigoberto Salguero, junior

"I like track because it is all about your own effort. I have been running track since freshman year."

5 facts about RIFLE

1. Rifle team was introduced during the first Olympic games in 1896.
2. Only the top 3 scores are counted in a match.
3. Equipment can range from $1500-$8000.
4. Every shot takes 10-20 seconds to take off.
5. The kneeling position is the most stable for shooting.

1. The team practices in the prone position. Safety precautions such as eye and ear gear were essential to prevent accidents. 2. The team practices in the standing position. Standing position required the most concentration because it was often the least accurate and the least stable position. 3. Junior Joseph Windheim takes a shot in the standing position, one of the hardest shots due to the amount of focus required. "Patience; you can't rush your adjustments, nor your shots," said Windheim. 4. Senior Timothy Peel aims toward the target during a practice. 5. Junior Imani Tinter reloads during a practice. 6. Junior Brooke Rippy prepares to take a shot in the kneeling position.


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US them

	US	them
St. Johns	952	927
Mavericks	1005	779
Robinson	1004	1149



Rifle Team Front Row: Brooke Rippy, Raymond Dulman, Imani Tinter Back Row: Coach Wanlace Yates, Joseph Windheim, Dakota Crawford,Timothy Peel

hitting the BULL'S EYE

RIFLE TEAM MEMBERS TAKE AIM TO SHOW THEIR SKILLS

There were many common misconceptions tied with shooting as a sport. While other conventional sports involved larger amounts of movement, the rifle demanded the same amount of physical and mental discipline, while maintaining a competitive attitude. Senior Timothy Peel said, "There is so much more than just a trigger pull."

Body position, breath, and sight alignment were some of the factors involved in making a perfect shot, all of which were practiced and strengthened through large amounts of repetition. Junior Joseph Windheim said, "The sport requires focus, patience, and above all, common sense."

Contrary to popular belief, the sport was extremely safe, and injuries were rare. To insure safety, the team was trained in all shooting positions. Junior Brooke Rippy said, "You have to figure out what shooting style works for you to make yourself good."

Members drove to offsite locations for practices, demonstrating their committment to the team. Through this dedication and hard work during practices, the team was able to strengthen and improve their shooting skills.

-Alexander Kahn, '11
Carol Burka, '13







1 Junior Imani Tinter looks through a scope to see her target. Tinter joined the team to improve her hand-eye coordination. "I wanted to have better hand-eye coordination for archery, but the school doesn't offer that," said Tinter. 2. Sophomore Raymond Dulman looks toward his target. Eyesight was one of the most important aspects to making an accurate shot. "Accuracy comes first over speed," said Dulman. 3. Senior Timothy Peel looks through a scope inorder to make a shot. A match could be decided by 1/10th of a centimeter.





The team aims at the targets while in the prone position. In the prone position, rounds could travel 300 yards in 70 seconds. Paper targets were used instead of moving targets.

The team practices shooting in the prone position under the watchful eye of Coach Ms. Traci Yates. Besides the prone position, there are standing, sitting, and kneeling positions.

the old and THE NEW

THE TEAMS ANTICIPATE THE UPCOMING SEASON WITH THE HIGH NUMBER OF NEW PLAYERS

The coaches and the returning seniors were optimistic and looked forward to the large number of new players expected to join. "The senior leadership is going to take over and guide the juniors on the varsity level," said senior Benjamin Coffman.

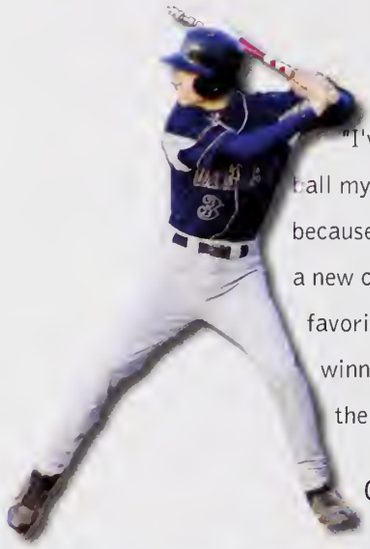
The teams hoped that the mix of the new pool of athletes with the returning players would lead to a successful, record-breaking season. "The seniors are expecting us to really step up," said sophomore Seth Whitmore. "They're helping us improve so that we contribute to the team."

The high number of new players also caused low expectations from opposing schools. This only motivated players to work harder to prove opposing schools wrong. "This year, the expectations are lower from other people, but we are more driven by it," said senior Oliver Cross. "We are going to prove to people that we are just as good as last year's seniors."

With a packed schedule and all of the new players, the team was still optimistic and looked forward to the upcoming season. They hoped to do as well as the previous year by winning districts and moving on to Regionals.

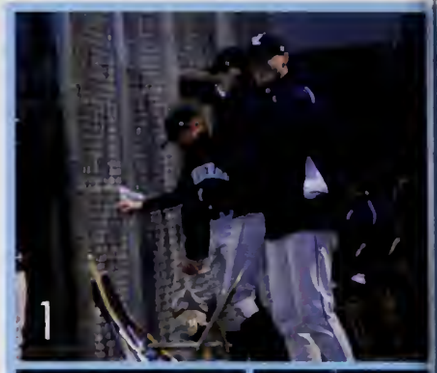
"It's always good to have new players," said senior Charles Vitale. "We have a history of success, and it's good to have new people be a part of it."

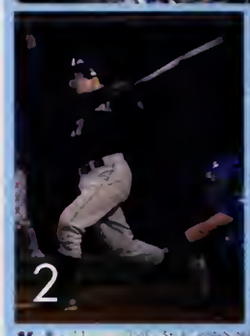
- Sabrina Patwary, '11

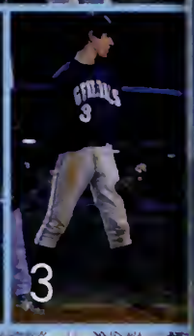


"I've been playing baseball my whole life. I love it because every game brings a new challenge. My favorite part of a game is winning and being part of the team."

Charles Vitale, '11


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4



JV Baseball **Front Row:** Jeffrey Constantz, Paul Landini, Christopher Seymour **Row 2:** Cameron Anderson, Andrew Long, Lucas Dolan, Jeffrey Kruger, Bryan Curtin **Back Row:** Coach Adam Balutis, Brandon Urrutia, John Schrider, Benjamin Buccholz, Hunter Gray, Alexander Wandler, Coach Matthew Norris **Not Pictured:** Alex Coppa, Coach Mike Goldsmith



Varsity Baseball **Front Row:** Brendan Kiviat, Michael Yuhas, Daniel Browning, Justin Snow, Zachary Perlman, Matthew Brower **Row 2:** Austin Evans, Lawrence Dickt, Oliver Cross, Lucas McCartin, Luke Fichter, David Palmer, Benjamin Edgar **Back Row:** Coach Doug Grove, Seth Whitmore, Nicholas Bornbusch, Jackson McDonough, Benjamin Coffman, Brandon Wagstaff, Ryan Wall, Charles Vitale, Coach Terry Dwyer

Coach Matthew Norris and his players support and watch e JV team perform from the dugout. 2. Freshman Hunter ray steps to the plate and takes his first swing. He has been aying baseball for almost 11 years. 3. Freshman Lucas lan steps up to the mound to pitch during the game. "To epare for a game, I just make sure that I'm in the right ate of mind and in the zone," said Dolan. 4. Senior Austin vans practices his pitching before the first varsity rimmage against George Mason High School. He was one the District Champions returning to the varsity team. "I pect to win the District Championship this year and make me noise at the Regional Tournament," said Evans. Sophomore Justin Snow attempts to pass the ball to the et the opposing player out. This was his first year on the rsity team. "Varsity is a lot more competitive than JV, but e guys are awesome," said Snow. 6. Senior Oliver Cross livers a pitch against Langley. He has been pitching since e 4th grade. "I like being the pitcher because the pitcher is volved in every play, and every play also begins with the tcher," said Cross.



5



6



Sophomore Nicholas Bornbusch steps up to the plate during the game against Langley. This was his first year on the varsity team. "During a game, I get a little nervous and excited, but I love the thrill," said Bornbusch.



The varsity coaches meet the coaches from George Mason High School while they wait to begin the first scrimmage of the season. The team was very excited to start their new season with new players and help them adjust to the team. "The seniors are very helpful; they are the leaders on our team," said sophomore Luke Fichter. "They give advice to help us improve well enough to fill their shoes next year."



"I've been playing baseball since I was five years old and I love the game. During a game, I like the feel of making a dive and catch."

Michael Yuhas, '11



"I've been playing baseball my whole life, which is why I don't really get any nerves before a game. It is just a really fun game to play."

Alex Coppa, '13



"I've been coaching varsity baseball for 17 years. We have a long history of outstanding baseball tradition and I like being a part of it. I also played on the team when I went to school here."

Coach Mr. Doug Grove

two strikes,

NEW AND OLD FACES COME TOGETHER TO WORK TOWARDS BETTER SOFTBALL TEAMS

BASES LOADED

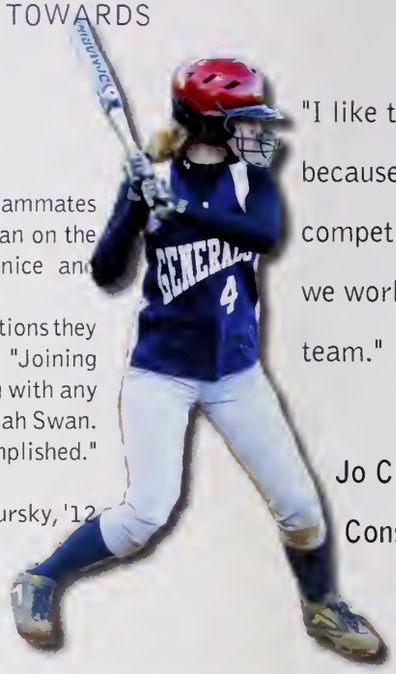
There were some changes to the JV softball team as they welcomed a new coach, Cory Raupers. The varsity team hoped to maintain their respectable record and continued to excel with some new players. The JV team was excited and open-minded to the new approach Raupers brought to the sport. Although it was a different change, the team hoped to progress further with their skills under Coach Raupers' direction.

Raupers, who was proud to join the team, proved to be an asset to the athletes' improvement. "He is very helpful and has a lot of knowledge about the game," said junior Kassidy McElheney.

The varsity team, meanwhile, had many returning players coming back to play for the season. Having so many former players helped the new teammates feel more welcomed. "I'm the only freshman on the team but the older players are really nice and supportive," said freshman Talia Zulueta.

Some of the older players explained emotions they shared after making the varsity team. "Joining varsity for the first time for softball, along with any varsity sport, is amazing," said junior Hannah Swan. "I think it makes an athlete feel very accomplished."

- Emily Gursky, '12



"I like the games because they are competitive and we work as a team."

Jo Claire Constantz, '13



Junior Brooke Rippy runs to catch the ball during warm up. "My personal goal for this year is to get a .400 and hopefully make the District team," said Rippy.



Junior Lauren Zahn practices throwing and catching during softball practice. Many team members had started playing when they were younger. "I began playing softball when I was in seventh grade," said Zahn.



Freshman Elilta Abraham throws the ball during practice while working on game strategies. The team used practice to improve on things they needed to work on. "I like being part of the team because everyone is supportive and it's like a family," said Abraham.

1 Coach Cory Raupers helps sophomore Rachel Edgar do a drill to prepare for the upcoming game. 2. Senior Kayla Jackson poses for a picture before continuing to warm up before the game. "I work on my catching and hitting," said Jackson. "I focus on where the ball needs to be in a situation or play." 3. Juniors Kassidy McElheney and eighth grader Deja White work on fielding ground balls. "One of my goals for this season is to win as many games as we can," said McElheny. 4. Junior Hannah Swan and sophomore Lillian Prins consult each other about what type of pitches to throw. 5. Junior Elsa Lilja Gunnarsdottir throws the ball high in the air to her partner to practice catching high balls. "One of my favorite things about playing softball is the games," said Gunnarsdottir. "I like the thrill of being able to compete against the other teams."













Varsity Softball **Front Row:** Grace Evans, Kylah Jackson, Talia Zulueta, Allison Mihalik **Row 2:** Kyra Klontz, Jo Claire Constantz, Jenny Peel, Imani Bigsby, Abigail Whitmore **Back Row:** Coach Carolyn Majowka, Brooke Rippy, Lillian Prins, Emma Tober, Hannah Swan, Eileen Breslin, Assistant Coach Will Downs **Not Pictured:** Assistant Coach Jack Belcher



Freshman Talia Zulueta and senior Abigail Whitmore gear up as they begin practice at Quincy Park. Regardless of their age difference, the players of the varsity team got along with one another. The upperclassmen often gave tips to the younger members of the team.



JV Softball **Front Row:** Elilta Abraham, Kassidy McElheney, Rachel Edgar, Sofia Cardamone **Row 2:** Callie Kiermaier, Elsa Lilja Gunnarsdottir, Florencia Morales, Bailey Kowalski, Lauren Zahn, Dae'Jah Graves **Back Row:** Coach Cory Raupers, Emily Bennett, Dwannisha Wilson, Delphina Charles, Deja White, Elaine Bayne, Elizsa Key



"We scrimmage a lot and do a lot of fun drills that I enjoy."

Katherine Lawson, '13



"Outside of practice, I like to go running and spend time at the gym."

Enisa Turko, '11



"I've been playing soccer all my life. I joined the team because I want to play in college."

Margo Ricks, '13



"I joined the team because I wanted to represent our school and keep in shape."

Vasthy Delgado, '12



"I get a chance to meet new and older girls who I wouldn't usually engage with."

Emma Cooper, '13

1.The team gathers on the field before a game. 2. Sophomore Chelsea Irizarry prepares to pass to another player during a game against Marshall. 3. Senior Lindsey Treweek guards the ball from an opposing player. 4. Senior Enisa Turko passes to another player. Turko played travel soccer in addition to playing for the school. "I've made some really close friends through soccer and the friendships will probably last a long time," said Turko. 5. Junior Nicole Nicholas prepares to accept the ball from another teammate. 6. Sophomore Katherine Lawson attempts to steal the ball.















Senior Emilia Sens prepares to pass to another player. Sens fit in extra practices with her club team. "We do workouts on the track and run through the neighborhood for endurance," said Sens.



Girls' Varsity Soccer **Front Row:** Karina Irizarry, Suzanna Lindeman, Olivia Ricks, Maggie Burgos, Katherine Lawson, Chelsea Irizarry **Row 2:** Isabel Siemon-Carome, Emilia Sens, Vasthy Delgado, Margo Ricks, Nicole Nicholas, Angela Mestre, Susan Ferguson, Enisa Turko **Back Row:** Coach Stephanie Nichols, Coach Eddy Matos, Tessa Stryk, Emma Cooper, Molly Ramey, Lindsey Treweek, Manager Dianthony Talmadge, Coach David Sheridan, Coach Anne Cernicek

a year

EXTRA TIME IS SPENT CONDITIONING BEFORE AND DURING THE SEASON

ON THE FIELD



Sophomore Angela Mestre traps the ball to pass off to another teammate. Mestre has played on a soccer team since she was five years old and has also played on travel teams. "My advice [to new players] is to definitely practice a lot and dedicate yourself to getting better," said Mestre.

Throughout the year, girls on the varsity soccer team used various exercise techniques to keep in shape during the season and off season. "I go to the gym and run on the treadmill or elliptical, as well as play field hockey," said junior Raleigh Mills. "I'm also in a travel soccer club, Arlington Intensity Red."

As the temperature began to drop and winter rolled in, the girls needed extra motivation to keep themselves in shape. "Winter is definitely the hardest time of the year to exercise because you need to dress in many layers and spend extra time stretching," said junior Susan Ferguson.

Once the season began, players worked out as a team as well as individually. Practices and scrimmages helped players improve their skills and techniques.

Regardless of the time of the year, each team member had a different way that she enjoyed working out. "My usual exercise routine includes warming up with a good jog, and then hard running for fitness," said senior Enisa Turko. "I like soccer because of the opportunity to stay in shape while doing something that makes me happy."

- Carina Garcia, '12
Mora Hav, '13







1. Junior Raleigh Mills runs to retrieve the ball. 2. Senior Mary Ramey prepares for a throw-in. Ramey has been on the [illegible] her freshman year. "I looked forward to becoming [illegible] everyone on the team, including new players such as [illegible] classmen," said Ramey. 3. Junior Susan Ferguson [illegible] opposing player. Ferguson has played soccer for more than ten years. "My favorite thing about soccer is the [illegible] of accomplishment after a win; it's so satisfying," said Ferguson.





Senior Lindsey Treweek plays against Marshall during a home game. Players emphasized their skills in front of peers and parents, especially during home games.

Senior Karina Irizarry passes the ball to another player. Irizarry was one of the captains of the team. Under the direction of the captain, teammates were able to utilize their skills and work together on the field.

the pride you gain

THE PLAYERS CONDITION HARD FOR A SUCCESSFUL SEASON

IS WORTH THE PAIN

The varsity boys' soccer team started the season with try-outs and fast-paced conditioning in the winter. The players were called out in February to audition for a spot on a team that would practice and play until May. "Try-outs were competitive and involved an extreme amount of running," said senior Soufan Ie. The extra running was meant to prepare them for the 80-minute games they would play at least twice a week.

Warm-ups and conditioning were more intense compared to years before. To test the players' skills, each athlete had to pass a series of exercises to qualify for the team. "Aside from the 10-minute warm-up of running around the track, conditioning lasts up to two hours before actual practice starts," said junior John Beckman. "Conditioning consists of ladders, platform jumps, and the Cooper test."

The new workouts and practices were difficult for returning varsity players but were especially challenging to the newcomers. "JV soccer tests endurance, but varsity challenges how fast you can do it," said sophomore Ryan Uckert. "The hardest part was to motivate myself to condition as hard and as fast as the other players."

- Saikhnaa Bayarsaikhan, '11
Lisa McNabola, '11



The team gathers together to get pumped up for the oncoming game. Pre-game speeches and encouragement from the coaches and their teammates help the athletes get in the proper mind-set to do their best for the match.

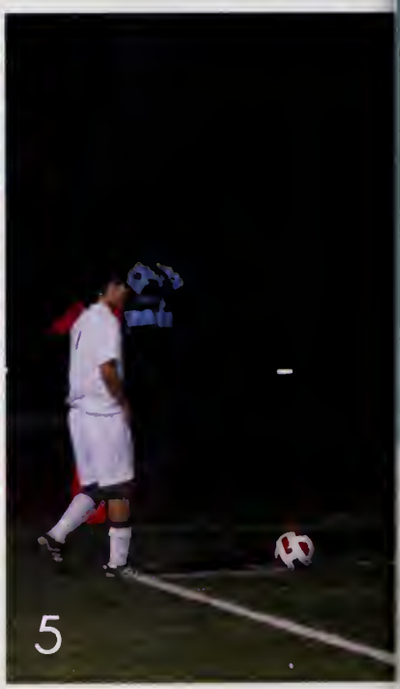
1. Senior Joshua Katz steals the ball from a Thomas Jefferson player. Conditioning, technical drills, and scrimmages prepared Katz for games. "I'm a left wing, so moving the ball is important," said Katz. 2. Senior Malick Beye runs past a Robinson player. The ability to focus and perform were important to Beye. "I focus on winning and playing my best," said Beye. 3. Senior Luis Torres-Franco runs across the field away from a Thomas Jefferson player. Speed was a big aspect of the game. "The coaches pushed us a lot during conditioning," said Torres-Franco. 4. Half of the team does push-ups after a shooting drill. Shooting drills provided extra practice to perfect their skills. 5. Senior Alexander Salguero prepares for a corner kick. Corner kicks were taken when the defending team kicked the ball out of bounds on their own goal line.











WHY DO *you play?*



"I love the guys on the team and playing for the school."

Jack Beckman, '12



t's a good way
meet people,
nd I have a true
ve for the
ame."

ric Schmidt, '12



"I've been playing since I was four years old; soccer is a big part of my life."

Ryan Uckert, '13



Boys' Varsity Soccer Front Row: Eric Schmidt, Soufan Ie, Carlos Dell'Agostino, Robert Dewald, Zachary Yancey, Ryan Uckert, Jaras Chaimuangchuen Row 2: Manager Joanna De La Via, Alexander Salguero, Sebastian Moorfield, Gustavo Mariaca-Vaca, Juan Monroy, Jose Melgar-Portillo, Manuel Benites, Branko Picavia, Manager Lizett Claure-Orellana Back Row: Coach Eddy Carrasquillo, Luis Torres-Franco, Joshua Katz, Keith Ricks, John Beckman, Malick Beye, Alan Ochoa-Barajas, Coach Jim Carrasquillo, Coach Keith Whitney, Manager Alejandra Jiminez





1. Senior Alexander Salguero shoots a ball during practice. Although Salguero was injured, he still challenged himself to perform at practice every day. "It's challenging to play injured but I still work hard," said Salguero. 2. Senior Robert Dewald prepares to punt the ball down field after a saved goal. Dewald was the starting goalie. "Keeping your back line and team organized and well-shaped is key," said Dewald. 3. Senior Keith Ricks prepares for a throw-in and looks for an open player. As a center mid-fielder, Ricks was there to distribute the ball down the field. "My goal is to help the team score," said Ricks. 4. Senior Gustavo Mariaca-Vaca dribbles the ball down the field. Mariaca-Vaca was a mid-fielder. "I think about what I need to do so the team can win," said Mariaca-Vaca.







"The team wants to get far in Regionals this year."

Keith Ricks, '11



"My goal is for the team to have a winning record."

Juan Monroy, '11



"I want to make a solid contribution to the team."

Joshua Katz, '11



"The goal is to be District champions."

Branko Picavia, '12

what's your GOAL?

just a little COMPETITIVE NATURE

PRESSURE IS JUST THE START OF THE LONG ROAD TO MAKING JV SOCCER

When it came to JV soccer, securing a position on the team was only half the battle. Once on the team, the players had to give it their all in games and practices in order to stay on the team and earn playing time. "You don't play if you don't push yourself," said freshman Lauren Karpinski. This competitiveness between players pushed the team to work harder in order to show their willingness to do whatever it would take to express their love of the game. "You have to live up to the standards," said freshman Sofia Rodriguez.

When the freshmen soccer team was removed from spring sports, many players were inspired to push themselves harder to be noticed by the JV and varsity coaches. "You have to have skills and speed," said sophomore Diego Mariaca-Vaca. "You have to impress the coaches."

Many of the players worked outside of school on teams, playing travel or house soccer. By being part of teams outside of school, many of the players already knew some of their new teammates. "We have a lot of good players and we all get along really well," said freshman Sarah Bauman.

Once games had started, the trust that had formed within the team helped strengthen friendships, pressured the players to work harder, and added some competitiveness to the practices and games. "You have to take it seriously. You can't have an off day," said freshman Samantha Tigner. Throughout the season, the ability of the team to work together on the field increased greatly, and the players were able to improve the soccer skills that they already acquired. "You have to push yourself and learn to do better," said sophomore Cristian Gutierrez.

-Carol Burka, '13

"Soccer is really competitive; the coaches are strict and the games are more frequent."

Caroline FitzGerald, '14





"I like being able to let go of the real world and have fun on the field."

Steven Valdes, '14



"It's nice to be part of a team and a great way to meet people."

Mary Dewald, '13



"It's my passion, I played it as a little kid."

David Huaman, '14



"I've been playing for so long, it's fun to play for the school."

Meghan MacDonald, '14



Sophomore David Huaman kicks the ball up field while teammates freshmen Andrew Layman and David Shirzad back him up. Defenders needed to be fast and aggressive.

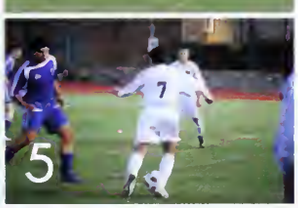
1. Sophomore Brian Romero goes in to head the ball. Heading the ball provided a way to control the ball without using their feet. "Having all of your passes go where you want them, when everything is in sync, it feels good," said Romero. 2. Sophomore Veronica Sever follows the ball down toward the opponent's goal. Shooting and speed were skills that all players needed to ensure that goals were made. "The speed of play is a lot faster than most travel games," said Sever. 3. Freshman Annika MacEwen chases down the ball during one of the team's earlier games. MacEwen was part of the school's cross country team, which helped her stay in shape for the soccer season. "Endurance is key to playing soccer," said MacEwen. 4. Sophomore Cristian Gutierrez follows the ball, while teammate freshman Luis Fernandez follows suit. 5. Sophomore Samuel Peralta takes the ball up the sidelines. Using the sidelines allowed for players to gain valuable field position if the opposing team kicked the ball out of bounds. "The sidelines let you run up and down the field," said Peralta.


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Girls' JV Soccer Front Row: Elli Panagiotopoulou, Sonia Lunn, Reina Perdomo-Lemus, Sofia Rodriguez Row 2: Samantha Tigner, Nina Beatrice, Annika Macewen, Lauren Karpinski, Leah Young, Sarah Bauman, Deborah Wroblewski Back Row: Quetzal Norton, Meghan McDonald, Veronica Sever, Anne Terpstra, Rebecca Palacios, Mary Dewald, Caroline FitzGerald, Josie Twomey, Coach Eddy Matos



Sophomore Josie Twomey races for the ball as her opponent takes control. The players needed to talk with one another to keep possession of the ball. "The hardest part was playing as a team; we had little time to practice with each other before the season started," said Twomey.

Sophomore William Sheahan, goalie, takes a free kick. As goalie, Sheahan was responsible for making sure the team communicated and was aware of their surroundings on the field. Sheahan said, "I communicate with the defensive backs about things they might not be able to see."





Boys' JV Soccer Front Row: Manager Israel Valencia, Diego Mariaca-Vaca, William Sheahan, Ulices Ramos, Cristhian Pinto, Manager Alexander Solis-Vasquez Row 2: Wilian Delcid, Moussa Dia, Deigo Jaldin-Varela, El-Hadji-Mamadou Beye, Brian Romero, Andres Orjales, Leo Godinez-Melendez, Alejandro Rodriguez Back Row: David Huaman, Samuel Peralta, Tomas Esquer-Perez, Cristian Gutierrez, David Shirzad, Andrew Layman, Steven Valdes, Rodrigo Ventiades-Orihuela, Luis Fernandez, Coach Jesus Baptista Not Pictured: Benjamin English

take it to THE TOP

THE BOYS' LACROSSE TEAM PREPARES TO CARRY ON THEIR HISTORY OF EXCELLENCE

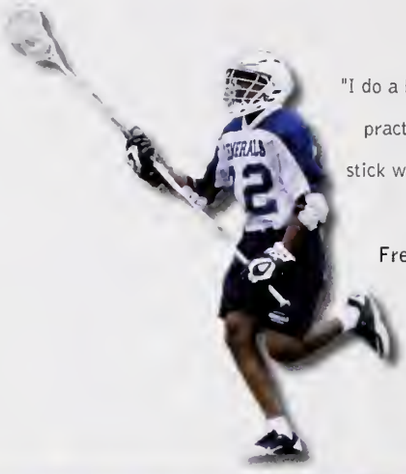
The boys' varsity lacrosse team has had a history of success, having received the District title in prior years. In order to continue their established history, the lacrosse players were required to train and work hard. First, players had to prepare for the physically demanding try-outs before becoming a part of the team. "I attended summer camps and participated in fall league and winter league," said sophomore Jon Dixon. Once the team was selected, the players had to learn how to collaborate and use all of their skills to best benefit the team as a whole. "You have to work hard and be dedicated," said senior Kevin Miranda.

In addition, the team devised strategies and different plays. "The strategy for this year is to attack," said senior John Cummins. However, to effectively run the plays and execute their strategies, the team had to prepare both on the field and in the weight room. "Working out in the weight room helps us to be physically ready for the games," said Miranda. Many players realized how much effort the season would require. "We will have to work really hard during the practices," said senior Dylan Warburg.

Also helping the team's chance of winning the district title again was the addition of a new coach. "We have a new coach who went to Notre Dame, and he played in the National Championship," said Cummins.

The varsity lacrosse players had their work ahead of them. One player, junior Brendan Craig, summed up the goal of the team's season in simple terms. Craig said, "To win the title, we will have to keep winning the games."

-Kirby Clark, '12
Eileen Breslin, '14
Abigail Knight, '11



"I do a lot of cardio. At practice, we work on stick work. Lacrosse is all about skill."

Fred Williams, '13



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3



4



Freshman John Kirchenbauer is in a face-off with a player from West Potomac during a game. Face-offs occurred at the start of each half and after goals were scored.



Sophomore Temujiu Ider runs up the field on a fast break. "You have to show sportsmanship in the game," said Ider. "But the best part is that you get to make a lot of new friends."



JV Boys' Lacrosse **Front Row:** Ricardo Pagulayan, Temujin Ider, Jake Newsome, Thomas Roberts, Ryan Jakovich, Christian Volz **Row 2:** Petros Tesfaldet, Samuel Young, Jonas Albro, Steven Sheats, Kevin Salvador, James Tate, Paul Murphy, Achbold Tseveensuren, Alexander Panagiotopoulos **Row 3:** Coach Evan Rodger, Samuel Douthit, Kevin Corneby, Peter Griffin, Kyle Chipman, Paul Frondorf, Noah Harrington, Dwayne Williams, Zach Corneby, Trevor Thornhill **Back Row:** Andreas Loeser, Benjamin Jenks, Tate Fitzmaurice, Dylan Leger, An Huynh, Christos Alpos, Nathaniel Jones, Kieran Burns, Benjamin Bohannon, Coach Helmut Mertins **Not Pictured:** Alec Tober, Elijah Kennedy, Samuel Patecell, Sebastian Coupe, Cuong Tu, Fred Williams, Christopher Lim, Nicoles Lewallen, John Kirchenbauer

. Junior Jarrod Nagurka runs up the field with the ball on a ast break. 2. Senior Mark Palmer dodges a defender. Lacrosse requires a lot of communication," said Palmer. We have to make sure all the problems get fixed." 3. Junior rendan Craig drives towards the cage for a shot. "In order o take a good shot, you have to start out with a good foot," aid Craig. "And then the shot falls into place." 4. Members f the JV team defend a player from West Potomac. "I lways try to give 110% to the game," said freshman ndreas Loeser. "We have to rely on each other and play off f each other's strengths and weaknesses." 5. Freshman oah Harrington dodges a defender in an effort to run up the eld towards goal. 6. Senior Nicolas Burns takes a shot uring a game. Burns was a captain this year. "In order to in games, you have to have a can-do attitude," said Burns. You have to focus on winning and be a team player."



5



6



Junior Alexander Panagiotopoulos attempts to recover the ball on defense. This was Panagiotopoulos' first year playing lacrosse. "In order to succeed, it is important to play hard all the time," said Panagiotopoulos. "You also have to communicate to know what to do and score goals."



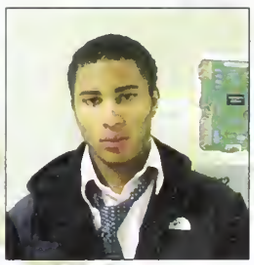
Varsity Boys' Lacrosse **Front Row:** William Martin, Jenie Nguyen, Thien-Y Doan, Karla Romero, Manika Sarik, Mark Palmer **Row 2:** N'Dri Sligh N'Cho, William Marshall, Kevin Miranda, John Cummins, Nathaniel Young, Nicolas Burns, Amir Ashtiany **Row 3:** Coach Patrick Gallagher, Philip O'Doherty, Frederick Mitchell, Kenneth Moore, Cayden Brehaut, Brendan Craig, Dylan Warburg, Michael Tesfaldet, Coach Adam Gehl, Coach Andrew Daley **Back Row:** Patrick McMenamin, Jared Churbuck, Trevor McManus, Samuel Fitz, Kenneth Moore, Jeremy Friedman, Jon Dixon, Alexander Clegg, Levi Herrera

CAPTAINS' *corner*



Dylan Warburg, senior

"We try to give them advice on the field. We have captains' practice on the weekends; we encourage people to come for extra time to practice."



Mark Palmer, senior

"We're the underdogs this year. As the captain, I have to set a good example for the younger guys on the field."

keep your head

NEW RULES ARE IMPLEMENTED IN ORDER TO PREVENT HEAD INJURIES

IN THE GAME

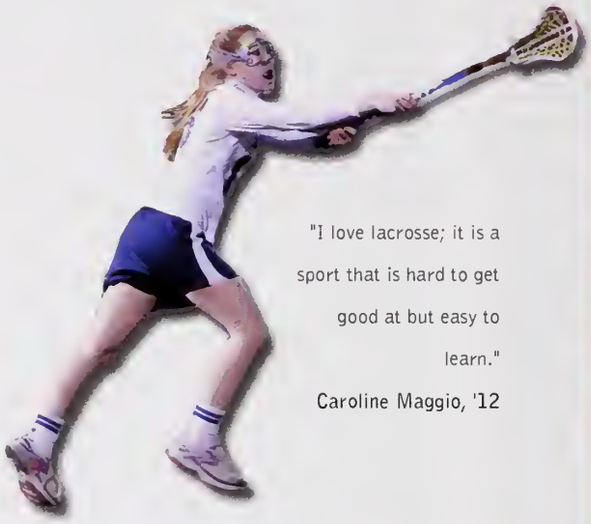
The girls' lacrosse team had a lot of experience because of its returning senior players, but regardless of that experience, the entire team had to adjust to new game rules implemented for the first time.

Many of the girls were used to a game tactic called checking, which includes swings to the head as a defense. It has now been labeled as dangerous. It posed a threat to the players, since the girls sustained head injuries, and ultimately posed a threat to the the game. "I was checked last year and had a concussion; it made me realize that I didn't want this happening to my teammates and I didn't want them to do it to other players," said junior Meredith Randle. New rules have been put into action to avoid having the girls wear helmets during practice and their games.

Yellow cards were called out on any player who checked. The coaches taught the girls defense to learn ways to best avoid checking but still play with tact and skill. "The new enforcements make the game more fun and more interesting because you have to use your skills and be creative while playing," said senior Gretchen Schroeder.

The girls on the team remained excited to play and were ready for the season regardless of the new rules in place. "It's about how we connect and communicate as a team that leads to our success because if we do this, the new rules will not affect how we play," said junior Morgan Livezey.

- Hana Hadzibegovic, '11



"I love lacrosse; it is a sport that is hard to get good at but easy to learn."

Caroline Maggio, '12





The offense blocks one of their opponent's sticks to cause her to drop the ball. "You have to get your butt down and shuffle your feet for proper defense," said sophomore Meghan Craig. It was crucial that everyone on the team knew proper defense no matter what position they played.



Sophomore Lindsay Chamness prepares to take the draw at the start of the half. It was important to know the specific techniques which were used to control where the ball went in order to win posession.



Girls' JV Lacrosse **Front Row:** Ramona Rubalcalva, Natalie Slater, Jacqueline Mashburn, Katelynn Petrasic, Lindsay Chamness, Rachel Heinzman **Row 2:** Catherine Dempsey, Amanda Schneck, Colleen Salazar, Alycia Bouchard, Anna Karagulina, Alice Maggio, Beth Bodner **Back Row:** Coach Jalyn Echko, Samantha Zucker, Gwendolyn Bobst, Sarah Chamness, Natalie Lemek, Margot Austin, Meghan Craig, Deanna Thurman, Coach Katie Aird

. Freshman Catherine Dempsey shadows her opponent's stick n order to slow the attacker down. "It's important to move our feet on defense, so you don't have to rely on the check," aid Dempsey. 2. Freshman Jordan Rivera looks up the field or a teammate in order to clear the ball. Rivera was one of wo freshman to make the varsity squad. "I started playing acrosse because I wanted to try a new sport," said Rivera. . Junior Catherine Boryan cradles the ball up the field for a uick attack. "I like playing offense, because I love the feeling fter you score a goal." 4. Junior Erin Fox takes a penalty hot, because she was illegally checked in the eight. "I was onestly shocked to hear about the new rules, but less hecking is good because I do not want to have to wear a elmet," said Fox. 5. The varsity team huddles to receive eedback on their performance from their coach. With only our seniors, the young team had to put extra effort during ractices to improve their stick skills. 6. Freshman Gwendolyn Bobst looks to receive a pass from her teammate.



5



6



Th. JV lacrosse team huddles together before the start of their game. During these huddles, coaches give out last minute advice and re-assurance to the team.



Girls' Varsity Lacrosse **Front Row:** Rebecca Rhinehart, Amy Severs, Kaitlyn Campbell, Morgan Burns, Jordan Rivera **Row 2:** Meredith Randle, Caroline Maggio, Alison Bentley, Sophia Delmar, Abigail Boshart, Katrina Cook **Back Row:** Assistant Coach Dan Paris, Assistant Coach Lyndsey Reeve, Jordan Kruger, Sandra McCartin, Morgan Livezey, Catherine Boryan, Greer Richey, Head Coach Jenni Mac Intosh **Not Pictured:** Mary O'Connor, Erin Fox, Adrianna Gorsky, Gretchen Schroeder



Senior Gretchen Schroeder prepares to clear the ball down field. A goalie had to practice clearing to increase the distance of their passes. Schroeder was the co-captain of the team. "I'm excited about the young program and love all the girls," said senior Gretchen Schroeder.



"I think crew is much more strict than other teams and there is more of a team effort involved."

Anthony Chi, '12



"Crew helps me get fit and get stronger. I enjoy working out with my friends and having fun."

Peter Readdy, '14



"Crew was recommended to me because I'm athletic. I went to conditioning and built up stamina for the season."

Geoffrey Odlum, '13



"The coaches' advice and the hands-on help during practices helped me improve."

Raghav Dumera, '14



"I joined the team to stay in shape. I'm used to the time constraints because I did football in the fall."

Matthew Nice, '13

1. Members of the varsity eight carry one of their boats back after rowing during practice. 2. The varsity eight boat practice drills rowing towards the Key Bridge on the Potomac River. 3. Freshmen Joshua Robson, Cepehr Alizadeh, Joseph Rich, and Colton Hust sit on the deck of the boathouse before practice waiting for the rest of the team to arrive. 4. Junior Sean Magner encourages, a term known as coxing, his teammate junior Abin Dahal. Magner did not agree with the belief that crew was a cult. "I think a lot more people might like it if they came down for a practice and saw what crew is really like," said Magner. 5. The novice boat rows down the river. One thing that took getting used to, according to novice rowers, was keeping the boat balanced, which was done by keeping oar handles at the same height. 6. Freshman Joshua Robson practices rowing on the erg machine during practice.















Members of the boys' crew team watch and cheer on their fellow teammates during a 2K at the boathouse. Many people joined the crew team after hearing about it from friends. "Everyone really welcomed me in as if I was already a part of the family," said freshman Craig Wanda.



The varsity boys' boat rows on the water during practice. Returning juniors on the team took on a leadership role since there were no seniors on the team. "Crew does not take up as much time as many people think," said junior Brendan Killalea. "It's similar to the time taken up by other sports, but we always practice off campus."

row row row YOUR BOAT

THE BOYS' CREW TEAM ROWS THEIR WAY THROUGH THE SEASON



The boys' crew team huddles together during practice before getting their boats. Most members' favorite part of being on the team was rowing because it was relaxing to be on the water.

With an influx of new freshmen and a lack of seniors on the boys' crew team, the junior teammates took on a new leadership role. "Juniors are the new seniors," said junior captain Alexander Beranek. "We have a new responsibility to guide the underclassmen because we know what to do."

The girls' and boys' teams were able to raise $30,000 from selling mulch door to door in their neighborhoods. "With the money we raised, we bought two new boats totaling $36,000," said junior Edward Powell.

Being on the team was a large time commitment for all team members. "It takes a lot of time, but I don't really mind," said junior Bazargur Sukhbaatar. "It taught me time management skills that I did not have before."

Despite the age differences, the team was still able to work well together and connect through various team activities. "Pasta dinners allowed us to prepare for the upcoming regatta as well as spend time with our team," said junior Eliot Somers.

Having no seniors on the team meant the juniors were able to step up and lead the large number of new team members.

-Holly Parker, '11
ParitaShah,'11





2



3

1. Juniors Christopher Lent, Andrew Heinzman, and Alexander Beranek get ready to start a 2K race on the erg machines. It was important that each person start at the same time, similar to rowing on the water. "The varsity team is much smaller, and there are also a lot of novice rowers this year, so that means we have to spend more time teaching all of them the basics of rowing," said Lent. 2. Freshman Jacob Weiser pushes off the dock with his boat to begin practice on the water. 3. The first varsity eight boat warms up on the water. During warm-ups, the boats usually rowed by fours or sixes to keep the boat steady at the low stroke ratings used during warm-ups.





The varsity boys' boat rows down the Potomac River. The varsity team immediately had a strong bond from going to Nationals the previous year. Having so many committed rowers increased the competition to improve among rowers and fight for seats on the boat.

Junior Eliot Somers practices his rowing on an erg machine in the boathouse. Ergs allowed rowers to actually see how hard they were pulling, which can't be done on the water except by comparing to other boats, and improve for races. "To pump up for a regatta, I usually listen to Taylor Swift on repeat," said Somers.

not for the FAINT HEARTED

GIRLS' CREW GETS A NEW COACH AND A NEW MOTTO

Biology teacher Ms. Kathleen McNamee took over as head coach of the girls' crew team. McNamee had been the girls' assistant coach for the past three seasons, and when predecessor coach Jeff Lucier declined the position for the coming year, McNamee jumped at the opportunity. "I've had a lot of fun as head coach, teaching the team all I know and preparing them for competitions," said McNamee. "But I also have to keep it fun, which isn't very hard since everyone is so enthusiastic about crew."

The team made a smooth transition between coaches, with no noticeable changes but positive ones, according to the rowers. "Coach McNamee made a big impact on girls' crew," said co-captain, junior Kayla Schoomaker. "She is just so awesome; we all love her."

Rowers said crew was hard work, beginning with running several miles to their boathouse on the Potomac. The moment rowers put their boats on the water was described as one of magic: the feel of smoothly gliding over the Potomac River past the DC monuments and Virginia shorelines. Following the instructions of their coxswain, the girls all rowed together, continually pushing for greater speed and synchronization needed to compete against their rival schools.

-Penny Weinstein, '14

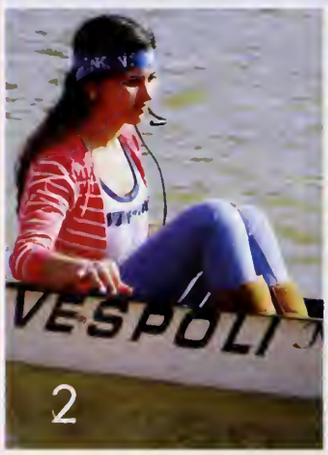


The first varsity eight girls' boat rows part one of their practice pieces. Pieces were of high intensity at high stroke ratings to make rowers stronger and faster as a boat. Rowing together at high stroke ratings was an important skill for races.

1. One of the varsity boats warms up on the water. The boats rowed by fours in warm-ups to give the other rowers time to rest.
2. Junior coxswain Shiva Minovi prepares shoves off the dock and gives commands to her rowers to start the warm-up. 3. Freshman Hannah Mesches helps direct freshman Elizabeth Morley and the rest of the rowers holding the boat down to the water.
4. Junior Emily Janson carries two oars over to the boats.
5. Junior coxswain Shiva Minovi encourages her rowers to finish their practice piece strongly. A coxswain's job was to steer the boat and keep the rowers together. "The coxswain is the loudest person in the boat, though they are no more important than anyone else, everyone is needed to make a boat the best it can be," said junior Emily Janson. 6. Sophomores Colleen Aiken and Taylor Leonard help carry their boat down to the water at shoulders.
7. Freshman Ariel Pizzamiglio rows with her boat on the water.



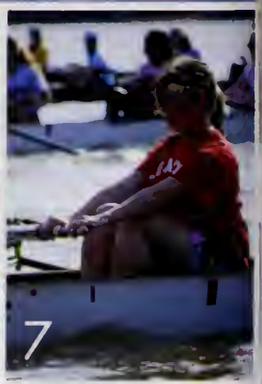




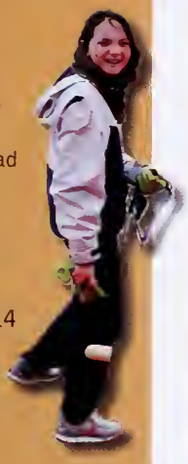








BRING IT *on*



"I wake up as early as 5:30 AM on race days, something I would normally dread doing except for crew. Crew comes before sleep in my book."

Hannah Mesches, '14



Girls Crew **Front Row:** Not Listed, Not Listed, Mary Hanula, Ariel Pizzamiglio,Brittnee Bade, Hannah Mesches, Nia Zekan, Cassidy Boomsma, Elizabeth Morley **Row 2:** Gabrielle Canning, Lara Sierra, Rachel Kamvar, Sarah Chase-Walsh, Emily Janson, Ashley Hadley, Elizabeth Dodson, Caroline Meek, Caitlyn Mulcahy, Tatianna Sabin **Row 3:** Eva Shuman, Damia Hurst, Olivia Czerewko, Anna Hansard, Shiva Minovi, Adriana Thornton, Petra Nichols, Tessa Van Grack, Samantha Eakes **Row 4:** Alys Harshbarger, Zoe Van Grack, Colleen Aiken, Emma Sheehy, Hagar Sanjakdar, Brooke Campbell, Hannah Fitzmaurice, Jade Zekan **Back Row:** Laura Pastre, Taylor Brandt,Taylor Leonard, Kayla Schoomaker, Madeleine Humm, Emma Klein, Romina Jimenez-Alvarez, Savannah Young **Not Pictured:** Brianna Queen, Julia Wicks, Paige Hancock,Taylor Brandt, Lana Allen, Emma Schimley, and Guilia Cajati



"We have to run all the way from school down to the boathouse before each practice. Those are three hard miles after a long day of school."

Caitlyn Mulcahy, '14







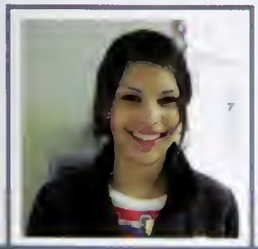
"All the girls really give it their all, they put so much time, effort, and spirit into it. It really shows. These girls are awesome."

Coach Ms. Kathleen McNamee

1. Junior Kayla Schoomaker, sophomore Zoe Van Grack, senior Samantha Eakes, and juniors Emily Janson and Hagar Sanjakdar prepare to push off from the dock. 2. Juniors Sarah Chase-Walsh and Kayla Schoomaker strap their feet in the boat. 3. Freshmen Hannah Fitzmaurice and Anna Hansard carry a boat down to the water. "The boats aren't that heavy, they look it, but they are pretty light with everyone working together," said Fitzmaurice. 4. Freshman Mary Hanula uses an erg machine while sophomore Olivia Czerewko coxes her through the erg piece. Erg machines are indoor rowing machines that allowed rowers to practice on land and focus on technique and speed without having to be balanced with the boat.

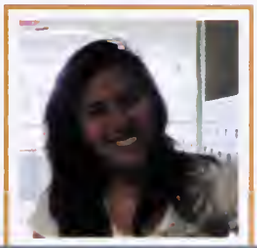






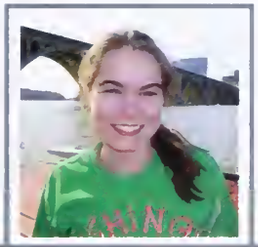
"The best part of crew is finishing a 2k; I feel really accomplished."

Jade Zekan, '11



"The way we all work together. We're like a machine: without the other parts we can't do anything."

Emily Claure, '14



"We have so much fun together; we're a family through and through."

Madeleine Humm, '13



"I have made so many new friends, and had a lot of fun working with them."

Lara Sierra, '13

best part of CREW?

net

THE BOYS' TENNIS TEAM HAS MORE DEPTH ALLOWING FOR A BETTER SEASON

GAINS

With more underclassmen on the roster than previous years and a much larger pool of skills, the boys' tennis team had a lot of determination to do well and beat their rivals.

The fact that the team lost players last year did not stop them from being a quality team. "A lot of good players graduated, but we are still a strong team," said junior Jalaluddin Ahmed, who has been playing since freshman year.

There seemed to be an increase in interest: large numbers of students tried out for the sport. "A lot of people tried out this year, giving the coaches more options to perfect the team," said sophomore Kyle Lusby.

The team had more depth this year due to the increased number of underclassmen, creating a larger pool of talent. "We have a variety of players with a wide range of skills," said senior Rukshan Hathotuwa.

For many years, Yorktown had always been their competition, but this year the boys' tennis team had high hopes of beating their rivals. "Our big deal is to beat Yorktown," said sophomore Marcus Lusby.

JEB Stuart had proven to be one of the stronger teams in past seasons, but this year many players agreed that they could outdo Stuart. "This could be our year to really sharpen up and beat teams we haven't before, like Stuart," said the team captain, senior Rukshan Hathotuwa.

- Lili Olsen, '13



Sophomore Chingunbaatar Erdenebaatar gets ready to hit forehand. Eredenebaatar had been playing the sport for four years. "It takes a long time to get good at it," said Eredenebaatar.





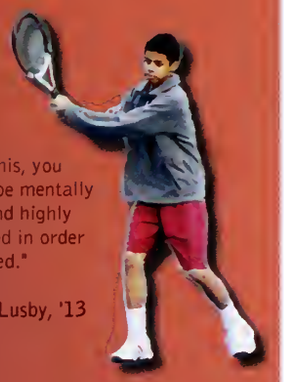






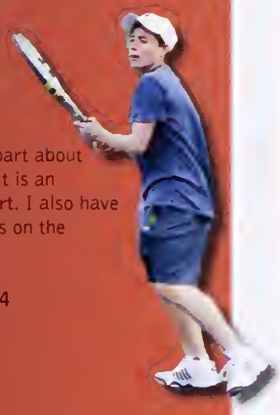
1. Freshman Jeremy Mott gets ready to hit the ball. Mott has been playing tennis his entire life. "You need to be quick on your feet, have good balance, and strong arms while remaining focused," said Mott. 2. Sophomore Austin LaPointe plays a match during practice. 3. Sophomores Hussnain Ahmed and Marcus Lusby hit the ball back and forth during a challenge match. "Our goals this season are to beat Yorktown and JEB Stuart," said Lusby. 4. Freshman Jeremy Mott and sophomore Teodros Mekuria take a break during practice after playing against each other in a challenge match. 5. Sophomore David Silverman swings at the ball. Players were able to become closer with one another due to their constant practicing. "I really enjoy playing the sport, and the people on the team are fun to be with during practices and matches," said Silverman.

SERVING *it up*



"For tennis, you need to be mentally stable and highly motivated in order to succeed."

Marcus Lusby, '13

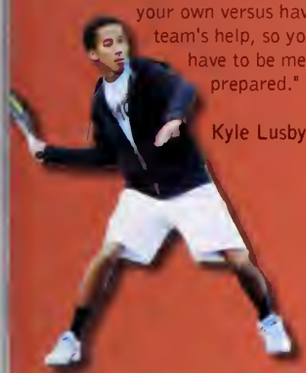


"My favorite part about tennis is that it is an individual sport. I also have a lot of friends on the team."

Alec Hudd, '14

"When you are playing in the matches, you are on your own versus having a team's help, so you have to be mentally prepared."

Kyle Lusby, '13





Varsity Boys' Tennis **Front Row:** David Silverman, Chingunbaatar Erdenebaatar, Teodros Mekuria, Shyam Krishnan, Alexandre Fall **Back Row:** Coach Russie Alexander, Jalaluddin Ahmed, Rukshan Hathotuwa, Peter Thomas, Austin LaPointe, Hussnain Ahmed, Assistant Coach Michael Eddy
Not Pictured: Kyle Lusby, Marcus Lusby, Alec Hudd, Jeremy Mott, Patrick Muggill

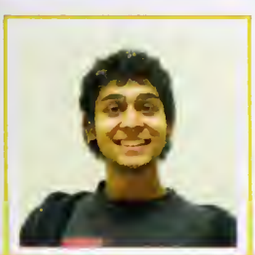




1. Freshman Jeremy Mott and sophomore Teodros Mekuria talk with Coach Russie Alexander to discuss line-ups for the upcoming match. 2. Junior Jalaluddin Ahmed hits forehand during practice. Practices were a time for players to improve their skills. "Our goals this season are to stay at the top and show a good performance," said Ahmed. 3. Senior Rukshan Hathotuwa makes a serve during a challenge match at practice. Challenge matches were a way for the coaches to determine seating for matches. "We have very committed coaches who give up their time and help us improve as a team," said Hathotuwa. 4. Freshman Patrick Muggill hits the ball to his team mates during a practice. Practices were a vital time for each player to improve skills, versus games where it really mattered.

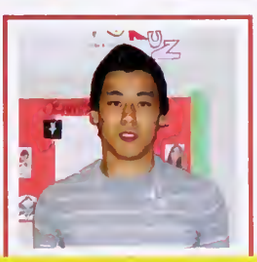






"You need to be mentally tough and be thinking on your feet."

Rukshan Hathotuwa, '11



"You need to have speed and strength in order to do well in the matches."

Chingunbaatar Erdenebaatar, '13



"You need consistency, a good serve, and a nice, strong hit."

Alexandre Fall, '14



"You need to be fast, athletic, and have good hand eye coordination."

Peter Thomas, '11

what skills do you NEED?



"The best part of being on the tennis team is the encouragement from my teammates."

Mosana Tafere, '14



"I like the dress up days, snack basket, and hanging out with other people on the team."

Madeleine Brehaut, '12



"The best part about the tennis team is all the bonding because we get to know each other really well."

Victoria Castro, '13



"The best part about being on the tennis team is getting to know the upperclassmen and developing friendships."

Rebecca Choate, '13



"The best part of being on the tennis team is going to practice because we always have a lot of fun."

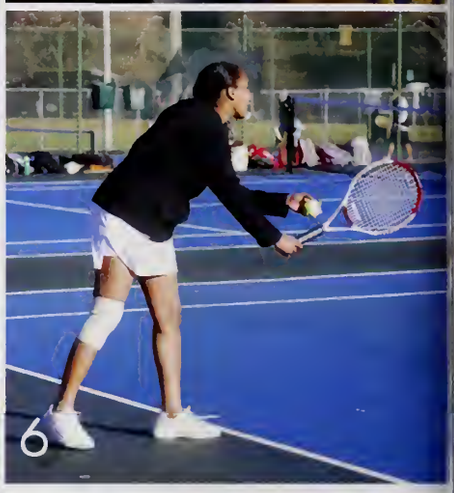
Shushan Tafere, '11

1. Sophomore Katherine Andersh serves the ball to her opponent during a match. 2. Sophomore Katherine Andersh hits a backhand returning her opponent's serve. 3. Senior Shushan Tafere serves the ball during practice. 4. Junior Kirby Clark hands balls to junior Madeleine Brehaut at the changeover during a challenge match. 5. Freshmen Cara Maisel and Belinda Vu watch matches during practice. Vu and Maisel were both novice players. 6. Freshman Mosana Tafere prepares to serve the ball to her opponent during a challenge match at practice. "In every game I play, I remember to learn from my mistakes," said Tafere. "It helps me to be a more confident player."


1

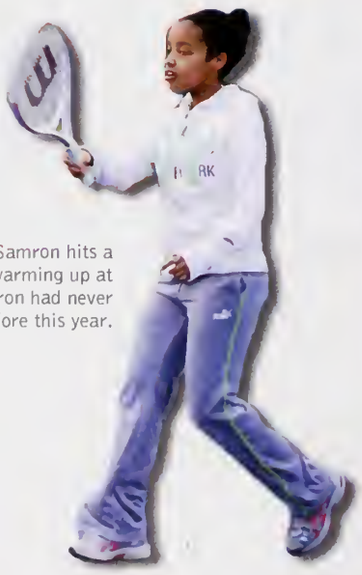

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Freshman Edna Samron hits a forehand while warming up at practice. Samron had never played tennis before this year.

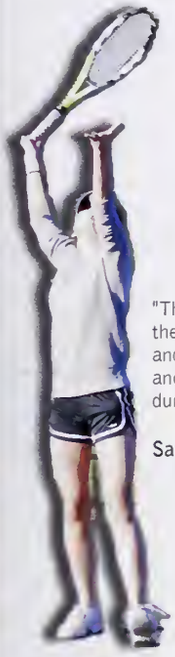


Varsity Girls' Tennis: Front Row: Belinda Vu, Kathryn Grumbles, Kirby Clark, Sara Neel, Victoria Castro, Cara Maisel, Rebecca Choate Back Row: Coach Jessica Racco, Katherine Andersh, Michele DeRieux, Madeleine Brehaut, Shushan Tafere, Erin Morris, Mosana Tafere Not Pictured: Edna Samron, Lysa Diarra

working for

GIRLS' TENNIS MAKES ADJUSTMENTS EARLY ON IN THE SEASON

THE ACE



"This year, everyone on the team is really nice and supportive of one another at practice and during matches."

Sara Neel, '11

Faced with a new coach and only five returning players, the girls' tennis team encountered many challenges before the season started. After a successful second place finish in the National District last year, the team looked to build upon that success, even with only three members of the top six returning.

At practices, the team engaged in more fitness training than last year, one of many changes brought on by new coach Jessica Racco. "The new coach is good," said sophomore Katherine Andersh. "Hopefully it pays off and makes us stronger."

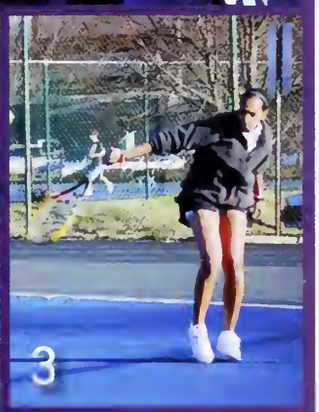
Last year's team included eight seniors, three of whom were members of the top six. Many of the returning players played doubles with members of last year's graduating class, resulting in the need for adjustments to playing style and new doubles partners.

The team turned to its new members and returning players who were not in the top six last year to put in even more effort and focus on improving in order to fill the gaps in this year's roster.

- Kirby Clark, '12











Senior Sara Neel hits the ball to her opponent. "I try to work on my shots and getting the ball over the net," said Neel. "When I play, I also try to work on adding speed to my shots."

Junior Kirby Clark hits the ball back to her opponent. Clark has been on the team for three years. "I always try to focus on one thing in matches," said Clark. "This helps me to focus on my game and play better."



1. Seniors Sonya Dagata, Hardino Marsigit, and Eileen Soiles 2. Sophomores Margot Ricks, Brian Romero, Chelsea Irizarry, and Olivia Ricks 3. Sophomores Destiny Johnson and Denitra Gaskins 4. Dae'Jah Graves, Lauren Winger, and Janel Moore 5. Freshmen Hannah Mesches, Anna Siddle, Alicia Hartz, Reafa Hossain, and Valeria Pareja 6. Juniors Mudasar Iqbal and Alexander Panagiotopoulos 7. Juniors Ariana Mazzucchelli and Alison Bentley

Freshmen Andrew Layman, Rory Heining, Aaron Patron





people

A COLORFUL LIFE

The growing school population leaves less room in the hallways during the rush between classes. However, the growth in school population has also led to increased diversity and camaraderie among students. From freshman year to senior year, people change immensely, and discover who they are and define themselves as a person, friend, and classmate. The large school population and diversity of the student body provided students with a community that allowed for self-expression and development throughout the year.

Seniors




1


2

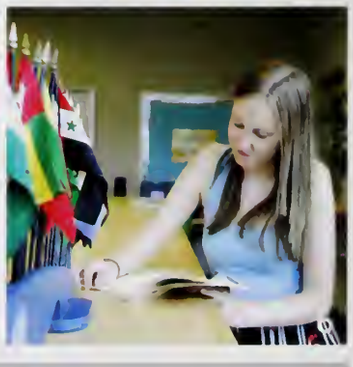


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5



Main Picture: Seniors Samantha Eakes, Kelsey Tigner, and Courtney Riley celebrate Homecoming Week. 1. Senior Dikshi Gupta uses the laptop in Environmental Systems. 2. Senior Dikshi Gupta works down low on her opener for AP Government. 3. Seniors Adrian Soutter and Michelle Smyth prepare for their Grease auditions. 4. Senior Jolieze Benjamin helps senior Mary Sanchez put on her yoga splits. 5. Seniors Jessica Langley and Kwanzaal Malone talk and have some fun in the library. Senior Holly Packer studies in the library.

"They say there's no one older than a high school senior, but no one younger than a college freshman."

-Taylor Townshend, The OC



Amanuel Abebe
"Million dollar dreams with a billion dollar work ethic."
-Amanuel Abebe



Megan Adkins-Blanch
"One day your life will flash before your eyes. Make sure it's worth watching."



Clement Aifer



Hannah Aiken
"Life is like topography. There are summits of happiness and success, flat stretches of boring routine, and valleys of frustration and failure."
-Calvin and Hobbes



Faiza Ait Ouahi



Salma Akter
"We meet to separate, and we separate to meet."



Eti Alam



Raisul Alam



Loyda Alcantara



Lana Allen



Patricia Almeyda
"Life isn't about how to survive the storm, it's about how to dance in the rain." -Taylor Swift



Karen Ampuero-Figuero



Marshall Anders
"Clothes make the man. Naked people have little or no influence on society." -Mark Twain



Sarah Anderson
"The key to faking out parents is the clammy hands. It's a little childish and stupid, but then, so is high school."
-Ferris Bueller's Day Off



Andrea Andrade

WHAT WILL YOU MISS *most about high school?*



"I'll miss the unique sense of community."



"I'll miss the ability to be a kid and not have to worry about the serious consequences in the real world. It's a sheltered community."



Jason Andrade
"Happiness is only real when shared." -*Into the Wild*



Nely Andrade



Hareth Andrade-Ayala
"Anything is possible."



Rodrigo Andrade-Caldero



Mario Arevalo-Bonilla



Dulce Argueta



Daniel Arias



Alexandra Arriaza



Amir Ashtiany
"Perfection is the goal but it never seems to happen."



Nomin Ayushbaatar
"Let's make some history and leave our trails!"



Garrett Bangsboll
"How's it going, eh? Welcome to the Great White North."
-Bob and Doug McKenzie



John Bardo



Nicole Bass



Khulan Batmunkh
"Success is sweet: the sweet if long delayed and attained through manifold struggles and defeats."
-A. Branson Alcott

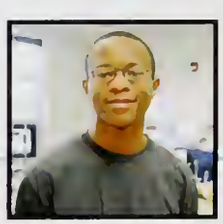


Aracely Bautista
"Life isn't about surviving the storm, it's about dancing in the rain." -Taylor Swift



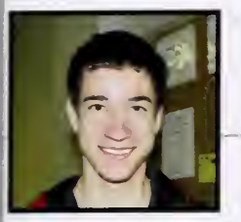
"Sociology because I've heard it's a lot of fun and it seems really interesting."

Jade Zekan, *senior*



"IB Economics because I've always been interested in Economics and haven't had the time. Learning about something relevant to society is interesting."

Andrew Bryant, *senior*



"The teachers and classmates that helped me better understand the world and grow morally and intellectually."

Benjamin Watt *senior*



"I'll miss the friends and not seeing everybody as much."

Nicholas Freed, *senior*



Jargalsaikhan Bayarsaikhan
"I'm about today, not yesterday."
-Lea Lorraine, BGC



Richard Bayliff



Elizabeth Beckwith
"My advice: don't try a falcon punch in real life, nothing happens when you catch 'em all, the cake is a lie, and it's over 9,000!"



Walter Bell
"Live life in euphoria."
-Graffiti



Ariadne Bene



Julieze Benjamin
"A setback is a setup for a comeback." -Willie Jolley



Nicole Bentley



Alexander Berlin
"One day we'll all be free and proud to be, under the same sun singing songs of freedom."
-Matisyahu Miller



Jennifer Berry
"We're the three best friends anyone could have."
-The Hangover



Malick Beye
"YURRRP!"



Imani Bigsby
"A life without dreaming is a life without meaning."
-Anonymous



Max Blackman
"Fear nothing."



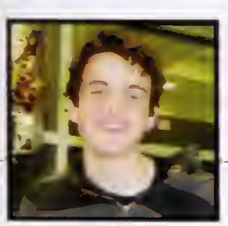
Isaac Bloom



Alexander Bogetic
"...106 miles to Chicago, we got a full tank of gas, half a pack of cigarettes, it's dark, and we're wearing sunglasses."



Uyanga Boldbaatar



"I always feel like I would have enjoyed having a class with Mr. Summers. He's a fun, engaging, and passionate individual."

Andrew Elliot, *senior*

IS THERE A CLASS

you wish you'd had?



Synthia Boudreau
"A man who dares to waste on hour of time has not discovered the value of life."
-Charles Darwin



Tiffany Bradford-Brooks
"Thousands of candles can be lit from a single candle, and the life of the candle won't be shortened. Happiness never decreases by being shared." -Buddha



Benjamin Brady
"What kind of name is Santa Claus?
-Louis Linden



Keesean Braithwaite
"Live life to the fullest."
-Ernest Hemingway



Cayden Brehaut
"I'm the king of the swingers, o, the jungle VIP. I reached the top and had to stop and that's what's bothering me." -King Louie



Ashley Brewton
"I can do all things through Christ who strengthens me."
- The Bible, *Philippians 4:13*



Jonathan Brown



Daniel Browning
"I'm not so good with the advice... can I interest you in a sarcastic comment?" -*Friends*



Andrew Bryant



Nicolas Burns



Sydney Butler
"It's all good mate."



Kelsey Butterworth
"You could improvise and be creative; you've got a lot to give and you've got a life to live. Don't put it off another minute longer."
-Brendan Benson



Jared Campa
"Just like everything else I did in high school, I put this off 'till the last minute."



Cecelia Campbell
"I reject your reality and substitute my own." -Adam Savage



Kaitlyn Campbell
"I'm sick of following my dreams. I'm just going to ask them where they're going and hook up with them later." -Mitch Hedberg



Dawson Cannon
""Well, all I'm saying is that I want to look back and say that I did the best I could while I was stuck in this place." -*Dazed and Confused*



Iliana Carballo
"There's no such thing as failure, only delayed success."



Megan Carlson
"You're given the form, but you have to write the sonnet yourself. What you say is completely up to you." -*A Wrinkle in Time*



Katherine Carten
"We are called to hold our hands upon the wounds of a broken world, to stop the bleeding."
-Donald Miller



Lillian Carter
"You're not gonna believe this, but it's a one-wheeled haystack."
-The Aristocats



Gabriel Castillo



Isaias Castro-Rivas



Siyao Chang
"It's nice to be important, but it's more important to be nice! And also, never say never!"



Bryan Chase
"Come my friend, let's put this thing together and walk the path our worn out feet have trod. If you want, we could go on forever."
-Old Crow Medicine Show



Simon Chauhan



Amina Chenini
"If you're from Africa, then why are you white?"
-Mean Girls



Lina Chhuy-Hy
"Happiness is only real when shared." -Chris McCandless



Keya Chilka



Marvin Chinchilla



Sarah Chisholm



Claudia Cisneros
"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us." -Helen Keller



Lizett Claure-Orellana



Vanessa Clayberg
"A straight line may be the shortest distance between two points, but it is by no means the most interesting." *-Doctor Who*



Benjamin Coffman
"The angels on our shoulders."



Tyler Cook
"Life is hard, never forget you can always beat it."



Torie Coppa
"A lot of 18 year olds are like old men. They think they've seen everything." -Ben Folds



Chelsea Craddock
"Smile because you deserve to!"



Lindsay Cronin
"Do not go where the path may lead; go, instead, where there is no path and leave a trail."
-Ralph Waldo Emerson





Oliver Cross
"Times like these, I'm glad I'm a turtle." -Michelangelo



John Cummins
"Why go half way?"



Sonya Dagata
"If we amplify everything, we hear nothing." -Jon Stewart



Mekdelawit Damtie
"We could never learn to be brave and patient, if there were only joy in the world."
-The Student Handbook



Kedus Daniel
"A life filled with greed and selfishness is not worth living."
-Kedus Daniel



Nhat-Quang Dao
"Make me end where I begun."
-John Donne



Kimberly Davies
"Imagination will often carry us to worlds that never were. But without it we go nowhere."
-Carl Sagan



Natalie De Leon
"I'm good but not an angel. I do sin, but I am not the devil. I am just a small girl in a big world."
-Marylin Monroe



Vanessa De Leon
"Fear is stupid. So are regrets."
-Marilyn Monroe



Joshua Deiner



Lorena Deleon



Robert Dewald
"For what we are about to see next, we must enter quietly into the realm of genius."
-Dr. Frederick Frankenstein



Jessica Diaz
"If you're lucky enough to be different, don't change to be the same." -Taylor Swift



Lawrence Dickt



David Diffee



Joseph Difilippo
"Only the humblest can enjoy terrible music."



Paulo Dorado
"We worked hard and our work is done, all the questions have been answered. Life has begun."



Bobby Drayton



Nitika Dumera
"Nobody can go back and start a new beginning, but anyone can start today and make a new ending."
-Maria Robinson



Samantha Eakes
"Don't be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetimes, is certain for those who are friends."
-Richard Bach



Benjamin Edgar
"Life is like a box of chocolates. You never know what you're gonna get." -*Forrest Gump*



Tarik El-Allame
"Never fear to admit failure; it's the only way you succeed."



Andrew Elliott
"It matters not what someone is born, but what they grow to be."
-*Harry Potter and the Goblet of Fire*



Nicolette Elm
"Don't try to fit in when you were born to stand out."



Elizabeth Englund
"Live every week like it's shark week." -*30 Rock*



Ivana Escobar
"Live as if you were to die tomorrow, learn as if you were to live forever."
-Mohandas Gandhi



Brandon Escobar Andrade
"Live for nothing or die for something." -*Rambo*



Austin Evans



Jeffrey Evans



Muhammad Fatkhi



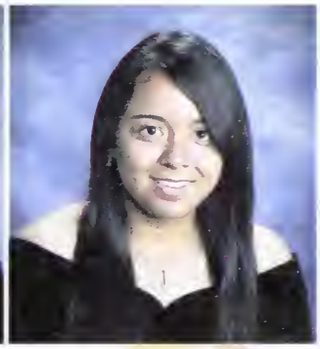
Samuel Fetene



Lonnie Fields



Rebecca Fisk
"Sometimes I've believed as many as six impossible things before breakfast." -Lewis Carroll



Brenda Flores
"Whatever you do in life will be insignificant. But it is very important that you do it."
-Mohandas Gandhi



Nory Flores
"In this bright future, you can't forget your past."
-Bob Marley



Allison Fontaine
"You live the life you're given with the storms outside, and some days all I do is watch the sky."
-*Something Corporate*



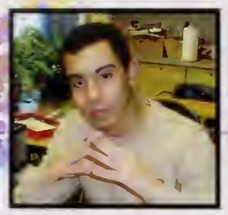
Cassandra Ford
"Success is often achieved by those who don't know that failure is inevitable." -Coco Chanel



Nicholas Freed
"It's not over 'til it's over."



WHAT WOULD BE THE TITLE *of your autobiography?*



"The Tamale: Unwrapped."

Robert Mercado, *senior*



"'Classic Menooooooosh.' But... that's an inside joke."

Katelyn Menoche, *senior*



Jeremy Friedman
"Lead me not into temptation; I can find the way myself."
-Rita Mae Brown



David Garcia



Daniela Garcia-Molina



Kaleb Gared



Dawit Gebru



Dylan Gibbs



Britta Gonzales



Brando Gonzalez



Megan Gottfried
"Stuff your sorries in a sack."
-Saul Silver



Edgar Govea



Rebecca Graham



Brandon Guarety



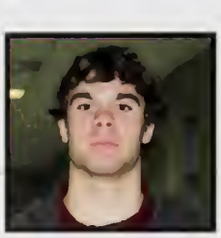
Daniel Guenther
"Take scissors to misfortune and make a pair of trousers."
-Pablo Neruda



Sean Guerra



Diksha Gupta



"I wouldn't have put off my schoolwork."

Nico Burns *senior*



"If I had the chance to go back I would probably have done more homework than I actually did."

Cheru Mengesha, *senior*



"Reckless, the story of Marshall Anders."

Marshall Anders, *senior*



"Against the Odds."

Antonella Rodriguez, *senior*



Katri Gurney



Jesse Guzman



Hana Hadzibegovic
"Life is too short for regrets so believe everything happens for a reason. If you get a chance, take it. If it changes your life, let it."



Gebar Hagos
"The moon will illuminate my room and soon I'm consumed by my doom."-Kid Cudi



Solomon Hailu



David Halliwell
"The only person stopping you from success is yourself, and I told myself to move over a long time ago." -Jarred "Keyz" Sanders



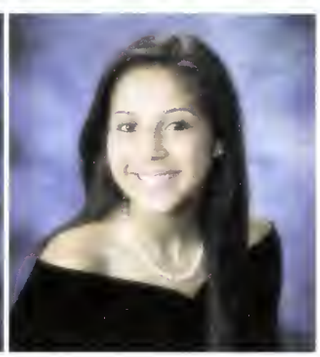
Nicholas Hallowell
"There is no dark side of the moon really. Matter of fact it's all dark."
-Pink Floyd



Kenneth Hammond



Mariah Hancock



Chaimae Haronni
"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind." -Dr. Suess



Charity Harris



Peter Hathotuwa
"Life is not measured by the number of breaths we take, but by the moments that take our breath away."



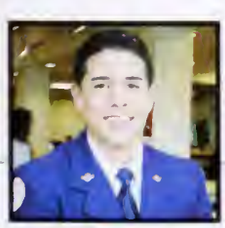
Rhyler Heining



Shahenda Helmy
"True friends stab you in the front."
-Oscar Wilde



Spencer Hemstreet
"Mista! Mista! Get me outta here!"
-Happy Gilmore



"I'd probably want to change my attitude. I think I took high school a little too seriously. I'd spend more time with friends."

Sergio Yabeta-Salamanca, *senior*

LOOKING BACK

what would you change?

WHAT TEACHER *had the greatest impact on you?*



"Mr. Grove because he made me more interested in pursuing a career in psychology."



"I've been around Mr. Robinson more than any other teacher because I've been in band all 4 years of high school."



John Heng
"Whatever happens, happens."



Jayla Henry



Iris Hernandez
"I'll always be your baby girl, Mom and Dad."



Kristel Hernandez



Charles Hilla
"Religion. It's given people hope in a world torn apart by religion."
-Jon Stewart



Tania Hines



Lillian Hoagland



Nathaniel Holsten



Keisha Horne
"Tell me that you got everything you want, and your bird can sing."
-The Beatles



Nahidul Huque



Soufan Ie



Antoine Ingram
"People are so accustomed to disguise themselves to others that, in the end, they become disguised to themselves." -Anonymous



Karina Irizarry
"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."
-Ralph Waldo Emerson



Gregory Jacks
"I don't believe in an afterlife, although I am bringing a change of underwear."
-Woody Allen



Kylah Jackson
"Better late than never, but never late is better." -Drake



"As far as I know, I'll still be going to college so I could've had a little more fun in my four years."

Jennifer Berry *senior*



"I really would've worked a little harder and not procrastinated so much."

Atiya Rehman, *senior*



"Mr. Grove because he was a serious teacher and he took control of the class really well, but at the same time he allowed us to have fun through his activities."

Brian Jaimes, *senior*



"Mr. Garcia because he has been with me for four years through LASA and has helped me become a better leader.

Britta Gonzales, *senior*



Eleanor Jacobs
"Keep your eyes on the stars and your feet on the ground.'
-Teddy Roosevelt



Brigitte Jahncke
"You can go anywhere you want if you look serious and carry a clipboard."



Brian Jaimes



Scarlet Jaldin
"All of our dreams can come true, if we have the courage to pursue them." -Walt Disney



Peter Janetos
"I suppose if we couldn't laugh at things that don't make sense, we wouldn't react to a lot of life."
-Calvin and Hobbes



Nomuun Javzmaa
"High school is done but there are more challenging things waiting for you."



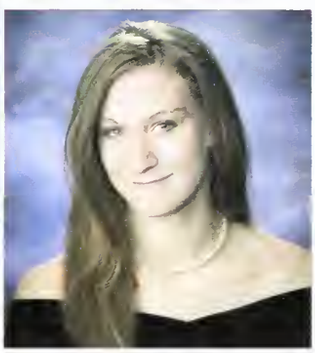
Halima Jhoti



Paul Johnson



Tony Johnson
"Don't look back and don't look down. If you keep your eyes straight, you will soon wear the success crown!"



Rebecca Jones



Alexander Kahn



Andrew Karpinski
"I don't know half of you half as well as I should like, and I like less than half of you half as well as you deserve." -Bilbo Baggins



Joshua Katz
"It is what it is."



Kristi Kem
"Let your HATERS be your MOTIVATORS."
-Katherine Ponds



Rutha Kidane
"Papa, I know you're going to be upset 'cause I was always a little girl. But you should know by now I'm not a baby." -Madonna



"I wish I balanced studying and having fun because most of my time was dedicated to school."

Scarlet Jaldin, *senior*

IN RETROSPECT, WOULD YOU RATHER

have studied more or had more fun?



Abigail Knight
"A friend is one who knows you and loves you just the same."
-Elbert Hubbard



Xavier Knox
"Cut the light out. I'm gone. Darkness." -Rhyler Heining



Hayate Kodama
" "
-John Cage



Megan Kroger
"You are braver than you believe, stronger than you seem, and smarter than you think." -*Winnie the Pooh*



Olivia Lane



Jessica Langley
"You grow up the day you have your first real laugh - at yourself."
-Ethel Barrymore



Nataly Lara
"Life should be like a deck of cards: make a mistake, shuffle the deck, and start over."
-*The Backstreet Boys*



Stephen Laredo
"Get busy livin', get busy dyin'."
-*Shawshank Redemption*



Ian Lasite-Cole



Lucas Leblanc
"There is nothing like a dream to create the future." -Victor Hugo



Han Lee
"The harder you work, the harder it is to surrender." -Vince Lombardi



Jeffrey Leon



Alexander Lindeman
"I wanted to change the world, but they won't give me the source code."



Louis Linden
"Yeah, well, you know, that's just, like, your opinion, man."
-*The Big Lebowski*



Madhavi Liyanage
"Life is built on hope, strengthened by faith, and made richer by love and friendship."



Udari Liyanage
"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." -Albert Einstein



Juan Lopez-Ibarra



Edward Lounberg



Aidan Lynch



Mumtahina Mahmud



Muntaha Mahmud



Kavanagh Malanchuk
"Tom Petty on the radio, free fallin' as we go." -*Trailer Choir*



Angela Manzano
"Everything happens for a reason. What's done is done. You have to keep moving forward and don't look back."



Gustavo Mariaca-Vaca
"Never give up on something you can't go a day without thinking about."



William Marshall
"You can't stay in your corner of the forest waiting for others to come to you. You have to go to them sometimes."
-*Winnie the Pooh*



Hardino Marsigit
"You are not a beautiful or unique snowflake. You are the same decaying, organic matter as everything else."
-*Fight Club*



Natalie Martinez
"Life is like a coin. You can spend it any way you wish, but you can only spend it once."
-Lilian Dickinson



Sandra McCartin
"It comes in black and it comes in white and I'm frightened by those who don't see it."
-*The Avett Brothers*



Ryan McConville



John McElderry
"In three words I can sum up everything I've learned about life: it goes on." -Robert Frost



Katherine McKenna
"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."
-Ralph Waldo Emerson



Ian McLennan
"Frivolous ugly chaps kayak yonder over righteous Kansas to oust William Nelson."



Lisa McNabola
"I'm sorry, if you were right, I would agree with you."
-Robin Williams



Luis Melgar-Suheiro



Cecilia Mendoza
"Life is not measured by the number of breaths we take, but by the moments that take our breath away."



Cheru Mengesha
"One good thing about music; when it hits, you feel no pain."
-Bob Marley



Kaitlynn Menoche
"A person is just about as happy as they make up their mind to be."
-Abraham Lincoln



Robert Mercado
"High school is a lot like prison: bad food, high fences; the love you want, you ain't gettin'; the love you gettin', you don't want. I've seen terrible things." -Eddie Griffin



WHAT IS YOUR *most embarrassing moment?*



"When I got to the end of musical chairs at the pep rally this year and choked even though I was cheating."



"I'm pretty sure I tripped up the stairs like once a month freshman year."



Benjamin Merlos
"My friends and I are crazy. That's the only thing that keeps us sane." -Matt Schucker



Nahom Michael
"For my next trick out of the hat, I'm pulling out the billion dollar swag."



Aaron Michalak
"Why care for grammar as long as we are good?" -Artemus Ward



Allison Mihalik
"She doesn't even go here." -*Mean Girls*



Mariamawit Mikuria
"Everything I'm not makes me everything I am." -Kanye West



Brian Miller



Kevin Miranda



Frederick Mitchell
"Well done is better than well said." -Benjamin Franklin



Richard Montes
"We must be open to all opportunities given to us and follow what we want; whether that be a passion or the impossible, we must follow it." -Richard Montes



Aris Morris
"Success is liking yourself, liking what you do, and liking how you do it." -Maya Angelou



Romel Munoz-Valencia
"When hope is lost, it will be found, not where you want it, not where you expect it... but where you need it."



Aurore Mushikiwabo



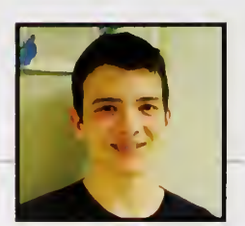
John Mutty
"If at first you don't succeed, pay someone else to do it for you." -Mark Hoppus



Sara Neel
"Authenticity is invaluable; originality is nonexistent." -Jim Jarmusch



Herani Nega



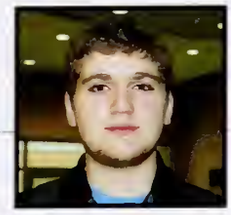
"Well, for the time I've been here, I have not once seen the entire school break out in song like on TV."

Dawson Cannon, *senior*



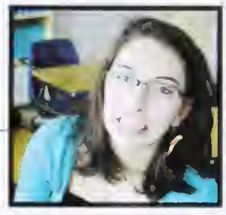
"People were more accepting than I had initially expected."

Katherine McKenna, *senior*



"Freshman year I cried on the metro."

David Diffee, *senior*



"My dress got caught on my backpack and everyone in the main hallway right after school saw my butt."

Rachel Schwartz, *senior*



Selam Negash



Christopher Nelson
"That'll do, donkey. That'll do."
-*Shrek*



Michaela Nelson
"Until you're ready to look foolish, you'll never have the possibility of being great." -Cher



Trevor Newton
"Just when I discovered the meaning of life, they changed it."
-George Carlin



Christine Nguessan
"Character is higher than intellect. A great soul will be strong to live, as well as to think."
-Ralph Waldo Emerson



Lan-Anh Nguyen
"We all make decisions, but in the end our decisions make us."



My-Anh Nguyen
"We see only what we know."
-Goethe



Ian O'hara



Rene Ochoa



Charles Ovando



Paola Pachacopa-Ferna



Manuel Palomino



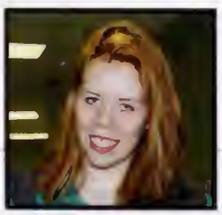
Maria Paniagua
"How can there be too many children? That is like saying there are too many flowers."
-Mother Theresa



Binita Pant



Holly Parker
"I'm just a hermit crab changing shells." -*Pineapple Express*



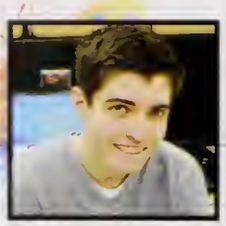
"I never expected to miss the seniors from last year so much. I was really close with some of them and now they're just gone."

Mariah Hancock *senior*

HOW WAS HIGH SCHOOL

different from what you expected?

WHAT IS YOUR FAVORITE *senior privilege?*



"Prom because I have a really fresh tuxedo I look forward to wearing."

Ryan McConville, *senior*



"Senior experience so I can earn some money before I go to college."

[illegible]



Samuel Passaglia
"Help! Help! I'm being repressed!"
-Monty Python and the Holy Grail



Joshua Patecell
"The greatest of faults, i should say, is to be conscious of none."
-Thomas Carlyle



Peter Patrianakos



Sabrina Patwary
"Live in the present, and make it so beautiful that it will be worth remembering." -Ida Scott Taylor



Matthew Pearson-Beck
"No obstacle is too big, no mountain is too high, no volcano is too hot, and no Atlantis is too underwater or fictional."
-Zach Anner



Timothy Peel Jr.
"You've seen it all! You've heard it all! And you're still asking questions?"
-The Road Warrior



Maria Penado
"Moving on is simple. It's what we leave behind that's hard."
-Unknown



Teodora Peneva



Sandra Peralta
"The word is a lamp unto my feet, and light unto my path."
-The Bible, *Psalm 119:105*



Andrew Perrow
"And we're the three best friends that anybody could have."
-The Hangover



Kathryn Perry
Do not fear death, but the unlived life; you don't have to live forever, you just have to live."
-Tuck Everlasting



Sonia Phene
"A push can get you through many things in life. A door marked 'pull' is not one of them."



Ann Plotkin
"Weeeow."
-Jason Penopolis



Katherine Ponds
"I'm going rogue!"
-Sarah Palin



Genesis Portugal-Sanchez
"To live you must take leave of your sanity, and yet be fully responsible for your actions."
-Gnarles Barkley



"Finishing up my college applications because the acceptance letters can truly determine your future."

Imane Zirari, *senior*



"The IB program. I didn't think I could make a 45 min presentation about a passage or write a 4,000 word essay, but I did."

Lan-Anh Nguyen, *senior*



"Definitely going off campus for lunch!"

Christian Rodriguez *senior*



"I've been getting a lot of help for my serious case of senioritis."

Kaitlyn Campbell, *senior*



Nathan Prange



Laura Prawius



Grace Prentice



Catherine Pricone



Molly Ramey
"Things will always work out if you just do whatever you want without thinking about the consequences."
-Peter Griffin



Diana Ramirez
"Memory is a way of holding onto things you love, the things you are, the things you never want to lose."
-The Wonder Years



Yesenia Ramirez



Spencer Reavis
"Don't tell me the sky is the limit when there are footprints on the moon." -Brandt Paul



Atiya Rehman
"It's a magical world. Hobbes ol' buddy. Let's go exploring."
-Calvin & Hobbes



Jesly Reyes
"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."



Juan Reyes



Rachael Rich
"And we're the three best friends that anybody could have."
-The Hangover



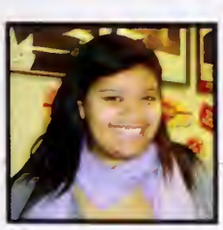
Keith Ricks
"Confidence is a stain they can't wipe off." -Lil' Wayne



Courtney Riley
"Our greatest glory is not in never falling, but in getting up every time we do." -Confucious



Megan Rippy
"Pain is inevitable; suffering is optional."



"I think my biggest achievement would be getting the best grades I can and deciding what I want to do in college."

Nataly Lara, *senior*

WHAT HAS BEEN YOUR

greatest achievement in high school?



Brendan Ritter



Karla Rivas
"Three things we all need in life...Patience, passion, perseverance...Pa' Alante pa' ariba porque no ahi mas na!" -Pitbull



Catherine Roca



Christian Rodriguez



Antonella Rodriguez-Cossi
"The size of your success is measured by the strength of your desire, the size of your dream, and how you handle disappointment along the way." -Robert Kiyosaki



Alina Rojas-Terceros



Alan Rowlett



Christine Rumpf



Samantha Sachs



Alexander Salguero



Vichit Samountry
"Nothing is so strong as gentleness and nothing is so gentle as real strength." -Ralph Waldo Emerson



Mary Sanchez
"Don't focus on anyone but yourself. Do you and I'll do me."



Faris Sanjakdar
"There's no such thing as an ordinary cat."
-Fortune Cookie



Rainier Santa Ana



Gretchen Schroeder
"He not busy being born is busy dying." -Bob Dylan



Rachel Schwartz
"Is you geeked up?" -Gucci Mane



Gregory Seals
"If you can read, thank a teacher. If you can read English, thank a U.S. Marine."



Aida Sebhat
"I'm illegal I don't pay tax tax, EMA yes I'm claiming that that. Police I try to avoid them, dey catch me hustling they say deport them."



Christopher Seipp
"You know that one scene in the Wizard of Oz, when the flying monkeys pull apart the scarecrow? That's what W-L felt like."
-Chris Seipp



Julian Semprebon
If you don't get it, you don't get it."
-The Washington Post



Emilia Sens
"It is easy to be brave from a safe distance."-Aesop



Amy Severs



Parita Shah
"Modesty is my best quality."



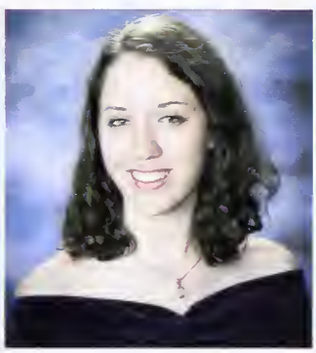
Arati Sharma



Margaret Siddle
"I swim for brighter days despite the absence of the sun."
-Andrew McMahon



Jhasmira Siles



Stella Sklar
"There is a bit of insanity in dancing that does everybody a great deal of good."
-Edwin Denby



Michelle Smyth
"Devour those who oppose you."
-Parita Shah



Eileen Soiles
"Eagles may soar in the clouds, but weasels never get sucked into jet engines." -Jason Hutchison



Monique Spain



Isha Srivastava



Kurt Stevens
"I feel insane, every single time, I'm asked to compromise, 'cause I'm afraid and stuck in my ways and that's the way it stays."
-Avenged Sevenfold



Lucas Stewart



Veronica Stokes
"You are a lover. Borrow cupid's wings and soar with them above a common bound."
-William Shakespeare



Harrison Streeter



Kiara Taveras



Anthony Taylor
"Reject all hatred without hating."



Kenya Teng



WHAT IS YOUR *definition of success?*



"I would say being happy with the things you own, both tangible and intangible items."



"Beating everyone and everything standing between me and the goals I want to achieve."



Clare Terpstra
"You're tacky and I hate you."
-School of Rock



Michael Tesfaldet



Peter Thomas



Kelsey Tigner
"Life is the very opposite of death, and therefore you must at very least think noisy and colorfully, or you're not alive." -Mel Brooks



Jessie Togan



Luis Torres-Franco
"You probably get this a lot, but, did Caesar live here?"
-The Hangover



Kevin Torrico
"If only time depended on us."



Hiep Tran
"My loved ones will always be close to me like their names are tatted to my heart."



Lindsey Treweek
"Quit, don't quit? Noodles, don't noodles? You are too concerned about what was and what will be."
-Kung Fu Panda



Diego Trucios-Vera



Hadiya Truesdale



Kibret Tsige



Bilguunzaya Tumurbaatar
"You only live once, but if you do it right, once is enough."



Enisa Turko
"I know where I'm going and I know the truth, and I don't have to be what you want me to be. I'm free to be what I want."
-Muhammad Ali



Trevor Turner
"One day's exposure to mountains is better than a cartload of books."
-John Muir



"The way you handle choices in high school is to make decisions that you think will make you happy when you look back at the end of your four years."

Sonia Phene, *senior*



"Junior year is most important and you should get your best grades and take important classes."

Michelle Smyth, *senior*



"I think completing whatever goals you have, whether it is goals for the year, or getting closer to life goals, is success."

Max Blackman, *senior*



"Success is being happy with how things turn out."

Patricia Almeyda, *senior*



Abele Tuwafie



Scott Underriner
"The measure of an individual can be difficult to discern by actions alone." -Thane Krios



Berenice Urrutia-Gomero
"The best things in life are left unseen; that's why we close our eyes when we kiss, cry, and dream." -Unknown



Javkhlantuya Vaanjilnorov
"Sometimes I believed in as many as six impossible things before breakfast."
-Alice in Wonderland



Tessa Van Grack
"It's find of fun to do the impossible." -Walt Disney



Peter Vernia



Andres Viruez-Guzman
"Nice guys finish last."



Charles Vitale
"Don't halt at red octagons. You can't stop me." *-SG^2*



Brandon Wagstaff
"Every day has limitless possibilities."



Shengyuan Wang



Dylan Warburg
"Those not busy being born are busy dying." -Bob Dylan



Daniel Weiner
"The greatest mistake you can make in life is to be continually fearing that you will make one."
-Elbert Hubbard



Abigail Whitmore
"I'm glad we had the times together just to laugh and sing a song. Seems like we just got started and then before you know it, the times we had together were gone." -Dr. Suess



Bethany Williams
"Has it ever occurred to you that maybe you're not too big? That maybe this place is just too small?"
-Big Fish



Jamala Williams
"Life is like a box of chocolates. You never know what you're gonna get." *-Forrest Gump*



"Make sure you keep your grades up freshman year because it will come back to haunt you when you are filling out college applications."

John Mutty, *senior*

WHAT ADVICE DO YOU *wish you had?*



Matthew Wilson



Aliya Winker



Jazmin Woodson
"Go home or go big.:



Keaira Wortham
"Never revolve your life around pleasing others; someone's bound to be unhappy. Live for your happiness, not others."



Caleb Wroblewski
"To go wrong in one's own way is better than to go right in someone else's." -Fyodor Dostoevsky



Sergio Yabeta-Salamanc



Zachary Yancey



Benjamin Yatt
"You can't kill time without harming eternity."
-Annie Dillard



Nathaniel Young
"You make that block, and that's c.i.x.!" -Joshua Shapiro



Gabriel Yudken
"When it's dark, and when it's cold, the moon mesmerizes ya." -*Dead*



Michael Yuhas



Jose Zavala
"God won't take you through what you can't handle."



Jade Zekan
"Chaos is a friend of mine."
-Bob Dylan



Julia Zewede
"If I'd observed all the rules, I'd never have gotten anywhere."
-Marilyn Monroc



Ryan Zielinski
"Let me pop a quick 'H' on this box; this way we all know it's filled with hornets." -Charlie Kelly

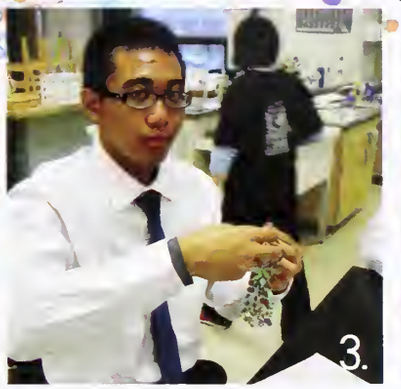


Imane Zirari
"Every song has an ending, but is that any reason not to enjoy the music?"

Senior candids


1.


2.

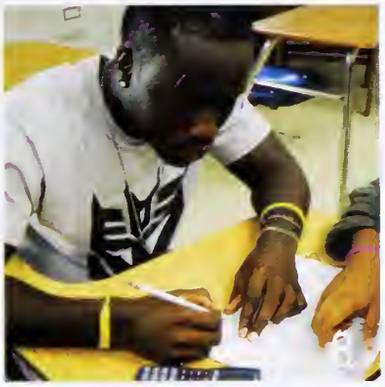

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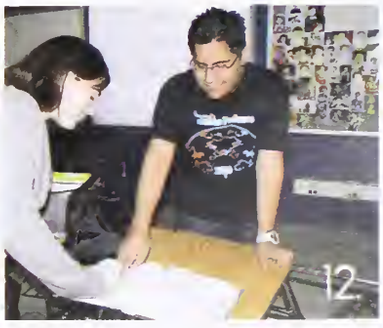

7.




9.


10.


11.


12.

1. Seniors Bobby Drayton, Veronica Stokes, and Christopher Nelson 2. An IB Topics clase takes a stroll in the courtyard. 3. Senior Hardino Marsigit 4. Seniors Mariah Hancock and Hannah Aiken 5. Senior Shahenda Helmy 6. Senior Javkhlantuya Vaanjilnorov 7. Seniors Trevor Turner and Caleb Wroblewski 8. Soufan Ie 9. Senior Kaitlynn Menoche 10. Seniors going off to lunch 11. Seniors Molly Ramey and Jessica Langley 12. Seniors Allison Fontaine and Rene Ochoa



Michelle Smyth
&
Julian Semprebon

WORST CASE OF SENIORITIS



Kenny Hammond
&
Saikhnaa Bayarsaikhan

MOST LIKELY TO SHOW UP AT THE WRONG REUNION



Trevor Turner
&
Hannah Aiken

CLASS SWEETHEARTS



Samuel Passaglia
&
Eleanor Jacobs

"I'M NEVER WRONG"



Molly Ramey
&
Bryan Chase

MOST RECOGNIZABLE LAUGH



Tim Peel
&
Tania Hines

WORST DRIVER

SENIOR superlatives



Enisa Turko & Jack Bardo

MOST LIKELY TO BE ON A REALITY TV SHOW



Max Blackman & Lan-Anh Nguyen

BEST TO BRING HOME TO MOM AND DAD



Khulan Batmunkh & Keesean Braithwaite

BEST DRESSED



Ann Plotkin & Alexander Berlin

BEST HAIR



Imani Bigsby & Tarik El-Allamo

BEST SWAG



Veronica Stokes & Alexander Bogetic

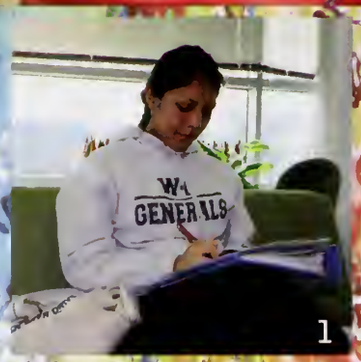
KID AT HEART


HOME OF T


ENERALS
class of 2011

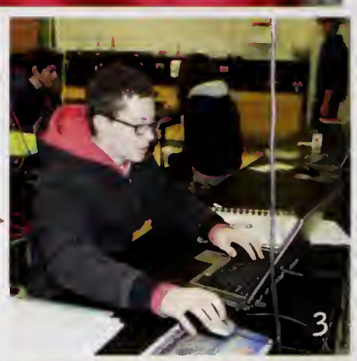
Juniors





1


2


3


4


5


6

1. Junior Nataly Montano studies in the library during lunch. 2. Juniors Martin Debarrie, Cuong Tu and Enkhbaatar study together and socialize. 3. Junior Elio Somers uses his laptop in Environmental Systems. 4. Juniors Danielle Logan, Elio Co Hattes, Carly Anders hang out over the weekend. 5. Junior Vasthy Delgado studies in the counseling office. 6. Junior Cristian Urbina works on a project in the library after school.

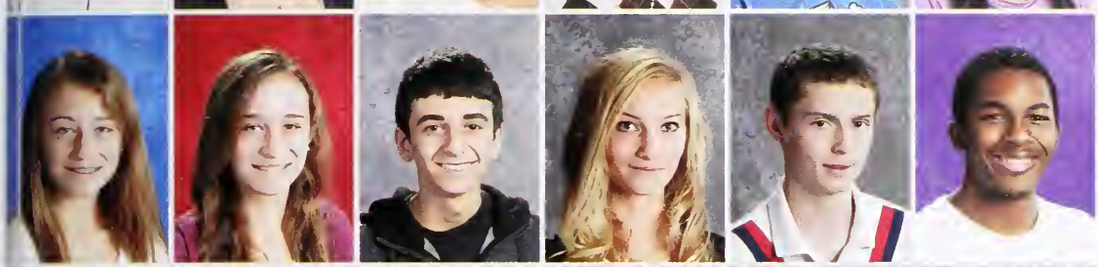
"Minds are like parachutes. They only function when they are open."
-Thomas Diwar



Cory Adams
Jasmine Adams
Savaughn Adams
Elmer Aguirre-Vides
Manish Ahir
Fareen Ahmed



Jalaluddin Ahmed
Dayana Alarcon-Aldunate
Liliana Alcantara-Pfaff
Luis Aliaga-Salas
Aleta Allen
Angie Alvarez Quinde



Helen Amend
Isabel Amend
Waiel Amer
Carly Anders
Clarke Anderson
Myiam Anderson



Noah Anderson
Susana Andrade Sagastizado
Faris Anwar
Steffany Aranibar-Gallinate
Jordan Armstrong
Ming Au



Mayank Awasthi
Salam Aziz
Hayes Baker
Emma Banchoff
Kelvyn Barraza
Gabriela Barrios-Orozco



Daphne Bascope
Enkhjin Batbaatar Munkhtumur Bayarmagnai
Rediet Bayou
Tequila Beatty
John Beckman

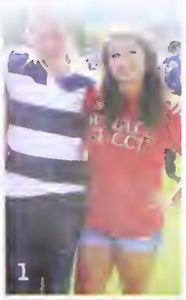


Abigail Belai
Manuel Benites
Jose Benitez
Anne Bennett
Alison Bentley
Alexander Beranek



Mara Berkland
Nicole Bernardo
Jessica Berrios
Carly Blancato
Jennifer Bonilla
Catherine Boryan

1. aleigh Mills and Hannah Friedman 2. Junior Patricia Carmody 3. Junior Annette Franchi and Sophomore Heather Banikas. 4. Amy Sikhammountry 5. Kathryn Wirtz and Leah Crangle











juniors

Audrey Bowler
Taylor Brandt
Madeleine Brehaut
Julie Brooks
Samantha Brothers
Matthew Brower

Carl Buergler
Brendan Busey
Giulia Cajati
Claudelle Calfat
Brooke Campbell
Brando Campos

Frances Canavan
Phillip Cantrell
Marcus Cantu
Joselin Carballo
Patricia Carmody
Jaqueline Cartmell

Mariana Castellon
Stephen Cerqueira
Arnold Cespedes
Sarah Chase-Walsh
Anthony Chi
Samiha Choudhury

Jared Churbuck
Kirby Clark
Edwards Claure-Siles
Brandon Clayton
Marsharika Coleman
Elio Collantes

Emily Cook
Paula Cooke
Geonangel Cordova-Villarreal
Brendan Craig
Joseph Crandall
Leah Crangle

Ronnell Crossland
Lesly Cruz-Guzman
Austin Dalton
Michael Damtie
Erin Daniell
Sarah Danik

Joanna De La Via
Martin Debraine
Jared Deiner
Rolando Deleon
Blair Delery
Essence Delgado


1


2




4


5

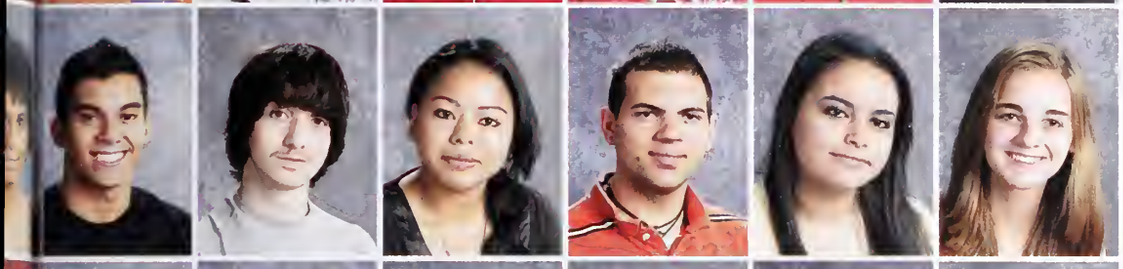
1. Rachel Wimmer 2. Cuong Tu and Christopher Lim 3.Madeline Hay and Noah Pilcher 4. Jara Rogers-Benchoam and Jesmine Robert-Torez
5. Junior Joanna De La Via



Amirah Delwin
Jonathan Diethorn
Julius Dinkins
Thien-Y Doan
Karaca Dokuzcan
Lamika Donbar



Delonte Drumgold
Matthew Duboski
Andrew Dudka
Christopher Ebiasah
Terrence Ellis
Nominjin Enkhee



Zakaria Ennijm
Eric Escobar
Karen Esteban-Arana
Tyler Evans
Rima Ezzirati
Alice Farrell



Erick Ferrel Gonzales
Jesse Ferrell
Gary Ferrufino
Luke Fichter
Yamil Flores-Gonzalez
Thomas Fontaine



Erin Fox
Abigail Fram
Annette Franchi
Hallie Freeman
Hannah Friedman
Laurie Gagne



Yarikza Galeas-Maldonado
Milagros Gamboa
Temuujin Ganbaatar
Carina Garcia
Ricardo Garcia-Falcon
Biniam Gared



James Garner
Betieal Ghebrekrstos
Matthew Gomez
Tony Gomez
Alex Gomonai
Adrianna Gorsky



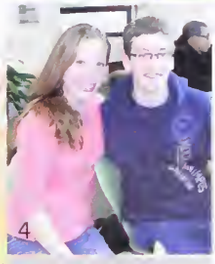
Tessa Gorte
Ashley Granados
William Granados
Olivia Green
Jose Grijalva
Elsa Gunnarsdottir

1. Camille Uzel and Nicole Nicholas 2. Yassir Ortiz-Guerra 3. The junior class at the fall pep rally. 4. Audrey Bowler and Peter Hazel 5. Simona Sharma and Monika Hossain











juniors

Emily Gursky
Sergio Guzman-Nemtala
Roberto Guzman-Villarroel
Abir Haronni
Turner Harris
Emily Harrison

Alys Harshbarger
Jamilla Harvey
Madeline Hay
Peter Hazel
Matthew Healey
Andrew Heinzman



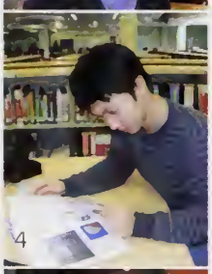
Noe Hernandez
Jasmine Herndon
Armando Herrera
Levi Herrera
Matthew Hines
Jordan Hinkson



Matthew Hirsch
Brianna Hogan
Zachary Holland
Chynna Holmes
Laura Holsten
Lauren Hummell



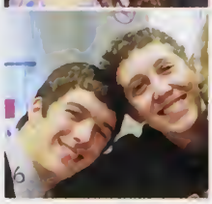
Arman Hussain
An Huynh
Manfred Illanes-Miranda
Charle ' Ingram
Mudasar Iqbal
Francois Jaffres



Emily Janson
Timothy Jenkins
Paula Jimenez
Alejandra Jimenez-Jaramillo
Meagan Johnson
Biru Jones



Brittany Jones
Dinar Kebede
Teneasha Keels
Elijah Kennedy
Myagmarsuren Khaadan
Brendan Killalea



1. Casey Moran and Annette Franchi 2. Enkhjin Batbaatar and Nominjin Enkee 3. Stephen Cerqueira 4. Jimmy Vu 5. Petra Nichols and Claire Rogers 6. Carl Buergler and Evan Seklecki

Brendan Kiviat
Benjamin Klingelhofer
Alexander Kopenhaver
Jordan Kruger
Hind Lakrouchni
Julie Lang



Connor Lay
Karen Layton Trujillo
Daniel Lazo
Karen Lazo
Tina Le
Mary Lefande

Rahkia Legrand
Robin Leiter
Gregory Lemek
Chnstopher Lent
Rediet Ligaba
Christopher Lim

Sean Liu
Morgan Livezey
Danielle Logan
Joshua Lokke-Seunarine
Manon Loustaunau
David Lugo

Jillian Luoma-Overstreet
Jacob Lustig
Shane Macnamara
Daniel Maco Reed
Sean Magner
Mona Mahmoud

Tania Majano-Benitez
Francis Malone
Humberto Mamani-Baldelomar
Macon Mann
Jacquelin Marquez
Gabriel Marquez-Torrico

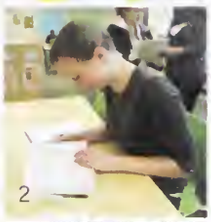
Emily Mathae
Zhane Matos
Ariana Mazzucchelli
Sayo McCowin
Jackson McDonough
Kassidy McElheney

Mallory McKenzie
Ciara McManus
Jewel McNeil
Lula Mehari
Jonathan Mejia
Jessica Merida

Raleigh Mills
Shiva Minovi
Alexandra Mitchell
Marzan Mitu
Lauren Montana
Fernando Montano

1. Erin Fox and Madeleine Brehaut 2. Jillian Louma-Overstreet 3. Emily Cook and John Beckman 4. Maheen Shahid 5. Randall O'Malley and James Wanda 6. Lelia Troiano, Blair Delery, Erin Daniell, Leah Crangle, Elio Collantes, and Kassidy McElheny













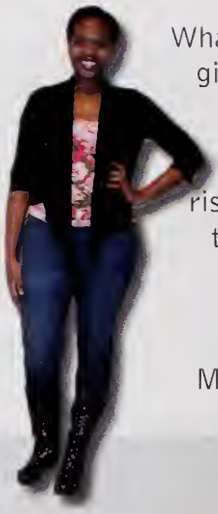
juniors



What are you looking forward to most senior year?

"I am looking forward the fun activities that seniors get to participate in as well as to applying to colleges and planning my future."

Bazargur Sukhbaata, '12

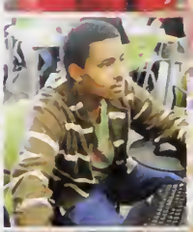


What advice would you give rising juniors?

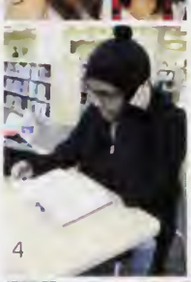
"Some advice for rising juniors would b to stay focused and maintain a good GPA."

Martina Usanase, '12









4



5



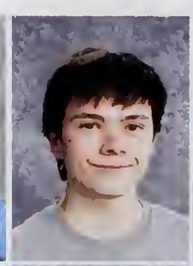
6

1. Jordan Kruger and Catherine Boryan 2. Robel Teklu 3. Adriana Thornton and Hagar Sanjakdar 4. Elaine Negasi 5. Mathew Hirsch and Nicole Nicholas 6. Brendan Kiviat, Sarah Chase-Walsh, and Joren Manuel

Nataly Montano-Vargas
Melina Mora
Juan Morales
Bereket Mulatu
Daniel Mulrow
Farhan Naseer








Elaine Negasi
Lassallete Newton
Jenie Nguyen
Long Nguyen
Nicole Nicholas
Petra Nichols








Troy Nickens
Caitlin O'connor
Mary O'connor
Ashley O'Donnell-Davis
Caitlin O'grady
Alan Ochoa-Barajas








Rony Ordonez-Guinea
Karla Ortega
Yassir Ortiz-Guerra
Smail Oukhouya
David Palmer
Alexander Panagiotopoulos








Akarsh Patar
Niti Paudyal
Reina Perdomo-Lemus
Noah Pilchen
Ethan Pilot
Heather Pion








Barbara Pitcher
Justin Pollard
Jhoxelin Portillo
Suwarna Poudel
Edward Powell
Alexander Quach




What was the most memorable thing about junior year?

The most memorable hing about my junior year was that our football team beat 'orktown for the first time in 28 years!"

Jared Deiner '12



What was the biggest challenge of junior year?

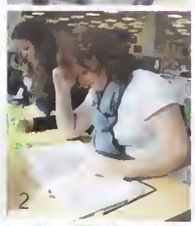
"The hardest part about junior year was balancing work from all of my classes."

Rediet Bayou, '12

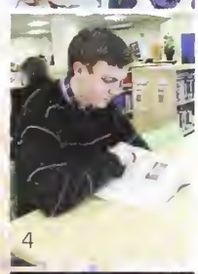


1. Brooke Campbell, Jordan Ricker, and Thomas Fontaine 2. Kayla Schoomaker 3. Christopher Stephanson and Taylor Brandt 4. Gregory Lemek 5. Claudelle Calfat and Elizabeth Warren 6. Jasmine Herndon and Manon Loustaunau











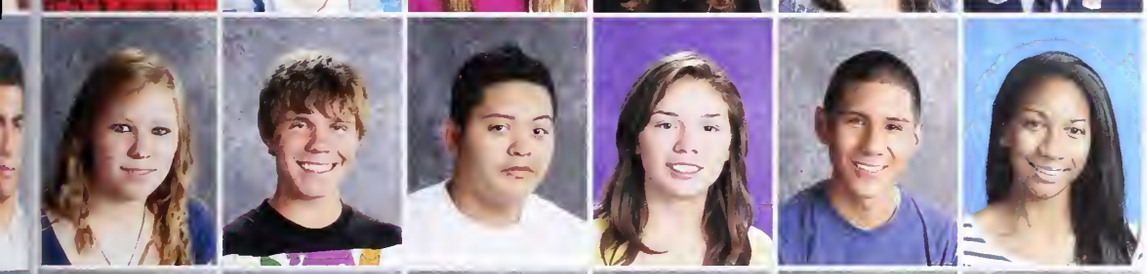




Fernando Quintero
David Rafky
Arifur Rahman
Byron Ramirez
Jeanine Ramirez
Liliana Ramirez



Ismael Ramirez-Jaramillo
Jose Ramos
Meredith Randle
Cassandra Rennie
Renee Reyes-Catalan
Khaled Reza



Delia Ricker
Jordan Ricker
Brumel Rios
Brooke Rippy
Paolo Rivera
Jesmine Robert-Torez



Ana Robles
Claire Rogers
Iara Rogers-Benchoam
Karina Rojas
Muhannad Romeo
Karla Romero



Edgar Sabalu-Chumo
Rigoberto Salguero
Mustafa Salman
Darryl Sampson
Olga Sangl
Hagar Sanjakdar



Samira Sanwar
Seddhamanika Sarik
Eric Schmidt
Kayla Schoomaker
James Scott
Morgen Scott

juniors

Evan Seklecki
Amanuel Semeaneh
Nicholas Serene
Maheen Shahid
Simonia Sharma
Natalie Shearin

Amy Sikhammountry
Harmandeep Singh
Omar Small
Charles Smith
Genesis Solano
Henok Solomon

Eliot Somers
Cristian Sorto
Rosa Soto
Casimira Stempniewicz
Shaun Stewart
Dominique Stocks

Bazargur Sukhbaatar
Hannah Swan
Waseef Syed
Colette Talbot
Melate Tamerat
Evan Taylor

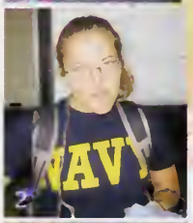
Madison Taylor
Paige Taylor
Robel Teklu
Cindy Thai
Trevor Thompson
Adriana Thornton

Janae Tillery
Imani Tinter
Emily Titus
Jorge Torrez
Sjocelin Traverso
Lelia Troiano

Nina Troy
Cuong Tu
Martina Usanase
Camille Uzel
Karen Vallejos
Katarina Vandish

Kevin Vargas
Jose Vasquez
Tanya Velasquez
Stefany Viruez-Guzman
Jimmy Vu
Emily Walker


1


2


3


4


5

1. Blair Delery 2. Meredith Randle 3. Hagar Sanjakdar and Nataly Montano-Vargas 4. Ming Au 5. Evan Seklecki, Jessica Whelan, Abigail Fram, and Levi Herrera



Qashab Wall
Naomi Waltengus
James Wanda
Emaline Wantrobski
Elizabeth Warren
Emily Watson

Olivia Weltz
Jessica Whelan
Gail Williams
Anthony Willis
Rachel Wimmer
Joseph Windheim

Kathryn Wirtz
Hudson Worden
Laura Yauger
Lauren Zahn
Vanessa Zambrano
Juan Zurita

autographs



1. Anne Bennett 2. Martin Debraine and Biru Jones 3. Raleigh Mills and Allison Bentley 4. Madeleine Brehaut 5. Erin Daniell and Kassidy McElheney

Sophomores



Brittany Bradford, Gisele Sanchez, and Kiara Ja





2



3



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6

1. Abigail Bessler Elaine Khuu, and Ariel Bobbett eat at Red Mango in Clarendon. 2. Franklin Sar Miguel and Sadig Mohamed Ali work in the computer lab during class. 3. Gladys Castellon stands behind a table at the Holiday Bazaar. 4. James Tate reads a book in the library. 5. Temujin Ider and James Infantino walk into the homecoming dance. 6. Destiny Boyd and Prem Singh show their spirit at the pep rally.

"There is no happiness except in the realization that we have accomplished something."
-Henry Ford

Jawad Abdi
Hussnain Ahmed
Colleen Aiken
Nabila Akbar
Amy Alaween
Jonas Albro

Patricia Alcala-Velasco
Basil Ali
Awa Alizadeh
Bryan Almeyda
Andrew Alvarado
Jorge Alvarado-Calderon

Esli Alvarez Boteo
Paolo Alvarez-Pedraza
Bazin Amaha
Anudari Amartuvshin
Gabriel Amram
Elizabeth Andarge

Cassidy Anders
Katherine Andersh
Joshua Anderson
Hossain Anufa
Melissa Arevalo
Charles Argon

Keiry Argueta-Jarquin
Kylie Auble
Andrew Auchter
Khusboo Azim
Samudyuti Baidya
Luisa Banchoff

Heather Banikas
Christopher Bardo
Margaret Barry
Alpana Barua
Undram Bat-Ulzii
Nomundari Batbold

Temuge Batzaya
Idergun Bayanmunkh
Khaliunaa Bayaraa
Jimmy Begazo
Khodeza Begum
Gilmer Benitez-Hernandez

Sara Benitez-Hernandez
Abigail Bessler
Hayley Bezanson
Zackary Biggs
Muhammad Bilal
Nia Black

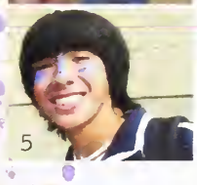
1. Alexis Sison-Postma and Rourke Donahue 2. Jasmin Vargas 3. Sabrina Sherali and Tuul Erdenebold 4. Cassidy Anders and Mary Dewald 5. John Malvar


1


2


3


4


5

sophomores



Who was your favorite teacher this year?

"My favorite teacher was Mr. Vogel because he's such a free spirited person and keeps an open about all of his student's opinions."
Leah Solomon



What would you chan about this year?

"I would have studie more for my math midterm."
Eric Witiw









1. Morgan Burns 2. Juliana Butler and Natalie Hewitt 3. A group of sophomore girls dress up for spirit week. 4. Douglas Diffee and Alex Coppa

Kellen Blake
Francisco Blanco Garcia
Ariel Bobbett
Beth Bodner
Michael Bonilla
Micheria Boniswa



Dominic Boone
Nicholas Bornbusch
Abigail Boshart
Alycia Bouchard
Kyla Bouldin
Sara Bourdouane



Destiny Boyd
Jasmine Briley
Devon Brown
Brayan Buendia Orellana
Maggie Burgos
Carol Burka



Morgan Burns
Juliana Butler
Khemmapat Butthep
Tuvshinbayar Buyandelger
Jessica Cabel
Jeidi Cabrera-Garcia



Rabia Cakar
Gladys Castellon
Brandie Cavazos
Juwan Cephas
Daniela Cervantes-Camacho
Lindsay Chamness



Rachael Chase
Kelly Chevez
Rafa Chowdhury
Ratila Chowdhury
Mary Lynn Clark
Karina Claure-Orellana



What was your favorite class this year?

"Ms. Root's AP Government class because she knows so much and I love the daily seminars even if the material is a little challenging."
Benjamin Hyde



What do you like better about sophomore year?

"I like sophomore year because its a lot more independent and you know more people from last year."
Emilia Corea













1. Ariana Urcia, Devon Brown, and Nicole Collantes 2. Samantha Studer 3. Alycia Bouchard and Maggie Burgos 4. Nicolas Suarez 5. Josie Twomey



Devon Clay
Dewan Clay
Alexander Clegg
Ashley Coleson
Nicole Collantes
Henry Conklin

Jo Claire Constantz
Kyle Conway
Katrina Cook
Emma Cooper
Alex Coppa
Emilia Corea

Kevin Corneby
Kyle Cornish
Sebastian Coupe
William Cowen
Meghan Craig
Dakota Crawford

Jeremy Crawford
Emma Cregan
Pilar Curtis
Olivia Czerewko
Elijah Davenport
Jean-Marc Daviau-Williams

Osman Deleon
Andres Dell'Agostino
Matthew Delli Priscoli
Sophia Delmar
Mary Dewald
Douglas Diffee

Jon Dixon
Elizabeth Dodson
Henry Doll
Rourke Donahue
Arnel Dorado
Denesha Drigo

sophomores

Benjamin Drucker
Raymond Dulman
Hugh Durbin
Sarah Echols
Rachel Edgar
David Ellis

Ochbayar Enkhbat
William Ennis
Joseph Enright
Alemayehu Enyew
Hiruy Ephrem
Chingunbaatar Erdenebaatar

Tuul Erdenebold
Susie Estrada
Diana Estrella
Thomas Faris
Kirubel Fessesework
Mary Fil

Zaira Flores
Thomas Fravel
Sebastian Friberg
Paul Frondorf
Dora Fuentes
Kevin Gamez

Baterdene Ganbaatar
Saul Garcia
Miguel Garcia-Merida
Martha Gebru
Leonardo Godinez-Melendez
Emily Goldman

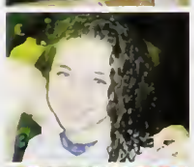
Karen Gonzalez-Najera
Sarah Goodman
Darius Gray
Ja'rel Green
Elizabeth Grossmann
Miguel Guevara

Garrett Gustafson
Cristian Gutierrez
Ashley Hadley
Ian Hall
Amir Hamza
Danielle Harris

Mora-Devi Hav
Brittany Hayes
Nathan Heinzman
Edis Hernandez
Luz Hernandez
Natalie Hewitt


1


2




4


5

1. Rebecca Namm 2. Mr. Warren Gillus and Meghan Craig 3. Deborah Wroblewski 4. Jawal Abdi 5. Caroline Quinn and Katrina Cook



Daniel Hilla
Christina Hogan
Sonia Holar
Darnicha Hopwood
Hossain Hossain
Monika Hossain



Riley Hothem
Jasmyn Howard
David Huaman
Joshua Hueston
Michael Hughes
Madeleine Humm



Sarah Humphries
Han-Anthony Huynh
Benjamin Hyde
Sudipta Hyder
Oscar Ibarra
Temujin Ider



Romina Illanes
James Infantino
Chelsea Irizarry
Ayesha Ishaq
Victor Jacoby
Mary Jaeger



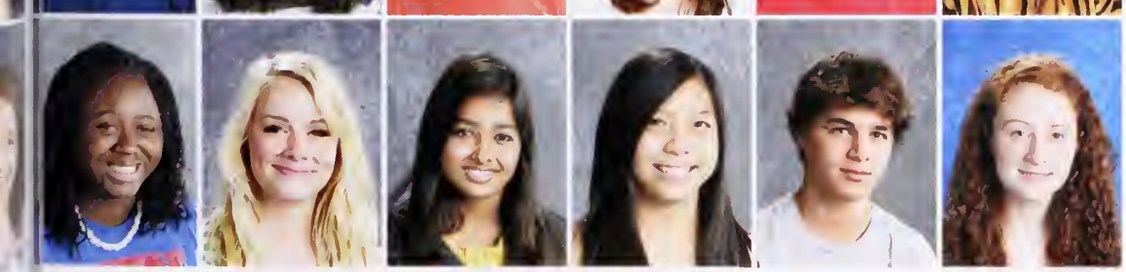
Juthi Jahangir
Diego Jaldin-Varela
Kiara James
Misbah Javed
Michelle Jewell
Ali Jidal



Halimo Jidal
Adrian Johnson
Austin Johnson
Destiny Johnson
Rajeen Johnson
Ovidio Juarez-Cabrera

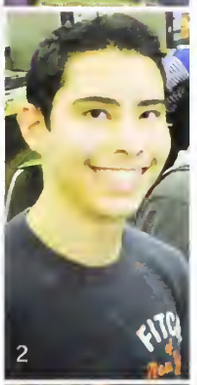


Armando Juarez-Castro
Rachel Kamvar
Brian Kaplan
Anna Karagulina
Moges Kebede
Saron Kebede



Elizsa Key
Anna Keyser
Nazia Khan
Elaine Khuu
Noah King
Emma Klein









1. JV field hockey 2. Kevin Salvador 3. Emilia Corea 4. Sebestian Friberg

sophomores



How was your homework load this year?

"The homework is about the same, but there is more reading. A few of my classes are harder than last year."
David Huaman

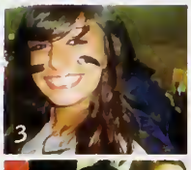


What has changed the most since freshman year?

"I've met a lot of new people since we're not separated by learning communities anymore."
Thomas Fravel











1. Pilar Curtis 2. Lucas McCartin 3. Sabrina Sherali 4. Joshua Anderson 5. Meghan Craig, Hayley Bezanson, and Alice Maggio

Austin LaPointe
Rafi Lawindo
Katherine Lawson
Nicole Layne
Adrianna Lazarte
Cendy Lazo

Kelvin Lazo
Amy Le
Nadia Lee
Taylor Leonard
Charlz Lewis
Reese Lewis

Antonio Lopez
David Lopez
George Lopez
Brianna Lowe
Veronika Lozano
Livia Lulushi

Kyle Lusby
Marcus Lusby
Theresa Lustig
Anthony Luu
Aldo Machic-Baran
Alice Maggio

Caroline Maggio
Holly Magnin
Sarah Magnin
Elghali Makouar
John Malvar
Maia Mandel

Diego Mariaca-Vaca
Clara Martin
Yeting Mattos
Tiara Mayasari
Sean McBride
Lucas McCartin



What was a highlight of your year?

"One of the highlights of my year was meeting lots of new people and being a part of the swim team."
Natalie Hewitt



What has been the hardest part about this year?

"I think the hardest part has been not having learning communitites because you knew everyone in your classes last year."
Sarah Goodman











1. Emma Cooper 2. Brandon Urrutia 3. Mary Simkin-Parker 4. Carlo Greco and Josie Twomey 5. Brianna Lowe



Patrick McDermott
Patrick McMenamin
Helen Mekashu
Teodros Mekuria
Victor Mendoza
Eyou-Ab Mesfin

Angela Mestre
Seim Michael
Kirby Miller
Brittany Mirro
Sadig Mohamed Ali
Roberto Molina

Sylvia Monet
Carlos Monroy
Stephen Montano
Vincenza Montante
Alexis Moore
Jennifer Murcia-Paz

Rebecca Namm
Claudia Narvaez
Madeleine Nelson
McKenzie Nelson
Kevin Nieves Molina
Indranila Nowakowski

Tenley O'Hara
Geoffrey Odlum
Liliana Olsen
Rebeca Orellana-Montano
Noelia Orihuela-Cespedes
Maria Ornelas-Gallardo

Ana Ortiz Hernandez
Samuel Ortiz-Colque
Abubakr Osman
Mohamed Osman
Jose Osorio
Cirelle Overton

sophomores

Sade Owens
Audrey Paduda
Ricardo Pagulayan
Jordan Pandy
Bibas Pant
Mary Parker-Simkin

Mehedi Patwary
Ryan Pederson
Marlene Pedraza-Torres
Jennifer Peel
Daniella Penaranda
Samuel Peralta

Graciela Pereddo
Zachary Perlman
Jasmine Phan
Alan Phung
Cristhian Pinto
Sean Pratt

Jonathan Prentice
Lillian Prins
Caroline Quinn
Ulices Ramos
James Randall
Dana Raphael

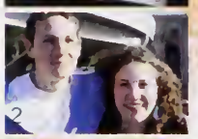
Ruth Rapp
Angel Reed
Cristian Reyes
David Reyes
Dustin Reynolds
Rebecca Rhinehart

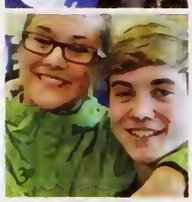
Margo Ricks
Olivia Ricks
Benjamin Rim
Joselyn Rivas
Corey Robinson
Andy Rodriguez

Samuel Rodriguez
Francisco Rodriguez-Hernandez
Brian Romero
Jesica Romero
Elizabeth Roy
Amber Ruess

Yanci Sagastizado
Maurely Salazar-Obando
Kevin Salvador
Franklin San Miguel
Gisele Sanchez
Dennis Sanchez-Boquin











1. A group of sophomores at the pep rally. 2. Heather Banikas 3. Mary Dewald and Rourke Donahue 4. Caroline Maggio and Julia Campbell 5. Lindsay Chamness, Alexis Sison-Postma, and Meghan Craig

Kevin Sanchez-Pena
Arriane Santa Ana
Sumit Sarwar
Alec Schadelbauer
Emma Schimley
Stephanie Sejas-Castro

Steven Sejas-Castro
Madeleine Sendek
Veronica Sever
Sachin Sharma
Amy Sheahan
William Sheahan

Steven Sheats
Emma Sheehy
Jackson Sheehy
Tanveer Shefat
Robert Shepardson
Sabrina Sherali

Morgan Shotwell
Lara Sierra
David Silverman
Prem Singh
Alexis Sison-Postma
Matthew Slater

N'Dri Sligh N'Cho
Colman Smith
David Smith
Hanna Smith-Benjamin
Justin Snow
Leah Solomon

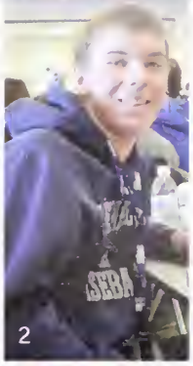
Michelly Sorge
Barbosa
Kelvin Sorto
Julius Spain
Eleanor Splan
May Stearman
Corrie Steele

Nicole Stevens
Lauren Strauss
Samantha Studer
Nicolas Suarez
Sydnee Sullivan
Tiffani
Sykhammountry

James Tate
Eden Tecle
Yoseph Teferi
Petros Tesfaldet
Danait Tesfay
Jacqueline Thai

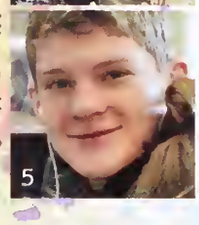
1. Charlotte Vincent and Emilia Zevallos-Roberts 2. Nicholas Bornbusch 3. Audrey Paduda 4. Caroline Quinn and Brittany Mirro 5. Alex Coppa











sophomores

August Thomas
Amber Thompson
Andrew Thong
Trevor Thornhill
Adriana Toledo
Anhthu Tonnguyen

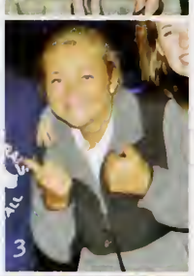
Brandyn Toone
Grace Torres-Moreira
Fernando Torrico
Alvaro Torrico-Mollinedo
Ngoc-Nu Tran
Josie Twomey



Ryan Uckert
Esther Ullberg
Jack Ung
Ariana Urcia
Zoe Van Grack
Benkely Vanegas



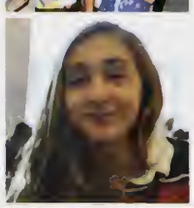
Hilda Vanegas
Jasmin Vargas
Boris Vasquez
Brian Velez-Feliciano
Rodrigo Ventiades-Orihuela
Edgar Villatoro



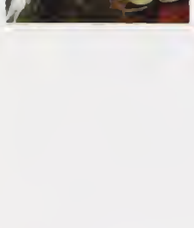
Charlotte Vincent
Christian Volz
Kalle Wadzinski
Julia Walker
Honora Walls
Bradley Warnke



Sharrief Washington
Benjamin Wengert
Seth Whitmore
Gregory Wicks
Fred Williams
Windy Williams



Eric Witiw
Deborah Wroblewski
Vicky Yang
Savannah Young
Muhammad Zareen
Joel Zeballos



Emilia Zevallos-Roberts
Sarah Zielinski

1. Cristian Reyes 2. A group of sophomore girls before homecoming 3. Jennifer Peel 4. Olivia Czerewko, Corrie Steele, and Chelsea Irizarry 5. Beth Bodner

autographs









1. Madeleine Nelson 2. Kelvin Lazo 3. Mikaela Kane, Devon Brown, and Veronica Sever 4. Sara Bourdouane

freshmen



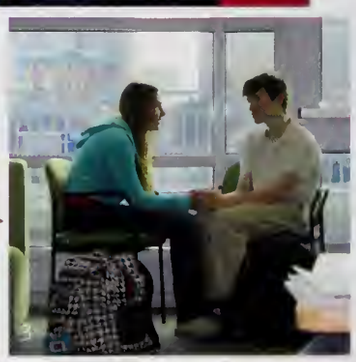
Fres[illegible] Cailin Dyer, Anna Santi[illegible] and Emma Troy



1



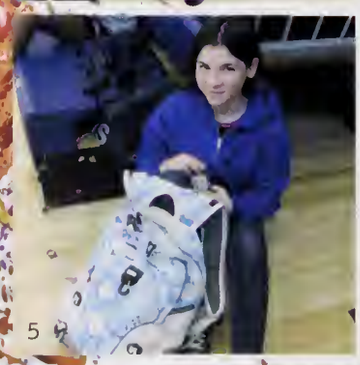
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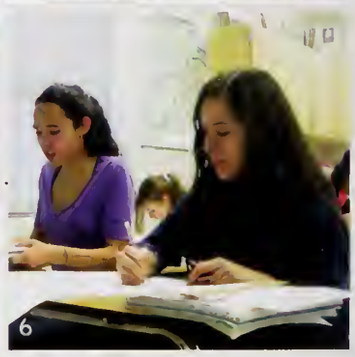
3



4



5



6

1. Marjon Mashid, Anna Siddle, and Mallack Kalkat 2. Vladislav Maciuc and Derin Dogu 3. Anna Mendelson and James Hughes 4. Karen Guzman-Arnez, Tori Mitchell, and Monica Panlilio 5. Grace Lundgren 6. Anna Santiago and Marisela Lara

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."
-Albert Einstein



Talbayah Abdullah
Elilta Abraham
Amanuel Admassu
Mario Aguilar
Mariam Ahmed
Shalma Akther



Cepehr Alizadeh
Jennifer Almendras
Christos Alpos
Gazal Amer
Elena Amparo
Ashleigh Anderson



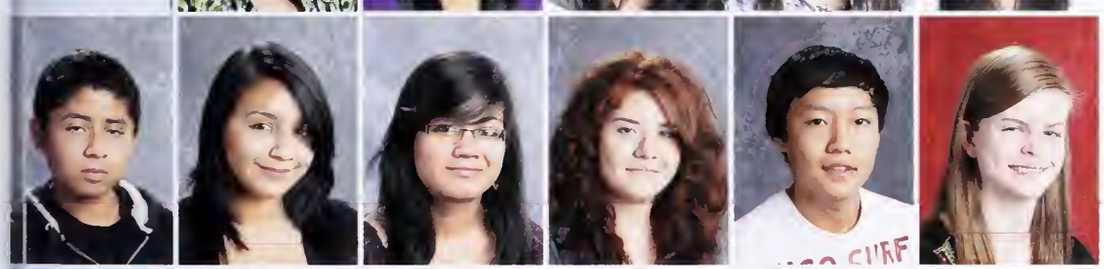
Wesley Andrade
Timothy Andrews
Sarah Angell
Samuel Appel
Derryck Aquice Estrada
Linda Araujo



Kenia Arevalo
Elias Argueta
Agustin Argueta-Mendosa
Daniel Arispe-Castro
Lauren Armstrong
Bryan Ascencio-Hernandez



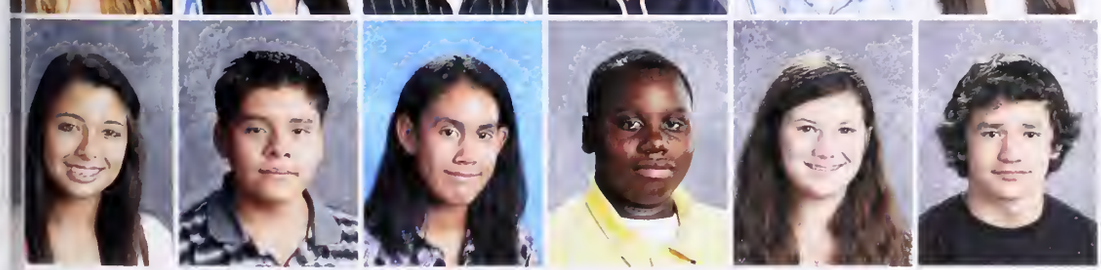
Margaret Atkinson
Margot Austin
Oxzana Ayala
Aloha Backenstose
Brittnee Bade
Amanda Barillas



Mario Barrera-Najarro
Karla Barrios-Orozco
Mishu Barua
Sara Bastos-Infantas
Eric Bat-Erdene
Audrey Batcheller



Sarah Bauman
Nomin Bayanmunkh
Batchuluun Bayarmaa
Elaine Bayne
Benjamin Bean
Nina Beatrice



Sydney Bell
Marvin Belteton
Doris Benavides
David Benjamin
Emily Bennett
Glen Bennett









1. Leah Young and Mary Hanula 2. Zxena Mannah 3. Griffin Hyde 4. Kathryn Grumbles and Michelle Vu

freshmen



How do you feel about your upcoming sophomore year?

"Freshman year was difficult but I think next year I'll get the feel of high school more."
Moussa Dia



Who was your favorite teacher this year?

"Ms Massey. She teaches really well an I can relate to it. She the best math teache I've had in a while."
Sofia Cardamone









1. Janel Moore 2. Farjana Pireya and Deborah Melendez-Jimenez 3. Rocio Villalobos, Taylor Lambert, and Bielka Floras-Rivas 4. Juan Lozano De Santiago

El-Hadji-Mamadou Beye
Fouzia Bibi
Derrick Blakely
James Blakely
Jaelin Blyther
Gwendolyn Bobst

Cassidy Boomsma
Madeline Bowman
Connor Bradfield
Eileen Breslin
Julia Broder
Peter Brown

Connor Browne
Raven Brubach
Matthew Bucklin O'Neill
Bryan Burgess
Jose Bustillo
Danielle Butler

Jenna Campa
Julia Campbell
Clare Canavan
Gabrielle Canning
Sofia Cardamone
Tchynna Carpenter

Nicole Carrasco
Alexis Carrillo
Robert Carter
Victoria Castro
Yanglei Cato
Delphina Charles

David Chavez
Walter Chavez Moreno
Kyle Chipman
Rebecca Choate
Collin Chubb
Jesse Chung



What is a goal of yours for the rest of your high school years?

"I just want to join more activities and clubs."
Alexis Carillo



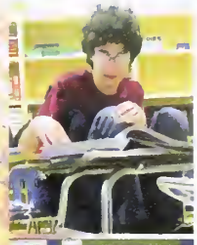
What was your first thought when you walked into the school on your first day of freshman year?

"It's very different from middle school. It's a lot bigger and everyone seems to know each other."
Emily Claure





1. Freshman Kyle Griffin 2. Freshman Karim Ezzirati 3. FreshmanMax Ferlauto 4. Freshman Jaelin Blyther







Ervin Cifuentes-Maldonado
Ana Cisneros
Joseph Clark
Emily Claure
Veronica Clayberg
Jacob Coffman



Nathaly Conchambay-Vasco
Juan Contreras Najarrro
Bridgette Cooke
Akira Crawford
Bryan Curtin
Elnathan Daniel



Christopher Davis
Kyle Davis
Wilian Del Cid-Delgado
Jay DeLancey
Juan Delcid Delgado
Esias Delwin



Bethlehem Demissie
Catherine Dempsey
Haileyesus Demsie
Moussa Dia
Lysa Diarra
Cesar Diaz



Miguel Diaz
Derin Dogu
Kerem Dokuzcan
Lucas Dolan
Christian Dolliff
Julianna Dos



Samuel Douthit
Marquise Downs
Amelia Doyle
Louisa Doyle
Dominic Draghi
Lorin Dreiey

freshmen



What was your favorite class this year?

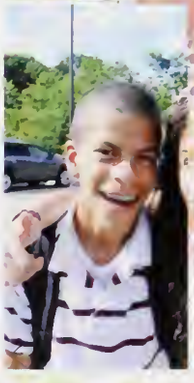
"World History because of all of the hands-on stuff we do there."
Cailin Dyer



What do you like the mos about high school so far?

"The freedom to do whatever I like."
Jeremy Mott









1. Ramona Rubalcava and Narankhuu Ganbaatar 2. William Ponds 3. Cyrus Kayani 4. Zainab Bashir, Selena Fernandez, and Tatiana Roberts-Torres

Leydi Duarte-Amaya
Raghav Dumera
Cailin Dyer
Michael Emanuel
Nebeyu Engida
Benjamin English

Nancy Esparza-Salazar
Nehemias Espinoza
Tomas Esquer-Perez
Jordan Ewy
Karim Ezzirati
Jomir Fajardo

Mark Falamoun
Alexandre Fall
Max Ferlauto
Luis Fernandez
Selena Fernandez
Angela Fisher

Samuel Fitz
Caroline FitzGerald
Hannah Fitzmaurice
Caitlin Fitzsimmons
Gustabo Flores
Milena Flores Jovel

Bielka Flores-Rivas
Alexandra Fonseca
Wanda Fountain
Julia Franchi Scarselli
Nicholas Franco
Michael Freed

Selasi Fynn
Michael Gaines
Narankhuu Ganbaatar
Enkhjin Gansukh
Galtsog Gantulga
Anthony Garcia



What's one thing you're looking forward to in the coming years?
"I just want to get good grades."
Zachary Randall



What was your biggest fear when starting high school?

"Having upper-classmen be rude to me when I started out."
Reafa Hossain



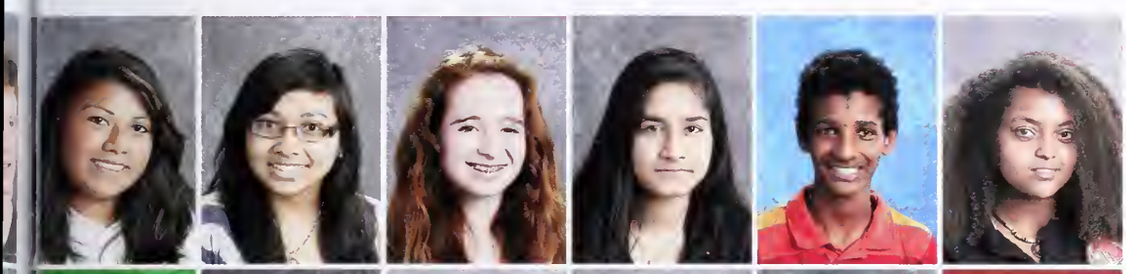
1. Olivia Viola and Chloe Lewelling 2. Luigi Matias and Steven Penarrieta 3. Elaine Bayne and Quetzal Norton 4. Marion Mashid Valeria Pareja, Aaron Patron, and Rory Heining











Maria Garcia-Jaramillo
Ailen Garcia-Santillan
Sonia Garfinkel
Shreya Gautam
Adonay Gebretnsaie
Nevyat Gebru



Sofonias Getachew
Sean Gilley
Ramir Givens
Daysi Gonzalez
Jose Gonzalez-Flores
Abby Grace



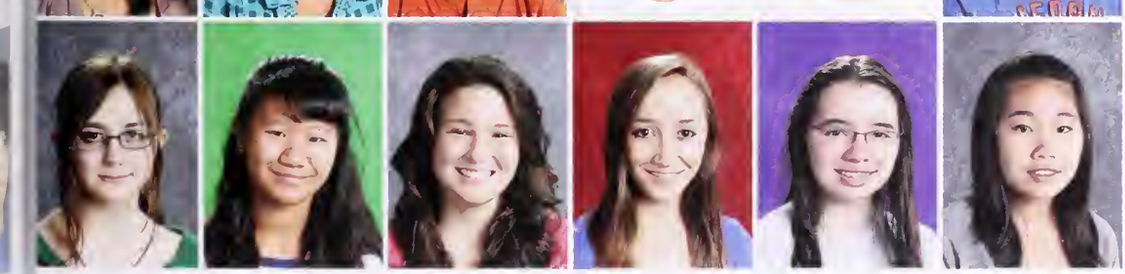
Carolyn Grahn
Jose Granados
Hunter Gray
Carlo Greco
Elena Green
Kyle Griffin



Peter Griffin
Jairo Grijalva
Karla Grijalva-Estrada
Darby Grover
Kathryn Grumbles
Karla Gutierrez-Pena



Karen Guzman-Arnez
Wendy Guzman-Coria
Jhonn Guzman-Gonzales
Jamal Hall
Ping Han
Grant Hanger



Dagny Hankins
Anna Hansard
Mary Hanula
Alicia Hartz
Caroline Harvey
Mingzhu He

freshmen









1. Dorothy Winter 2. Greer Richey, Isabel Larroca, and Elizabeth Yuhas 3. Susan Sabatier and Allyson Suria-Hernandez 4. Addison Oliver

Christopher Hedrick
Rory Heining
Derek Henderson
Antonio Henry
Isai Hernandez
Elisa Herrera

Hunter Hipschen
Sir Holland
Reafa Hossain
Alec Hudd
Samuel Huffman
James Hughes

Damia Hurst
Natalie Hussmann
Hao Tien Huynh
Kevin Huynh
Griffin Hyde
Eric Ingram

Joshua Inyangson
Amina Ishaq
Dawit Jabessa
Ryan Jakovich
Billy James
Mia Jaouhari

Kelly Jean-Baptiste
Benjamin Jenks
Peter Jensen
Angelica Jimenez
Romina Jimenez-Alvarez
Jhoselin Juarez-Castro

Malak Kallel
Lauren Karpinski
Michael Katz
Clyde Katzenberger
Cyrus Kayani
Malate Kebebew

Muhammad Jehanzeb Khan
Muhammad Shahzeb Khan
Temuulen Khurelbaatar
Sofonyas Kidanu
Katherine King
Michael King

John Kirchenbauer
Taylor Lambert
Zoey Lande
Paul Landini
Marisela Lara
Tyler Laredo





Isabel Larroca
Jack Lax
Andrew Layman
Jonathan Layton Castillo
Dejah Lee
Julian Leiter

Natalie Lemek
Christopher Leo
Kevin Leon
Chloe Lewelling
Robert Lewis
SueYoung Liu

Priscilla Loera
Andreas Loeser
Jeremy Lokke-Seunarine
Kathryn Loper
Isaiah Lopez
Juan Lopez

Francisco Lopez Martinez
Arianna Lozano
Juan Lozano De Santiago
Grace Lundgren
Sonia Lunn
Gracia Luoma-Overstreet

Rachel Lustig
Nicci Luu
Giselle MacDonald
Remy MacDonald
Annika Macewen
Faris Mahgoub

Tania Mahmood
Cara Maisel
Zxena Mannah
Zuhaerr Mansiv
Nicolas Manuel
Carina Mae Marquez

Elisha Marrs
Vladislav Martin
William Martin
Alexandra Martinez
Cynthia Martinez
Ruth Martinez

Jacqueline Mashburn
Marjon Mashid
Diana Mateo-Chacon
Luigi Miguel Matias
Jarrod Mautz
Michael Maykish

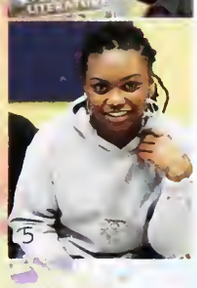
1. Florencia Morales 2. Connor Brown and Harley Stinson 3. Dae'Jah Graves-Buafo and Chandler Trammell 4. Nicholas Franco 5. Lauren Winger











freshmen



What is your goal for the rest of your high school years?

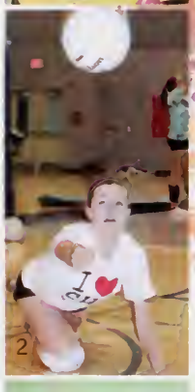
"I want to join lots of clubs, get ready for college, and have a good life experience."
Elizabeth Neureiter



What advice would yo give to incoming freshmen?

"Make sure not to carry heavy stuff because you have to carry it up and down lot of stairs. Also, be sure to make your classes on time."
Zxena Mannah









1. Justin Roberts 2. Audrey Batcheller 3. Gabriel Solomon, Michael Katz, and Andres Orjales 4. Nathaly Conchambay-Vasco and Kristian Spraggins

Meghan McDonald
Kala McIntosh
Trevor McManus
Kevyn McNew
Katherine Medrano
Caroline Meek

Norma Mejia
Deborah Melendez-Jimenez
Anna Mendelson
Zulma Menjivar-Palacios
Andrea Merida-Davalos
Christian Merly

Hannah Mesches
Edom Mesfin
Alazar Missiker
Tori Mitchell
Alaa Mohamed Ali
Anthony Molina

Jonathan Montano
Oscar Montano
Princia Moody
Gwenivere Moore
Janel Moore
Kenneth Moore

Florencia Morales
Katy Moreno-Oliva
Balmoris Moreno-Potter
Elizabeth Morley
Erin Morris
Jeremy Mott

Patrick Muggill
Thomas Muir
Caitlyn Mulcahy
Paul Murphy
Keith Myers
Manbir Nahal



What is something that has surprised you about freshman year?

"The biggest thing that shocked me was how many people there are."
Natalie Lemek



What was the biggest challenge of freshman year?

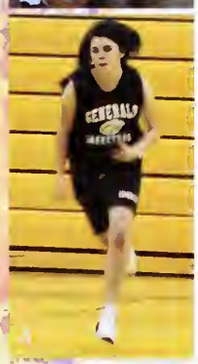
"Making it up and down the stairs while trying to make it to classes."
Heidi Schmidt











1. Jenna Campa and Nina Oleynik 2. Sofia Rodriguez 3. Mary Hanula and Laura Pastre 4. Hannah Fitzmaurice



Farah Naz
Darrin Neeley
Cristen Negron
Elizabeth Neureiter
Dai Ngo
Phuc Nguyen



Matthew Nice
Quetzal Norton
Brian Nuhn
Philip O'Doherty
Brittany O'Grady
Gavin Obrist



Bruno Ochoa
Patricia Ochoa-Barajas
Nina Oleynik
Addison Oliver
Wedad Omer
Andres Orjales



Rebecca Palacios
Elli Panagiotopoulou
Geraldine Pando-Vera
Margaret Paniagua
Monica Isabelle Panlilio
Elena Parcell



Brenda Paredes Andrade
Valeria Pareja
Laura Pastre
Samuel Patecell
Aaron Patron
Brandon Pedraza



Steven Penarrieta
Katelynn Petrasic
Chandara Phat
Charles Phillips
Malik Piersol
Ruslan Pietra

freshmen

Farjana Pireya
Donna Pitcher
Ariel Pizzamiglio
Kennedi Poland
Brian Ponce
William Ponds

Beatriz Portillo
Henessy Portillo
Jose Portugal-Sanchez
Robert Powell
Carolyn Prawius
Shamima Prianca


1

Torrey Putty
Brianna Queen
Kyle Quinn
Josue Quispe-Saravia
Victor Ramos
Cailin Ramsey


2

Zachary Randall
Ashrafur Rashid
Ureba Rashid
Peter Readdy
Adin Reyes
Crisian Reyes


3

Joseph Rich
Greer Richey
Caitlyn Riley
Manuel Rivas
Jordan Rivera
Rebeca Rivera


4

Justin Roberts
Thomas Roberts
Tatianna Roberts-Torres
Joshua Robson
Natalia Rodas-Calderon
Krystal Rodriguez

Sofia Rodriguez
Douglas Rohr
Aaron Rojas-Arquinigo
Rommel Romano-Chavez
Carolyn Rondal
Jennifer Ronquillo

Katelyn Rowland
Ramona Rubalcava
Jonathan Ruiz
Regan Ryan
Susan Sabatier
Tatiana Sabin

1. Diana Mateo-Chacon and Margaret Paniagua 2. Catherine Seaton and Marisela Lara 3. Caitlyn Mulcahy and Sarah Bauman 4. Miranda Walls



Khyber Safi
Guillermo Salinas
Edna Samron
Jose Sanchez
Vanessa Sanchez
Brenda Sandoval

Anna Santiago
Sara Santos
Rosario Santos-Flores
Alexander Saxerud
Heidi Schmidt
John Schrider

Sarah Sears
Catherine Seaton
Janice Segovia
Jordan Selby
Jonah Sens
Ahad Shahid

Ilana Shapiro
M.M. Sharif
Daniel Sharp
David Shirzad
Eva Shuman
Anna Siddle

Mariana Silva
Lucy Slevin
Clare Smith
Thomas Soiles
Bethany Solano
Gabriel Solomon

Marvin Sosa
Kristian Spraggins
Peter Stehm
Katherine Stephanson
Matthew Stewart
Robson Stewart

Harley Stinson
Lecia Stock
Daley Sumale
Allyson Suria-Hernandez
Busani Suryadi
Meredith Sweeney

Ryan Szczerbinski
Mosana Tafere
Mayerlin Tavarez-Delgado
Anne Terpstra
Bereket Tewelde
Christina Thach

1. Alicia Hartz 2. Andres Orjales 3. Lucy Slevin 4. Matthew Trice



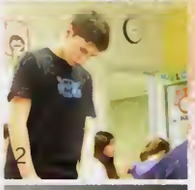
freshmen

Deanna Thurman
Samantha Tigner
Benjamin Tobin
Kenyatta Tobin
Truman Towle
Chandler Trammell

Brian Tran
Matthew Trice
Emma Troy
Achbold Tseveensuren
Ricky Turcios
Enkhjin Tuvshinzaya



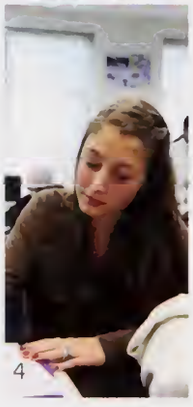
Nathan Ullberg
Isabel Urena-Dones
Deniz Uygun
Steven Valdes
Sakena Valdovinos
Delgado
Israel Valencia



Chelsea Valentine
Jose Valladarez-Pineda
Ofelia Vallejo
Mark Varner
Vanessa Vazquez
Vivian Veizaga



Joel Vela-Rojas
Giovanni Velit
William Vernia
Kylie Vick
Renata Vidal-Perez
Rocio Villalobos

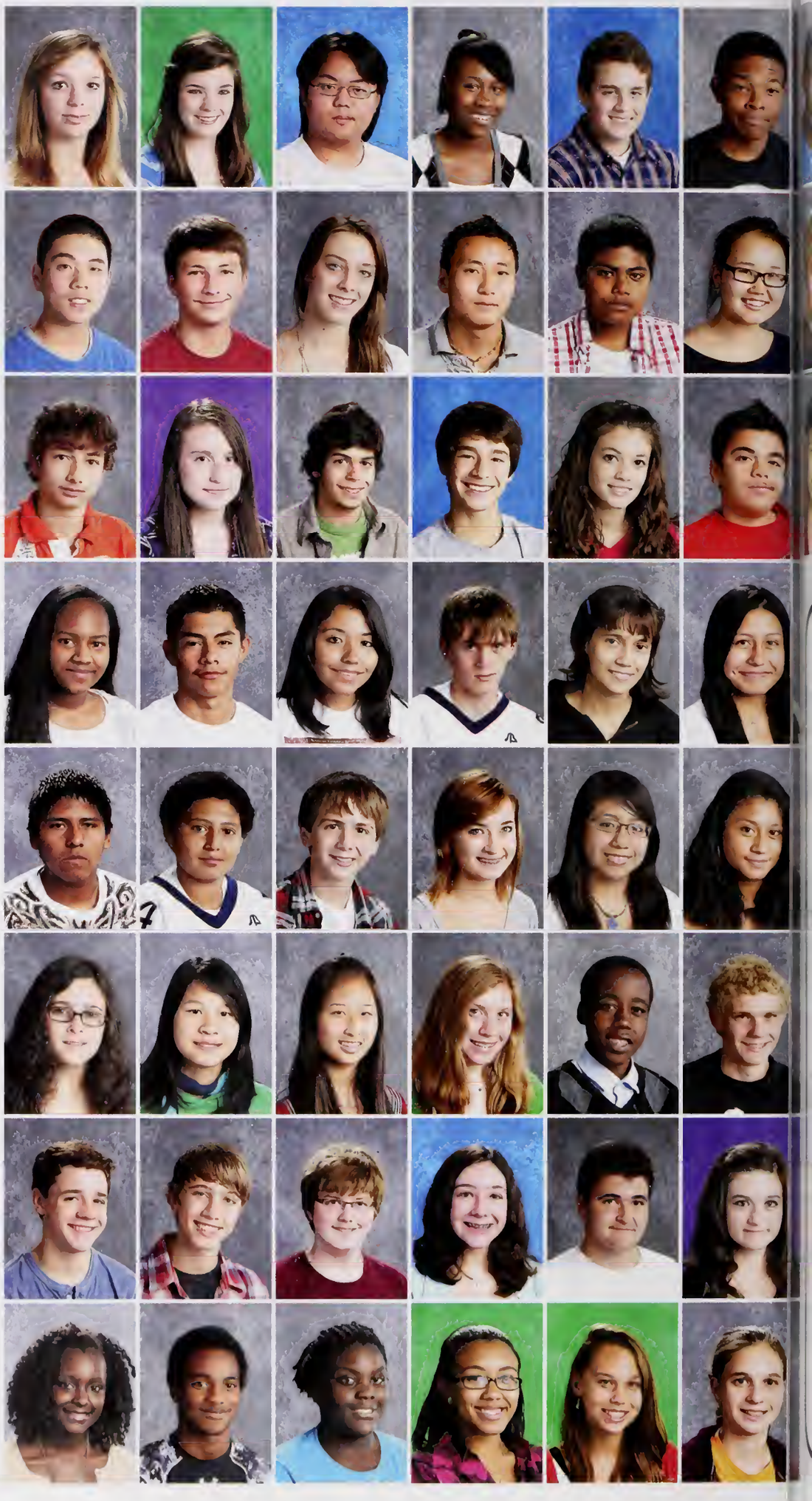


Olivia Viola
Belinda Vu
Michelle Thanh Vu
Miranda Walls
Craig Wanda
Alexander Wandler

Jeffrey Warren
Marsden Watson
Sterling Webster
Penelope Weinstein
Jacob Weiser
Sydney Wiley

Denise Williams
Dwayne Williams
Dwannisha Wilson
Lauren Winger
Dorothy Winter
Victoria Wolford

1. Nicolas Manuel and Raven Brubach 2. Hunter Hipschen 3. Danielle Butler and Amel a Doyle 4. Nina Oleynik





David Workneh
Gwendolyn Yamanaka
Jordan Yauger
Betellhem Yohannes
Leah Young
Paul Young



Samuel Young
Mubashir Yousaf
Elizabeth Yuhas
Nia Zekan
Matthew Zetkulic



Talia Zulueta

1. Anna Siddle 2. Darby Grover 3. Phuc Nguyen 4. Meredith Sweeney



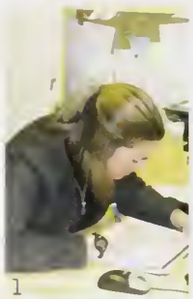






autographs

faculty

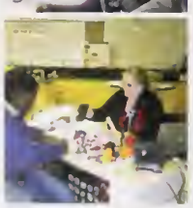












1. Ms. Beth Flaherty 2. Ms. Nguyet Nguyen and Ms. Maria Castro 3. Ms. Carmen Mejia 4. Mr. Eric Shetler 5. Ms. Joyce Cadogan 6. Ms. Crystal Olivo

Ali Akkache
Les Albers
Roger Aleman
Jesse Alvarez
Emily Andrusko
Colleen Auerbach



Richard Avondet
Sandra Baird
Jessica Baith
Beth Black
Nekya Ball
Justin Bolfek



Johnnie Buxton
Rex Brigham
Jason Brodowski
Paul Bui
Greg Butler
Joyce Cadogan



Carol Callaway
Monica Campoverde
Julie Cantor
Julie Caron
William Chamblee
Timmy Charles



Kevin Clark
Sarah Congable
Phil Cooke
Margarita Cruz
Eileen Cutrona
Marsha Dale



Chad De,Magistris
Esperanza De Sisneros
Frank DeRocco
Nicole DeRocco
Sarah Derr
Adriana Dotson










Catherine Dowling
Kristina Erkenbrack
Alissa Etten
Sarah Fiorini
Beth Flaherty
Monty Forrester








Jennifer Griffin
Tony Hall
Martha Helgerson
Leslie Hindman
Courtney Holcombe
Chris Jacobs








Nevin Jaffer
Paul Jamelske
Angela Jones
Danielle Karaky
Nora Kelley
Angie Kelly








Angie Kelly
Caroline King
Keith Klein
Phil Krauth
Nina Kuziel
Monica Larrieu







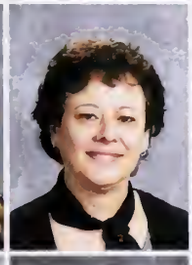

Gordon Laurie
Katie Lawson
Pamela Lockridge
Lianne Loizou
Hilary Lord
Amanda Massie








Dawn McCoart
Kenneth McCreary
Carmen Mejia
Ronald Melkis
Lilliana Mendez
Ryan Miller



Catherine Misar
Mona Mitry
Adam Moir
Sair Molina
Shonta Moore
Matt Norris

Jeanna Norton
Crystal Olivo
Greg Papanicolas
Claire Peters
Dave Peters
Kevin Phillips

1. Mr. Brandon Wright 2. Mr. Adam Moir 3. Mr. Ali Akkache 4. Ms. Shivers 5. Mr. Matthew Przydzial 6. Ms. Claire Peters

faculty

Jessica Racco
Ana Ratcliffe
Sandra Reznicek
Diane Richter
Betty Rivera
Gregg Robertson

Alex Robinson
Julia Rogers
Pamela Sanchez
Elvia Santamaria
Catherine Sauter
Margaret Schreiner

Josh Shapiro
Kristin Shapiro
Janet Shea
Katherine Shirey
Erin Smith
Maria Sotomayor

Katie St. Pierre
Jackie Stallworth
Deborah Stoll
Rob Summers
Derek Sweet
Mary Tomb

Marie Valenzaela
Bernadette Villanueva
Jennifer Weidman
Justin Willis
Portia Wilson
Adje Wilson-Bahun

Brandon Wright
James Zarro
Jenny Zimmerman













1. Mr. Matthew Norris and Ms. Sara Fiorini 2. Mr. Jason Brodowski 3. Ms. Jenny Zimmerman 4. Ms. Pamela Lockridge 5. Mr. Bob Garcia 6. Ms. Joann Thomas

teacher of THE YEAR:



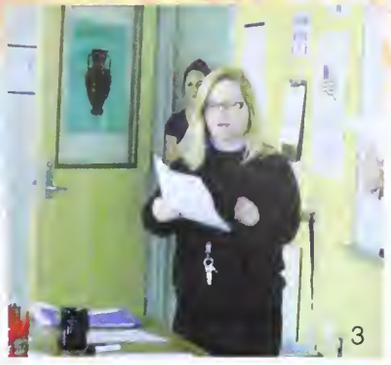
Adje Wilson-Bahum

French teacher Mr. Adje Wilson-Bahun has been teaching French for eleven years. Coming from a family of educators, Wilson-Bahun used to enjoy teaching his siblings while growing up. "When I came to this country, I immediately knew my best contribution to this great country is to teach French," said Wilson. "I am humbled and honored for being awarded teacher of the year."

Susan Lauffer 2. Junior Abir Haronni and James Sample 3. Nora Kelley 4. Martha Helgerson 5. Tony Hall, Justin Ifek, Aaron Queen, Margarita Cruz, Gordon Laurie, Paul Jamelske


1


2


3


4


5

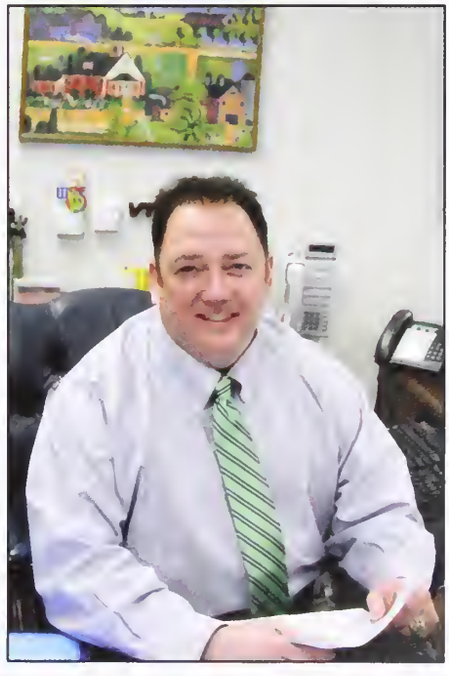
inside the office with principal GREGG ROBERTSON

1. How long have you been the principal at WL?
I have had the good fortune to be the Principal of Washington-Lee for 8 years. I must admit, time is flying by! It seems more like 3 or 4 years.

2. When you were young, what were your career aspirations?
I come from a long line of educators. I wanted to be a teacher as far back as I can remember. I used to pay a portion of my weekly allowance to my brother and sister if they would play school with me and allow me to be the teacher.

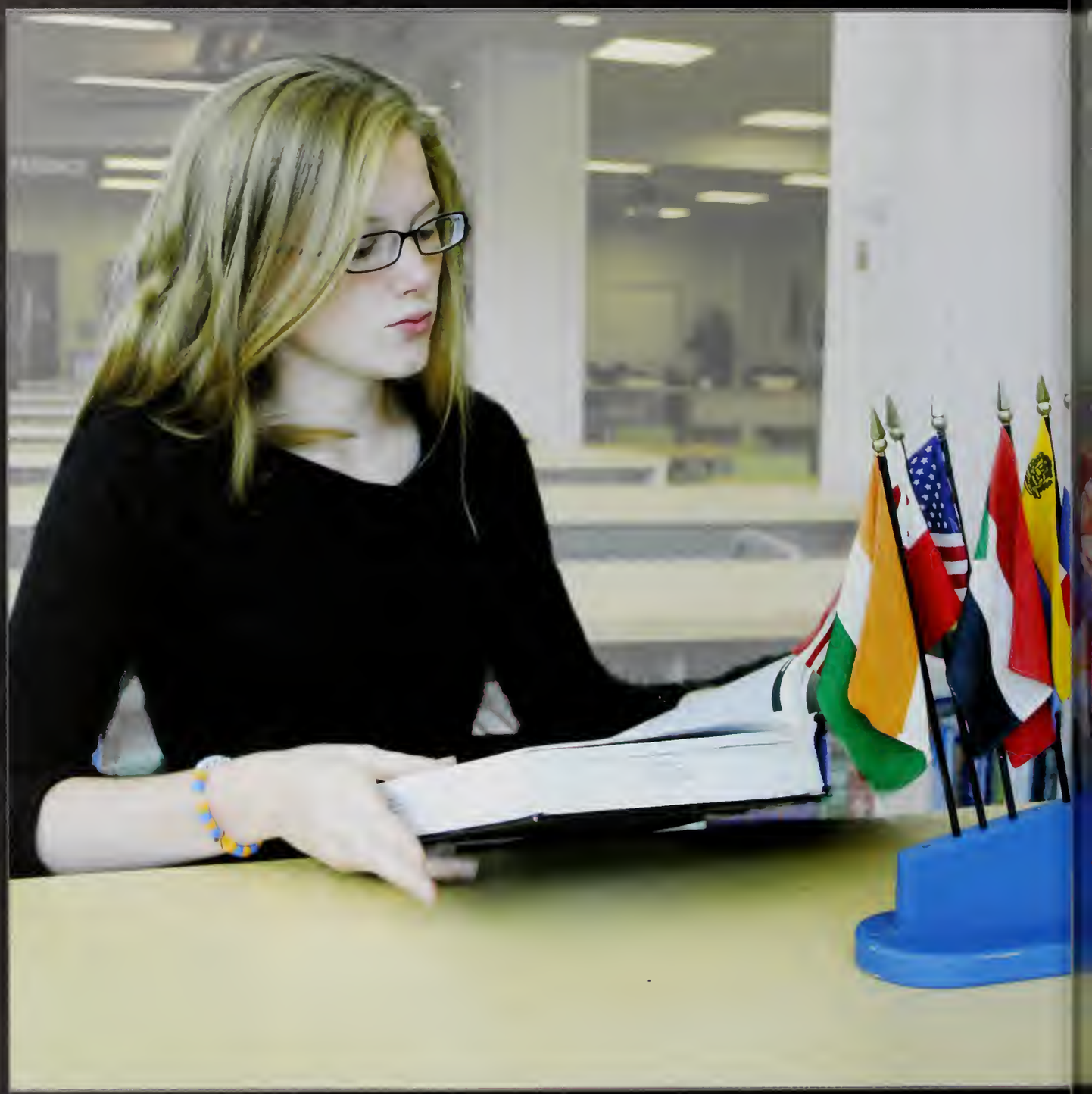
3. What is your best memory as principal of WL?
I have many great memories at Washington-Lee--it would be hard to single out just one. My first graduating class was special since I had many of those kids as 6th graders during my years as principal of Swanson. I will also always remember walking into the new building for the first time with my student advisory board--we were all so excited. Hillary Clinton's visit was a special day for all of us. I love participating in the faculty follies. Another highlight was working with the rest of the Grease cast as the Teen Angel.

4. Do you have any advice for students?
The best advice I can give to students is that they should challenge themselves. My favorite quote is by Abraham Lincoln, "The best way to predict your future is to create it." You can be anything you want to be!





1. Sophomore Grace Torres-Moriera and Senior Jeremy Friedman 2. Freshmen Anthony Garcia and Isai Hernandez 3. Juniors Thien-Y Doan and Karla Romero 4. Seniors Rutha Kidane and Aida Sebhat 5. Juniors Cory Adams and Alexander Beranek 6. Senior Louis Linden 7. Freshmen Valeria Pareja, Abby Grace, Cassidy Boomsma, and Emily Claure





academics and organizations

WITH FLYING COLORS

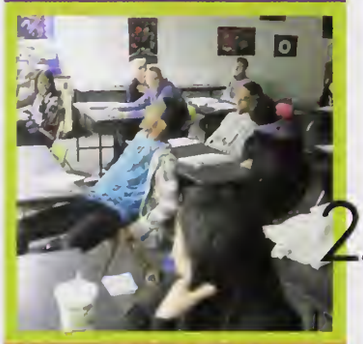
With the quickly growing student population and the nationwide demand for higher-level academics in high schools, teachers and students were pressed not only to actively learn and learn, but to also engage themselves in the world around them. Classes were not just places to study but also environments in which students could come together to share their thoughts on coursework in seminars and discussions. Boasting intense programs such as the Advanced Placement and International Baccalaureate, the courses challenged, provoked, and most importantly, inspired students to offer the most they could with all the talent they had.

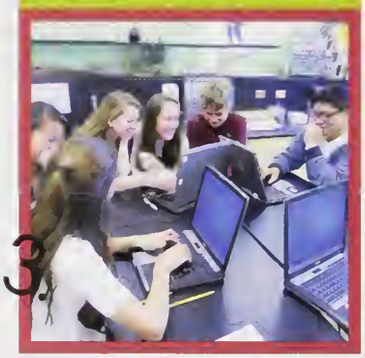
the science of

STUDENTS CONNECT THROUGH LABS AND LECTURES

LEARNING STYLES







1. Chemistry teacher Ms. Stacy Brasfield presents a lecture during class. Using the Smartboard was an effective method that teachers used to present lectures to classes.
2. Students watch a movie in their astronomy class. Watching movies allowed students to gain another perspective of the science world. "Astronomy is good because I'm a visual learner and we watch a lot of movies and use the Smartboard," said senior Sandra Peralta. 3. A group of students in Mr. Jason Brodowski's biology class prepares to do research using laptops. Using laptops helped students see different aspects of science on their own.

Unlike classes of other subjects, science classes catered to many of the specific learning styles of students. Some learned better visually, while others were able to grasp material more thoroughly through a kinesthetic manner. A number of students also favored an auditory learning style.

Some students found that they were able to understand the subject matter in class through methods such as experiments and labs. Working in lab stations allowed students to take a hands-on approach when learning. "I'm a visual learner, so doing labs is more beneficial than lectures," said sophomore Lindsay Chamness. Freshman Katelyn Rowland echoed Chamness and said, "With labs, you get to see how everything is applied."

Other students noticed that they comprehended the material better through auditory means. Some teachers gave lectures in ways that fully encompassed the needs of auditory-focused students. "I'm more of a lecture kind of person," said sophomore Ricardo Pagulayan. "I feel that if I'm instructed, I'll learn faster. If I just read, I can get distracted."

No matter what learning style students used, science offered an approach to each style. Students were provided with the means to learn past their abilities.

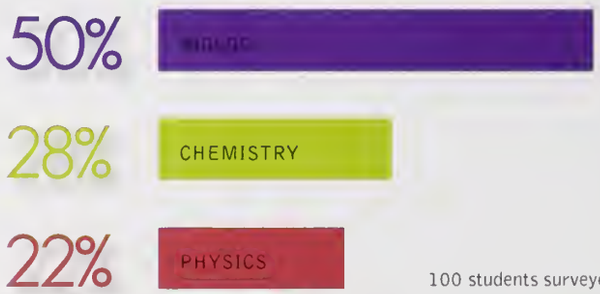
-Carol Burka, '13
Mora Hav, '13
Abigail Knight, '11

"Science gives a lot of freedom to explore."
Mr. Phil Cooke, science teacher

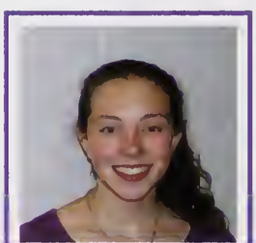


favorite science

Students vote on their favorite science subject. Biology, chemistry or physics?



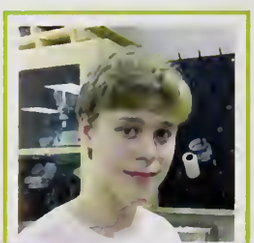
100 students surveyed.



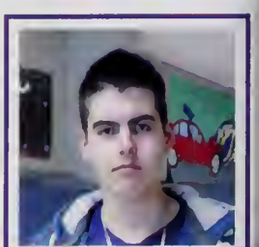
"There is so much that we know. It's amazing to see how far we've come with our knowledge of science."
Maia Mandel, '13



"Science drives many of the things we know. Our lives are controlled by the discoveries of science."
Mr. Ryan Miller



"Biology is a lot of hands-on material, dealing with snakes and insects."
Sean Gilley, '14



"Science explains any activity in the world."
Juan Lopez-Ibarra, '11

Junior Brooke Campbell completes a packet during science class. Using worksheets was one way that teachers reinforced material that was covered during classes.



Biology teacher Mr. Jason Brodowski shows his silly side during an afternoon class. When asked why he chose to teach science, he jokingly said, "I thought my skills as a lion tamer would be useful in a high school classroom, and Mr. [Peter] Vogel wouldn't let me teach sociology."



bet you didn't know . . .

PATRICIA ALCALA-VELASCO, sophomore

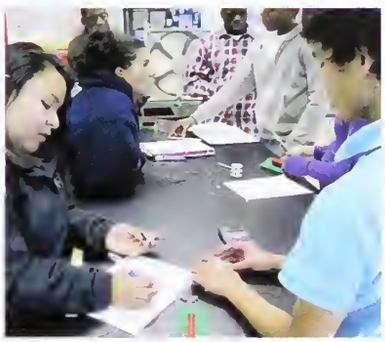


Patricia won a writing contest in fifth grade and was able to attend a movie premiere. "Whoever wrote the best papers were chosen as the winners of the fifth grade class," said Alcala-Velasco. She was chosen to go to the premiere of the movie Magnificent Desolation: Walking on the Moon. Said Alcala-Velasco, "We got to meet some astronauts and see Tom Hanks."



Sophomores Chelsea Irizarry and Abigail Bessler count candy pieces during a lab in chemistry. Candy provided students with the chance to apply science to everyday circumstances. Bessler said, "I may not be a science person, but I love M&M's!"





Seniors Angela Manzano and Kenya Teng work on a mini-lab about gears during their physics class. Doing labs helped students' further understand how science could be applied to life.

Freshmen Katelyn Rowland and Gabrielle Canning examine the class pet, a leopard gecko, during their biology class. Canning enjoyed hands-on activities rather than taking notes. "I like the labs because we actually get to do what we're learning," said Canning.

what is science?



"It's experiments and finding out how things work and how they are made."

Kenyatta Tobin, '14



"It is very hands-on, very fun, and teaches us a lot about the world."

Roderic Gibson, '12



"It's good to know science for the sheer joy of it and also because it is practical."

Ms. Ana Ratcliffe



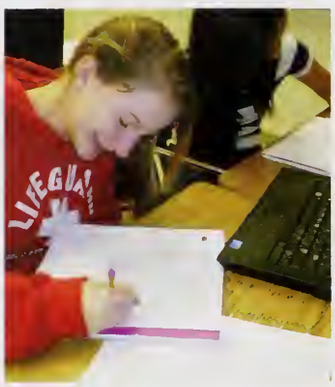






1. Freshman Cara Maisel reads an article on torture in the Middle Ages during a socratic seminar in Ms. Leah Young's Modern World History class. 2. Junior Emma Banchoff dresses up as a pirate in Mr. Les Albers' IB History of the Americas class. 3. Junior Carly Blancato reads her textbook in Mr. Les Albers' US/VA History class. 4. Junior Jefrey Ayal works on a part of the "colonizaton of the west" project in Mr. Les Albers' US/VA History class.

Freshman Kathryn Grumbles takes notes with a partner using a laptop in Ms. Jeana Norton's Modern World History class. Having a partner was beneficial because it allowed students to work together on difficult assignments.



bet you didn't know . . .

MARCUS CANTU, junior



Marcus has an atypical talent; he has been able to do back flips since the fifth grade. Cantu and his friends were walking down the street when a kid started doing back flips and Cantu thought that he could do them too. "I really like the adrenaline rush when I do a back flip correctly," said Cantu.

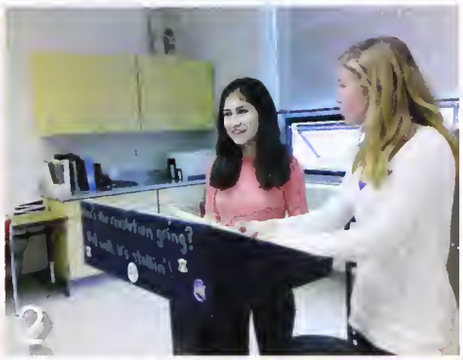


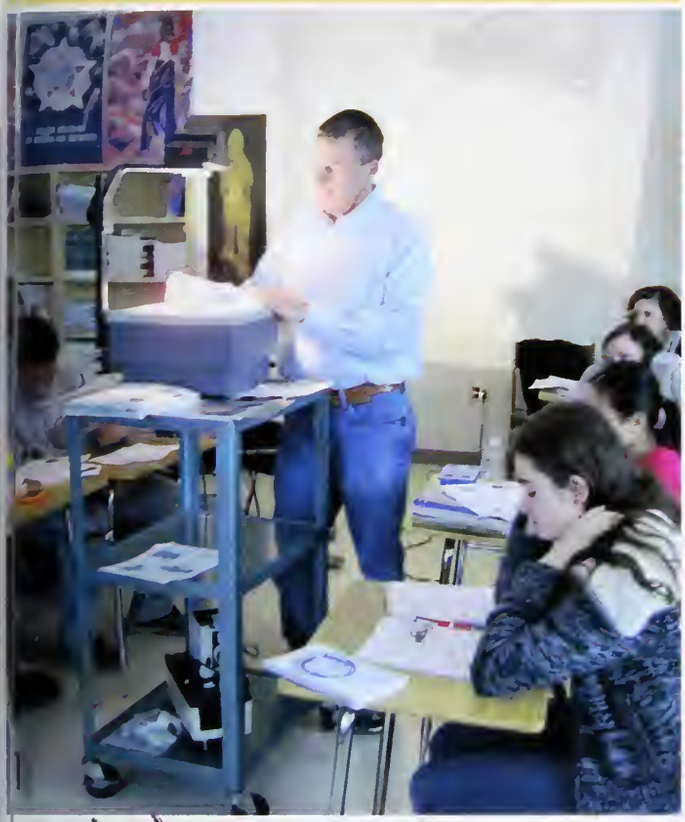
Students in Ms.Kathleen Claassen's IB Economics class play Monopoly. This was a fun way to learn the concepts of making money and investments.



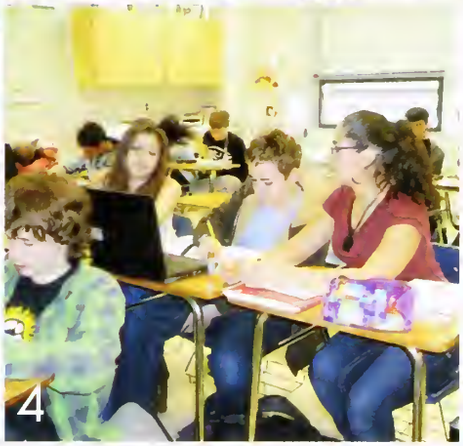
Students make use of their textbooks to fill out worksheets in Ms. Stacy Yule's psychology class. Using textbooks was an easy way for students to learn the basic facts of a new unit.

. Mr. Joel Rockwood shows students in his AP European History class a age on his projector. Rockwood was one of the few teachers who continued o utilize projectors as a method of instruction. 2. Sophomores Pilar Curtis nd Lindsay Chamness present during Ms. Natalie Root's AP Government lass. "We are directing a seminar and directing a seminar is easier than nswering questions" said Curtis.3. Students in Ms. Dean's Intensified lodern World History class pose for a picture after they present a project n Europe. 4. Freshmen in Ms. Jeana Norton's Modern World History work n a group project using laptops. Laptops were helpful for teachers when here were no computer labs available.









making the right DECISIONS

MANY STUDENTS OPTED TO TAKE SOCIAL STUDIES ELECTIVES

Modern World History, US Government, and US/VA History were a few of the required courses that students needed to pass to get mandatory credits for their high school diploma.

Some students stop taking social studies classes after getting these credits, but many took a social studies elective such as psychology or sociology.

Sociology is the study of society, often called a "social science." "Sociologists attempt to understand and explain human social behavior by studying the groups they belong to," said sociology teacher Mr. Peter Vogel.

Psychology teacher Mr. Jim Thomas preferred psychology to his other classes because of how it affected his students. "I like that the material I teach from the beginning of the year to the end of the year really helps my students understand events in their own lives," said Thomas.

Social studies electives such as sociology and psychology proved to be interesting for many students who wanted to learn more about the world around them.

- Penny Weinstein, '14
Abby Knight, '11

five social studies classes

1 **Ancient World History**
"This class is fun for students because it is not an AP class so there is a little more leisure and there's also no homework."
Mr. Joel Rockwood

2 **IB Topics**
"It's not your average history class. You always get two sides of the story."
Max Blackman, '11

3 **Economic and World Affairs**
"It's a really hard class, but it can really help in the future."
Maria Paniagua, '11

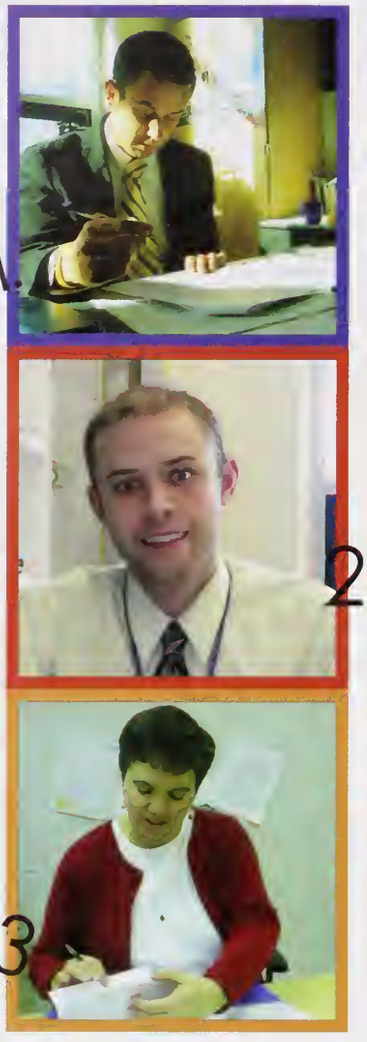
4 **IB Geography**
"The focus is on current world events. It helps students to understand how the world is changing."
Ms. Wendy Taylor

5 **IB History of the Americas**
"It's a class that allows students to cover several topics that are chosen by the teacher and it is covering the western hemisphere in great detail."
Mr. Jeffery McCarthy

so many choices

STUDENTS TAKE ADVANTAGE OF THE VARIETY OF MATH CLASSES AVAILABLE

SO LITTLE TIME



With the variety of math courses available, students were given the chance to choose the course that best suited their abilities. "There are a lot of options and I think that it's important to have AP/IB classes available," said senior Stella Sklar. "It gives the students an opportunity to sign up for a class they are interested in not just because they are required."

Since many students enter high school having already taken a higher level math course, those students were able to continue with advanced math courses."The variety of math courses offered is a good opportunity because it challenges students that think math is easy," said senior Kimberly Davies. "They can get a head start for college."

Even with the advanced courses available, students that were not as proficient in math still had the choice to take classes they felt comfortable with. "I think the different courses are a good idea because people are in different levels of math," said senior Daniel Browning. "So with the different choices, they can choose what's best for them."

With the abundance of choices available, picking just one class was the big challenge."I think choosing a math class is a challenge for students because you have to consider the level of difficulty, and if you're good at math, then it's good to challenge yourself," said senior Grace Prentice.

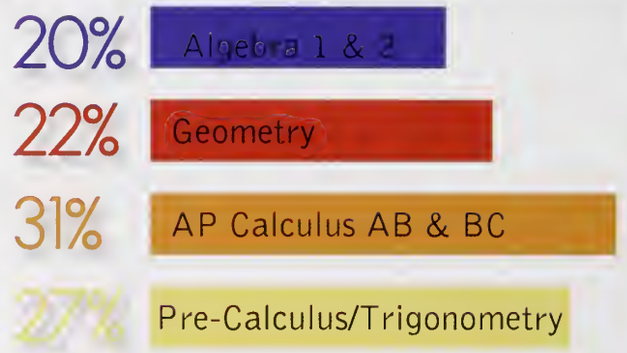
-Amina Chenini,'11
Sabrina Patwary,'11

> "I like the choices because I can take advanced courses, and if I get a good score, I won't have to take it again in college."
> - Sarah Anderson, '11



1. Math teacher Mr. Matthew Przydzial spends his planning period grading tests. "Math is always something I was good at and I liked it during high school," said Mr. Przydzial. "I wanted to be a doctor, but I wasn't good in science." 2. "I like teaching math because it's always nice to see that light bulb go off when students understand what they're doing," said math teacher Mr. Brandon Wright. 3. Math teacher Mrs. Jen Scher finds the homework she needs to go over for the next class."The best part about teaching math is the AH-HA moment," said Scher. "I think that math is important because it helps you think."

most challenging math course

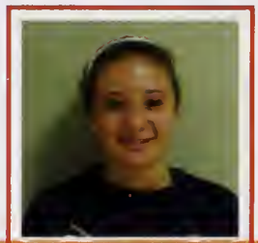


100 students surveyed



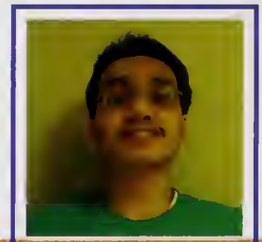
"I used to not like math, but now it's easy thanks to my teacher."

Raven Brubach, '14



"When I was younger, I was good at math, but now it's complicated."

Jordan Kruger, '12



"Math comes easily to me because I like it and I just have a natural talent."

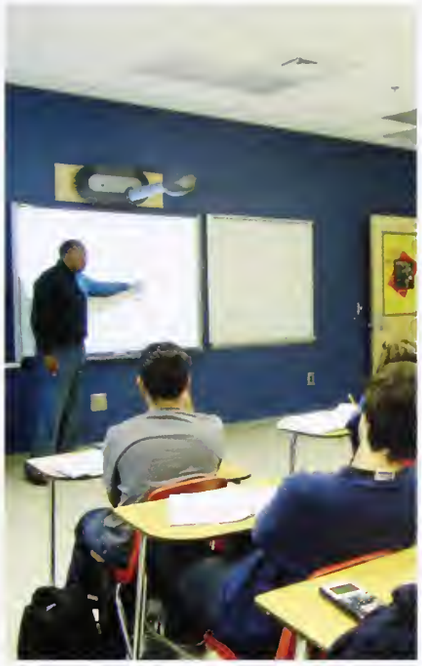
Faris Anwar, '12



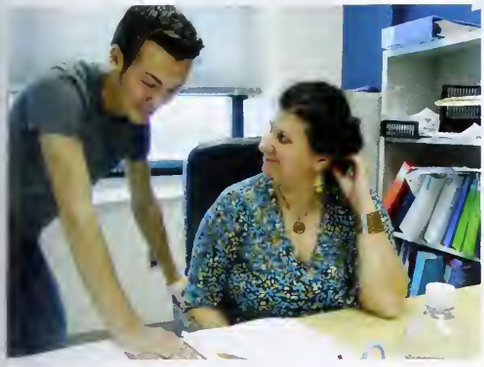
"Sometimes it's hard to conceive the concepts in math."

Noah Pilchen, '12

Math teacher Mr. Warren Gillus reviews homework from the previous night with his math analysis class. His background in engineering enabled him to help students have a better understanding of math. "I decided to teach math because I want to shake young minds to help them with their future," said Gillus.



Math teacher Ms. Susan Lauffer explains a difficult concept to senior Timothy Peel. "I have always loved math and working with people, so teaching just seemed like perfect combination," said Ms. Lauffer.



bet you didn't know . . .

LUCAS STEWART, senior

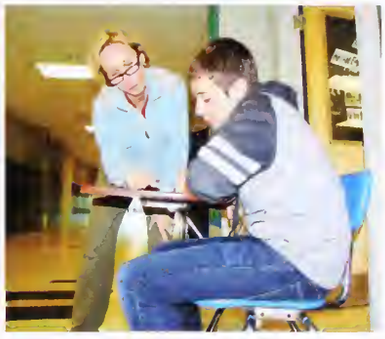
Lucas might look like your ordinary student during school hours, but outside of school, he spends most of his time writing lyrics and rapping. "I started writing lyrics in fifth grade, and I wrote down everything that I felt," said Stewart. "It helped me because it was like an outlet."





Math teacher Mr. Kevin Clark gives his class a new geometry lesson. This is Mr. Clark's first year teaching classes with computers. "I have always enjoyed math, especially problem solving and teaching the students," said Mr. Clark.





Math teacher Ms. Anne Verville helps freshman Balmoris Moreno-Potter review a complicated math problem. Taking time to work with students individually enabled teachers to understand where students struggled the most. "I think that students that have trouble with math should get help because when they fall behind, it becomes frustrating, so they just give up," said Moreno-Potter.

Math teacher Mr. Eric Shetler shows a group of students a problem he wants them to practice. Dividing students into groups allows his students to not only learn from the teacher, but to learn from one another. "The teachers are always willing to help when you're having trouble," said junior Jasmine Adams. "But sometimes it's easier to understand when another student shows you."

Does math come easily to you?



"Math is my favorite subject and I like working with numbers."

Ratila Chowdhury, '13



"Math comes easily to me most of the time because it is simple and intuitive."

Daniel Guenther, '11



"Math is not easy for me, because I don't retain the information very well."

Margaret Siddle, '11

bet you didn't know . . .

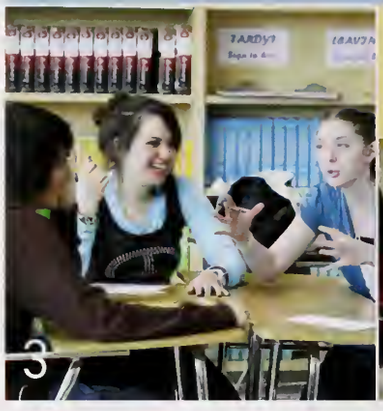
HIRUY EPHREM, sophomore



English is Hiruy's third language. He also speaks Amharic, which is the native language of Ethiopia, along with French. "I learned French in French school when I lived in Ethiopia," said Ephrem. He learned English from television and relatives living in the United States. "I moved here in 2004, but learned English over the years," said Ephrem. "Ironically, it's my best language."

1. Seniors listen to a lecture during Mr. David Peters' AP English class. 2. Freshmen in Ms. Erika Larsen's English class finalize their individual work. Students prepared for assignments such as essays and in-class projects. "English is important because it's our language and we'll need it all the time," said freshman Elilta Abraham. "I need to improve on my essays because my teacher says I lose track when I write. But when I'm in class, I like to watch movies based on the books we read." 3. Sophomores Nicolas Suarez, Brandie Cavazos, and Jessica Stipe discuss the story Persepolis in class. 4. Freshman Grant Hanger reads an assigned worksheet. 5. Students in Mr. David Peters' English class silently focus on reading. 6. Sophomores Kyle Lusby, Ian Hall, and Brandon Urrutia complete an assignment based on the book Persepolis. 7. Freshman Samuel Patecell completes a writing assignment in class.

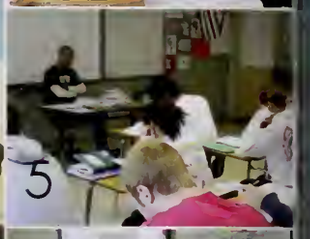




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4



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6

socratic SEMINARS



Freshman Rosie MacDonald participated in Socratic seminars in middle school as well as this year but never really grew to like them. "I think they're run too much by the teachers," said MacDonald. "There are so many guidelines that it's not like a natural conversation."



"I think Socratic seminars are good because they bring the class together and you hear different opinion."

Kathy Patino, '13



"I don't really like the idea of Socratic seminars, but they're manageable."

Joshua Inyangson, '14

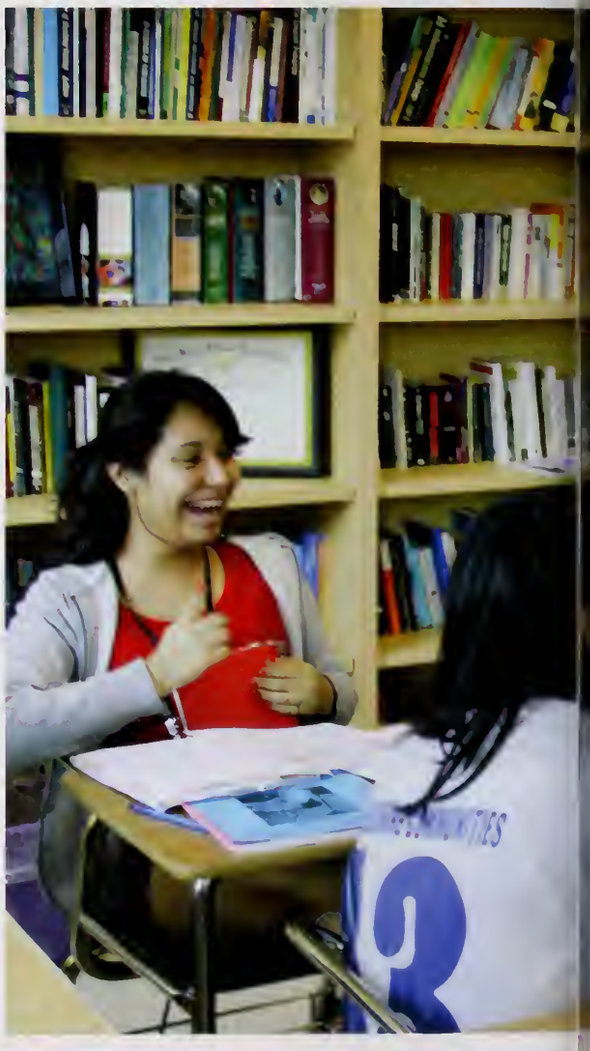


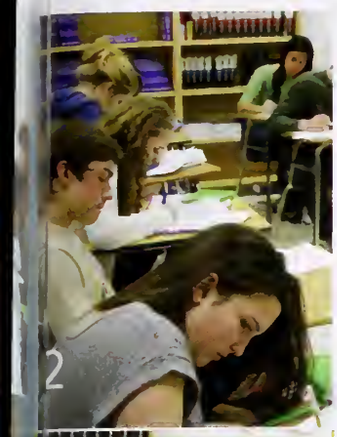
"I don't really like Socratic seminars, but if I understand the topic well, I'll talk a lot."

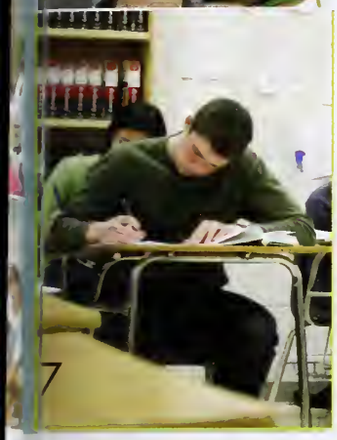
Stephanie Sejas-Castro, '13



Sophomores Victor Jacoby, Bibas Pant and Thomas Fravel discuss the graphic novel Persepolis in class. English classes utilized different types of books, such as graphic novels, as a part of the curriculum. Students applied their knowledge of the stories to various activities afterwards.







take a look

ENGLISH CLASSES READ NOVELS THAT APPEAL TO VARIOUS STYLES

IN A BOOK

Students in English classes of all grade levels read novels that pertained to different styles. Reading a variety of books allowed students to engage in discussions that analyzed the different writing techniques.

Some students read books dissimilar to a full-text novel. "We read Persepolis," said sophomore Patricia Alcala-Velasco. "I liked the comic book style. It was all black and white, and was interesting because you could actually see what's happening in the story."

Other students read classic novels that are often discussed in English classes. "The Catcher in the Rye was interesting because of its dialogue," said sophomore Khusboo Azim. "The style was understandable because it matches today's modern dialogue."

In some cases, students looked forward to post-reading discussions during class the most. "Discussing the books is my favorite part of class," said senior Daniel Browning. "The different aspects of the character interest me the most."

Nevertheless, many students expressed that English class helped them, whether it was with writing essays or reading books. "It is the most important class we have," said senior Andrew Perrow. "Not only does it give you important analytical skills, but it prepares you for college and beyond."

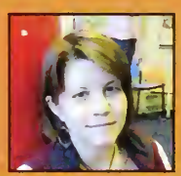
- Mora Hav, '13
Alexander Kahn, '11



Sophomores Daniela Cervantes-Camacho, Cendy Lazo, Jessica Cabel, and Adriana Toledo visit a station to do an activity related to the book they read in class, Persepolis. Students wrote journal entries for each chapter and did activities based on the setting of the story. "I liked 'Persepolis' because it's easier to read [due to its graphic novel style]," said Toledo. "The stations gave us more background information on the book."

favorite book?

"I liked 'Things Fall Apart.' It had a lot of historical references, and history interests me in general."



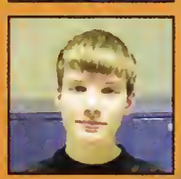
Michaela Nelson, '11

"I liked 'Fahrenheit 451.' It went in depth about society losing itself in technology."



Carlos Monroy, '13

"My favorite was probably 'A Tale of Two Cities', because it's classical literature."



James Hughes, '14

Junior Lassallete Newton's favorite book read in English class was The Catcher in the Rye. "I really liked how the main character views himself in the world," said Newton. "I also liked the dialogue." Newton related the main character's way of thinking to psychologist Sigmund Freud. "Freud also uses something called self-consciousness, like the main character."



journey to

PHYSICS TEACHER MS. KATEY SHIREY PARTICIPATES IN PROJECT ICECUBE

THE SOUTH POLE

While students continued to learn and teachers continued to teach, physics teacher Ms. Katey Shirey traveled to the South Pole as part of a research trip. She embarked on the four week expedition in November and returned in December, during which time, Shirey participated in research involving the worlds largest scientific instrument. "I will work on a project called IceCube," said Shirey. "It is a project to assemble and test a neutrino microscope."

Aside from braving the cold and doing research work, there were plenty of other opportunities at the Amundsen-Scott South Pole Station. "Everyone is very social," said Shirey. "There is swing dancing, yoga, bingo, movie nights, and craft shows." In addition, there was time to meet other scientists working on other projects. "Everyone is very friendly and collegial down here," said Shirey. "Every table in the galley is a standing invitation to meet new people."

While Ms. Shirey was in the South Pole, students were taught by former IB physics teacher Mr. Ron Revere, who retired last year. They kept in touch with Ms. Shirey via blog posts and webcasts throughout the trip.

- Kirby Clark, '12
Carina Garcia, '12

five facts about ICECUBE

1. IceCube is the biggest project ever attempted in Antarctica.
2. The project is estimated to cost about $271 million
3. The data collected from this project will help to detect the source of neutrinos.
4. Neutrinos are created as a result of certain types of radioactive decay and nuclear reactions.
5. This project will allow scientists to create a neutrino map of the universe.

Information taken from:
http://www.polartrec.com/expeditions/icecube-in-ice-antarctic-telescope-2010











1. Prior to descending below the surface of the ice, Ms. Shirey stops for a picture. "The descent was about 25 feet: 15 feet of ice and then 10 below," said Shirey. "You climb on welded metal rungs and then a rope ladder at the bottom." 2. Ms. Shirey drives the South Pole Shuttle. 3. While out on the snow, Ms. Shirey models her helmet. Temperatures in the South Pole can drop to -50 degrees. 4. Ms. Shirey gathers with other researchers in the South Pole for a group picture. Shirey was part of a team working on the IceCube project; however, there were many other scientists doing research in the South Pole. 5. Along with Dr. Tom Gassinger and Chris Elliot, Ms. Shirey works to mount DOMs.



"I think that Ms. Shirey's trip is a really good experience for her and she can bring back a lot of new and different ideas to teach us."

Laurie Gagne, '12

"I think that what she is doing is truly amazing, it serves as such a great model for us students to explore learning, even if it means adapting to -50 degree temperatures."

Helen Amend, '12



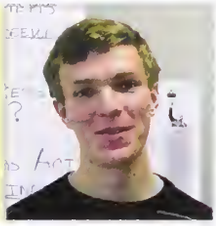


"It is a great experience for students to have someone who went to the South Pole as a teacher so that we can learn more about the world."

Nataly Montano-Vargas, '12

"It's a good experience for Ms. Shirey to go to the South Pole because it's a unique and interesting opportunity. Hopefully, she will bring back new ideas to share with us."

Gregory Lemek, '12





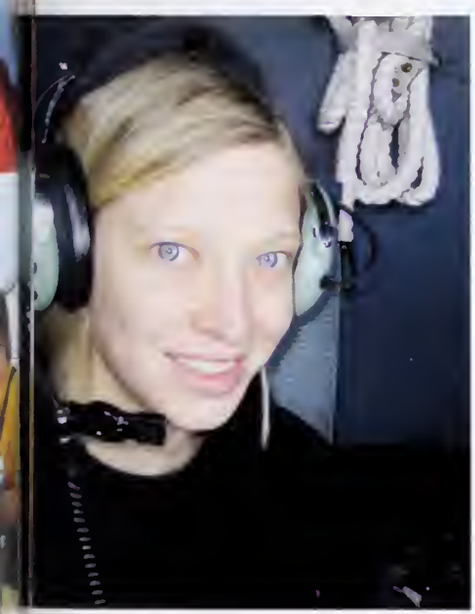
While visiting the South Pole, physics teacher Ms. Katey Shirey stops for a picture outside Amundsen-Scott South Pole Station. Temperatures could reach -50 degrees. "We wear extreme cold weather gear given to us by the US Military," said Shirey.

bet you didn't know . . .

DESTINY BOYD, sophomore

Destiny went on a family vacation to California and got to go on a tour of the set of the movie Angels and Demons. "I got to see Tom Hanks and Ron Howard, but unfortunately I didn't get a chance to talk to them," said Boyd. "We discovered that the entire movie was shot with a greenscreen in Hollywood."







Prior to Ms. Shirey's departure, her classes constructed and tested solar ovens. Junior Omar Small cooks pizza using his solar oven outside.

Pictured



Before Ms. Shirey left, we dressed up in her snow gear and took an online quiz about Antarctica."

-Petra Nichols, '12



"We made solar ovens. Ms. Shirey took the best solar oven to the South Pole with her."

-Isabel Amend, '12



"We watched a video about Antarctica and survival under harsh conditions."

-Brandon Clayton, '12

Ms. Shirey wears headphones that allow her to hear pilots conversing. Traveling to the South Pole from Washington, D.C. required a flight to New Zealand, followed by a flight to McMurdo Station on Antarctica, and then another flight to the South Pole.

poetry out loud

STUDENTS FACE THE CHALLENGES OF RECITING POETRY DRAWS A CROWD

The Poetry Out Loud competition was an interactive and hands-on learning experience for English students. Students had a creative opportunity to express themselves and to develop valuable speaking skills.

Poetry Out Loud provided challenges for students to overcome which, in turn, boosted their confidence. Several students thought memorizing an entire poem was the most challenging aspect of the competition. "I usually memorize a poem by walking and reading it aloud," said freshman Thomas Muir. "I then ask a friend to give me cues."

Other students faced the challenge of stage fright. "Getting up in front of everyone is the most challenging thing about Poetry Out Loud; it can be a little nerve-wracking," said sophomore Jonas Albro.

Although students feared presenting in front of an audience, many found it to be rewarding afterwards. Freshman Max Ferlauto said, "At first, when you get up to say your poem, you feel hot, but when you finish reciting the poem, you feel refreshed, like a bucket of water was poured over you."

-Eileen Breslin, '14
LiliOlsen, '13
AlexKahn, '11

overcoming OBSTACLES

1 "I chose 'If' by Rudyard Kipling. Nerves actually help me focus and do a better job; I just embrace it."

Sandra McCartin, '11

2 "I was nervous; I kept thinking, 'don't mess up,' over and over."

Cindy Thai, '12

3 "After I recite my poem, I feel relief. It is good to get it out."

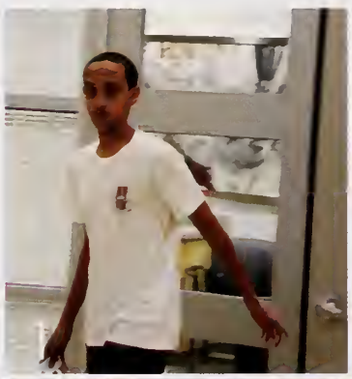
Meghan Craig, '13

4 "My favorite part about Poetry Out Loud is the way I can make the poem come to life; the more I put in, the more I appreciate it."

Lina Chhuy-hy, '11

5 "I saw [Poetry Out Loud] as an extra credit assignment that would be fun to do."

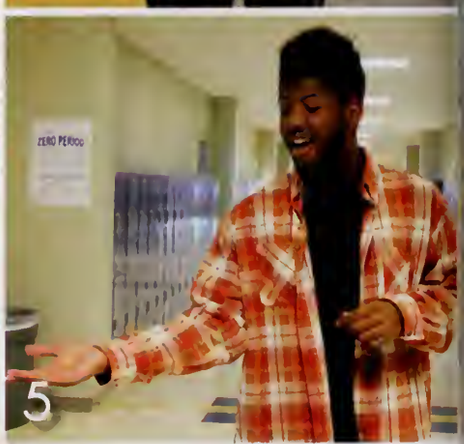
David Lopez, '13











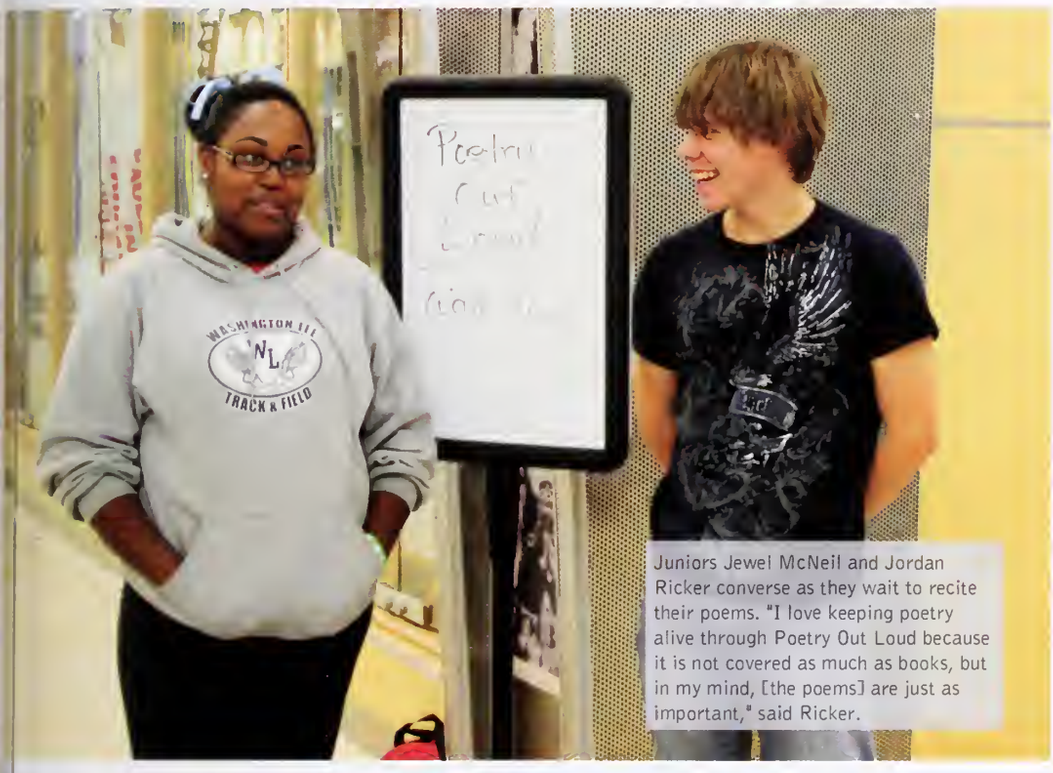
1. Freshman Sofonias Getachew exits the judging room after reciting his poem, "The Road Not Taken" by Robert Frost, to the panel of judges. "After reciting your poem, it is a strange feeling because you are wondering about what the judges thought," said Getachew. "All that matters though is that you did your best." 2. Judges Mr. David Hernandez and Mr. Keith Klein discuss a performance before listening to the next recitation. 3. Junior Abin Dahal recites his poem, "I Carry Your Heart With Me" by E.E Cummings. 4. Senior Xavier Knox and Ms. Sarah Congable reenact the cover illustration of The Canterbury Tales. 5. Sophomore Cirelle Overton practices performing his poem, "Rip Rap" by Gary Snyder, aloud. "In order to overcome stage fright, I like to think of ice cream," said Overton.



Freshman Max Ferlauto anxiously awaits his turn to recite the poem he chose titled "Alone" by Edgar Allen Poe. "In order to overcome stage fright, I phase people out- I make them blurry so they aren't really there," said Ferlauto. Ferlauto's hard work paid off, as he moved passed the grade-level competition on to the next round.



Mr. Tony Hall smiles after judging grade-level poetry recitations. He thoroughly enjoyed his first time judging Poetry Out Loud and looked forward to doing it again. "One of the most important factors in a well-recited poem is that the feelings conveyed through the poem are what the author meant to have, flowing through you," said Mr. Hall.



Juniors Jewel McNeil and Jordan Ricker converse as they wait to recite their poems. "I love keeping poetry alive through Poetry Out Loud because it is not covered as much as books, but in my mind, [the poems] are just as important," said Ricker.

bet you didn't know . . .

IAN LASITE-COLE, senior



Ian Lasite-Cole has been rapping since 6th grade. Lasite-Cole said, "'Childhood Memories' by Mos Def and Talib Kweli inspired me; it just let me know not to give up on anything regardless of my past." Lasite-Cole rapped about the various trials of his life, trying to inspire others. "Rapping is all I want to do," said Lasite-Cole.





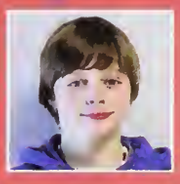
Senior Benjamin Edgar recites his poem "Alone" by Edgar Allen Poe. Edgar felt that his English teacher helped him in one way. "Extra credit" he said. In order to overcome stage fright, Edgar recommended to practice several times in front of an audience. "It seems that the more you are on stage, the more immune you become," said Edgar.

what do you think?



"I chose a poem by John Donne because he is a clever guy, and when I read the poem, I feel more intelligent."

My-Anh Nguyen, '11



"My teachers helped prepare me by providing deadlines and requiring us to recite different parts of our poem every day in front of the class."

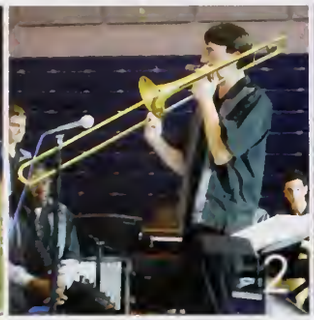
Kyle Griffin, '14



"I choose poems that catch my attention. They are usually imaginative with a message that speaks to me, basically anything relatable."

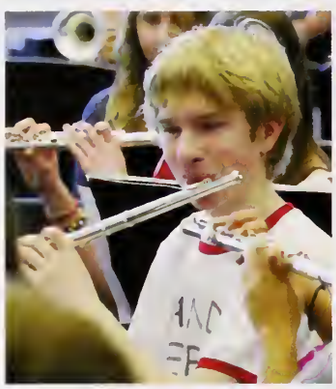
Frederick Mitchell, 11

Senior DiAnthony Talmadge recites his poem "Celebration for June 24" by Thomas McGrath. "I love poetry; I feel like in every poem people are writing down their emotions and experiences," said Talmadge. "When I recite it, I get to convey their ideas." Talmadge won the school-wide Poetry Out Loud contest.




1. With the help of the Color Guard, the band prepares for each grade's homecoming court to walk the field. The Color Guard often perfumed with the Marching Generals. 2. Junior Samuel Bosch plays the trombone during his solo at the Thanksgiving assembly. 3. Mr. Alex Robinson goes over material that was rehearsed during practice. "What I like about Mr. Robinson is his ability to choose creative music for us to play," said junior Biru Jones. 4. Sophomore Amy Le practices her tuba during class. Class time was spent working on new music and refining their skills. 5. Junior Delonte Drumgold plays a trumpet solo during a Jazz Band performance. Solos allowed students to showcase their skills.



Junior Sean Magner practices the flute during class. Practicing not only improved skill, but also helped students work together. "I really liked the unity that band provided. You're working to see how good you are and what you can accomplish," said junior Elaine Negasi.



bet you didn't know . . .

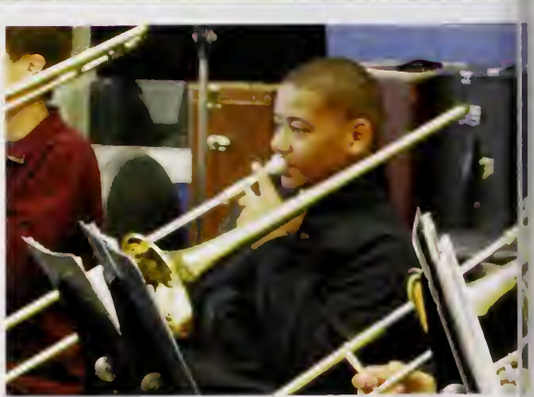
LUISA BANCHOFF, sophomore



Luisa is fluent in German and has lived in Germany. Luisa assisted her mother in teaching German to elementary school children who were planning to visit Germany with their parents. The after-school program was offered twice a week and covered the majority of basic German topics. "I enjoyed this experience to teach and share the country's culture with students who were going to visit the locations and places that I had known growing up," said Banchoff.

The Marching Band performs on the field during halftime at the homecoming football game. Sophomore Gregory Wicks said, "It requires a lot of dedication, especially during Marching Season. It's challenging."

Sophomore Trevor Thornhill plays his instrument during Concert Band practice. "The hardest part about band is the practice sheets, although I like being in a musical environment," said Thornhill.



1. Sophomore Gabriel Amram and freshman John Kirchenbauer play drums during the halftime show at a football game. The marching band was made up of members of the Symphonic Band and anyone else who tried out. 2. The band performs during a school assembly while Mr. Robinson conducts. Members of the band enjoyed traveling with the program and watching their efforts pay off when they performed in front of an audience. 3. Glowing in the blue lights that were set up for the homecoming game, the and marched to welcome in the football team. 4. Freshman Natalie Lemek and junior Macon Mann hold the banner that introduces the Marching Generals. The Marching Generals went to area competitions to showcase their talents. 5. Junior Gregory Lemek and senior Julieze Benjamin play the saxophones for the Jazz Band during an assembly.











play loud,

BAND STUDENTS SHOWED THEIR COMMITMENT

PLAY PROUD

Under the direction of Mr. Alex Robinson, all members of the band strived for excellence. Whether in the Marching Generals, the Symphonic Band, the Concert Band, or the Jazz Band, being in band offered a way to further improve musical ability. The commitment that members made was one that was not for the faint-hearted. "During Marching Season, I usually practice [my instrument] between ten to fifteen hours a week," said junior Mara Berkland.

Not only did band members practice during school, but also before and after the school year started. Besides having a busy practice schedule, they often traveled to different schools in the area for competitions, and the entire band program continued to take an annual trip together.

Between practice time and traveling commitments, the band program continued to offer a haven for music lovers throughout the school. Freshman Michael Gaines summarized the overall feeling that band provides, "Band is a different experience, it's not a main class. That's what makes me want to continue with it in the future."

- Carol Burka, '13
EmilyGursky,'12

the rythmn OF BAND

1. "It helps explore the musical world."
Anna Karagulina, '13

2. "It helps the future musicians showcase their talent in a fun way."
Hannah Mesches, '14

3. "It pumps up fans and encourages everyone to show their spirit."
Pilar Curtis, '13

4. "Band rocks because of the people in it and the uniforms that they wear."
Adrien Soutter, '11

5. "It rocks because so many of my friends play instruments and are good at it, and that's a skill I really respect."
Sarah Corry, '12

bet you didn't know . . .

CORY ADAMS, junior



Cory has been doing martial arts since he was four years old. "I do Combat Sambo at Combat Sports International," said Adams. Sambo combines combat wrestling and other techniques of martial arts into a full fighting style. It usually involves non-lethal techniques and is commonly taught in military training. Adams said, "My favorite part about martial arts is being able to compete against the best around the world."

1. Choral teacher Ms. Theresa Severin conducts the choir groups during their December performance. In the past, some members of the choral department have been chosen to join state choirs. 2. The Madrigals perform for the community at the Holiday Bazaar. They sang festive tunes as shoppers purchased gifts. 3. All three choir groups take part in a show at the Central United Methodist Church. 4. Senior Lan-Anh Nguyen sings at a holiday show. 5. Sophomores Sarah Echols and Meghan Craig perform. "Concerts are definitely the most exciting part of being in chorus. I love being able to show off all that we've been working so hard on," said Echols. 6. The high school choir sings at the Thanksgiving assembly. This choir was the designed to develop musicianship, improve vocal condition, and introduce music reading. 7. Junior Iara Rogers-Benchoam and sophomore Esther Ullberg sing at the Central United Methodist Church. Rogers-Benchoam has been taking voice lessons for the past two years. "In elementary school, I was in all of the musicals since third grade," said Rogers-Benchoam.













best PART?

Freshman Elizabeth Yuhas looks forward to performing in concerts the most, and sees other accomplished singers as role models. "I look up to Idina Menzel, but my favorite singer is Amber Riley from Glee," said Yuhas.



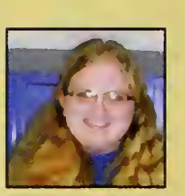
"In Woman's Chorale, there's not that many people. There's a nice, friendly environment and we're all really close. Our teacher calls us a family."

Cecilia Matos, '13



"My favorite part is singing with my friends and meeting new people."

Eva Shuman, '14

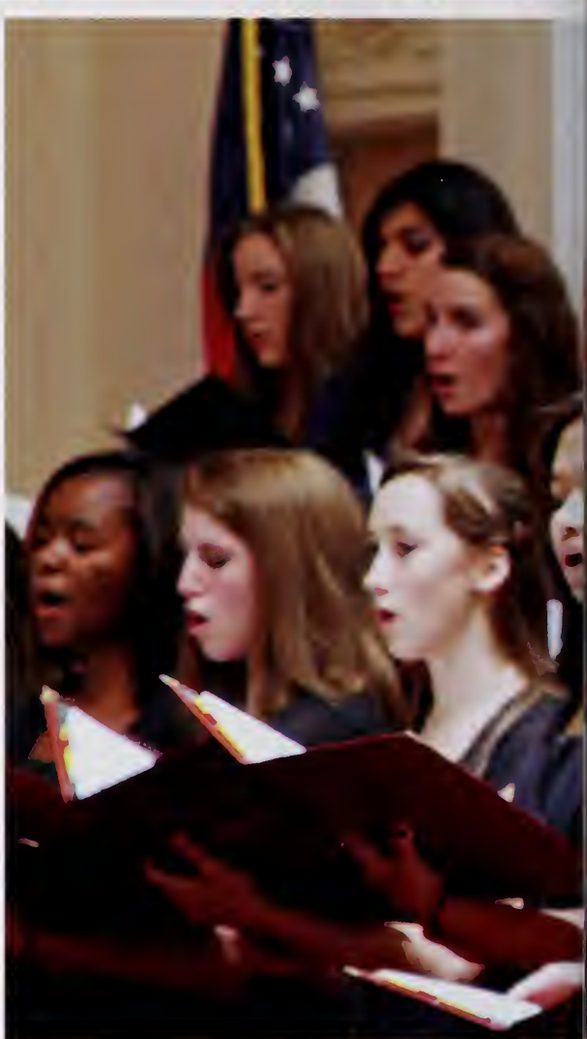


"I have gotten a lot of positive feedback over Youtube. It is a great place to get a plethora of opinions and has gotten me invited to a few auditions."

Mallory McKenzie, '12



The Woman's Chorale performs at an assembly. Sophomore Esther Ullberg, a member of the Chorale, was in a choir at her middle school and as a child. "The most exciting part about chorus is singing songs with several parts to create harmony," said Ullberg.







mastering

THE MUSIC

THE CHORUS AND MADRIGALS PREPARED FOR SHOWS IN VARIOUS WAYS

The choir and Madrigals rehearsed for performances using a variety of methods. Students often practiced prior to auditioning and strengthened their voices before shows through tactics that appealed to them specifically.

For some students, the actual songs were their favorite part of practicing. Members of the chorus learned to sing in a number of languages, including French, Latin, German, and Yiddish. "The songs are either exciting or very pretty, and all of them are fun," said junior Ashley Granados.

Other students thought that making improvements to their weaker areas throughout the year was a large part of rehearsing. "I had to audition for Woman's Chorale and had to practice sight reading," said junior Emily Mathae. "For me, sight reading is very difficult."

Some members of the Madrigals used their own preferred methods to prepare for auditions and performances. "I prepared by singing audition pieces," said senior Faris Sanjakdar. "I also practiced at home by sometimes recording myself on the computer."

Despite the time taken to prepare for shows, members of the choir and Madrigals were relieved after they concluded their performances.

-Carina Garcia, '12
Mora Hav, '13



The choir, the Women's Chorale, and the Madrigals perform. This year, senior Faris Sanjakdar had his first experience as being a part of the Madrigals. "I wanted to know if I had a voice and if it was possible for me to improve," said Sanjakdar.

favorite songs?

"I like singing the songs in other languages."

Cecelia Campbell, '11



"We sing pretty songs, but I really like one called 'The Seal Lullaby.'"

Emily Mathae, '12



"I like the classical pieces· we don't sing that much modern stuff."

Kinsey Scholl, '12



Senior Margaret Siddle enjoys the aspect of performing most when it comes to singing. "Sometimes, I feel nervous to see how the audience responds," said Siddle, "but I like the Christmas songs and the Singing Valentines: I really like the silly songs."

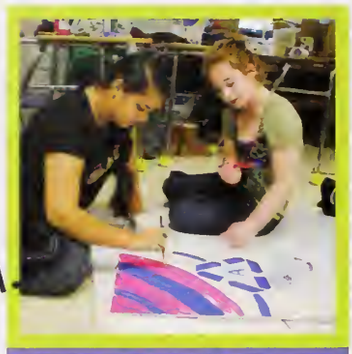


teens going GREEN

THE INCREASED AWARENESS ABOUT GLOBAL WARMING SPARKED STUDENTS TO BECOME MORE EARTH-FRIENDLY

> "If we didn't keep the world clean, it would turn into a big dumpster of trash."
> Emily Bennett, '14

environmental club







1. Freshmen Talbayah Abdullah and Sonia Garfinkel work together to paint recycling boxes after school during an environmental club meeting. 2. Senior Katherine Carten also helps paint boxes during an environmental club meeting. "Painting our recycling boxes attracts people to recycle," said Carten. 3. Sophomore Camille Uzel shows off her artwork before she delivers her newly painted recycling box to Mrs. Verville's room.

Students are going greener now more than ever. Reasons for the greater awareness of the environment were different among students. Some students discovered the increase in global warming, and it encouraged them to become more earth-friendly. "I'm scared about global warming," said freshman Mary Hanula. "It is important to take care of the earth because it is our home, and we don't get a second chance."

Students found that they could walk or ride a bike instead of riding a gas-guzzling vehicle to school. By walking or riding a bike, they were able to save money on gas, get valuable exercise, and help save the environment, all at once. "By walking to school, I get to talk with friends about what we plan to do that day, get fresh air, and it's a nice way to wake-up in the morning," said freshman Meredith Sweeney.

Other people preferred riding a bike because of the quicker ride and the health benefits it encompassed, both for themselves and for the environment. "I bike to school because it is more convenient and because I live close by," said sophomore Garrett Gustafson. "The world is our only place to live; there is no other planet that sustains life, so we can't mess this one up."

-Eileen Breslin, '14



earth-friendly habits

What do you do the most often to keep the environment clean?

22% I walk or ride a bike instead of riding a car or bus.

52% I recycle or compost instead of throwing everything in the trash.

26% I reuse a water bottle instead of using several plastic bottles of water.

100 students surveyed



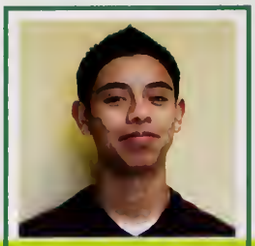
"I use the same paper for notes from different subjects."

Kevin Morales-Gonzales, '12



"I use public transportation like the metro."

Jo Claire Constanz, '13



"I recycle and pick up trash that is on the floor and throw it away."

Diego Mariaca-Vaca, '13



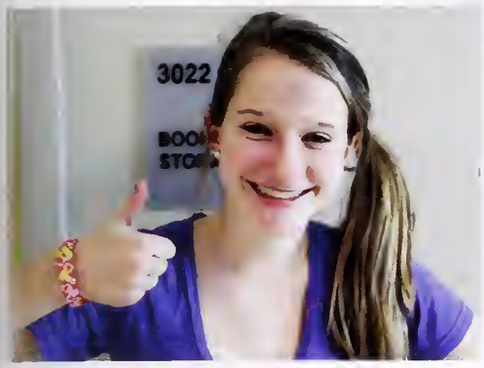
"I enjoy planting trees at Lubber Run Park."

Thomas Fravel, '13

Freshman Lorin Dreiey walks to school on a brisk morning. She walked to school because she lived very close, but she also realized its benefits to both herself and the environment. Dreiey said, "It is important to take care of the earth, and I enjoy walking, because it is good for my health."



Freshman Kathryn Grumbles shows off her bracelet crafted from recycled Starburst wrappers. She believed that it was important to be aware of the environment. "I think people should be more earth-friendly to prevent global warming," said Grumbles. "If they can walk somewhere, they should do it instead of driving."



bet you didn't know . . .

FRANCOIS JAFFRES, junior

Junior Francois Jaffres worked at Target after school about four to five days a week. "I do it for the money, but it is also pretty fun," Jaffres said. Although Jaffres felt it was difficult to balance both a job and school-work, he felt it was worth it. "My goal is to use some of the money to go to a respectable college," Jaffres said.





Freshmen Gwenivere Moore, Meredith Sweeney, Sarah Angell, and Emily Bennett walk to school in the morning. Gwenivere Moore said, "When I walk, I like to catch up with friends who I don't usually see in school, and I'm trying to prevent further global warming so that the earth will be safe for future generations."

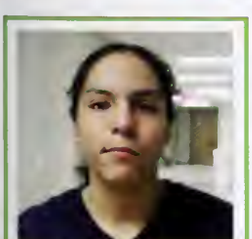




Freshman Caitlyn Riley and sophomore Dewan Clay get ready to recycle paper. Both of them were concerned about global warming and its impact on our world. "Global warming is negative because the icebergs in Antarctica are melting, and eventually, the world will be flooded, " Riley said.

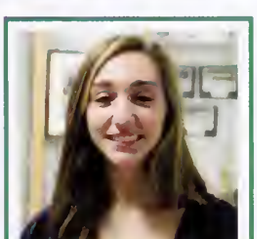
Senior Andrew Perrow recycles a piece of paper that he no longer needs for class. Perrow was concerned about the environment and thought it was important to take care of it so it would stay around for many more years to come. Perrow said, "Global warming is definitely a problem that needs to be fixed with cleaner energy bills and less toxic omissions."

how do you help the environment?



"I like to collect aluminum wheels and car batteries. I recycle them."

Marcus Cantu, '12



"I recycle everywhere I go. I always turn off the lights when I leave the room."

Beth Bodner, '13



"I recycle and pick up trash if I see it on the side of the road."

Jaras Chaimuangchuen, '13

we go

STUDENTS AND TEACHERS GET TOGETHER TO PUT ON THE PRODUCTION OF GREASE

TOGETHER

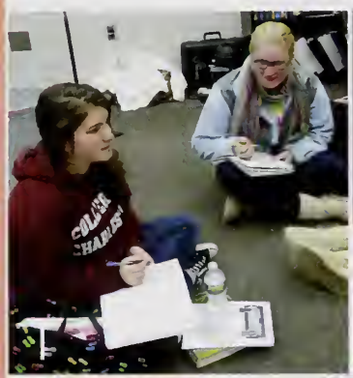
With a year of experience under their belts in the new auditorium, the theater department started off the season with an ambitious goal: "Grease." Usually done in the spring, an irregular spring break made director Mr. Keith Cassidy switch the order of his productions, and instead had the musical in November, with the play, Frankenstein, slated for the first week of April.

The cast was one of the biggest the school has had, and the unusual performance dates allowed many people to try out who had never been in a show before. "I joined because I was trying something new and I ended up with a good role," said senior Faris Sanjakdar, who played Doody, singing "Those Magic Changes."

The show was performed three times in mid-November, and even featured a solo from principal Mr. Gregg Robertson, dressed in a white suit . "I was approached by some students a year ago, but I was hesitant at first because it was a long time since I've done something like this," said principal Mr. Gregg Robertson.

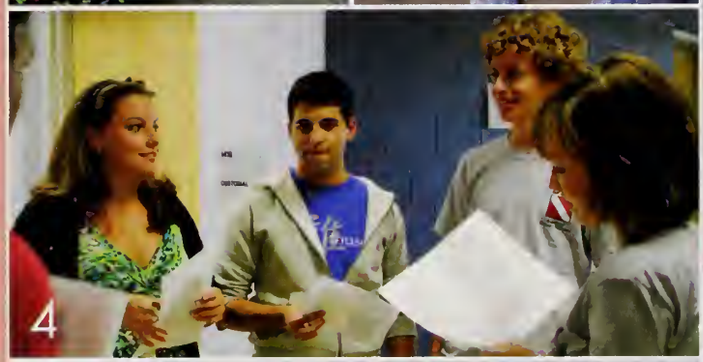
Though the rehearsal process can be strenuous, many were enlivened by the performance. "It's fun to be someone else for a while," said freshman Samantha Tigner. "My favorite part was putting on the show and seeing the audience's reaction."

- Sabrina Patwary, '11











1. Senior Kelsey Tigner and junior Emily Mathae discuss their ideas for their upcoming Bunraku plays for their IB Theater class. 2. Senior Jeremy Friedman gives his performance in "Grease" as the role of Danny Zuko, along with senior Dianthony Talmadge, who played Sonny. "My favorite part about 'Grease' was just hanging with the cast and joking around, because I got to meet interesting people and enjoy the long and sometimes excruciating rehearsals," said Friedman. 3. Senior Shahenda Helmy, juniors Emily Mathae, and Colette Talbot start the play with the lunch scene."I get such a thrill from being on stage. It's an experience I can't get anywhere else," said Helmy. 4. Seniors Kathryn Perry, Faris Sanjakder, Michelle Smyth, and junior Noah Pilchen rehearse their lines for their roles in "Grease". 5. Teachers and students perform their number together for "Beauty School Drop Out."

what was your favorite play?

1 "My favorite play was 'Grease' because it was so well-known, so the hype that surrounded it was unlike anything I've experienced with the other shows at W-L."

Shahenda Helmy,'11

2 "My favorite play was 'Little Shop of Horrors' because it was a fun play and it really made me laugh. There were also a lot of good characters and great singing."

Faris Sanjakdar,'11

3 "My favorite play was 'Godspell' because it was a group play and you felt the ark of the play. It was really stirring."

Henry Conklin, '13

4 "I really enjoyed 'Trojan Women' because of the creative process. It was not the most popular play, but I really enjoyed working on it."

Mr. Keith Cassidy, Theater teacher

5 "My favorite production was 'Dr. Horrible' because it was fun and catchy, but also kind of twisted."

Andrew Elliott, '11



Senior John McElderry, as Johnny Casino, sings "Born to Hand Jive," as junior Laura Yauger lectures students on the appropriate ways of dancing as Ms. Lynch. Students spent weeks rehearsing the dance competition scene. "It was cool to see the whole scene come together, and just see everyone dancing," said McElderry.



Seniors Sonya Dagata, Jesse Guzman, and freshman Jesse Chung pose for a picture as they celebrate the last showing of "Grease." As a tradition, the lower classmen gave the senior cast in the play either a silver pineapple or a silver egg plant.



The cast of Grease perform the song "Summer Nights" with senior Gretchen Schroeder as Sandra Dee. It took the cast hours of dance and singing rehearsals to perfect the scene.

bet you didn't know . . .

SAMANTHA TIGNER, freshman

When she's not playing sports, Samantha likes to spend her free time singing and participating in school plays. "I like singing because it's fun and tends to make me feel better." Tigner also participated in the fall production of Grease. "It was my first high school play and it was such a good experience that it I plan on participating in another one."







Mr. Gregg Robertson sings "Beauty School Dropout" while telling a character to go back and get her high school diploma, during his appearance in the production of "Grease". Although Mr.Robertson was busy with his administrative duties, he still took the time to rehearse with the rest of the cast. "My favorite part was working with the other cast and crew members and seeing them in a different way," said Mr. Robertson. "It reminded me of my teaching days"

What do you like best about theater?



"I like theater because it's fun being someone other than myself."

Peter Hathotuwa, '11



"I like theater because it's fun and I'm good at it. I also like how it amuses people."

Henry Conklin, 13



"I like acting and getting to try out different characters."

Cheru Mengesha, '11

Juniors Laura Yauger and Rachel Wimmer work on their Bunraku plays for their IB theater class. A Bunraku play is a Japanese theater that uses puppets, so the class created their own puppets for their plays as well. "I like performing and creating my own plays," said Yauger.

the boy who lived

AFTER THE PUBLICATION OF THE SEVENTH BOOK, STUDENTS KEEP THE MEMORY OF HARRY POTTER ALIVE

LIVES ON

"All of the Harry Potter activities help us feel like we are at Hogwarts ourselves,"
- Olivia Viola, '14







1. Freshman Maria Winchell smiles, because she enjoys being a member of Dumbledore's Army. "I joined because of my undying love for Dumbledore," said Winchell. 2. For a twist, junior Mara Berkland reads a Harry Potter book in Latin. "We are keeping the memory of Harry Potter alive by bringing it in to the school, and we are going to play Quidditch!" said Berkland. 3. Junior Maheen Shahid discusses a passage from one of the books with other members of the club. "After I read the last words of the last book, I immediately started crying," Shahid said. "It just hit me; it was a sad day."

After J.K. Rowling completed Harry Potter and the Deathly Hallows, students had mixed reactions. "I was really sad, but also happy, because I was able to read the books over time," said junior Leah Crangle. "It's kind of our generation's thing; we love Harry Potter."

Dumbledore's Army was created by juniors Mara Berkland, Maheen Shahid, and Casimira Stempniewicz to keep the memory of Harry Potter alive. "I feel like it is a good place for everyone to be themselves," said junior Mara Berkland. The name came from Harry Potter and the Order of the Phoenix in which Harry, Ron, and Hermione create a secret group called Dumbledore's Army to teach proper "Defense Against the Dark Arts" skills.

"The name properly displays the group's admiration of the series, because the D.A. was such an iconic group in the book," said junior Jordan Ricker.

Students participated in a myriad of fun and slightly magical activities. "The horcrux hunt was the most fun, because it was really competitive," said freshman Olivia Viola. For most students, the D.A. was a perfect way to incorporate the wonders of the Harry Potter world with the demanding world of high school.

-Eileen Breslin, '14



cutest couple

Which romances in the world of Harry Potter were the cutest?

53% Ron Weasley and Hermione Granger

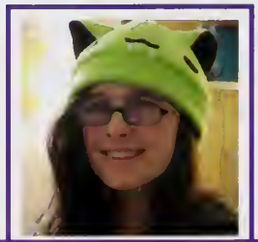
34% Harry Potter and Ginny Weasley

13% Bill Weasley and Fleur Delacour

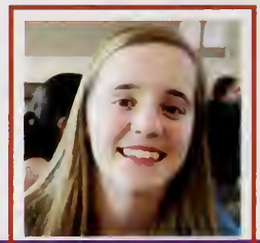
100 students surveyed



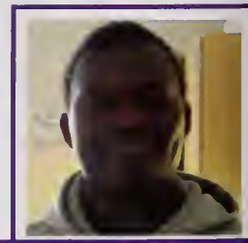
"Because we keep the memory of Harry Potter alive!"
Akira Crawford, '14



"It's a fun place to meet new people."
Olivia Viola, '14



"I love Harry Potter, and the leaders are my friends."
Elizabeth Warren, '12



"I am a big fan of the Harry Potter movies."
Bobby Drayton, '11

Juniors Elizabeth Warren and Jordan Ricker read a passage from Harry Potter in Latin. This was a fun and challenging way to strengthen their knowledge about the wizarding world. "I joined the D.A. because I loved the series as a child, and I felt drawn to the club," said Ricker.

Freshmen Akira Crawford, Victoria Wolford, and Maria Winchell discuss their opinions of an interesting passage of a Harry Potter book. Many students found that they had several friends who shared their interest in Harry Potter. "I joined, because I have a bunch of friends in the club," said Wolford.





bet you didn't know . . .

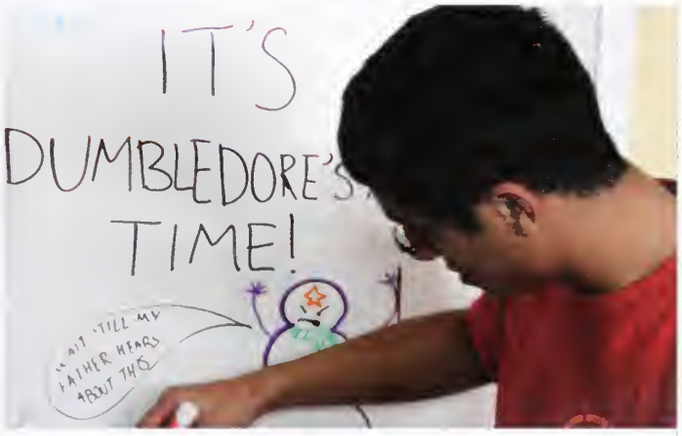
GARRET GUSTAFSON, sophomore



Garrett has eight siblings, ranging in age from four to twenty-nine. "It is really fun during the holidays, because there are a lot of people around," said Gustafson. Like most families, Gustafson's siblings got on his nerves once in a while, but in general, he enjoyed having such a large family. "I have siblings older than me, and it's also fun to have nephews and nieces around," said Gustafson.



Members of Dumbledore's Army gather in a circle to discuss their opinions about one of the Harry Potter books. Students enjoyed defending their point of view of the passages. "We don't want people to forget what they are interested in," said senior Bobby Drayton.





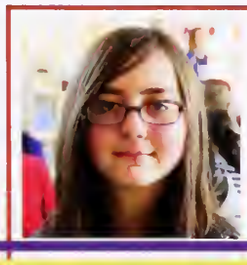
Senior Lonnie Fields expresses his interest in the Harry Potter series as well as Dumbledore's Army by doodling iconic images from the series. A commonly drawn image was the sign of the Deathly Hallows. "I like Harry Potter, and my friends insisted that I join," said Fields.

Members of Dumbledore's Army watch a video about learning how to play muggle Quidditch. Everyone was interested in playing the wizarding sport, so they prepared before the game. "We do the stuff that Harry does, and we are going to play Quidditch!" said freshman Akira Crawford.

why did you join?



"It's fun to be nerdy about Harry Potter with people."
Leah Crangle, '12

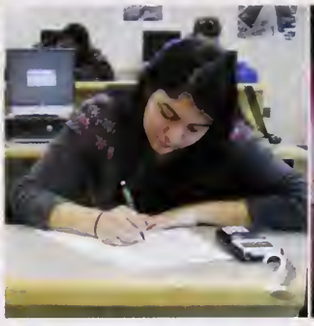


"I thought it would be a fun and creative way to spend time."
Dagny Hankins, '14

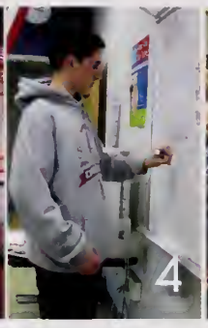


"It's a place where you can just be crazy."
Vicky Yang, '13



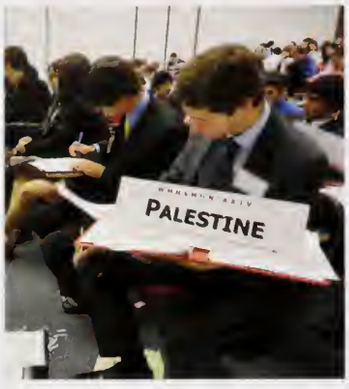








1. The debate team lines up for a picture after their first competition of the year. 2. Junior Lauren Montana takes a Virginia Math League test. There was a set of six VAML tests this year for the math team. 3. The It's Academic team competes against two other local schools, and were broadcasted on television. "A lot of the questions were pretty easy," said junior Ethan Pilot. "It was more about speed rather than knowledge." 4. Senior Matthew Pearson-Beck, one of the captains of the math team, goes over a complicated math problen 5. Juniors Ciara McManus and Simonia Sharma wait in an auditorium to start their mock United Nations session.



Senior Lucas LeBlanc, the Secretary General of Model United Nations, represents Palestine in a competition.

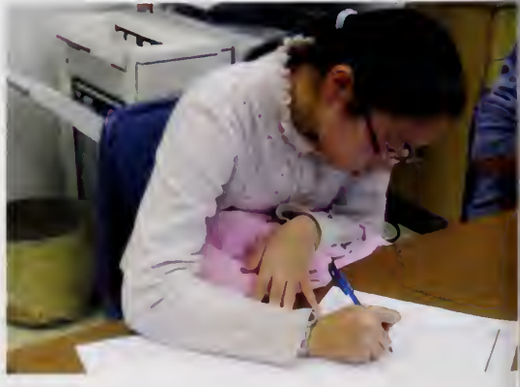


bet you didn't know . . .

NINA OLEYNIK, freshman



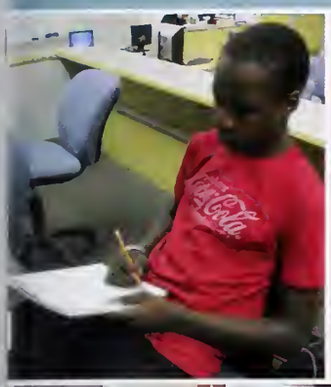
In 2004, Nina Oleynik spent a year on a boat sailing around the Carribbean. "I loved living on the water because I could go swimming everyday," said Oleynik. "We traveled to almost every Carribbean Island and then came back up in a circle." Her parents homeschooled her for that year.

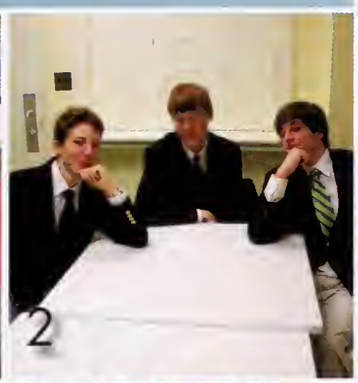


Freshman Carolyn Grahn competes in a Model United Nations conference. Grahn benefited from academic competitions in middle school. "I joined because I had already competed in Model United Nations in middle school," said Grahn. "I feel powerful when I talk because we are helping solve world problems."

Senior Siyao Chang, a captain of the math team, works diligently on the Virginia Math League test. "I'm just really eager to do well," said Chang. "Especially when we are really hoping to continue to do well in VA Math League."

1. Freshman Craig Wanda works on his case for his upcoming debate competition. 2. Senior Samuel Passaglia, junior Ethan Pilot, and freshman Peter Brown wait as the studio is prepared for the It's Academic show. "Inside the studio it's pretty small and the bookcases on the set are even fake," said Pilot. 3. Senior Garrett Lee gets stumped on a question during an It's Academic practice after school. "The questions are very sepcific at what they are asking so they can be very challenging," said Lee. 4. The Model United Nations club stands outside the hotel they stayed at during their competition at the College of William and Mary. 5. Senior Daniel Weiner, the Under Secretary General of the Model United Nations club, competes in the single delegation round at a conference this fall. Sophomore Monika Hossain said, "The debates require you to speak to a fairly large audience which certainly helps with school."





2



3



4



5

knowledge

THE BENEFITS OF THE CLUB WENT PAST THE WINS

MASTERS

Students who participated in academic clubs found many benefits. It gave them the opportunity to meet new people and to participate in activities of their interest.

Siyao Chang transferred as a new student this year. "When I heard about the math team, I thought it was a good way to learn more math topics, to participate in competitions, and to make friends through the team, so I joined," said senior Chang, captain of the math team.

Senior Garrett Lee joined It's Academic because his friend recommended it to him. "I'm not one of the strongest on the team but everyone is friendly," said Lee. "It's a supportive team; we are a community."

The benefits of the clubs went further than the social aspect. Participation in academic competitions also strengthened students' abilities in school.

Model United Nations is a mock representation of the real United Nations. "I feel like Model United Nations has helped in World History a lot, because you have to do research on other countries and on topics that you don't necessarily know about before having to argue them," said freshman Bryan Burgess.

In all, students who participated in academic competitions found their afternoons very productive.

-Adrianna Gorsky, '12

best part of COMPETITIONS

1 "It allows people to get over their fear of public speaking."

Vanessa Clayberg, '11

2 "I like arguing my case with people, it is kind of like an adrenaline rush."

Mary Simkin-Parker, '13

3 "I am able to gain general knowledge about the specific debate topics."

Michael Hughes, '13

4 "The first (debate) tournament is the most nerve wracking, but after that, I find them to be quite enjoyable experiences on a whole."

Natalie Hussmann, '14

5 "After we started I actually began to relax and have fun. The group (math) competition is setup like the one in Mean Girls."

Elizabeth Roy, '13

bet you didn't know . . .

ELIO COLLANTES, junior

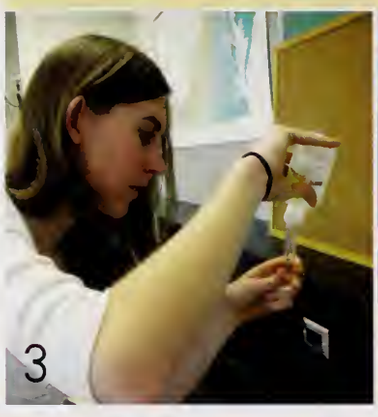


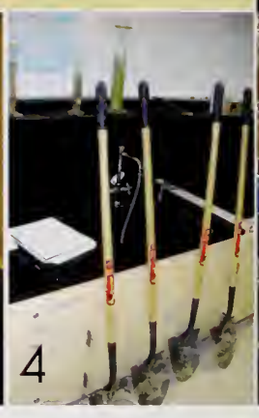
Elio Collantes' hobby and talent is photography. "I started off my photography at a young age when I got my first film camera," said Elio Collantes. He enjoys taking pictures of his family and friends. "My favorite aspect of photography is the ability of an image to preserve the past or capture a memory we probably woud't remember, said Collantes. He plans to pursue a career in commercial photography and make his hobby a reality.

1. Emily Watson and Emily Cook design their bamboo planters. The planters were made to hold varieties of turfgrass for a class lab. 2. Olivia Weltz gathers biomass data from her soy bean plant. Testing biomass was a major component of any experiment. 3. Testing the pH level of soil is senior Katri Gurney. Students used soil testing kits in their wheat and soybean experiments. 4. Often times, the labs are hands-on and materials and supplies are always ready to use. Shovels were set up for a lab. 5. Wheat grass and soybeans are grown in the the classroom. These plants are used as part of another class lab. 6. Junior Noah Anderson does his article at the beginning of class. Environmental systems offered a relaxed environment to learn while still both mentally and physically engaging students in the topics. 7. Juniors Anne Bennett and Simonia Sharma use the textbook to work on the concept guide for their topic. Students were given concept guides to know the outline of the topic they were studying and understand key points.











something LEARNED...



"For a science class, I like Environmental Systems. It is fun and keeps me interested. It is a class that has little to no busy work and a lot of the articles we read make me think about all the energy we consume and how we really do have a major effect on the environment," said senior Lily Carter.



"The degradation unit we did got me interested in environmental landscape design."

-Samantha Brothers, '12



"I learned about the impacts we never hear about but that we often have on our environment."

-Peter Janetos, '11



"Watching Gasland really got me interested in learning about renewable energy sources."

-Noah Pilchen., '12



Senior Hana Jabessa bends a wire to make her planter. Students were only allowed to use school equipment, bamboo, and wire hangers to build their turfgrass planters.







a fresh NEW LOOK

STUDENTS EXPLORE THE WORLD OF ENVIRONMENTAL SYSTEMS

In order to engage students and create an awareness of the world, the Environmental Systems class incorporated hands-on activities, unique labs, and real world applications.

Environmental Systems was the class of choice for some and proved to be a surprising and refreshing change of pace for many. "This class sounded interesting, and I thought I could learn a lot from it," said junior Naomi Waltengus.

Environmental Systems incorporated current events into classroom lectures and allowed the students to brainstorm their own solutions to environmental problems and issues. In Mr. Miller's class, the students had to read a news article each class from the Washington Post or the New York Times and answered a few questions pertaining to the article.

The class had an impact on not only current students but past students. "Looking back, I appreciated taking environmental systems and learning about how people impact the world and how they are in-turn affected by it," said senior Antonella Rodriguez-Cossio.

From constructing turf grass planters and growing soy beans and wheat to learning about environmental topics and policy, Environmental Systems, according to students, was a class worth the time and the effort.

-Hana Hadzibegovic, '11



Seniors Kaleb Gared, Solomon Hailu, and Andrew Karpinski brainstorm a way to build their planter out of bamboo. Planters had size requirements and students were marked down if they did not meet them.

why systems?

"I love this class. I think it's a class that avoids any busy work and changes the way you view society."

Lucas Leblanc, '11



"I am more aware of world-wide environmental issues and events."

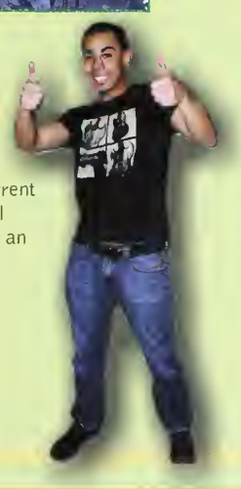
Monique Spain, '11



"Enviornmental Systems is not a traditional class, it is useful and teaches you a lot about the values of nature."

John Heng, '11





"The class is heavily based on current world events and taps into overall values and how those values have an effect on other people and the environment," said senior Robert Mercado.

best buddies

STUDENTS DEVELOP GENUINE RELATIONSHIPS WITH A UNIQUE GROUP OF KIDS FOREVER

A new club called Best Buddies aimed to enhance the school's social experience for students with disabilities. This past year, club members started to develop strong connections with their buddies. "It gives us a social network and integrates them into the high school experience," said senior Sandra McCartin.

Many students also realized how much they had in common. Bonding through activities such as tutoring and going out to the movies, members could relate to their buddies in many different ways such as being nervous for a big test or getting excited to watch a new movie. "We do activities such as meeting each other's family and hanging out twice a month, but I do more than that," said sophomore Jasmin Vargas.

As the year went by, each best buddy group went from having a student-to-student relationship to having an actual friendship. "We develop friendships, and it's just a club where you get to meet new people," said sophomore Jasmin Vargas.

Best Buddies has helped students to branch out of their small circle and develop relationships with students from every grade.

-Amina Chenini, '11

reasons for joining

1 "It's good to meet new people that I had never met before."

Jessica Merida, '12

2 "It teaches you to respect people no matter what circumstances."

Katrina Cook, '13

3 "A lot of them don't have an interaction with students so it helps with that."

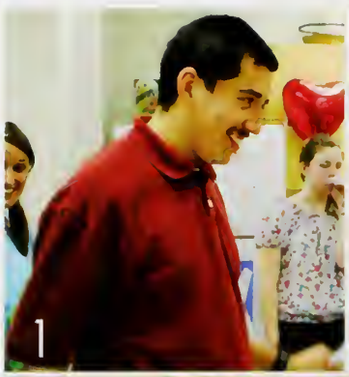
Stephen Cerqueira, '12

4 "It's a great way to meet people you wouldn't probably meet."

Trevor Newton, '11

5 "It makes you feel really good in a way that you can't always get by just working at a shelter or tutoring. I know that I am making a difference in these kids' lives."

Sarah Chase-Walsh, '12











1. Senior Milton Portillo-Ortez smiles when he sees his best buddy, junior Sarah Chase-Walsh. Spending quality time with fellow classmates made students feel like they fit into their community. 2. Freshman Elisa Herrera braids sophomore Brittany Mirro's hair. Bonding with activities such as this helped start conversation. "I like parties and playing games," said Herrera. 3. Junior Fernando Montano focuses on coloring his picture. "My best buddies and I like to color," said Montano. 4. Members of the Best Buddies club help junior Karina Rojas with a collage. The event was a Valentine's day party put together by the program. 5. Junior Emma Banchoff, senior Nahidul Huque, and junior Stephen Cerqueira eat the cupcakes they had made together. Having parties helped students develop a social network.



Freshman Kevin Leon and senior Nahidul Huque spread the dough as they start to make cookies. Making snacks was a norm for the Life Skills class, which helped a lot of the same kids in Best Buddies form other skills to help them be more independent.



Senior Milton Portillo-Ortez and Rachael Rich wait for each other after school before they go to Ballston. Having a meeting place helped to avoid confusion. "Mainly we go to the movies and eat dinner at Ballston," said Rich.



Senior Jaquilin Cabrera and Morgan Burns begin to make cupcakes. Spending time doing activities developed a genuine friendship in a relaxed atmosphere. "My best buddy and I like to walk to Ballston and go to the mall," said Cabrera.

bet you didn't know . . .

JOSE CONTRERAS, senior



Senior Jose Contreras moved back to Arlington during this past school year from Texas, and he didn't think changing schools was very easy. "It's hard but you get to meet new people," said Contreras. Moving back and forth was tough, but Contreras felt that coming back to Arlington seemed as if he was coming back home. "I didn't like Texas because it was too hot and so I came back to Arlington," said Contreras.



Junior Turner Harris cleans up after himself before he places his cookies in the oven. Learning to become independent and responsible helped him grow into an adult. "My favorite part about Best Buddies is making friends," said Harris.

What's your favorite part?



Sophomore Katrina Cook and freshman Elisa Herrera pose for a picture together before they start their coloring activity. "I made new friends and I learned how to work with kids with disabilities," said Cook.



"It makes me feel good to be able to help somebody."

Jasmin Vargas, '13



"My buddy and I like to play games."

Adonay Gebretnsaie, '14



"I like spending time with my buddy because she's really sweet."

Eleanor Splan, '13

club pictures



LATIN AMERICAN STUDENT ASSOCIATION

Front Row: Diego Mariaca-Vaca, Gisele Sanchez, Milisa Lanchipa, Lizett Claure-Orellana, Genesis Solano, Karina Claure-Orellana, Sandra Peralta, Jhoselin Juarez-Castro **Row 2:** Sponsor Elvia Santamaria, Nabila Akbar, Rebeca Orellana-Montano, Andres Viruez-Guzman, Stephanie Sejas-Castro, Jennifer Ronquillo, Maria Penado, Cecilia Mendoza, Elaine Khuu **Row 3:** Moussa Oia, Chelsea Irizarry, Daniela Cervantes-Camacho, Halimo Jidal, Amina Chenini, Alexander Solis-Vasquez, Karina Irizarry, Liliana Ramirez, Noelia Orihuela-Cespedes, Claudia Cisneros, Brayon Buendia Orellana **Row 4:** Aida Sebhat, Luis Fernandez, Britta Gonzales, Rene Ochoa, Patricia Alcala-Velasco, Fernando Torrico, Brandon Escobar Andrade, Antonella Rodriguez Cossio, Gladys Castellon, Muhammad Zareen **Back Row:** Sean Guerra, Saron Kebede, Karen Vallejos, Natalie Shearin, Benjamin Merlos, Biniam Gared, Steven Sejas-Castro, Gustavo Mariaca-Vaca, Randall Perez, Hareth Andrade-Ayala, Diego Jaldin-Varela



LIFE SKILLS

Front Row: Kevin Leon, Adonay Gebretnsaie, Jessica Merida, Elisa Herrera, Karina Rojas **Back Row:** Turner Harris, Fernando Montano, Nahidul Huque, Amber Thompson.



CHINESE CLUB

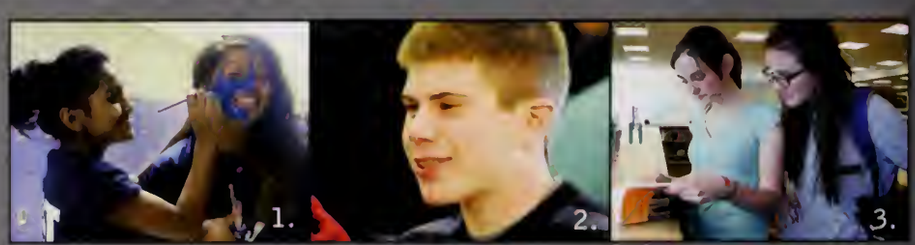
Front Row: Sponsor Mrs. Janet Luu, Han Ping, Siyao Chang, Elaine Khuu, Darnicha Hopwood, Vicky Yang **Row 2:** Anhthu Tonnguyen, Daniela Cervantes-Camacho, Christopher Lim, Gladys Castellon, Cindy Thai, Heather Pion **Back Row:** Mingzhu He, Sean Lui, Tiffani Sykhammountry, Allen Chen, Jenie Nguyen, Chen Zhang



DUMBLEDORE'S ARMY

Front Row: Sponsor Ms. Nora Kelley, Delia Ricker, Maria Winchell, Aloha Backenstose, Leah Crangle, Vicky Yang **Row 2:** Brooke Campbell, Claudelle Calfat, Jasmine Herndon, Iara Rogers Benchoam, Meredith Rondle, Maheen Shamid **Row 3:** Casha Stempniewicz, Jordan Ricker, Elizabeth Warren, Lonnie Fields, Margaret Siddle, Mara Berkland **Back Row:** Biru Jones, Emily Mathae, Arman Hussain, Blair Delery, Kayla Schoomaker, Caitlin O'Grady

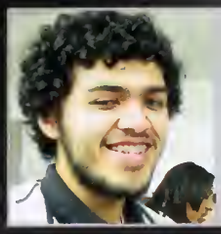
1. Seniors Salma Akter and Karla Rivas 2. Freshman Tyler Laredo 3. Junior Nina Troy and Senior Rachael Rich



"The best thing about being in Dumbledore's Army is meeting other Harry Potter fans."

- Casimira Stempniewicz, '12





"Clubs teach you how to be aware of what's happening around your community."

- Gabriel [illegible], '11



ETHNIC ARABIC

Front Row: Nabila Akbar, Lorena Deleon, Halimo Jidal, Amina Chenini, Rima Ezzirati **Row 2:** Misbah Javed, Hagar Sanjakdar, Natalie Shearin, Salam Aziz, Atiya Rehman, Sponsor Ms Mona Mitry **Back Row:** Alex Panagiotopoulos, Michael Tesfaldet, Tarik El-Allame, Nahom Michael, Amenuel Abebe



COMMUNITY ACTION

Front Row: Mora Hav, Hagar Sanjakdar, Meredith Randle, Adrianna Gorskey, Niti Paudyal, Nataly Montano **Row 2:** Sarah Chase Walsh, Isabel Amend, Stephen Cerqueira, Jasmine Herndon, Mary O'Connor, Jardan Kruger **Back Row:** Brendan Kiviat, Colman Smith, Timothy Jenkins, Andrew Heinzman, Maddy Hay, Emma Banchoff, Marcus Lusby



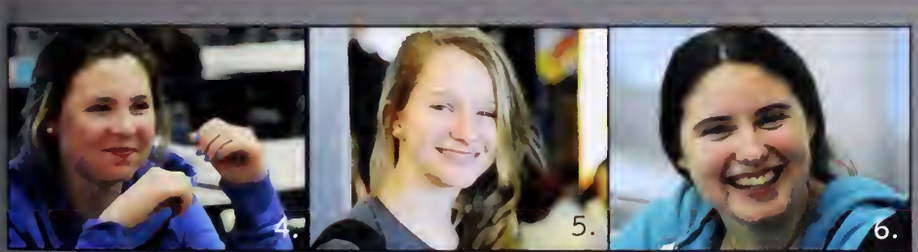
ACE DESIGN TEAM

Front Row: Mona Mahmoud, Cindy Thai, Claudelle Calfat, Niti Paudyal, Genesis Solano **Row 2:** Samiha Choudhury, Christopher Nelson, Josie Butler, Stephen Cerqueira, Samantha Brothers, Iara Rogers Benchoam **Row 3:** Nahom Michael, Alexander Panagiotopoucos, Luke Fitcher, Martin Debraine, Dawson Cannon, Amenuel Abebe, Kedus Daniel



TABLE TOP GAMING

Front Row: Harley Stinson, Madeline Bowman, Jordan Ewy **Back Row:** Sponsor Mr. Les Albers, Austin Dalton, Matthew Hines



4. Freshman Cassidy Boomsma. 5. Freshman Kathryn Grumbles 6. Junior Carly Blancato

"Clubs are good for learning new skills and meeting new people."



- Lauren Hossain, '13



"I'd join clubs if I had time for fun and they would also look good on college applications."

- Alexander Kopenhaver, '11



PHILOSOPHY CLUB

Front Row: Kristi Kem, Sponsor Ms. Nora Kelley, Rutha Kidane **Row 2:** Elizabeth Englund, Faris Sanjakdar, Ann Plotkin, Lan-Anh Nguyen **Back Row:** Katherine Ponds, Gretchen Schroeder, Bryan Chase, Aida Sebhat, Sandra McCartin



PHOTOGRAPHY CLUB

Front Row: Sponsor Ms. Alissa Etten, Leah Crangle, David Silverman, Patrick McMenamin, Kassidy McElheney, Katherine Carten **Row 2:** Sarah Goodman, Christina Hogan, Erin Daniell, Brendan Kiviat, Lelia Troiano, Josie Twomey **Back Row:** Emilia Zevallos-Roberts, Ryan Uckert, Blair Delery, Elio Collantes, Jon Dixon, Charles Argon



RED CROSS CLUB

Front Row: Enkhjin Tuvshinzaya, Elli Panagiotopoulou, Shalma Akther **Row 2:** Nicole Carrasco, Susan Sabatier, Gracia Luoma-Overstreet, Nevyat Gebru **Back Row:** Bethlehem Demissie, Lysa Diarra, Nomin Bayanmunkh



ENVIRONMENTAL CLUB

Front Row: Stephen Cerqueira, Sarah Chase-Walsh, Niti Paudyal, Rachel Kamvar, Enkhjin Tuvshinzaya, Katherine Carten, Teodora Peneva **Row 2:** Samiha Choudhury, Mary O'Connor, Jo Claire Constantz, Alycia Bouchard, Isha Srivastava, Adrianna Gorsky, Samantha Brothers **Back Row:** Emma Klein, Sarah Goodman, Madeline Hay, James Tate, Jordan Ricker, Parita Shah, Sarah Chisholm

1. Sophomore Maggie Burgos 2. Junior Emily Walker 3. Freshman Alexandra Martinez and junior Lauren Hunimell



club pictures



INVESTING CLUB

Front Row: Kyla Bouldin, Jo Claire Constantz, Tiffani Sykhammountry, Alycia Bouchard, Sarah Echols **Back Row:** Jon Dixon, James Tate, Elliot Grace, N'Dri Sligh N'Cho, Charles Argon, Jonas Albro



MODEL UNITED NATIONS

Front Row: Sponsor Ms. Nicole DeRocco, Brandon Escobar, Carolyn Grahn, Grace Prentice, Samuel Passaglia, Teodora Peneva **Row 2:** Simonia Sharma, Emily Walker, Daniel Weiner, Daniel Mulrow, Connor Lay, Nina Troy, Bryan Burgess **Back Row:** Max Blackman, Brendan Ritter, Thomas Fontaine, David Shirzad, Geoffrey Odlum, Lucas Leblanc, Karen Vallejos



MOUNTAIN CLUB

Front Row: Elizabeth Beckwith, Hagar Sanjakdar, Brooke Campbell, Macon Mann, Allison Fontaine, Adriana Thornton, Shiva Minovi Row 2: Cindy Thai, Josie Butler, Elizabeth Warren, Jordan Ricker, Erin Daniell, Emily Walker, Giulia Cajati, Alys Harshbarger Back Row: Sponsor Mr. Richard Avondet, Audrey Bowler, Daniel Mulrow, Thomas Fontaine, Samuel Bosch, Connor Lay, Katri Gurney, Madeleine Brehaut, Sponsor Mr. Robert Summers



ENGINEERING CLUB

Front Row: Sponsor Mr. Richard Avondet, An Ngoc Huynh, Amanuel Abebe, Josie Butler, Brandon Escobar, Elizabeth Beckwith **Back Row:** Juwan Cephas, Jorge Torrez, Biniam Gared, Tarik El-Allame, Kaleb Gared, Nahom Michael, Faris Anwar



4. Freshmen Cara Maisel, Clare Canavan, and Addison Oliver
5. Seniors Sarah Anderson and Amy Severs 6. Sophomore Nicolas Suarez

club pictures



IT CLUB

Front Row: Alexander Lindeman, Samuel Passaglia **Back Row:** Brendan Ritter, Ethan Pilot, James Wanda



BROADCAST JOURNALISM

Front Row: Sponsor Mr. Gordon Laurie, Hannah Mesches, Meredith Pandle, Lindsay Cronin, Emilia Sens, Margaret Burgos, Kylie Vick **Row 2:** Elizabeth Englund, Jordan Kruger, Ashley Hadley, Adrian Thornton, Lisa McNabola, Megan Kroger **Back Row:** Raleigh Mills, Sonya Dagata, Daniel Mulrow, Dawson Cannon, Alexander Kopenhaven, Audrey Batcheller, Catherine Bovyan



NATIONAL ART HONORS SOCIETY

Front Row: Leah Crangle, Emily Harrison, Emily Gursky, Imani Tinter, Kassidy McElheney **Row 2:** Lelia Troiano, Olivia Ricks, Emily Mathae, Ming Yan Au, Maheen Shahid, Miranda Walls **Back Row:** Erin Daniell, Cecelia Campbell, Blair Delery, Kayla Schoomaker, Elio Collantes



PEOPLE FOR ANIMAL WELFARE CLUB

Front Row: Bethany Williams, Samiha Choudhury, Rachel Kamvar, Jennifer Ronquillo, Vicky Yang **Row 2:** Ariadne Bene, Alys Harshbarger, Juthi Jahangir, Eden Tecle, McKenzie Nelson, Amy Sikhammountry, Rafa Chowdhury, Carina Garcia **Back Row:** Amber Ruess, Nicole Carrasco, Brandon Escobar, Blair Delery, Brandon Wagstaff, Abigail Knight, Griffin Hyde, Michaela Nelson, Jordan Ewy

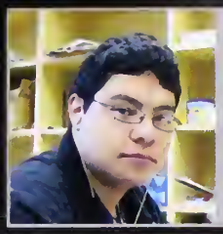
Juniors Alexander Panagiotopoulos and Fernando Quintero
Junior Matthew Hirsch 3. Seniors Kavanagh Malinchuck,
Nikka Olivera, Catherine Pricone, and Jessica Langley



"In Investing Club, we buy and sell stocks on a program that simulates it."

- Elliot Grace, '13





"Art Club has given me a better understanding of the different varieties of art."

- Richard Montes '13



GAY-STRAIGHT ALLIANCE

Front Row: Gisele Sanchez, Delia Ricker, Elli Panagiotopoulou, Rachel Edgar, Olga Sangl, Vicky Yang **Row 2:** Margaret Barry, Amy Sikhammountry, Genesis Portugal-Sanchez, Margaret Siddle, Caitlin Alene O'Connor, Adrianna Lazarte, Allison Fontaine, Jordan Ricker **Back Row:** Lillian Prins, Josie Butler, Cirelle Overton, Thomas Fontaine, Tiffani Sykhammountry, Jenie Nguyen, Jose-Sanchez Portugal



ART CLUB

Front Row: Kimberly Davies, Emily Harrison, Nicole Carrasco, Emily Goldman, Lina Chhuy-Hy **Row 2:** Jeremy Mott, Nicole Nicholas, Robin Leiter, Olivia Ricks **Back Row:** Luz Hernandez, Francis Malone, Matthew Healey, Abubakr Osman, Richard Montes



EVERYBODY BOWLS

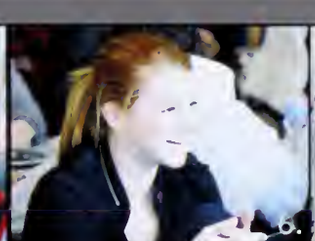
Front Row: Maheen Shahid, Emily Harrison, Olivia Ricks **Row 2:** Jeremy Mott, Ming Yan Au, Nicole Nicholas **Back Row:** Emily Mathae, Matthew Healey, Cecelia Campbell



GLEE/SHOW CHOIR

Front Row: Iara Rogers Benchoam, Mara Berkland, Casimira Stempniewicz, Maheen Shahid **Back Row:** David Lopez, Daniel Mulrow, Caitlin O'Grady, Emily Mathae


5.

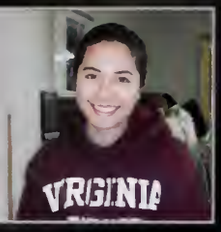

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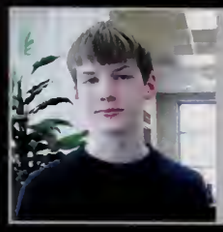

7.

1. Freshman Michael Katz 2. Junior Susan Ferguson 3. Juniors Daphne Bascope and Hind Lakrouchni, and senior Carlos Dell'Agostino.

"I would make a travel club because I want to travel to different places all over the globe."

- Sarah Anderson, '11





"I would make a classical music appreciation club because I like to listen to listen to that type of music."

- James Hughes, '14



BOOK CLUB

Front Row: Morgen Scott, Naomi Waltengus, Laura Holsten, Maria Winchell **Back Row:** Mallory McKenzie, Blair Delery, Elaine Negasi



DIVERSITY PEER TRAINING

Front Row: Sponsor Marsha Dale, Rebecca Namm, Rebecca Rhinehart, Michaela Nelson, Paula Cooke, David Huaman, Jessica Guevara-Lazo, Ratila Chowdhury, Maurely Salazar-Obando, Keisha Horne **Row 2:** Zhane Matos, Marcus Lusby, Caitlin O'Connor, Jordan Hinkson, Rachael Rich, Ronnell Crossland, Peter Janetos, May Stearman, Jamilla Harvey
Back Row: Colman Smith, John Mutty, Eric Witiw, August Thomas, Aliya Winker, Tarik El Allame, Kyle Conway, Anthony Taylor, Luis Torres-Franco, Benjamin Rim, Ryan Uckert



LATINAS LEADING TOMORROW

Front Row: Sponsor Heyei Baptista, Lizett Claure-Orellana, Vanessa Sanchez, Maria Garcia-Jaramillo, Kenia Arevalo, Sandra Peralta, Oxzana Ayala
Back Row: Jasmin Vargas, Sjocelin Traverso, Florencia Morales, Patricia Ochoa-Barajas, Bethany Solano, Sponsor Monica Larrieu



FCCLA

Front Row: Cindy Thai, Naomi Waltengus, Amy Sikhammountry, Samiha Choudhury, Enkhjin Tuvshinzaya, Kassidy McElheney, Anudari Amartuvshin
Row 2: Fareen Ahmed, Jenie Nguyen, Miranda Walls, Simonia Sharma, Elaine Negasi, An Ngoc Huynh, Christopher Lim, Sponsor Jenny Zimmerman
Back Row: Tiffani Sykhammountry, Natalie Shearin, Jorge Torrez, Myiam Anderson, Cuong Tu, Taylor Brandt, Erin Daniell

1. Junior Jordan Hinkson and sophomore Rebecca Namm
2. Seniors Binita Pant and Andrew Elliott 3. Junior Zakaria Ennijm



club pictures



MATH CLUB

Front Row: Suwarna Poudel, Siyao Chang, Amy Sikhammountry, Christopher Douglas Lim, Nataly Montano-Vargas, Niti Paudyal, Samuel Passaglia **Row 2:** Emma Banchoff, Sean Liu, Shengyuan Wang, Sandra McCartin, Manon Loustaunau, Elizabeth Roy, Mallory McKenzie, Cuong Tu **Back Row:** Anthony Chi, Brendan Killalea, Peter Hazel, Matthew Pearson-Beck, Christopher Lent, Andrew Heinzman, Biniam Gared, Shane Macnamara, Sponsor Kevin Clark



DEBATE TEAM

Front Row: Sandra McCartin, Liliana Ramirez, Isabel Larroca, Shalma Akther, Nevyat Gebru **Row 2:** James Trevor Blakely, Mary Elizabeth Parker-Simkin, Ben Yatt, Marisela Lara, Bethlehem Demissie, Sponsor Mr. Paul Bui **Back Row:** Craig Wanda, Peter Hazel, Matthew Pearson-Beck, Abin Dahal, Joshua Patecell, Derrick Blakely, Mallory McKenzie



MODERN JAPANESE CULTURE CLUB

Front Row: Jennifer Ronquillo, Elizabeth Beckwith, Dagny Hankins, Jordan Ewy, Michelly Sorge Barbosa **Row 2:** Keisha Horne, Daniel Hilla, Stephen Robinson, Madeline Bowman **Back Row:** Brandon Escobar, Benjamin Hyde, Abubakr Osman, Matthew Hines, Richard Montes



GREENBRIER CLUB

Front Row: Parita Shah, Lisa McNabola, Sponsor Mr. Gordon Laurie **Back Row:** Hannah Aiken, Trevor Turner, Ann Plotkin



4. Sophomore Morgan Burns 5. Freshman Zuhaerr Mansiv
6. Sophomore Kalle Wadzinski

club pictures



BEST BUDDIES

Front Row: Kevin Leon, Jessica Merida, Liliana Ramirez, Morgan Burns, Brigitte Jahncke, Sarah Chase-Walsh, Brittany Mirro, Kirby Clark, Elisa Herrera **Row 2:** Karina Rojas, Amber Thompson, Rourke Donahue, Emily Mathae, Sandra McCartin, Turner Harris, Katrina Cook, Adonay Gebretnsaie, Enkhjin Tuvshinzaya **Back Row:** Jasmin Vargas, Trevor Newton, Rachael Rich, Fernando Montano, Nahidul Huque, Timothy Jenkins, Emma Cooper, Emma Banchoff, Caroline Quinn



COMPUTER ENGINEERING

Manbir Nahal, Charlz Alexander Lowis, James Blakely, Jonathan Mejia



ASTRONOMY CLUB

Front Row: Sponsor Mr. Ron Melkis, Maheen Shahid, Leah Crangle, Alys Harshbarger, Claudelle Calfat, Laura Holsten, Maria Winchell, Delia Ricker **Row 2:** Carly Anders, Broke Campbell, Katarina Vandish, Jordan Ricker, Elizabeth Warren, Sean Liu, Allison Fontaine, Jennifer Ronquillo **Back Row:** Randall Perez, Levi Herreva, Blair Delery, Arman Hussain, Thomas Fontaine, Caitlyn O'Grady, Arnold Cespedes, Mallory McKenzie



STUDENT COUNCIL ASSOCIATION

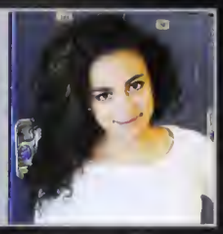
Front Row: Rabia Cakar, Adrianna Gorsky, Lara Sierra, Morgan Shotwell, Kristi Kem **Row 2:** Khulan Batmunkh, Zxena Mannah, Chaimae Haronni, Rourke Donahue **Back Row:** Sonya Dagata, Peter Hazel, Kyle Chipman, Daniel Mulrow, Caitlyn O'Grady

1. Senior Patricia Almeida and junior Seddhamanika Sarik 2. Sophomores Caroline Quinn and Alexis Sison-Postma 3. Junior Jacob Pyshos



"Crew takes up all of my time during the year, so I am not in any clubs."

- Samia Jaouhari, '14





"I joined FCCLA to see how the club would help the community. I also enjoy cooking, and we sell food."

- Cuong Tu, '12



FRESHMAN CLASS REPRESENTATIVES

Front Row: Addison Oliver, Alicia Hartz, Cailin Ramsey **Back Row:** Sarah Angell, Kyle Chipman, Anna Santiago



SOPHOMORE CLASS REPRESENTATIVES

Front Row: Morgan Schotwell, Lauren Strauss, Rabia Cakar **Back Row:** Ngoc-Nu Tran, Elizabeth Roy, Lara Sierra



JUNIOR CLASS REPRESENTATIVES

Front Row: Madeline Hay, Daniel Mulrow, Paige Taylor **Back Row:** Noah Pilchen, Peter Hazel, Eric Schmidt



SENIOR CLASS REPRESENTATIVES

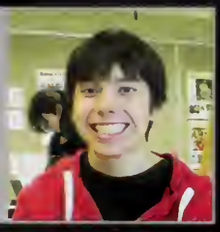
Front Row: Kristi Kem, Chaimae Haronni, Imane Zirari, Teodora Peneva, Scarlet Jaldin **Back Row:** Gretchen Schroeder, Max Blackman, Stella Sklar, Andrew Elliott, Eleanor Jacobs

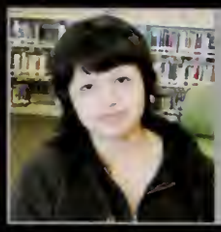


4. Junior Emily Harrison 5. Freshman Michelle Vu 6. Junior Jordan Ricker

"I think it's great that, as part of Key Club, we can help out all types of people."

- Francis Malone, '12





"I think the school has clubs that I would like to join, but I don't have time to do them."

-Katherine Castro-Pautar, '12



TRI M

Front Row: Mara Berkland, Brianna Hogan, Elizabeth Warren, Kathryn Perry, Sean Liu **Back Row:** Gretchen Schroeder, Gregory Lemek, Mallory McKenzie, Christopher Seipp



KEY CLUB

Front Row: Jenie Nguyen, Amy Sikhammountry, Megan Carlson, Courtney Riley, Lan-Anh Nguyen, Hannah Aiken, Emily Harrison, Casey Moran, Naomi Waltengus **Row 2:** Ariel Bobbett, Nataly Montano-Vargas, Niti Paudyal, Emily Cook, Teodora Peneva, Christopher Liu, Alycia Bouchard, Hannah Fried-man, Sabrina Patwary, Monica Amaya **Row 3:** Jordan Kruger, Kylie Auble, Jo Claire Constantz, Sarah Goodwan, Emma Klein, Abigail Bessler, Sean Liu, Alison Bently, Elaine Negasi **Row 4:** Hannah Swan, Rourke Donahue, Annette Franchi, Matthew Hirsch, Stephen Cerqueira, Brittany Jones, Sandra McCartin, Emily Watson, Simonia Sharma, Mallory McKenzie **Back Row:** Brendan Kiviat, Natalie Shearin, Jonas Albro, James Tate, Luke Fichter, John Beckman, Cuong Tu, Francis Malone, Kayla Schoomaker, Luisa Banchoff, Trevor Turner



IT'S ACADEMIC

Front Row: Teodora Peneva, Samuel Passaglia **Back Row:** Peter Hazel, Ethan Pilot, Peter Brown



PENMAN

Front Row: Karen Lazo, Julie Brooks, Olivia Czerewko, Brianna Hogan, Jordan Kruger, Teodora Peneva **Row 2:** Mallory McKenzie, Laura Holsten, Eleanor Jacobs, Ann Plotkin, Lisa McNabola, Claudelle Calfat **Back Row:** Brendan Kiviat, Luisa Banchoff, Eric Schmidt, Kalle Wadzinski, Noah Pilchen, Kayla Schoomaker, Emma Banchoff

1. Senior Jeffrey Leon 2. Juniors Karen Vallejos and Nina Troy 3. The swim team sells cookie jars at the Holiday Bazaar for a team fundraiser.



club pictures



NATIONAL HONORS SOCIETY #1

Front Row: David Silverman, Maia Mandel, Niti Paudyal, Gretchen Schroeder, Samuel Passaglia, Kaitlynn Menoche, Lan-Anh Nugyen, Manon Loustaunau, Isabel Amend **Row 2:** Sponsor Ms. Esperanza de Sisneros, Emma Sheehy, Dana Raphael, Maggie Burgos, Siyao Chang, Ariel Bobbett, Adrianna Gorsky, Helen Amened, Honora Walls, Genesis Solano, Vincenza Montante, Kimberly Davies **Row 3:** Luisa Banchoff, Benjamin Rim, Ricardo Pagulayan, Parita Shah, Andrew Karpinski, Benjamin Yatt, Emma Banchoff, Charles Hilla, Madeleine Brehaut **Row 4:** Eric Witiw, Madeline Hay, Jennifer Berry, Caleb Wroblewski, Cuong Tu, Nathan Heinzman, Kayla Schoomaker, Daniel Guenther, Daniel Browning, Nathan Young **Back Row:** Joseph Crandall, Christopher Bardo, Andrew Heinzman, Christopher Lent, Spencer Reavis, Garrett Bangsboll, Jack Beckman, Joseph Windheim, Peter Hazel, Max Blackman, Noah Pilchen



NATIONAL HONORS SOCIETY #2

Front Row: Claire Rogers, Liliana Ramirez, Gretchen Schroeder, Samuel Passaglia, Kaitlynn Menoche, Lan-Anh Nguyen, Jordan Kruger, Elizabeth Englund **Row 2:** Sponsor Ms. Esperanzada de Sisneros, Meredith Randle, Brianna Hogan, Elaine Khuu, Bethany Williams, Lina Chhuy-Hy, Anhthu Tonnguyen, Sarah Danik, Sonia Phene, Rachel Kamvar, Kirby Clark, Emily Cook **Row 3:** Sabrina Patwary, Kylie Auble, Brigitte Jahncke, Samantha Eakes, Michaela Nelson, Alison Bentley, Raleigh Mills, Sandra McCartin, Shahenda Helmy, Courtney Riley, Mara Berkland **Row 4:** Katherine Andersh, Hana Hadzibegovic, Lelia Troiano, Jasmine Herndon, Elizabeth Ray, Emma Klein, Tenley O'Hara, Imane Zirari, Abigail Bessler, Emilia Zevallos-Roberts, Kathryn Perry **Back Row:** Emma Cregan, Rourke Donahue, Elizabeth Warren, Jillian Luoma-Overstreet, Gregory Lemek, Sean Magner, Emily Walker, Catherine Boryan, Samantha Brothers, Mallory McKenzie



CROSSED SABRES

Front Row: Mrs Claire Peters, Sonia Phene, Emily Cook, Audrey Paduda, Abigail Bessler, Isabel Larroca, Kirby Miller **Row 2:** Emily Walker, Charles Hilla, Andrew Elliott, Matthew Hirsch, Gregory Jacks, Paige Taylor **Back Row:** Andrew Dudka, Manbir Nahal, Andrew Karpinski, John Bardo, Zachary Perlman, Noah Pilchen, Luisa Banchoff



BLUE & GRAY

Front Row: Brigitte Jahncke, Lindsay Cronin, Parita Shah, Morgan Livezey, Holly Parker, Lisa McNabola, Megan Carlson **Row 2:** Sabrina Patwary, Adrianna Gorsky, Emily Gursky, Carina Garcia, Mora-Devi Hav, Penelope Weinstein **Back Row:** Ms. Catherine Misar, Amina Chenini, Hana Hadzibegovic, Eileen Breslin, Carol Burka, Abigail Knight, Liliana Olsen, Kirby Clark



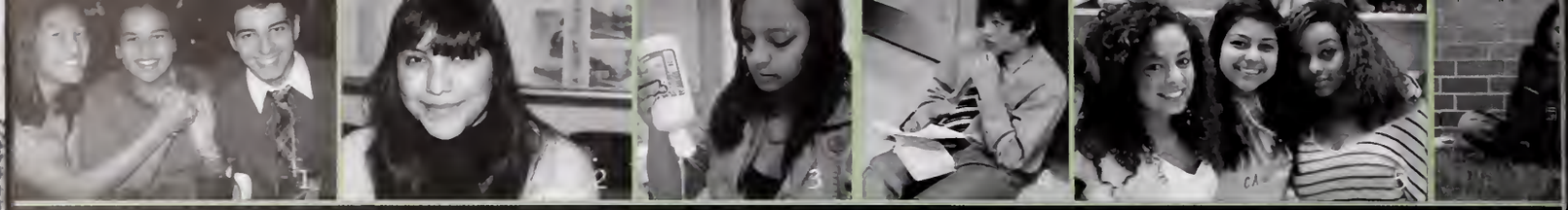


5.



6.

4. Seniors Tarik El-Allame and Nahom Michael 5. Seniors Halil Cakar and Bryan Chase 6. Junior Elijah Kennedy



1. Seniors My-Anh Nguyen, Katherine Ponds, and Faris Sanjakdar 2. Senior Paola Pachacopa-Fernandez 3. Senior Loyda Alcantara 4. Freshman Trevor McManus 5. Freshmen Mia Jaouhari, Amanda Barillas, and Malate Kebebew 6. Seniors Caleb Wroblewski and Eleanor Jacobs 7. Seniors during spirit week



Sophomores Bazin Amaha, Julia Walker, junior Cindy Thai, and sophomore Elaine Khuu





Community



BLUE, GRAY, & YOU

Such a dedicated staff and school population working inside the new building always implied a successful year for both students and teachers all around, but with the unforgettable individuals that made up the student body, it was practically guaranteed. With unwavering support from parents, teachers, and the administration team, the populace was able to step up its academic, athletic, and social experiences, building on excellence to display a school it could be proud of. It was this year that the student body took on its finest sense of community, proving the strength of our colors not only to our teachers and other schools, but also to ourselves.

baby pictures

A BLAST FROM THE PAST



Amanuel Abebe



Hannah Aiken



Lana Allen



Patricia Christina Almeyda



Sarah Anderson



Hareth Andrade-Ayala



Andrea Andrade



Nomin Ayushbaatar



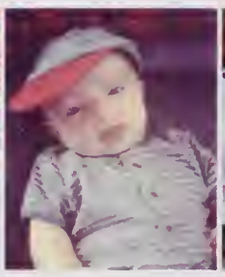
Garrett Bangsboll



Nicole Bass



Khulan Batmunkh



Walter Bell



Ariadne Bene



Julieze Benjamin



Alexander Berlin



Jennifer Berry



Max Blackman



Alexander Bogetic



Synthia Boudreau



Tiffany Bradford-Brooks



Benjamin Brady



Keesean Braithwaite



Cayden Brehaut



Ashley Brewton



Daniel Browning



Nicolas Burns



Sydney Butler



Kelsey Butterworth



Jared Campa



Cecelia Campbell



Kaitlyn Campbell



Dawson Cannon



Megan Carlson



Katherine Carten



Lillian Carter



Bryan Chase



Lina Chhuy-Hy



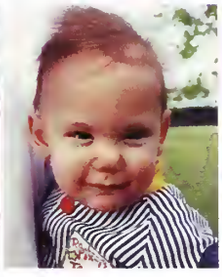
Sarah Chisholm



Claudia Cisneros



Vanessa Clayberg



Benjamin Coffman



Tyler Cook



Torie Coppa



Chelsea Craddock



Lindsay Cronin



John Cummins



Sonya Dagata



Mekdelawit Damtie



Kedus Daniel



Kimberly Davies



Lorena Deleon



Jessica Diaz



Joseph Difillipo



Bobby Drayton



Nitika Dumera



Samantha Eakes



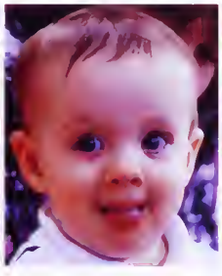
Benjamin Edgar



Tarik El-Allame



Nicolette Elm



Andrew Elliott



Elizabeth Englund



Brandon Escobar



Ivana Escobar

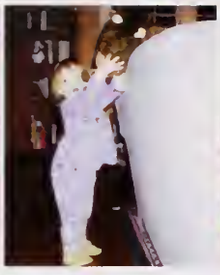
BABY *pictures*



Austin Evans



Lonnie Fields



Rebecca Fisk



Nora Flores



Allison Fontaine



Cassandra Ford



Jeremy Friedman



Kaleb Gared



Britta Gonzales



Megan Gottfried



Katri Gurney



Jesse Guzman



Marcial Guzman



Hana Hadzibegovic



David Halliwell



Nicholas Hallowell



Mariah Hancock



Chaimae Haronni



Rukshan Peter Hathotuwa



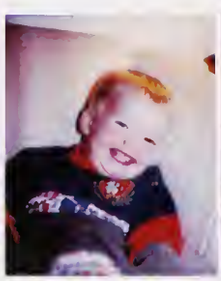
Shahenda Helmy



Spencer Hemstreet



John Heng



Charles Hilla



Lillian Hoagland



Keisha Horne



Soufan Mos Ie



Antoine Ingram



Karina Irizarry



Gregory Jacks



Kylah Jackson



Eleanor Jacobs



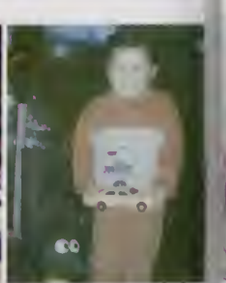
Brigitte Jahncke



Scarlet Jaldin



Peter Janetos



Nomuun Javzmaa



Tony Johnson



Rebecca Jones



Alexander Kahn



Joshua Katz



Kristi Kem



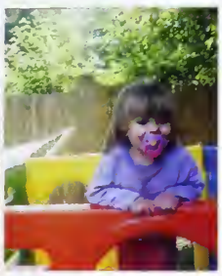
Rutha Kidane



Abigail Knight



Megan Kroger



Jessica Langley



Nataly Lara



Stephen Laredo



Lucas Leblanc



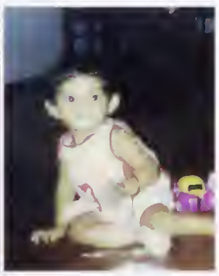
Han Lee



Louis Linden



Madhavi Liyanage



Udari Liyanage



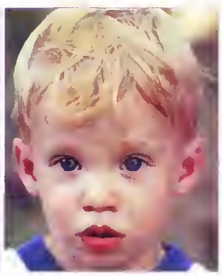
Kavanagh Malanchuk



Angela Manzano



Gustavo Mariaca-Vaca



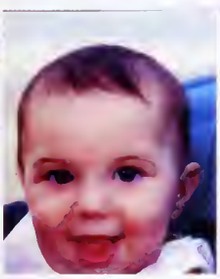
William Marshall



Hardino Marsigit



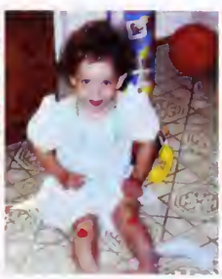
Natalie Martinez



Sandra McCartin



John McElderry



Katherine McKenna



Ian McLennan



Lisa McNabola



Cecilia Mendoza



Cheru Mengesha



Kaitlynn Menoche



Robert Mercado



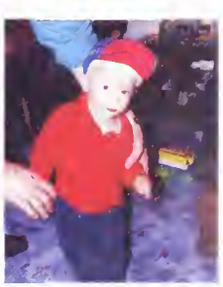
Nahom Michael



Allison Mihalik



Mariamawit Mikuria



John Mutty

BABY *pictures*



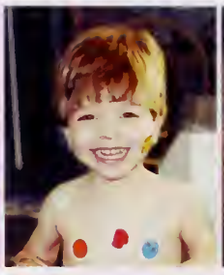
Sara Neel



Christopher Nelson



Michaela Nelson



Trevor Newton



Christine Nguessan



Lan-Anh Nguyen



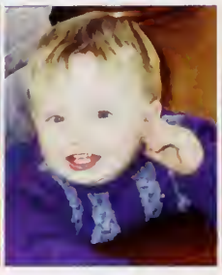
My-Anh Nguyen



Maria Paniagua



Holly Parker



Joshua Patecell



Sabrina Patwary



Matthew Pearson-Beck



Timothy Peel



Maria Penado



Sandra Peralta



Kathryn Perry



Sonia Phene



Ann Plotkin



Katherine Ponds



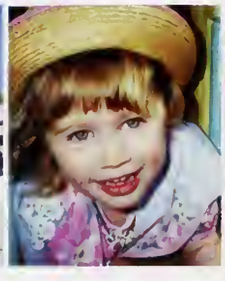
Genesis Portugal-Sanchez



Laura Prawius



Catherine Pricone



Molly Ramey



Diana Ramirez



Spencer Reavis



Atiya Rehman



Jesly Reyes



Juan Reyes



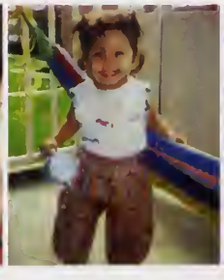
Rachael Rich



Keith Ricks



Megan Rippy



Karla Rivas



Catherine Roca



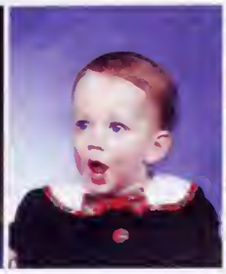
Antonella Rodriguez-Cossio



Mary Sanchez



Faris Sanjakdar



Gretchen Schroeder



Rachel Schwartz



Aida Sebhat



Christopher Seipp



Julian Semprebon



Emilia Sens



Parita Shah



Margaret Siddle



Stella Sklar



Michelle Smyth



Eileen Soiles



Monique Spain



Isha Srivastava



Kurt Stevens



Veronica Stokes



Anthony Taylor



DiAnthony Taylor



Clare Terpstra



Peter Thomas



Kelsey Tigner



Luis Torres-Franco



Lindsey Treweek



Hadiya Truesdale



Bilguunzaya Tumurbaatar



Trevor Turner



Scott Underriner



Berenice Urrutia-Gomero



Javkhlantuya Vaanjilnorov



Andres Viruez-Guzman



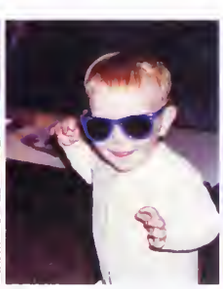
Tessa Van Grack



Charles Vitale



Brandon Wagstaff

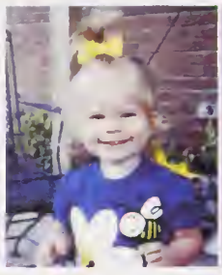


Daniel Weiner



Abigail Whitmore

BABY *pictures*



Bethany Williams



Jazmin Woodson



Keaira Wortham



Caleb Wroblewski



Benjamin Yatt



Nathaniel Young



Gabriel Yudken



Michael Yuhas



Jade Zekan



Julia Zewede



Ryan Zielinski



Imane Zirari

WASHINGTON-LEE GENERALS *the full spectrum*

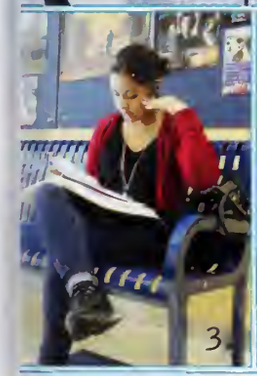




1. Sophomore Cristian Reyes 2. Freshman Dwannisha Wilson and Delphina Charles 3.Rina Castenda 4. Student teacher Ms. Jane Briggs 5. Sophomores Riley Hothem, Sharrief Washington, and Nathan Ullberg 6. Students enjoy the warm weather on the library's balcony during lunch 7. Sophomore Patricia Alcala-Velasco

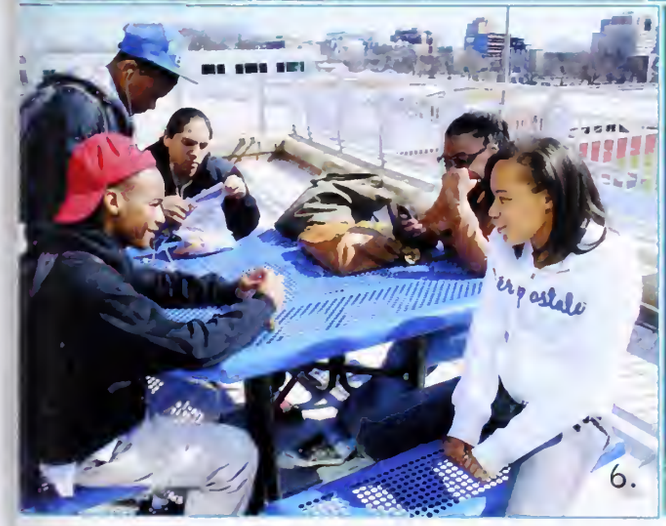


1. Seniors Scarlet Jaldin and Jennifer Berry 2. Seniors Catherine Pricone, Elizabeth Englund, and Khulan Batmunkh 3. Juniors in Environmental Systems and IB Spanish get together for a picture during their trip in Costa Rica to help a less fortunate school. Through fundraising, the students were able to give the school computers.

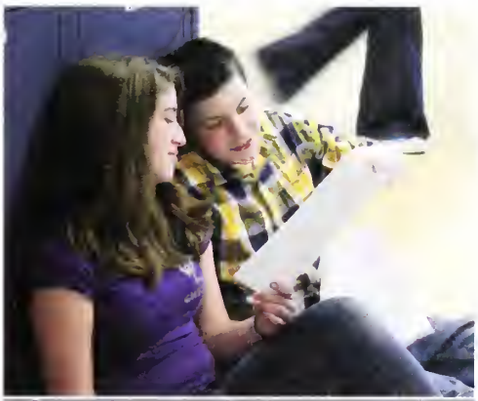




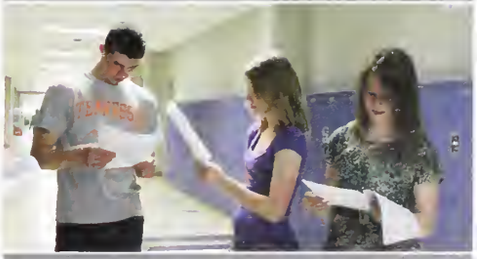








Freshmen Elizabeth Yuhas and Thomas Soiles practice lines for a play their English class was working on.



Freshmen Samuel Patecell, Leah Young, and Sonia Lunn also practice lines for the play Romeo & Juliet for their English class.

color.



connect.

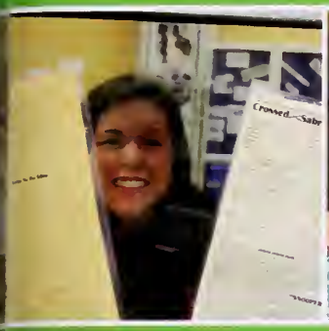


create.

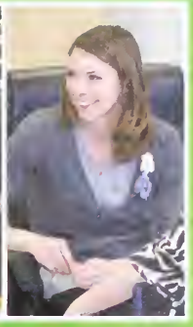


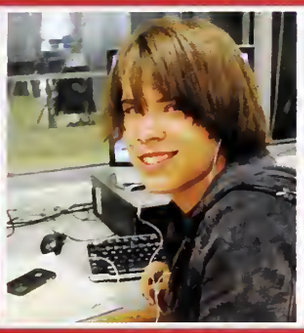
Chasing after strangers for interviews, showing up at random events, practices, and shows for periods far longer than intended, and reading page after page time and again to catch any possible mistakes is essentially what every yearbook staff member does throughout the entire year. It can be a pretty emotional process with how much panic pulsates through the room before a deadline. Then, there is an immediate relief that follows when the task is finished, only to be ensued by panic again when the next deadline creeps up, that is, after a pizza/cake/cookie party. At the end of the year when every student, faculty, and community member receives their yearbook, it is because of the hard work and dedication of each individual on this page. They have put the color in *Our True Colors*, connected with the people who make Washington-Lee the school that it is, and created the yearbook for 2011.

blue&gray

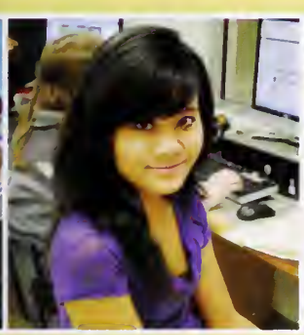
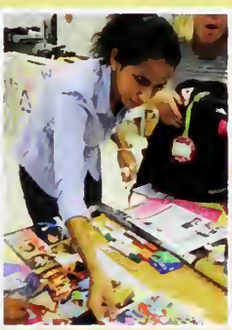


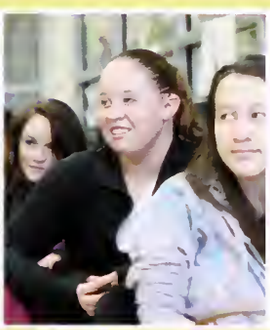
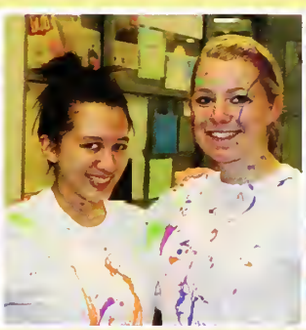








Editors (above) **Front Row:** Morgan Livezey, Parita Shah, Brigitte Jahncke **Back Row:** Holly Parker, Megan Carlson, Lindsay Cronin, Lisa McNabola

Yearbook Staff (below) **Front Row:** Brigitte Jahncke, Mrs. Catherine Misar **Second Row:** Morgan Livezey, Penny Weinstein, Eileen Breslin, Emily Gursky, Abigail Knight, Megan Carlson, Kirby Clark, Adrianna Gorsky, Carina **Back Row:** Holly Parker, Lili Olsen, Lisa McNabola, Mora Hav, Hana Hadzibegovic, Sabrina Patwary, Lindsay Cronin, Parita Shah, Amina Chenini, Carol Burka, Alex Kahn **Not Pictured:** Saikhnaa Bayarsaikhan



In 1931, the first cheerleading squad was organized.

1974



The W-L Cadet Corps, the first in Northern Virginia, was organized in 1927. The school also founded one of the first female military units in 1940.

1944



The original building opened on October 6, 1925. It was built on the site of a 19th century silkworm farm.

1944



The class of 1929 was the first senior class to wear caps and gowns and to have a senior prom.

1944



The Football Queen (aka Turkey Queen or Homecoming Queen) tradition began in 1944.

1958



BLAST FROM THE PAST

miss arlington

2011



Mrs. Ann Calhoun Ames graduated from Washington Lee High School in 1936. There have been many changes since then. "When I went here, there were no school buses," said Ames. "I used to have to walk about a mile to get to school." In fact, the building has been remodeled twice since her graduation and now sits at the original 1925 location. "I think [the current building] is gorgeous but I can't relate to it," said Ames.

Although aesthetically pleasing, few details about the school were the same. "When I went to school, there wasn't any of this technology." Today, almost every room has computers and smartboards. Regardless of these changes, the school still embraces the same General's spirit, excelling in academics, sports, and community outreach.

-Adrianna Gorsky, '12

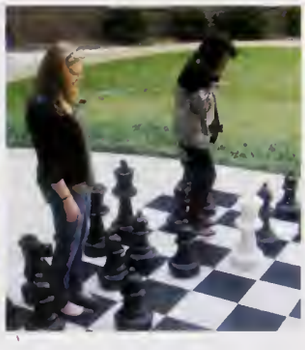
1936



present day



Freshman Bereket Tewelde plays a videogame in the Cyber Cafe. The Cyber Cafe is an available computer lab open to students during the morning and after school for homework or personal entertainment.



Juniors Danielle Logan and Nominjin Enkhee spend their lunch playing chess in the courtyard. This prime location in the new building allows students to enjoy their lunch outside.



The new building received a LEED Gold-Certification from the U.S. Green Building Council rating system. It cost a record number of 85 million dollars to complete the environmentally friendly renovation.



Junior Karen Lazo is part of the Penman staff. Penman published its first literary magazine in the winter of 1947. The magazine is a collection of students' creative works including fiction, non-fiction, poetry, art, and photography.



Junior Jorge Torrez presents a PowerPoint on a SMART Boa in one of his International Baccalaureate class. The IB program was added in 1998 an offers some of the most rigorou classes at the school.

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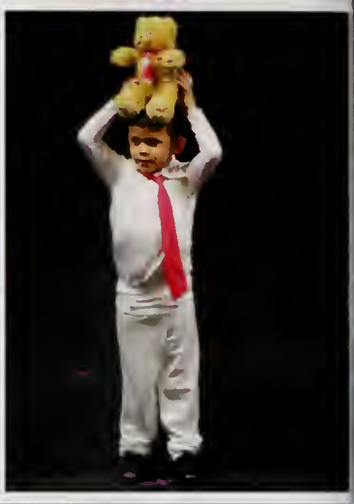
Offering classes in tap, jazz, ballet, hip hop, modern and musical theater dance for ages 2-92!

Conveniently located in the Lee-Harrison Shopping Center











Congratulations Imani. I am extremely proud of you - Your smile will forever be etched in my heart. Always remember to work hard and be your best!!!

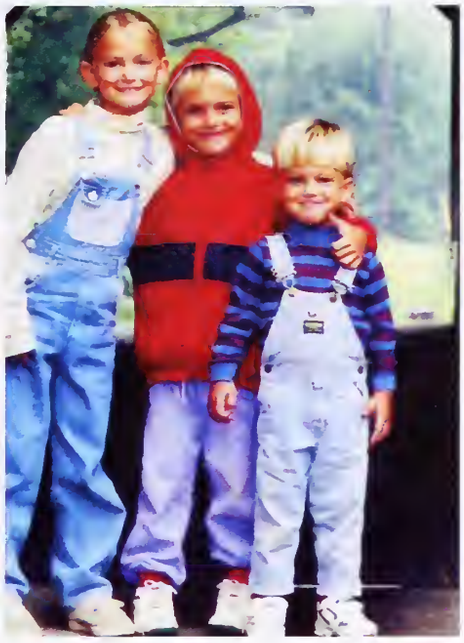
Mom





DYLAN WARBURG





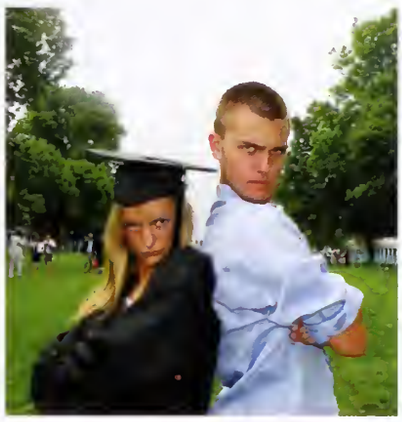


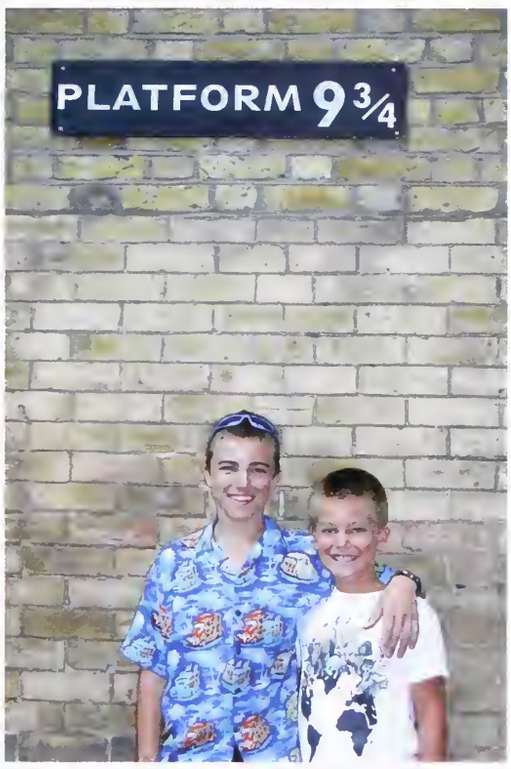
"It ain't what you know that gets you into trouble. It's what you know for sure that just ain't so."

Mark Twain

Keep searching, keep learning, keep challenging the status quo. We are so proud of you. Love, Mom, Dad, Jen & Zack



















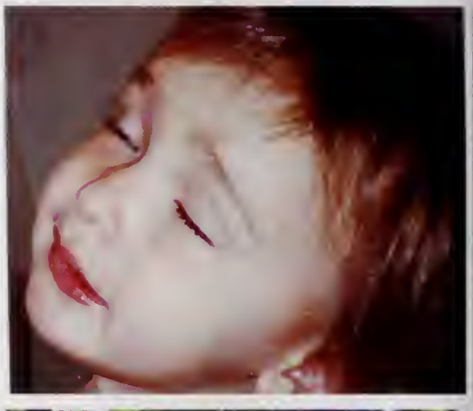




Megan Rippy

We are very proud of you. You will be very successful in life. Always remember you are our sunshine, you beautiful little squishy mushy marshmallow!!

Love you,
Mom and Dad















Torie Lynn Coppa

Congratulations! We are so proud of you.

Love Mom, Dad and Alex











Scott Underriner

Congratulations! School, friends, laughs, and memories to cherish!











Ashley,
God loves you and so do
we. Keep up the good work
with God Speed.
We love you,
Mom and Grandparents.









Holly Parker

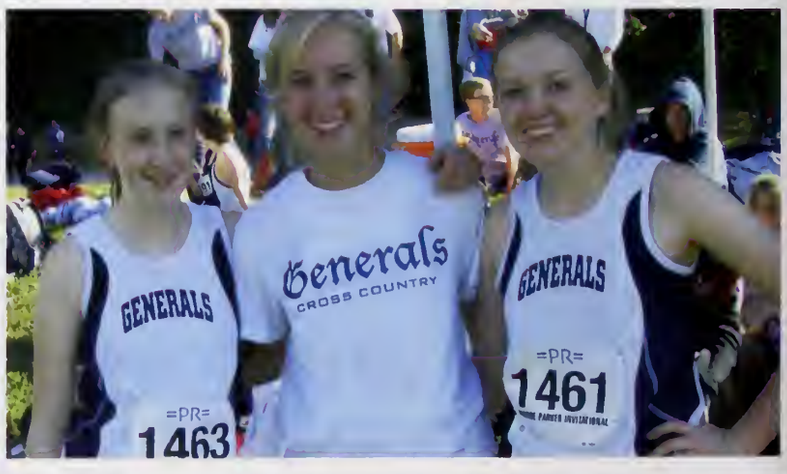
May God bless and keep you always
May your wishes come true
May you always do for others
And let others do for you
May you build a ladder to the stars
And climb on every rung
May you stay forever young
~ Bob Dylan

~We love you and are so proud of you~
Mom, Dad and Devon











To our Senior sons,
Hard Work + Determination = Winning at Yorktown and Life!
We love you and are so proud of you!
The Football Moms

Dear Marshall,
All of your efforts have brought you to this day. Time is yours to enjoy and life is yours to explore.
Congratulations!
Love, Mom and Dad

"The Lord has done great things for us and we are filled with joy."
Psalm 126:3











Congratulations, Megan!

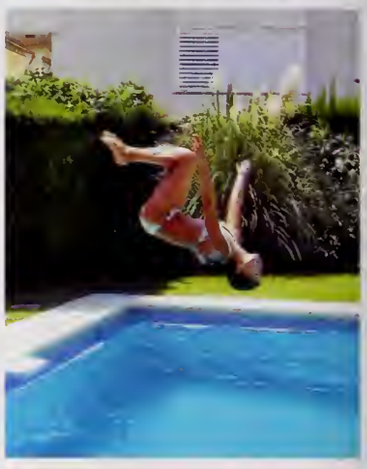
You have come a long way and we are very proud of you.

Love,
Mom, Dad and Tasha











The Trilogy!

Congratulations! We are so proud of you.

Love, The Schroeder, Tigner/
Shea and Eakes families











To my lovely daughter Brigitte,
From the time you were a baby, you have had such special originality, spirit, joy, and determination. I am so proud of you as you graduate with such distinction from high school, and having made such contributions. You have arrived at the starting line of your life beyond "home".... and you are ready and prepared to run a great race!

All my love, Mom











Katie,
We know that wherever you go and whatever you do, you will be successful because **you are a superstar!!**

Love you always,
Dad, Matthew, Megan, and Jeremy Ryan.









Our TRUE Colors

TWO THOUSAND ELEVEN

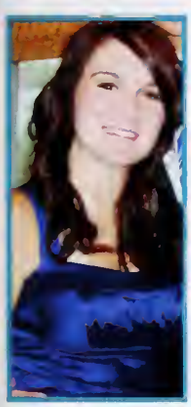
The high school experience is one that is never forgotten. Through every endeavor during these four distinguishing years, one learns something about themself and moves closer to discovering who he or she is as a person; *their true colors.*



colophon

EDITOR-IN-CHIEF: *Brigitte Jahncke*
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COPY EDITORS: *Holly Parker and Megan Carlson*
PHOTOGRAPHY EDITOR: *Parita Shah*
INDEX EDITOR: *Lindsay Cronin*
SPORTS EDITOR: *Lisa McNabola*
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STAFF MEMBERS: *Saikhnaa Bayarsaikhan, Eileen Breslin, CJ Burka, Amina Chenini, Kirby Clark, Carina Garcia, Adrianna Gorsky, Emily Gursky, Hana Hadzibegovic, Mora Hav, Alex Kahn, Abby Knight, Lili Olsen, Sabrina Patwary, Penny Weinstein*
THEME: *Our True Colors*
VOLUME: *84*
PUBLISHER: *Jostens Publishing Company, representative Jenny Caskey*
COVER: *designed by Brigitte Jahncke, Catherine Misar, Jenny Caskey with cover artist Bob Eyster*
PRINTED: *Four color lithograph combination with gloss lamination*
PRICES: *$72 for pre-orders, $90 at distribution*
NUMBER OF PAGES: *244*
PAPER: *80# gloss paper*
ENDSHEETS: *white*
COPY: *set in Bell Gothic, Chelsea, and Helvetica, various sizes*
PRODUCED USING: *YearTech Online, Jostens Publishing*
SOFTWARE: *Photoshop CS2, Microsoft Word*
EQUIPMENT: *Dell PCs; Dell Scanner; Sony, Canon, Nikon cameras*
PORTRAITS: *Prestige Portraits by Lifetouch National School Studios, Baltimore, MD*

EDITOR'S NOTE *Brigitte Jahncke*



As editor again this year, I wanted to branch out and do something different than what we were used to. With the help of the entire staff, administration, faculty, and Jenny, I think we've accomplished our goal in making the best yearbook we've had yet. Yay, yearbook! I especially want to thank Parita Shah, my wing-woman, for her help in designing this book-- I couldn't have done it alone. I also want to thank Mrs. Misar for her faith in me from the beginning. This book had the possibility of being elementary, cluttered, and all over the place, but we shared the same vision, and, with her permission, I think we were able to carry it out almost exactly.

I really am going to miss being editor of the yearbook and all the staff. I've been lucky enough to find an outlet to make a difference in the confusion of high school and leave my mark. It's been fun being at the top. I realize leaving high school that it's going to be a while before I am there again.

Let's go class of 2011! We're finally out of here.

ADVISER'S NOTE *Catherine Misar*



My first year as yearbook adviser was nothing short of extraordinary! At the start of production, I was filled with mixed emotions. With many nerves also came relief in knowing that I was working with such a talented staff. Throughout the year, the staff stretched its abilities to new levels, and as a new adviser, I learned to trust those instincts. The partnership worked, and as a result, we created a yearbook that is attractive, edgy, and truly special.

Continually exceeding my expectations were the editors: Holly, Lindsay, Lisa, Megan, Morgan, Parita – you are all incredible ladies! Also beyond compare was our EIC, Brigitte - your remarkable dedication and temerity will definitely be missed.

A special thanks to Jenny Caskey at Jostens for her unparalleled service. Thanks also to the administration, faculty, students, parents, and community for your support of the Blue & Gray!

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WORLD BEAT®

2010
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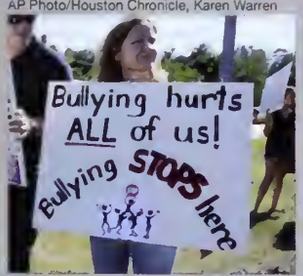
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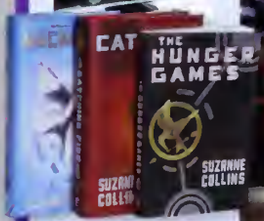




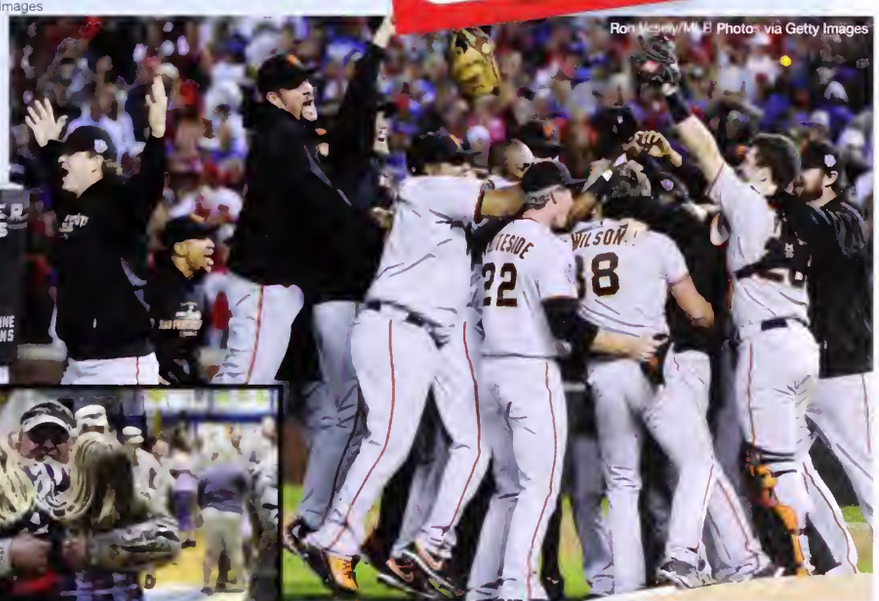
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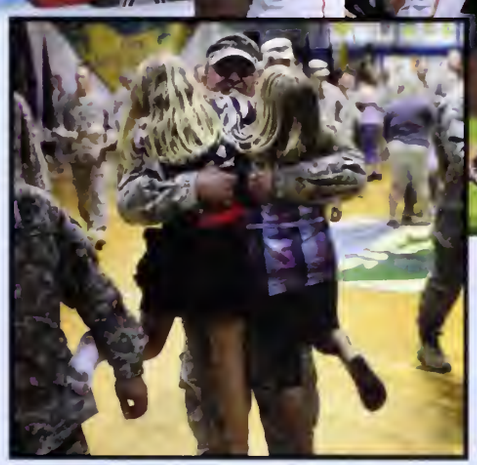
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Ron Vesely/MLB Photos via Getty Images

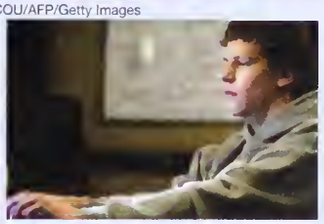




John Moore/Getty Images

PIERRE-PHILIPPE MARCOU/AFP/Getty Images





Merrick Morton/©Columbia Pictures/Courtesy Everett Collection

NEWS NEWS NE

Anti-bullying Efforts

The federal government takes steps to prevent bullying in schools and communities. To make information accessible, a steering committee develops BullyingInfo.org.

John Moore/Getty Images



Soldiers Home From Iraq

This soldier, from the U.S. Army 4th Infantry, returns home to Colorado as a result of President Obama's directive to reduce our troops in Iraq.

AP Photo/Office of Rep. Gabrielle Giffords, File



Rep. Gabrielle Giffords

After a nearly fatal gunshot wound, Representative Gabrielle Giffords continues her difficult recovery.

Chip Somodevilla/Getty Images



Medal of Honor

Staff Sergeant Salvatore Giunta, a 25-year-old Army staff sergeant who served in Afghanistan, is the first living recipient of the Medal of Honor since 1976.

John Moore/Getty Images



Alaska Senator Reelected

Alaska Senator Lisa Murkowski is re-elected as a write-in candidate.

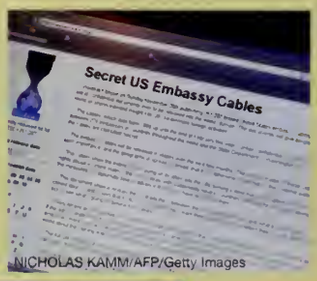
Photo/Houston Chronicle, Karen Warren





Alex Wong/Getty Images

President Obama signs the Executive Order on the White House Initiative on Educational Excellence for Hispanics to support education issues in the Hispanic community.



NICHOLAS KAMM/AFP/Getty Images

WikiLeaks/Diplomats

The U.S. government is compromised when Julian Assange's WikiLeaks website publishes sensitive diplomatic cables discussing Pakistan, North Korea, Iran and China.

The Oil Spill

A BP oil rig explosion triggers the biggest oil spill in U.S. history, releasing more than one hundred million gallons into the Gulf of Mexico.

Not long after North Korean leader Kim Jong Il fires at the South Korean island of Yeonpyeong, he names his youngest son as his successor.



AP Photo/US Coast Guard, File

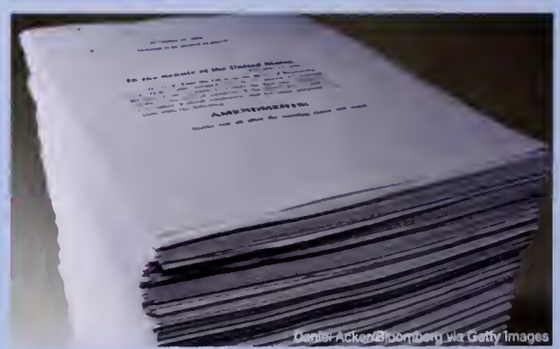
Getty Images



Chris Graythen/Getty Images



Individuals and businesses affected by the Deepwater Horizon oil spill submit official claims for costs and damages with the Gulf Coast Claims Facility.



Dustin Aicker/Bloomberg via Getty Images

President Obama signs H.R. 3590, the Patient Protection and Affordable Care Act. The 2,400-page law is aimed at improving health care coverage and lowering costs.

Bedbugs

Bedbug infestations, once almost eradicated in the U.S., are a growing nuisance in hotels, stores, office buildings and homes in all 50 states.

Brian Kersey/Getty Images



Republicans regain control of the House of Representatives in the midterm elections. Representative John Boehner of Ohio becomes the 61st Speaker of the House.



JIM WATSON/AFP/Getty Images



Nicolas Torres/LatinContent/Getty Images



Joern Pollex/Getty Images

Despite attempted Thanksgiving holiday protests, airports across the U.S. implement full body scanners to screen airline passengers for possible weapons and explosives.



Bill O'Leary/The Washington Post/Getty Images

Teen Driver Fatal Crashes Drop

Teen driver fatalities decrease, thanks in part to graduated driver licensing (GDL) programs. Motor vehicle crashes remain the leading cause of death for teens.

To promote healthy family habits, First Lady Michelle Obama appears in multimedia Public Service Announcements with Disney Channel stars for Disney Magic of Healthy Living.



Donna Svennevik/Disney Channel via Getty Images

Miners Rescued

The world celebrates as 33 miners from Chile's San Jose Copper-Gold mine are safely rescued after spending two months trapped 700 meters underground.

David Paul Morris/Getty Images



Happy Meals

A new law aimed at fast food marketing in San Francisco requires that kids' meals meet nutritional standards before they can be sold with toys.

Spencer Platt/Getty Images



General Motors

Emerging from bankruptcy, General Motors is profitable again. The company raises $20.1 billion in the largest global initial public offering (IPO) in U.S. history.

Sean Gallup/Getty Images



Egyptian President resigns

After protests in favor of democracy peaked in the streets of Cairo, Egyptian President Hosni Mubarek steps down.

Samir Hussein/WireImage



Prince William engaged

Britain's Prince William and Kate Middleton announce their engagement in November 2010. They plan to marry in 2011.

GIVE GIVE GIVE

Lead in Reusable Bags

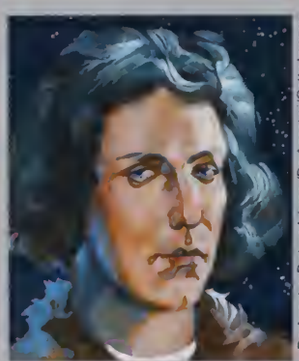
A U.S. senator asks the government to investigate when reusable grocery bags sold by a Florida supermarket chain contain harmfully high levels of lead.

John M. Heller/Getty Images



TOMS Shoes

TOMS Shoes, which donates one pair to a child in need for every pair sold, becomes a philanthropic fashion phenomenon.



De Agostini Picture Library/De Agostini/Getty Images

A New Element

A new element, discovered in 1996, finally receives its official name: Copernicum. It is named in honor of Copernicus, the Renaissance mathematician and astronomer.

Mark Wilson/Getty Images



New Life Form

NASA-funded astrobiology researchers discover a new life form, a bacterium that can use the toxic chemical arsenic as fuel for growing and rebuilding itself.

The Washington Post/Contributor





Christopher Furlong/Getty Images

NASA's Lunar Crater Observation and Sensing Satellite finds water in a polar crater on the moon. There is far more water than scientists expected.



AP Photo/Indiana University, Kevin Cook

Fruit Fly

Researchers using fruit flies to study human obesity have found that obese flies have many of the same problems as obese people, including high cholesterol and difficulty regulating insulin.

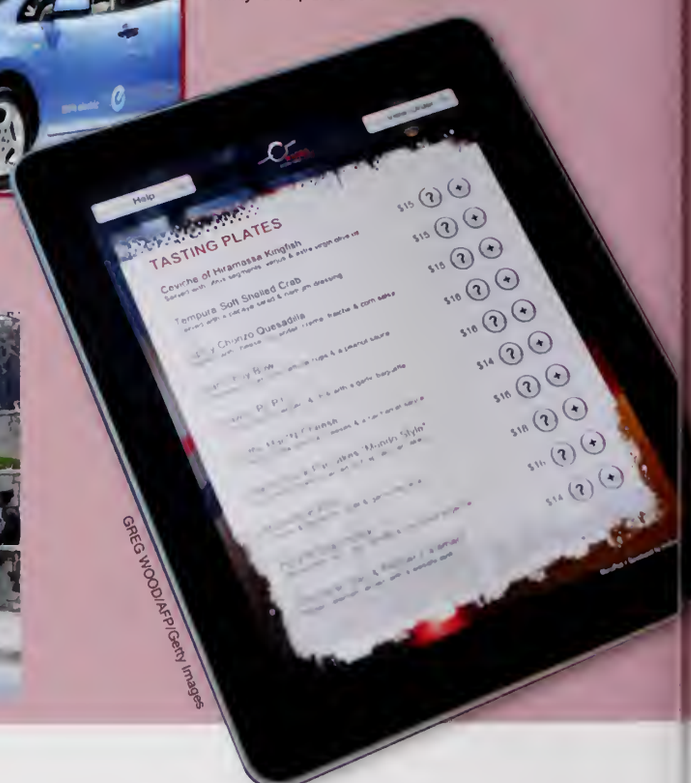
Electric Car

Nissan introduces the Leaf, an electric car. According to the official EPA sticker, the car achieves the equivalent of 99 miles per gallon.



GABRIEL BOUYS/AFP/Getty Images

A Nielsen survey reports that the Apple iPad is the most-wished-for holiday gift among pre-teens. Thirty-one percent of kids want one.



GREG WOOD/AFP/Getty Images

The economic downturn continues to affect school districts across the nation, forcing many schools to close due to budget cuts.



G. Newman Lowrance/Getty Images

AKE TAKE TAKE

AP Photo NASA/JPL-Caltech/University of Maryland

Comet

NASA's EPOXI Mission shows amazing images of comet Hartley 2, 23 million miles away from Earth, in November 2010.



Daniel Acker/Bloomberg via Getty Images



The NBA and WNBA promote Vaccines for Teens, an awareness campaign designed to educate teens and parents about the importance of vaccinations.

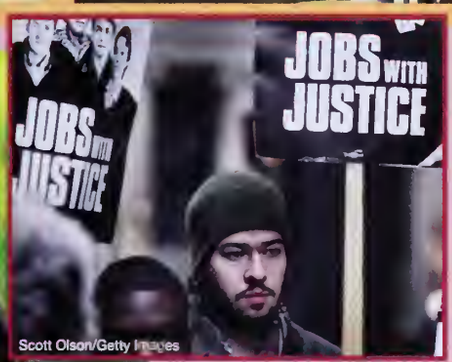


NBAE via Getty Images

Toby Canham/Getty Images for Extra



Actress and singer Selena Gomez, age 18, serves as the spokesperson for UNICEF's trick-or-treat campaign. She is the organization's youngest goodwill ambassador



Scott Olson/Getty Images

Disappointing Job Growth

Despite optimistic economic news, including better-than-expected holiday shopping numbers, job growth is still slow, according to the Department of Labor.

No more searching your car for quarters! Cities from coast to coast are installing solar-powered, WIFI-enabled parking meters that can accept credit cards.



AP Photo/The Canadian Press, Jonathan Hayward

Wind Power

Wind turbines become more prevalent. The emergence of "wind farms" signals the beginning of what could be a wind energy boom.

AP Photo/Zina Deretsky, National Science Foundation



Earth's Axis Shifts

An 8.8 magnitude earthquake in Chile shifts our planet's axis by about three inches and shortens the Earth day by 1.26 millionths of a second.

Robert Nickelsberg/Getty Images



Fracking

The Environmental Protection Agency investigates how to manage and regulate fracking, a process used to release the natural gas trapped under dense rock.

AP Photo/Kyoto University via Kyodo News



Extinct Salmon Found Alive

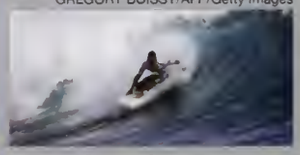
The black kokanee, a species of freshwater salmon thought to be extinct for 70 years, is found living in a lake near Japan's Mount Fuji.

SPORTS SPORT

Spain Claims the World Cup

Spain defeats The Netherlands to win 2010 FIFA World Cup Championship trophy. Midfielder Andrés Iniesta's goal makes the final score 1 to 0.

GREGORY BOISSY/AFP/Getty Images



Surfer Andy Irons Dies

The surfing community mourns the death of Andy Irons, age 32. The champion surfer had contracted dengue fever, a virus spread by tropical mosquitoes.

ROBYN BECK/AFP/Getty Images



Manny Pacquiao

Manny Pacquiao fights Antonio Margarito to earn the WBC World Super Welterweight title. Pacquiao is also a Congressman in the Philippines.

Peter Read Miller/Sports Illustrated/Getty Images



Lakers Win NBA Finals

Former Laker great Magic Johnson and Kobe Bryant celebrate the LA Lakers' NBA Finals Game 7 win against the Boston Celtics.

Horse/Andy Lyons/Getty Images



Zenyatta

In the Breeders' Cup Classic at Churchill Downs, thoroughbred champion racehorse Zenyatta ends her 19-race winning streak, losing by a head to Blame.

JAVIER SORIANO/AFP/Getty Images



TIMOTHY A. CLARY/AFP/Getty Images



Quarterback Aaron Rodgers leads the Green Bay Packers to a 31-25 Super Bowl victory over the Pittsburgh Steelers.



Cy Young Award

Phillies pitcher Roy Halladay wins the National League Cy Young Award by a unanimous vote, becoming the fifth pitcher to receive the honor in both leagues.

Ezra Shaw/Getty Images

NFL Stresses Safety

The NFL announces that players can be suspended without pay for dangerous hits to an opponent's head. The move is aimed at preventing tackling injuries.



Jorge Gojkovich/Getty Images

The San Francisco Giants capture the Commissioner's Trophy by defeating the Texas Rangers 3 to 1 in Game 5 of the World Series.



Ron Vesely/MLB Photos via Getty Images



Denise Truscello/WireImage

Tony Hawk welcomes Olympic gold medalist snowboarder Shaun White to his second annual Stand Up for Skateparks benefit in Las Vegas, Nevada.

S SPORTS

Jonathan Byrd's Hole-in-one

Golfer Jonathan Byrd wins his fourth PGA Tour victory with a hole-in-one on the fourth playoff hole in the Justin Timberlake Shriners Hospitals for Children Open.



Steve Dykes/Getty Images

LeBron James announces via live ESPN special that he is leaving the Cleveland Cavaliers to join the Miami Heat. Fans and commentators condemn the move.



Victor Baldizon/NBAE via Getty Images



Bruce Bennett/Getty Images

Blackhawks Take Stanley Cup

The Chicago Blackhawks win their first Stanley Cup since 1961. In Game 6, they defeat the Philadelphia Flyers 4 to 3 in overtime.

Jim Barcus/Kansas City Star/MCT via Getty Images



NCAA Volleyball Champs

The Penn State Nittany Lions women's volleyball team sweeps California to take the NCAA title for the fourth year in a row.



PRNewsFoto/Sports Illustrated

Drew Brees
Sportsman of the Year

Sports Illustrated presents its 2010 Sportsman of the Year award to New Orleans Saints quarterback, and Super Bowl MVP, Drew Brees.



JONATHAN [illegible]/AFP/Getty Images

PIERRE-PHILIPPE MARCOU/AFP/Getty Images

Gymnast Alicia Sacramone takes a hiatus from her college career to take a gold medal for vault at the Artistic Gymnastics World Championships in Rotterdam.



Federer Ties Sampras Record

Roger Federer catches up to Pete Sampras' record of 64 singles tournament wins by winning the Stockholm Open in Sweden's Royal Tennis Hall.



Michel Cottin/Agence Zoom/Getty Images

Lindsey Vonn
Female Athlete of the Year

The Associated Press names Lindsey Vonn, the Olympic gold medalist skier, as its 2010 Female Athlete of the Year.

Jimmie Johnson drives his #48 Lowe's Chevrolet to his fifth straight NASCAR Sprint Cup championship at Homestead-Miami Speedway.



Chris Trotman/Getty Images for NASCAR

Didier Messens/Getty Images

Serena Williams
Wins Her Fourth Wimbledon

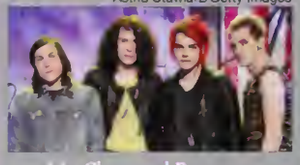
Tennis champion Serena Williams captures her fourth ladies' singles title at Wimbledon without losing a single set in the entire tournament.

MUSIC MUSIC M

Katy Perry

Katy Perry's headline-grabbing wedding to Russell Brand and her controversial *Sesame Street* appearance overshadow the release of her new album, *Teenage Dream*.

Astrid Stawiarz/Getty Images



My Chemical Romance

"Na Na Na," by My Chemical Romance, is a popular punk anthem. It's included in the Rocktober track pack for *Guitar Hero: Warriors of Rock*.

Rick Diamond/Getty Images



Francesca Battistelli

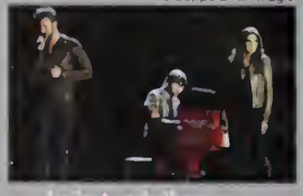
Genre-spanning Christian artist Francesca Battistelli releases a new album, *Hundred More Years*. The first single is "This Is the Stuff."



Jackie Evancho

Jackie Evancho, the 10-year-old soprano who came to fame on *America's Got Talent*, releases a bestselling holiday CD/DVD titled *O Holy Night*.

Mike Coppola/FilmMagic



Lady Antebellum

Country supergroup Lady Antebellum took home five Grammy awards, including Song of the Year and Record of the Year.

Kevin Mazur/TCA 2010/WireImage





Michael Kovac/WireImage

Bobby Ray Simmons, also known as B.o.B., sees his second single, "Airplanes," soar to the top of the charts in the U.S. and the U.K.



Brigitte Engl/Redferns

Travie McCoy

Travie McCoy, of Gym Class Heroes, releases his first solo album. The lead single, "Billionaire," goes double platinum and tops the U.S. and U.K. charts.

Taylor Swift

Taylor Swift's *Speak Now* is the first release by a female artist since Britney Spears to sell more than 1 million copies in its first week.



Brigitte Engl/Redferns

Miranda Lambert receives a record-breaking nine CMA nominations. She wins three trophies, including Album of the Year for *Revolution* and Female Vocalist of the Year.



Monty Brinton/CBS via Getty Images



Katherine Bomboy/ABC via Getty Images

Brad Paisley takes home the Country Music – Favorite Male Artist award from the American Music Awards and the CMA Entertainer of the Year Award.

USIC MUSIC

Usher

Usher performs at the American Music Awards show and takes home the awards for Male Soul/R&B artist and Favorite Soul/R&B album.

Steve Granitz/WireImage



A surprise comeback gave Train the Grammy for Pop Performance by a Duo or Group for "Hey Soul Sister."



John Medina/WireImage

Jason Merritt/Getty Images



Lady Gaga took home two Grammy awards for Female Pop Vocal Performance and Pop Vocal Album.

Katherine Bomboy/ABC via Getty Images



Wire Image George Pimentel/Contributor



Justin Bieber

Justin Bieber is named Artist of the Year at the American Music Awards. At age 16, he is the youngest recipient of this top honor.

Sugarland wins the CMA Vocal Duo of the Year Award and releases "Stuck Like Glue," the first single from their album, *The Incredible Machine*.



Mike Coppola/Getty Images

Eminem

Eminem didn't crack a smile when he expressed his gratitude for winning the Grammy for Rap Solo Performance.

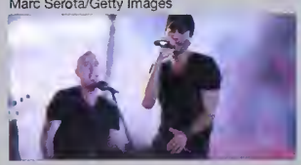
Jemal Countess/Getty Images



Ke$ha

Ke$ha wins the Best New Act award at the MTV Europe Music Awards and ends the year with three songs on Billboard's Hot 100.

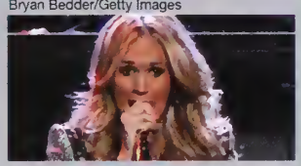
Marc Serota/Getty Images



Enrique Iglesias

Everybody likes "I Like It," the first release from *Euphoria*, Enrique Iglesias's bilingual album. The song tops the charts in the U.S., Canada and Australia.

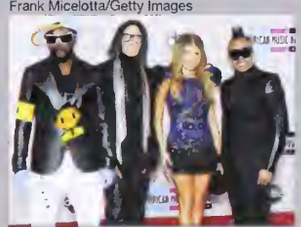
Bryan Bedder/Getty Images



Carrie Underwood

Carrie Underwood wows the American Music Awards. Her third studio album, *Play On*, garners the Country Music – Favorite Album award.

Frank Micelotta/Getty Images



Black Eyed Peas

The Black Eyed Peas release a new album, *The Beginning*, and book an appearance at the halftime show of Super Bowl XLV.

ENTERTAINMENT

Google TV

Google CEO Eric Schmidt gives a talk about how Google TV will unite web surfing with channel surfing.



Boom Box

This is definitely not your father's boom box. The latest MP3 technology combined with 1980s styling make this machine a must for modern parties.



Ethan Miller/Getty Images

Call of Duty: Black Ops

Black Ops, the seventh installment in the *Call of Duty* game series, sells a record-breaking 7 million copies in the first 24 hours of its release.



Bean Bag Chairs

A new generation adopts the retro bean bag chair. This updated classic is ideal for watching television, playing games, reading and keeping up with social media.



The Lost Hero

In *The Lost Hero*, the sequel to his *Percy Jackson & the Olympians* series, author Rick Riordan introduces three new characters. Jason, Piper and Leo.



Ramin Talaie/Bloomberg via Getty Images



Suzanne Collins publishes *Mockingjay*, the third and final book in her popular science fiction series, *The Hunger Games* trilogy.



Rock Band 3

Featuring a new keyboard and 83 songs, Rock Band 3 is released worldwide. Its Pro mode mimics the experience of playing real instruments.



Alcorn/Bloomberg via Getty Images

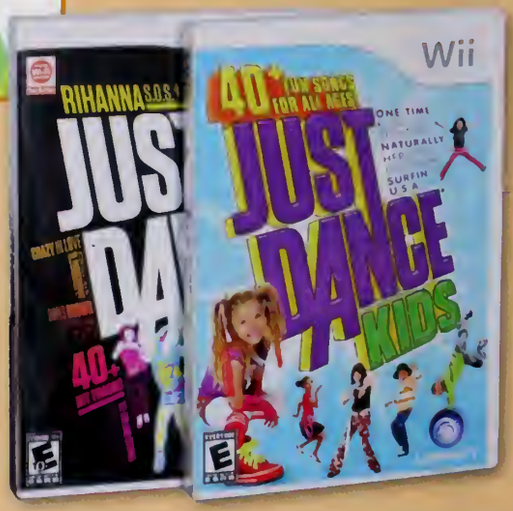
Xbox Kinect

You don't need a controller to play the newest technology games. The Xbox Kinect features a sensor that can read motion, faces and voices.

A new, motion-sensing controller debuts for the PlayStation 3 console. The Move is a Bluetooth wireless wand. Players can use up to four at once.



Ralph Orlowski/Bloomberg via Getty Images



Younger kids get their very own dance video game. Just Dance Kids challenges Wii players to master more than 40 dances led by real kids.

TELEVISION

Cake Boss

Members of the Valastro family, of Carlo's Bake Shop in Hoboken, become popular reality television stars in *Cake Boss* on TLC.

Mike Stobe/Getty Images for New York Red Bull



The cast of *Jersey Shore* appears on *Barbara Walters Presents: The 10 Most Fascinating People of 2010*.



Donna Svennevik/ABC via Getty Images

Team Coco rejoices as Conan O'Brien returns to late night television. Conan uses Twitter and YouTube to announce the premiere of *Conan* on TBS.



Angela Weiss/Getty Images



Minute to Win It, starring Guy Fieri, returns to NBC for a second season of fast-paced challenges and cash awards of up to $1 million.

Kevin Winter/Getty Images

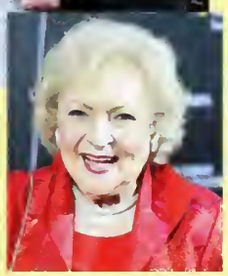


Duffy-Marie Arnoult/Wirelmage





Theo Wargo/Wirelmage for New York Post



Toby Canham/Getty Images

Life Imitates *Glee*

Gleeks are being heard! The popularity of *Glee* prompts a resurgence of glee clubs in middle schools, high schools and colleges across the country.

Aria, Hanna, Emily and Spencer are back for another season of mystery, intrigue and secrets on the ABC suspense drama, *Pretty Little Liars*.



Richard Harbaugh/ABC Family via Getty Images

American Idol

American Idol announces that Jennifer Lopez and Aerosmith's Steven Tyler will join Randy Jackson to judge a new crop of aspiring singers for Season 10.

Bob D'Amico/ABC via Getty Images



No Ordinary Family

No Ordinary Family is a hit ABC drama. After the Powell family survives a South American plane crash, they develop new superpowers — and new enemies.

Betty White

The Associated Press names Betty White, age 88, as its Entertainer of the Year. She poses for a calendar to raise money for animal charities.

Neil Jacobs/CBS via Getty Images



CBS via Getty Images

Hawaii Five-O

An iconic, 1960s crime drama returns with a cool, new cast. *Hawaii Five-O* chronicles the adventures of an elite police unit in paradise.

Andrew H. Walker/Getty Images



Outsourced

A call center for an American company is recently outsourced to India in the NBC comedy hit *Outsourced*.

MOVIES MOVIES

The Social Network

In *The Social Network*, Jesse Eisenberg stars as Facebook creator Mark Zuckerberg, the brilliant and abrasive Harvard misfit who revolutionized social media.



Barry Wetcher/TM & Copyright ©20th Century Fox Film Corp. All rights reserved./courtesy Everett Collection

Wall Street: Money Never Sleeps

Shia LeBeouf stars as a young trader who tangles with Gordon Gekko, a disgraced financier played by Michael Douglas, in *Wall Street: Money Never Sleeps*.

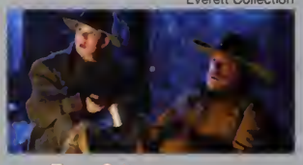
Alberto E. Rodriguez/Getty Images for Disney



Secretariat

Secretariat, an acclaimed feature film, depicts the true story of a legendary racehorse, the 1973 winner of the Triple Crown of thoroughbred racing.

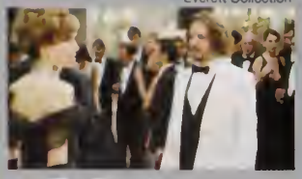
Wilson Webb/©Paramount Pictures/Courtesy Everett Collection



True Grit

True Grit, a mythic Western adventure story, earns 10 Academy Award nominations including Best Picture.

Peter Mountain/©Columbia Pictures/courtesy Everett Collection



The Tourist

Angelina Jolie is a woman of mystery and Johnny Depp is an ordinary tourist. Or is he? The plot thickens in *The Tourist*

Merrick Morton/©Columbia Pictures/Courtesy Everett Collection



Date Night

A case of mistaken identity spirals out of control when a suburban couple steals someone else's restaurant reservation in the action comedy *Date Night*.



TM and © Twentieth Century Fox. Film Co... All rights reserved./Courtesy Everett Collection

©Buena Vista Pictures/Courtesy Everett Collection



What happens to toys once their owners go to college? In *Toy Story 3*, Woody and Buzz Lightyear find new friends and face new challenges.



How Do You Know

Reese Witherspoon tries to decide between Paul Rudd and Owen Wilson in *How Do You Know*, a romantic comedy about a love triangle.

David James/©Columbia Pictures/courtesy Everett Collection

Leonardo DiCaprio

Leonardo DiCaprio is the world's top-grossing movie star. His 2010 releases earn a combined $1.1 billion at the box office.

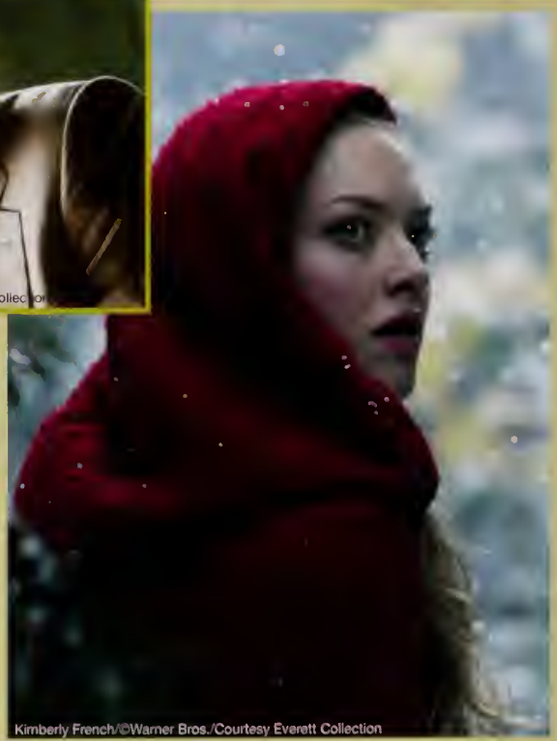


Stephen Vaughan/©Warner Bros./Courtesy Everett Collection

Loyal fans line up for midnight screenings of *Harry Potter and the Deathly Hallows – Part 1*. The movie makes $330 million during its first weekend.



John Lamparski/Getty Images



Kimberly French/©Warner Bros./Courtesy Everett Collection

Amanda Seyfried stars as the title character in *Red Riding Hood*, a romantic horror tale about a medieval village terrorized by a werewolf.

MOVIES

Justin Bieber

Teen superstar Justin Bieber hits the big screen with the biopic concert film *Never Say Never*.

©Paramount Pictures/courtesy Everett Collection



Based on the true story of King George VI, *The King's Speech* earns 12 Academy Award nominations.



Laurie Sparham/©The Weinstein Company/Courtesy Everett Collection



©Paramount/Courtesy Everett Collection

Douglas Curran/©Walt Disney Pictures/Courtesy Everett Collection



The sequel to a science-fiction thriller from 1982, *Tron: Legacy* follows the adventure of a young man who investigates his father's mysterious disappearance.

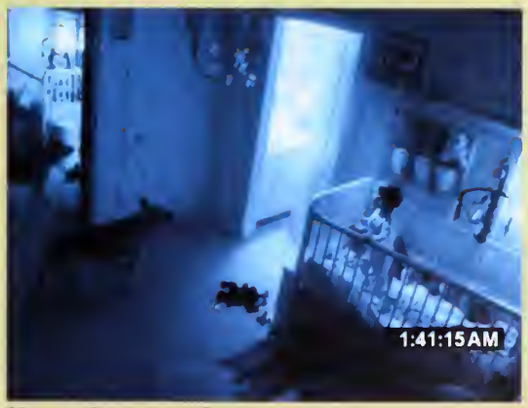


©Copyright ©20th Century Fox Film Corp. All rights reserved/courtesy Everett Collection

Unstoppable

A runaway train is on a collision course with disaster, unless Denzel Washington and Chris Pine can save the day in the suspenseful thriller, *Unstoppable*.

Mysterious "burglaries" in a family home turn out to be something far more sinister in *Paranormal Activity 2*, the prequel to a popular horror film.



©Paramount Pictures/courtesy Everett Collection

Iron Man 2

Robert Downey, Jr. returns as the inventor-superhero Tony Stark in *Iron Man 2*, a long-awaited sequel featuring storylines adapted from Marvel Comics.

©Warner Bros./Courtesy Everett Collection



Life As We Know It

An orphaned baby goddaughter inspires Katherine Heigl and Josh Duhamel to set their differences aside in *Life As We Know It*, a romantic comedy.

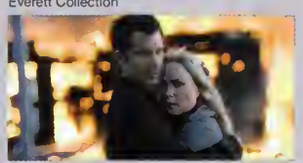
Paramount Pictures/courtesy Everett Collection



Megamind

When a cartoon super-villain defeats his nemesis, he loses his will to be evil. Will Ferrell lends his voice to the reluctant hero of *Megamind*.

Saeed Adyani/©Overture Films/Courtesy Everett Collection



The Crazies

After a mysterious toxin enters the water supply of an Iowa town, many residents go insane in *The Crazies*, a sci-fi horror flick.

Phil Bray/TM &©Fox-Walden. All rights reserved/courtesy Everett Collection



The Chronicles of Narnia

Chronicles of Narnia: The Voyage of the Dawn Treader is a 3D feature film adaptation of the third book in the C.S. Lewis fantasy series.

TRENDS

Plaid Shirt

The boy-style plaid flannel shirt is a popular look for both guys and girls. Just add a pair of perfectly worn jeans.



Gilbert Carrasquillo/Getty Images



Dr. Dre's Monster Beats are state-of-the-art headphones that make a strong, street-smart fashion statement. They look cool. And they sound even cooler.

Tim Umphrey/Getty Images



Top Siders

From popped collars to Top Siders, prep style endures. *True Prep* shows a new generation how it's done and what it means.



Sequins

Shiny, sparkly sequins become a major fashion trend when Zoe Kravitz and runway models are spotted wearing them on hats, dresses and tops.



Energy Drinks

Energy drinks are the beverage of choice among sleep-deprived students, despite concerns that they contain unhealthy levels of sugar and caffeine.



Mineral Makeup

Beauty mavens agree: mineral makeup rocks. These sheer, lightweight, powdery formulas are the smart alternative to gooey, pore-clogging foundations.



Hats

Self-expression is always in fashion and the right hat makes it easy to add panache (and hide a bad hair day). All you need is a cute fedora or a jaunty newsboy cap.



Military Jacket

There's nothing olive drab about this trend. Military jackets are snappy, sleek and chic – a far cry from the oversized Army surplus look of yesteryear.

Pillow Pets

Now it's a stuffed animal. And now it's a pillow. Puffy, popular PillowPets™ may be the snuggliest, softest trend of the year.





Dentists report that more and more teens are asking about teeth bleaching procedures, especially for photo-op occasions like proms or sweet sixteen parties.

Flip Flops

Parents and foot doctors hate them but the flip-flop fad is a year-round phenomenon for guys and girls alike (except during snowstorms).



Get the look with a classic polo, distressed skinny jeans and leather belt with your favorite treads.



Vera Bradley Bags

Colorful, quilted Vera Bradley bags are the epitome of sorority sister style. Devotees mix and match Vera messenger bags, clutches, totes and wallets.





The rugged, battle-tested G-Shock watch is the preferred timepiece of snowboarders, skateboarders, surfers and other extreme sports fans

Mark Gail/The Washington Post via Getty Images



Hippie style is hip once more. Tie-dyed effects on shirts and dresses appear on runways, beaches and boardwalks.



Girls Outfit

Go for an edgy, urban look in these American Rag Twill Skinny Cargos – perfectly paired with a belted Cowl neck sweater!



Big Scarves

Long, flowing scarves become a year-round trend. This must-have accessory is the easiest way to add color and interest to casual outfits.



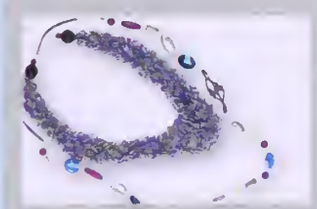
Monkey Slippers

It's a toy. It's a slipper. It's a fun fashion trend. Sock monkey slippers are popular in college dorms and at slumber parties.



Silly Bandz

The bandz are banned! Some schools decide that Silly Bandz — the popular silicone rubber bracelets — are too distracting for the classroom.



Long Necklaces

Long, statement necklaces are trend-right. Gossip girls look luxe with Tiffany-style trinkets. Layered, chunky, vintage baubles create an alt-rock, art school vibe.

Bill Hogan/Chicago Tribune/MCT via Getty Images



Everybody needs an afternoon snack but nobody has time for milk and cookies. The newest granola bars deliver easy energy between lunch and practice.

The mountaineer look comes to the metropolis, as high-performance outdoor apparel makes a comfortable, cold-weather fashion statement.



Over-the-Knee Boots

Boots go to great lengths. Over-the-knee styles are seen everywhere from runways to red carpets. Trendsetters wear them with short skirts or slim leggings.

LIFESTYLE LIFE

Oprah's Pledge

Oprah Winfrey takes on dangerous distracted driving with her No Phone Zone campaign, where celebrities and civilians pledge not to phone or text while driving.

Frederick M. Brown/Getty Images





David Paul Morris/Bloomberg via Getty Images



Smartphones become faster, cheaper and more addictive than ever for everyone who loves to text, surf and maybe even talk once in a while.

Hanna Barbera/Courtesy Everett Collection



Flintstones Turn 50

The Flintstones celebrate a milestone as the modern Stone Age family turns 50 on September 30, 2010. A special Google Doodle marks the occasion.

Kike Calvo via AP Images



3D leaps from the movie studios into the palm of your hand. Panasonic launches the first consumer video camera that can record tridimensional images.

Top 10 Web Searches

The BP oil spill was the top topic of 2010, according to Yahoo! Here are the year's top 10 search terms:

1. BP Oil Spill
2. World Cup
3. Miley Cyrus
4. Kim Kardashian
5. Lady Gaga
6. iPhone
7. Megan Fox
8. Justin Bieber
9. American Idol
10. Britney Spears

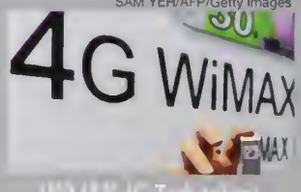


Flat Screens

Consumers are snapping up great deals on flat screen TVs as prices continue to drop and supply begins to outpace demand.

PRNewsFoto/VIZIO, Inc.

SAM YEH/AFP/Getty Images



WiMAX 4G Technology

High-speed broadband devices are on the verge of multi-channel high-definition TV broadcasting thanks to emerging WiMAX 4G technology that improves image and data capabilities.

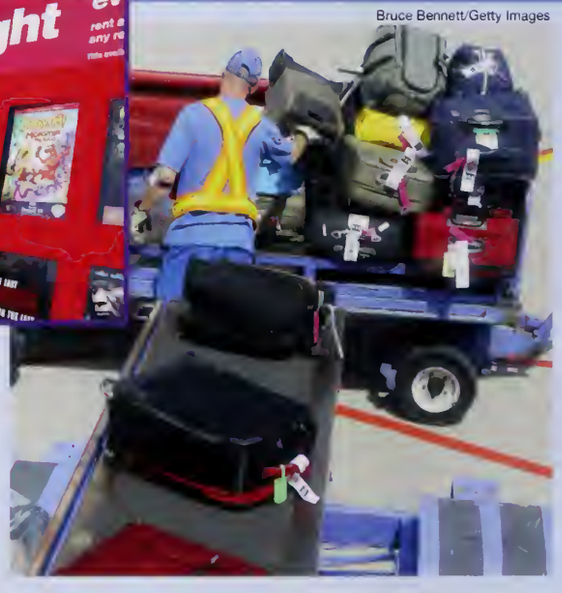
Redbox

Redbox kiosks serve as conveniently located vending machines for DVDs and video games. Just pick a flick and swipe your credit card.



Justin Sullivan/Getty Images

Bruce Bennett/Getty Images



Disgruntled passengers fight over space in the overhead bins as most airlines institute baggage fees ranging from $15 to $25 per bag per flight.

You can buy anything from puppies to Pontiacs on Facebook's Marketplace app, which rivals Craigslist as the classified section of the social media generation.



Andrew Harrer/Bloomberg via Getty Images

Mark Zuckerberg is Person of the Year

Old media acknowledges the power of new media when TIME names Facebook founder Mark Zuckerberg as its Person of the Year for 2010.

PRNewsFoto/TIME Magazine

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